

# MILITARY ADAPTIVE SPORTS RESOURCES



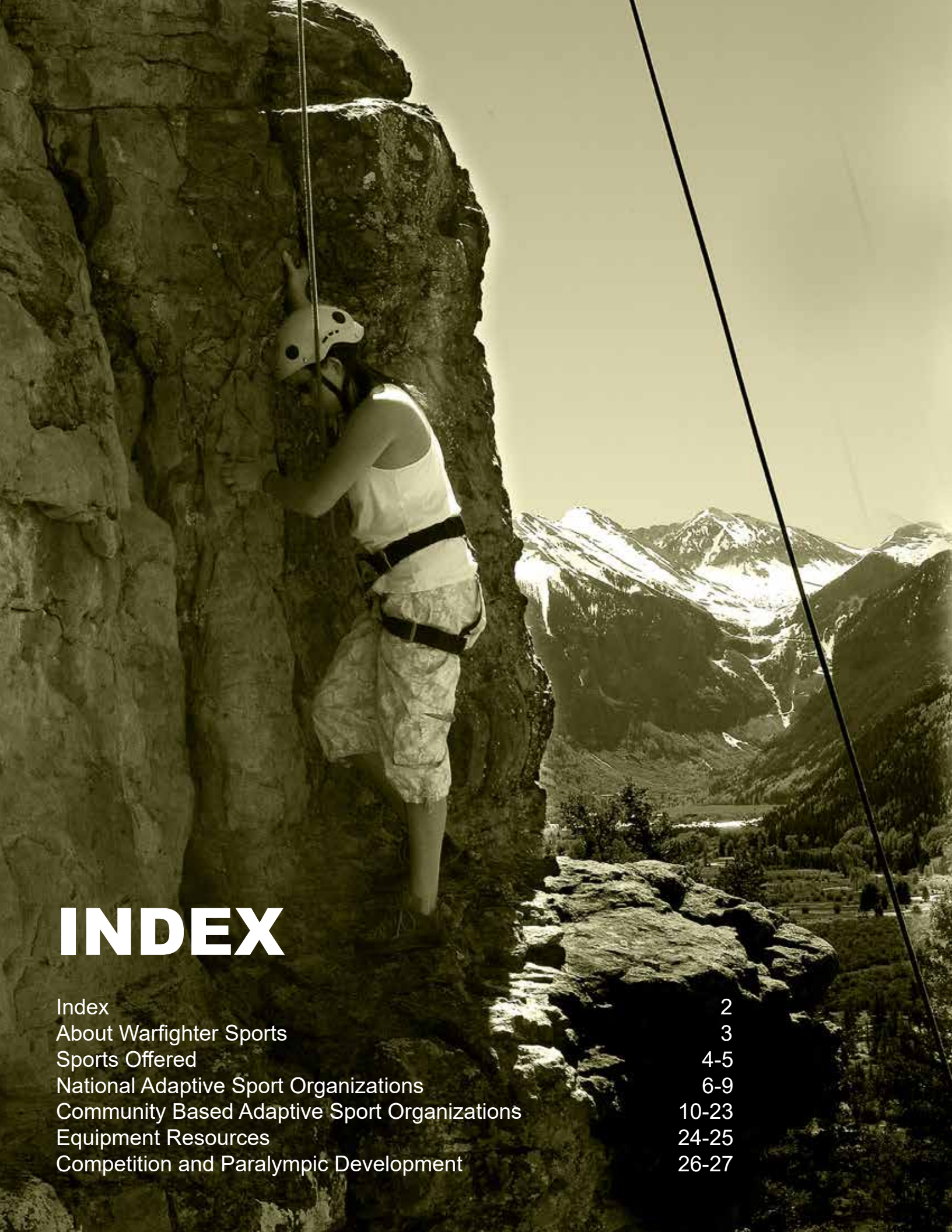
**VA**



U.S. Department  
of Veterans Affairs







# INDEX

Index	2
About Warfighter Sports	3
Sports Offered	4-5
National Adaptive Sport Organizations	6-9
Community Based Adaptive Sport Organizations	10-23
Equipment Resources	24-25
Competition and Paralympic Development	26-27

# ABOUT WARFIGHTER SPORTS

Warfighter Sports, a program of Disabled Sports USA, offers sports rehabilitation for wounded warriors with permanent physical disabilities in military hospitals and communities across the U.S. in partnership with a nationwide network of over 125 community-based chapters. Since 1967, Disabled Sports USA has proudly served wounded warriors, including those injured in the Iraq and Afghanistan wars, offering over 50 winter and summer sports at more than 100 events each year. Warfighter Sports rebuilds lives through sports by improving self-confidence, promoting independence and uniting families through shared healthy activities.

Contributions cover all expenses for participation of the warrior and a family member, including individualized adaptive instruction and adaptive sports equipment. Since 2003, more than 12,000 of the most severely wounded and their families have been served, including those with amputations, traumatic brain injury, spinal cord injury, visual impairments, and significant nerve and muscle damage. For more information, visit [warfightersports.org](http://warfightersports.org).

