MULED



ADAPTIVE SPORTS CALENDAR

# SPORTS MAKE US MORE

Sports make us more — more determined, more powerful, more ourselves. And they show the world what we can do, shifting the narrative from disabled to this abled. Whether you're looking to play or compete, get involved.

# MHO ME BEE

Move United, formerly Disabled Sports USA and Adaptive Sports USA, has focused on one goal: to improve the lives of wounded warriors, youth and adults with disabilities by providing sports and recreation opportunities. Move United's mission is to provide national leadership and opportunities for individuals with disabilities to develop independence, confidence, and fitness through participation in community sports, recreation and educational programs.

100,000	60+			
Served annually	Sports			
200	30,000			
Member	Volunteers &			
organizations	youth served			
64+	16,000			
Years in	Warfighters			
operation	& family			



# JOIN THE MOVEMENT

For more information, please visit moveunitedsport.org to:

- Attend an Event
- Volunteer
- Subscribe to our Magazine
- Join Move United Warfighters
- Participate in a Training
- Apply for an Elite Team Grant
- Follow us on Social Media
- Check out USA Wheelchair Football League
- Sign up for our Newsletter
- Compete at Junior Nationals
- Connect to a Local Program









# MOVEMENT.

# Get involved with a Move United member organization in your area.

### ΔΙ ΔΒΔΜΔ

Lakeshore Foundation | lakeshore.org

Ability First Sports | abilityfirstsports.org

### AL ASKA

Challenge Alaska | challengeak.org
ORCA Program-Southeast Alaska Independent Living, Inc. | sailinc.org

### ARIZONA

Ability360 Sports & Fitness Center | ability360 sports.org
Arizona Adaptive Watersports | azadaptivewatersports.org
Arizona Disabled Sports | arizonadisabledsports.com
Northern Arizona Adaptive Sports Association | NAZadaptivesports.com
Southern Arizona Adaptive Sports | soazadaptivesports.org

### **CALIFORNIA**

Achieve Tahoe | achievetahoe.org
Adaptive Sports and Recreation Association | adaptivesportsandrec.org
Angel City Sports | angelcitysports.org