## HAVE QUESTIONS?

Bre Podgorski  
Warfighter Sports Program Coordinator  
[bpodgorski@dsusa.org](mailto:bpodgorski@dsusa.org)  
301.217.9842

## CHALLENGE MAGAZINE

Challenge Magazine is a publication of Disabled Sports USA, providing adaptive sports information to adults and children with disabilities, including those who are visually impaired, amputees, spinal cord injured (paraplegic and quadriplegic), and those who have multiple sclerosis, head injury, cerebral palsy, autism and other related intellectual disabilities. From those learning adaptive sports for the first time to disabled athletes on the US Paralympic team, Challenge Magazine encourages anyone with a disability to participate in sports!

Sign up for your free subscription of Challenge Magazine at [challengemagazine.org](http://challengemagazine.org)!



*This resource booklet may not include every adaptive sports organization available to veterans. This booklet should not be seen as an endorsement of the included organizations by Disabled Sports USA.*





**SPORTS  
OFFERED**

# SPORTS OFFERED

Air Rifle  
Alpine Ski  
Archery  
Basketball  
Biathlon  
Boccia  
Bowling  
Canoeing  
Climbing  
Cross-Country Skiing  
Curling  
Cycling  
Dance  
Disc Golf  
Downhill Skiing  
Dragon Boating  
Equestrian  
Fishing  
Fly Fishing  
Goalball  
Golf  
Hand Cycling  
Hiking  
Hunting  
Kayak Fishing  
Kayaking  
Lacrosse  
Martial Arts  
Mountain Biking  
Nordic Ski  
Paddleboarding  
Power Soccer  
Rafting  
Rock Climbing  
Rowing  
Rugby  
Running  
Sailing  
Scuba  
Skateboarding  
Sled Hockey  
Snowboarding  
Snowshoeing  
Soccer  
Stand-Up (Amputee) Hockey  
Strength Training  
Surfing  
Swimming  
Table Tennis  
Tai Chi  
Tennis  
Track & Field  
Triathlon  
Volleyball  
Water Aerobics  
Water Skiing  
Wheelchair Basketball  
Wheelchair Curling  
Wheelchair Fencing  
Wheelchair Racing  
Wheelchair Rugby  
Wheelchair Softball  
Whitewater Rafting  
Yoga



# NATIONAL ORGANIZATIONS

# NATIONAL ORGANIZATIONS

The following national organizations offer programming or adapted sport resources in multiple locations or services for disabled Veterans & Members of the Armed Forces living across the US.

## **Disabled Sports USA (Warfighter Sports)**

*Multisport*

warfightersports.org

## **1touch Project**

*1Touch Self-Defense Workshops*

1touchproject.com/veteranspage.html

## **Achilles International**

*Handcycling, Running*

achillesinternational.org

## **Adaptive Golf Academy**

*Golf*

adaptivegolfacademy.com

## **Adaptive Canoe Association**

*Canoeing, Kayaking*

americancanoe.org

## **Adaptive Sports USA**

*Running, Triathlon*

adaptivesportsusa.org

## **Blinded Veterans Association**

*Ice Skating*

bva.org/BVA/

## **Carlisle Academy Integrative Equine Therapy & Sports**

*Para-Dressage, Para-Driving, Coach Development*

carlisleacademymaine.com/veterans/

## **Challenged Athletes Foundation**

*Archery, Cycling, Surfing, Triathlon*

operationrebound.org

## **Freedom Hunters**

*Hunting Trips*

freedomhunters.org

## **Heroes On the Water**

*Kayak Fishing*

heroesonthewater.org

## **Hope for the Warriors**

*Outdoor Adventure Activities, Races*

hopeforthewarriors.org

## **Mission Redefined: VA Adaptive Sports Program**

*Multisport*

va.gov/adaptivesports

## **National Amputee Golf Association**

*Golf*

nagagolf.org

## **National Wheelchair Basketball Association**

*Wheelchair Basketball*

nwba.org

## **Oscar Mike Foundation**

*Multisport*

oscarmike.org

## **Paradox Sports**

*Climbing*

paradoxsports.org

## **Paralyzed Veterans of America**

*Multisport*

pva.org

**Path International**

*Equine*  
pathintl.org

**Project Healing Waters**

*Fly Fishing*  
projecthealingwaters.org

**Ride 2 Recovery**

*Cycling*  
ride2recovery.com

**Salute Military Golf Association**

*Golf*  
smga.org

**Semper Fi Fund**

*Multisport*  
semperfifund.org

**Military Warriors Support Foundation**

*Golf, Hunting, Outdoor Recreation*  
militarywarriors.org/skills4life

**Team Red, White & Blue**

*Running, Triathlon*  
teamrwb.org

**Team River Runner**

*Canoeing, Kayaking*  
teamriverrunner.org

**Tee It Up for the Troops**

*Golf*  
teeitupforthetroops.org

**United States Association of Blind Athletes**

*Multisport*  
usaba.org

**United States Curling Association, Inc.**

*Wheelchair Curling*  
usacurl.org

**United States Tennis Association**

*Tennis*  
usta.com/en.home/play.html

**University of Tennessee at Chattanooga**

*Adaptive Tai Chi Chuan*  
adaptivetaichi.org/classes

**US Biathlon**

*Biathlon, Nordic Skiing*  
teamusa.org/us-biathlon

**US Paraequestrian Association**

*Equestrian*  
uspea.org

**US Paralympics (Local Paralympic Sport Clubs)**

*Multisport*  
teamusa.org/US-Paralympics/find-a-club

**US Quad Rugby**

*Rugby*  
quadrugby.com

**US Rowing**

*Rowing*  
usrowing.org/domesticrowing/adaptiverowing

**US Sailing**

*Sailing*  
ussailing.org

**USA Archery**

*Archery*  
teamusa.org/USA-Archery/Programs/Adaptive-Archery

**USA Badminton**

*Para-badminton*  
teamusa.org/USA-Badminton/Para/Schedule

**USA Boccia**

*Boccia*  
usaboccia.org

**USA Fencing**

*Wheelchair Fencing*  
usfencing.org

**USA Hockey**

*Sled Hockey, Stand-Up (Amputee) Hockey*  
usahockey.com/sledhockey



**USA Shooting**

*Target Shooting*

[usashooting.org/about/paralympicshooting](http://usashooting.org/about/paralympicshooting)

**USA Swimming**

*Swimming*

[usaswimming.org](http://usaswimming.org)

**USA Table Tennis**

*Table Tennis (Ping Pong)*

[teamusa.org/usa-table-tennis](http://teamusa.org/usa-table-tennis)

**USA Triathlon**

*Paratriathlon*

[usatriathlon.org](http://usatriathlon.org)

**USA Volleyball**

*Sitting Volleyball*

[teamusa.org/usa-volleyball/usa-teams/sitting-volleyball](http://teamusa.org/usa-volleyball/usa-teams/sitting-volleyball)

**VET Sports**

*Multisport*

[vetsports.org](http://vetsports.org)

**Wheelchair Lacrosse USA**

*Lacrosse*

[wheelchairlacrosse.com](http://wheelchairlacrosse.com)

**Wheelchair Sports Federation**

*Multisport*

[wheelchairsportsfederation.org](http://wheelchairsportsfederation.org)

**World T.E.A.M. Sports**

*Bike Rides*

[worldteamsports.org](http://worldteamsports.org)

**Wounded Warrior Project**

*Multisport*

[woundedwarriorproject.org](http://woundedwarriorproject.org)

**Wounded Warriors in Action Foundation**

*Fishing, Hunting*

[wwiaf.org](http://wwiaf.org)



# COMMUNITY ORGANIZATIONS

# COMMUNITY ORGANIZATIONS

All organizations denoted with an asterisk are members of Disabled Sports USA's chapter network.

## ALABAMA

### **Lakeshore Foundation\***

lakeshore.org  
Birmingham, AL

### **University of Alabama Adaptive Athletics**

alabamaadapted.com  
Tuscaloosa, AL

## ALASKA

### **Challenge Alaska\***

challengealaska.org  
Anchorage, AK

### **Southeast Alaska Independent Living\***

sailinc.org  
Juneau, AK

## ARIZONA

### **Ability360**

ability360.org/sports  
Phoenix, AZ

### **Arizona Disabled Sports\***

arizonadisabledsports.com  
Mesa, AZ

### **Southern Arizona Adaptive Sports\***

sozaadaptivesports.org  
Tucson, AZ

## CALIFORNIA

### **Achieve Tahoe\***

achievetahoe.org  
Truckee, CA

### **Adaptive Sports & Recreation Association\***

adaptivesportsandrec.org  
San Diego, CA

### **Amazing Surf Adventures\***

amazingsurfadventures.org  
San Luis Obispo, CA

### **Bay Area Outreach and Recreation Program\***

borp.org  
Berkeley, CA

### **Break the Barriers, Inc.**

breakthebarriers.org  
Fresno, CA

### **Central California Adaptive Sports Center\***

centralcaladaptive.org  
Shaver Lake, CA

### **Disabled Sports USA Eastern Sierra\***

disabledsportseasternsierra.org  
Mammoth Lakes, CA

### **Disabled Sports USA Los Angeles\***

unrecables.com  
Los Angeles, CA

### **Disabled Sports USA Orange County\***

theachievers.org  
Irvine, CA

### **Discovery Blind Sports\***

discoveryblindsports.org  
Pioneer, CA



**Far West Wheelchair Athletic Association**

fwwaa.org  
San Jose, CA

**Jimmy Miller Memorial Foundation**

jimmymillerfoundation.org  
Manhattan Beach, CA

**Loma Linda University**

teampossibilities.org  
Loma Linda, CA

**Northern California PGA Foundation**

ncpgafoundation.org  
Vacaville, CA

**Riekes Center for Human Enhancement**

riekes.org  
Menlo Park, CA

**San Diego District Tennis Association**

sandiegotennis.org  
San Diego, CA

**San Diego Rowing Club**

sandiegorowing.org  
San Diego, CA

**Shared Adventures**

sharedadventures.org  
Santa Cruz, CA

**Shasta Disabled Sports USA\***

shastadsusa.org  
Mount Shasta, CA

**Timpany Center**

sjsu.edu/timpany  
San Jose, CA

**Triumph Foundation**

triumph-foundation.org  
Santa Clarita, CA

**US Adaptive Recreation Center\***

usarc.org  
Big Bear Lake, CA

**US Driving for the Disabled\***

usdfd.org  
Arroyo Grande, CA

**Wheels to Water\***

wheelstowater.com  
Cambria, CA

**COLORADO**

**Adaptive Action Sports\***

adacs.org  
Copper Mountain, CO

**Adaptive Adventures\***

adaptiveadventures.org  
Lakewood, CO

**Adaptive Athletics Specialists**

teamaas.org  
Steamboat Springs, CO

**Adaptive Sports Association\***

asadurango.org  
Durango, CO

**Adaptive Sports Center of Crested Butte\***

adaptivesports.org  
Crested Butte, CO

**Aspen Camp (Deaf & Hard of Hearing)\***

aspencamp.org  
Aspen, CO

**Aspen Valley Ski/Snowboard Club**

teamavsc.org  
Aspen, CO

**Breckenridge Outdoor Education Center\***

boec.org  
Breckenridge, CO

**Challenge Aspen\***

challengeaspen.org  
Snowmass Village, CO

**City of Boulder Parks and Recreation**

bouldercolorado.gov/parks-rec/sports  
Boulder, CO

**City of Colorado Springs**

coloradosprings.gov/parks  
Colorado Springs, CO

**Colorado Discover Ability\***

cdagj.org  
Grand Junction, CO

**Foresight Ski Guides, Inc.\***

foresightskiguides.org  
Denver, CO

**Golf 4 The Disabled\***

golf4thedisabled.org  
Denver, CO

**Ignite Adaptive Sports\***

igniteadaptivesports.org  
Boulder, CO

**National Sports Center for the Disabled\***

nscd.org  
Denver, CO

**Steamboat Adaptive Recreational Sports\***

steamboatstars.com  
Steamboat Springs, CO

**Telluride Adaptive Sports Program\***

tellurideadaptivesports.org  
Telluride, CO

**United States Association of Blind Athletes**

usaba.org  
Colorado Springs, CO

**Visually Impaired & Blind Skiers\***

coloradovibes.org  
Colorado Springs, CO

**CONNECTICUT**

**Chapter 126 Sports & Fitness\***

chapter126.com  
Bristol, CT

**Leaps of Faith Adaptive Skiers\***

lofadaptiveskiers.org  
Sandy Hook, CT

**Sports Association of Gaylord Hospital\***

gaylord.org/sports  
Wallingford, CT

**FLORIDA**

**Brooks Rehabilitation**

brooksadaptivesportsandrecreation.com  
Jacksonville, FL

**Florida Disabled Outdoors Association\***

fdoa.org  
Tallahassee, FL

**Miami-Dade County**

miamidade.gov/parks/  
Miami-Dade, FL

**Team Paradise Sailing**

teamparadise.org  
Miami, FL

**Veterans Ocean Adventures, Inc.**

vetssailing.org  
Cutler Bay, FL

**GEORGIA**

**Athens Inclusive Recreation & Sports (AIRS)\***

airs-ga.org  
Athens, GA

**BlazeSports America\***

blazesports.org  
Norcross, GA

**City of Roswell**

roswellgov.com/government/departments/  
recreation-and-parks/programs  
Roswell, GA

**HAWAII**

**AccessSurf Hawaii, Inc.**

accessurf.org  
Honolulu, HI

**IDAHO**

**Adaptive Wilderness Sports of McCall\***

awesomemccall.org  
McCall, ID

**AquAbility\***

aquability.org  
Boise, ID

**Disabled Veterans Sports Association**

indvsa.org  
Coeur D'Alene, ID

**Higher Ground Sun Valley\***

highergroundusa.org  
Ketchum, ID

**Recreation Unlimited\***

recreation-unlimited.org  
Boise, ID

**Treasure Valley Family YMCA**

ymcatvidaho.org  
Boise, ID

**Wood River Ability Program**

woodriverabilityprogram.org  
Sun Valley, ID

**ILLINOIS**

**Adaptive Adventures\***

adaptiveadventures.org  
Wilmette, IL

**Chicago Park District**

chicagoparkdistrict.com/programs-memberships  
Chicago, IL

**Dare2tri\***

dare2tri.org  
Chicago, IL

**Great Lakes Adaptive Sports Association\***

glasa.org  
Lake Forest, IL

**Shirley Ryan Ability Lab\***

sralab.org  
Chicago, IL

**World Sport Chicago**

worldsportchicago.org  
Chicago, IL

**INDIANA**

**Indiana University**

facebook.com/AdaptiveSportsatIU  
Bloomington, IN

**Special Outdoor Leisure Opportunities\***

skisolomichiana.org  
South Bend, IN

**Turnstone Center for Disabled Children & Adults, Inc\***

turnstone.org  
Fort Wayne, IN



## IOWA

### **Adaptive Sports Association**

facebook.com/QCA-Adaptive-Sports-Association-116749518349377/  
Davenport, IA

### **Adaptive Sports Iowa\***

adaptivesportsiowa.org  
Ames, IA

### **Sport Ability of Iowa**

sportabilityofiowa.org  
Cedar Rapids, IA

## KANSAS

### **Wheelchair Sports, Inc.\***

wcsports.org  
Wichita, KS

## KENTUCKY

### **U.S. Driving for the Disabled\***

usdfd.org  
Georgetown, KY

## LOUISIANA

### **Samaritan Acts of New Orleans**

samaritanactsneworleans.org  
New Orleans, LA

## MAINE

### **Adaptive Outdoor Education Center**

adaptiveoutdooreducationcenter.org  
Carrabassett Valley, ME

### **Central Maine Adaptive Sports\***

centralmaineadaptivesports.org  
Auburn, ME

### **Maine Adaptive Sports & Recreation\***

maineadaptive.org  
Newry, ME

### **New England Nordic Ski Association**

nensa.net  
New Gloucester, ME

### **Pineland Farms, Inc.**

pinelandfarms.org/recreation/vast  
New Gloucester, ME

## MARYLAND

### **Baltimore Adaptive Recreation & Sports\***

barsinfo.org  
Parkton, MD

### **Bennett Institute Physically Challenged Sports Program of Kennedy Krieger\***

kennedykrieger.org  
Baltimore, MD

### **Blue Ridge Adaptive Snow Sports\***

brasski.org  
Severna Park, MD

### **Chesapeake Region Accessible Boating\***

crabsailing.org  
Annapolis, MD

### **Patriot Point**

patriotpoint.org  
Taylor's Island, MD

### **St. Mary's County Recreation and Parks**

www.co.saint-marys.md.us/recreate/recreation  
Leonard Town, MD

### **Team River Runner, Inc.\***

teamriverrunner.org  
Rockville, MD

## MASSACHUSETTS

**AccessSportAmerica\***  
accessportamerica.org  
Acton, MA

**All Out Adventures**  
alloutadventures.org  
Northampton, MA

**Community Rowing, Inc.**  
communityrowing.org  
Brighton, MA

**Holyoke Rows, Inc.**  
holyokerows.org  
Holyoke, MA

**Piers Park Sailing Center**  
piersparksailing.org  
Boston, MA

## MICHIGAN

**Cannonsburg Challenged Ski Association\***  
skiccsa.org  
Ada, MI

**Michigan Adaptive Sports\***  
michiganadaptivesports.org  
West Bloomfield, MI

**Michigan Sports Unlimited**  
misportsunlimited.net  
Essexville, MI

**Operation Injured Soldiers**  
injuredsoldiers.org  
South Lyon, MI

**Reining Liberty Ranch**  
reininglibertyranch.org  
Traverse City, MI

## MINNESOTA

**Capable Partners**  
capablepartners.org  
Golden Valley, MN

**Courage Kenny Rehabilitation Institute\***  
allinahealth.org/adaptivesports  
Minneapolis, MN

**Free-Daptive Divers**  
freedaptive.org  
Hanover, MN

**Let's Go Fishing**  
lgfws.com  
Willmar, MN

**North Star Community Rowing\***  
northstarcommunityrowing.org  
Minneapolis, MN

**Majestic Hills Ranch**  
majestichillsranch.org  
Lakeville, MN

**MidWest School of Diving**  
mwschoolofdiving.com  
White Bear Lake, MN

**Minnesota Warriors Ice Hockey**  
mnwarriors.com  
South Saint Paul, MN

**River Valley Riders**  
rivervalleyriders.org  
Woodbury, MN

**Roll With It**  
rollwithitmn.org  
St. Cloud, MN

**US Electric Wheelchair Hockey Association\***  
powerhockey.com  
New Hope, MN

## MISSISSIPPI

### **Metro Area Community Empowerment**

mace-ms.org  
Jackson, MS

## MISSOURI

### **Disabled Athlete Sports Association (DASA)\***

dasasports.org  
St. Charles, MO

### **Gateway YMCA**

gwrymca.org/program/inclusion-services  
Potosi, MO

### **Life Waters**

lifewaters.org  
St. Louis, MO

### **Midwest Adaptive Sports\***

midwestadaptivesports.org  
Dearborn, MO

## MONTANA

### **DREAM Adaptive Recreation\***

dreamadaptive.org  
Whitefish, MT

### **Eagle Mount Billings\***

eaglemount.us  
Billings, MT

### **Eagle Mount Bozeman\***

eaglemount.org  
Bozeman, MT

### **Eagle Mount Great Falls\***

eaglemount.net  
Great Falls, MT

### **Horses Spirits Healing, Inc**

facebook.com/pg/horsesspiritshealing/  
about/?ref=page\_internal  
Billings, MT

## NEBRASKA

### **All Play**

allplay.org  
Omaha, NE

### **Madonna Rehabilitation Hospital**

madonna.org/specialized/recreation/overview.  
html  
Lincoln, NE

### **Nebraska Adaptive Sports**

nebraskaadaptivesports.org  
Omaha, NE

## NEVADA

### **City of Reno Parks and Recreation**

reno.gov/government/departments/parks-  
recreation-community-services/adaptive-  
recreation  
Reno, NV

## NEW HAMPSHIRE

### **AbilityPLUS Inc.\***

abilityplus.org  
Manchester, NH

### **Adaptive Sports Partners North Country**

adaptivesportspartners.org  
Franconia, NH



**Crotched Mountain Accessible Recreation & Sports**

crotchedmountain.org/programs-and-services/  
accessible-recreation  
Greenfield, NH

**Granite State Adaptive\***

gsadaptivesports.org  
Mirror Lake, NH

**Lakes Region Disabled Sports at Gunstock\***

gunstockadaptive.org  
Gilford, NH

**New England Disabled Sports\***

nedisabledsports.org  
Lincoln, NH

**New England Healing Sports Association\***

nehsa.org  
Newbury, NH

**Northeast Passage\***

nepassage.org  
Durham, NH

**Waterville Valley Adaptive Sports\***

watervilleadaptive.com  
Waterville Valley, NH

**NEW MEXICO**

**Adaptive Sports Program New Mexico\***

adaptivesportsprogram.org  
Santa Fe, NM

**Ski Apache Adaptive Sports\***

skiapacheadaptivesports.com  
Ruidoso, NM

**NEW YORK**

**Adaptive Sports Foundation\***

adaptivesportsfoundation.org  
Windham, NY

**Adaptive Sports Program - Helen Hayes Hospital\***

helenhayeshospital.org/adapted-sports-  
recreation  
West Haverstraw, NY

**Asphalt Green, Inc**

asphaltgreen.org  
New York City, NY

**ASPIRE, Inc.\***

aspirenewyork@gmail.com  
Hartsdale, NY

**Cape Ability Outrigger Ohana\***

adaptivecanoeing.org  
West Henrietta, NY

**Capital Region Nordic Alliance, Inc.**

capitalregionnordicalliance.org/partnerships/  
cma-as-a-us-paralympic-club  
Albany, NY

**GallopNYC\***

gallopnyc.org  
Brooklyn, NY

**Greek Peak Adaptive Snowsports\***

gpadaptive.org  
Vestal, NY

**Lounsbury Adaptive Ski Program\***

lounsburyadaptive.org  
Ellicottville, NY

**Move Along, Inc.\***

movealonginc.org  
Oswego, NY

**Rochester Accessible Adventures\***

rochesteraccessibleadventures.org  
Rochester, NY

**STRIDE, Inc.\***

stride.org  
Rensselaer, NY

**Western New York Adaptive Water Sports\***

wnyadaptivewatersports.org  
Grand Island, NY

## NORTH CAROLINA

### **Bridge II Sports\***

bridge2sports.org  
Durham, NC

### **Soldiers Undertaking Disabled Scuba (SUDS)\***

sudsdiving.org  
Beaufort, NC

### **Warrior Ride**

thewarriorride.org  
Oak Island, NC

## NORTH DAKOTA

### **Sporting Chance**

sporting-chance.com  
Bismarck, ND

### **Dreams In Motion, Inc\***

dreamsinmotioninc.com  
Mandon, ND

## OHIO

### **Adaptive Sports Connection\***

adaptivesportsconnection.org  
Powell, OH

### **Adaptive Sports Program of Ohio\***

adaptivesportsohio.org  
Dalton, OH

### **Columbus Recreation and Parks**

columbusrecparks.com  
Columbus, OH

### **Three Trackers of Ohio\***

3trackers.org  
Middleburg Heights, OH

### **Cincinnati Recreation Commission**

cincyrec.org/tr  
Cincinnati, OH

### **Spire Institute**

spireinstitute.org/content/military-and-adaptive  
Geneva, OH

## OKLAHOMA

### **Center for Individuals with Physical Challenges**

tulsacenter.org  
Tulsa, OK

### **UCO Center of Adaptive Sports\***

uco.edu/wellness/sr/trainingsite/index.asp  
Edmond, OK

## OREGON

### **Adaptive Sports Northwest\***

adaptivesportsnw.org  
Beaverton, OR

### **Oregon Adaptive Sports\***

oregonadaptivesports.org  
Bend, OR

## PENNSYLVANIA

### **Penn State Ability Athletics**

gopsusports.com/ability  
University Park, PA

### **Pennsylvania Center for Adapted Sports\***

centeronline.com  
Philadelphia, PA

### **Three Rivers Adaptive Sports\***

traspa.org  
Pittsburgh, PA

**Two Top Mountain Adaptive Sports Foundation\***

twotopadaptive.org  
Mercersburg, PA

**RHODE ISLAND**

**Access2Adventure\***

access2adventure.org  
Tiverton, RI

**SOUTH CAROLINA**

**Adaptive Expeditions\***

adaptiveexpeditions.org  
Charleston, SC

**Coastal Adaptive Sports**

coastaladaptivesports.org  
Myrtle Beach, SC

**Roger C. Peace Rehabilitation Hospital\***

ghs.org/rcp  
Greenville, SC

**SOUTH DAKOTA**

**Black Hills Ski for Light**

bhsfl.org  
Rapid City, SD

**Meeting the Need**

facebook.com/meeting-the-need-463139565064/  
Keystone, SD

**TENNESSEE**

**Sports, Arts & Recreation of Chattanooga\***

sparctn.org  
Chattanooga, TN

**The Warrior Initiative**

warriorinitiative.org/home.html  
Adams, TN

**TEXAS**

**The City of Harker Heights**

www.ci.harker-heights.tx.us/index.php/adaptive-sports  
Harker Heights, TX

**Houston Parks and Recreation Dept.**

houstontx.gov/parks/adaptivesports.html  
Houston, TX

**Kinetic Kids\***

kinetickidstx.org  
San Antonio, TX

**Lone Star Paralysis Foundation**

lonestarparalysis.org  
Austin, TX

**Movin' Mavs Adapted Sports**

uta.edu/movinmavs  
Arlington, TX

**Operation Comfort\***

operationcomfort.org  
San Antonio, TX

**Rise Adaptive Sports**

riseadaptivesports.org  
Irving, TX

**San Antonio Sports Foundation**

sanantoniports.org/events  
San Antonio, TX

**Southwest Wheelchair Athletic Association**

swaasports.org  
Arlington, TX

**Texas Rowing for All**

texasrowingforall.org  
Austin, TX

**UTAH**

**Common Ground Outdoor Adventures\***

cgadventures.org  
Logan, UT

**National Ability Center\***

discovernac.org  
Park City, UT

**Rehabilitation Center at University of Utah**

healthcare.utah.edu/rehab  
Salt Lake City, UT

**VERMONT**

**Bart J. Ruggiere Adaptive Sports Center\***

bartadaptive.org  
Manchester Center, VT

**Friends of Stowe Adaptive Sports\***

stoweadaptive.org  
Hyde Park, VT

**Mount Snow Adaptive Sports Inc\***

msadaptive.org  
West Dover, VT

**Northeast Disabled Athletic Association\***

disabledathletics.org  
Burlington, VT

**Tasty Water Adventures, Inc.\***

tastywateradventures.org  
Burlington, VT

**Vermont Adaptive Ski & Sports Association\***

vermontadaptive.org  
Killington, VT

**VIRGINIA**

**Adventure Amputee Camp\***

adventureamputeecamp.org  
Winchester, VA

**Sailing 4 All\***

gosailing4all.org  
Richmond, VA

**Sportable\***

sportable.org  
Richmond, VA

**Therapeutic Adventures, Inc.\***

taonline.org  
Charlottesville, VA

**United States Patriot Sailing**

uspatriotsailing.org  
Norfolk, VA

**Wounded Warrior Amputee Softball Team**

woundedwarrioramputeesoftballteam.org  
Alexandria, VA

**Wintergreen Adaptive Sports\***

wintergreenadaptivesports.org  
Charlottesville, VA

**WASHINGTON**

**Footloose Sailing Association\***

footloosedisabledsailing.org  
Mercer Island, WA

**Gig Harbor Canoe Kayak Racing Team**

teamunify.com/Home.jsp?\_tabid\_=0&team=recwaghck  
Gig Harbor, WA



**Metro Parks Tacoma**

metroparkstacoma.org/adaptive  
Tacoma, WA

**Outdoors for All Foundation\***

outdoorsforall.org  
Seattle, WA

**WASHINGTON, D.C.****Capital Rowing**

capitalrowing.org  
Washington, DC

**DC Firefighters Burn Foundation\***

dcffburnfoundation.org  
Washington, DC

**Medstar National Rehabilitation Hospital**

nrrhrehab.org/our-services/adaptive-sports-  
fitness/  
Washington, DC

**WEST VIRGINIA****Challenged Athletes of West Virginia\***

cawvsports.org  
Snowshoe, WV

**WISCONSIN****Central Cross Country Ski Association**

cxcskiing.org  
Verona, WI

**Challenge the Outdoors, Inc.**

ctoforme.org  
Green Bay, WI

**Coulee Region Sled Hockey**

couleeregionsledhockey.com  
La Crosse, WI

**Fishing Has No Boundaries**

fhnbinc.org  
Hayward, WI

**Southeastern Wisconsin Adaptive Ski Program\***

sewasp.org  
Cedarberg, WI

**Wisconsin Wheelchair Sports Association**

wasa.org  
Waukesha, WI

**WYOMING****Casper Mountain Biathlon Club**

caspermountainbiathlonclub.org/adaptive-  
biathlonparalympic  
Casper, WY

**Teton Adaptive Sports\***

tetonadaptivesports.com  
Teton Village, WY







# **EQUIPMENT RESOURCES**

# EQUIPMENT RESOURCES

Disabled Sports USA maintains a comprehensive list of adaptive sports equipment suppliers here: [disabledsportsusa.org/sports/adaptive-equipment](http://disabledsportsusa.org/sports/adaptive-equipment)

## APPLYING FOR ADAPTIVE EQUIPMENT THROUGH THE VA:

As a wounded service member, you may be eligible for adaptive equipment through the VA, whether you are active duty or a veteran. The following is a brief guide to navigate the process for receiving adaptive equipment.

- 1.** Register through the VA. <http://www.vba.va.gov/bin/21/compensation/index.htm>
- 2.** Identify your interests. The process can move more quickly if you already have documentation of participation and trials of several pieces of adaptive equipment to know which one works best for you.
- 3.** Consult your primary care provider. They will help initiate this process and make referrals as needed. Medical clearance is required.
- 4.** Get a full evaluation. Typically done through the rehabilitation department, this assessment includes education and identification of adaptive equipment as it relates to your specific physical needs and interests.
- 5.** Identify Appropriate Equipment/Submit Request. Based on the evaluation, you and your rehabilitation team will select equipment to accommodate your needs. Next, a formal request will be submitted for final approval.
- 6.** Receive your equipment. Final fitting and adjustments are made when equipment is issued.

## OTHER ADAPTIVE EQUIPMENT GRANTING ORGANIZATIONS:

### **Challenged Athletes Foundation (Operation Rebound)**

[challengedathletes.org](http://challengedathletes.org)

### **Hope for the Warriors**

[hopeforthewarriors.org](http://hopeforthewarriors.org)

### **IM Able Foundation**

[imablefoundation.org](http://imablefoundation.org)

### **Independence Fund**

[independencefund.org/](http://independencefund.org/)

### **Kelly Brush Foundation (SCI Only)**

[kellybrushfoundation.org](http://kellybrushfoundation.org)

### **High Fives Foundation (Winter Sports)**

[highfivesfoundation.org](http://highfivesfoundation.org)

### **Team Semper Fi/America's Fund**

[semperfifund.org](http://semperfifund.org)

### **Catch a Lift Fund (Gym Memberships)**

[catchaliftfund.com](http://catchaliftfund.com)





# COMPETITION & PARALYMPIC DEVELOPMENT

# COMPETITION & PARALYMPIC DEVELOPMENT

## DEVELOPMENT OF ATHLETES

For Disabled Veterans and Members of the Armed Forces interested in pursuing competitive opportunities or Paralympic sports, the pathway can vary by sport. Learning about US Paralympics, and the sports specific standards, rules, and competitive pipeline is a great way to start your journey. Through Gateway to Gold and similar initiatives you can register your results and enter the system.

Gateway to Gold Pathway: [teamusa.org/us-Paralympics.gateway-to-gold](https://teamusa.org/us-Paralympics.gateway-to-gold)

Begin by training with a qualified coach. Your coach does not always have to have Paralympic or adapted sports experience. Disabled Sports USA's Adapt2Achieve training and education program can provide you coaching support for clubs and instructors.

Adapt2Achieve Trainings:  
[disabledsportsusa.org/chapters/training/](https://disabledsportsusa.org/chapters/training/)

## CALENDAR OF COMPETITIONS

To find sanctioned regional and national multi-sport adaptive sports competitions, please reference the calendars below:

Adaptive Sports USA: [adaptivesportsusa.org/events-calendar](https://adaptivesportsusa.org/events-calendar)

The VA: [https://www.va.gov/adaptivesports/docs/NVSPSE\\_EVENT\\_SCHEDULE\\_2018.pdf](https://www.va.gov/adaptivesports/docs/NVSPSE_EVENT_SCHEDULE_2018.pdf)

## VA TRAINING ALLOWANCE

The VA National Veterans Sports Programs & Special Events Office provides a monthly assistance allowance for Veterans with disabilities training in Paralympic sport, as well as certain Veterans with disabilities selected for competing with either a service-connected or non-service connected disability if the Veteran meets the minimum performance standards or higher (i.e., Emerging Athlete or National Team) in his or her respective Paralympic sport at a recognized competition. In addition to meeting the performance standard, an athlete must also be nationally or internationally classified by his or her respective Paralympic sport federation as eligible for Paralympic competition in that sport.

VA Allowances: (and then click on "Allowances"):  
[va.gov/adaptivesports/](https://va.gov/adaptivesports/)



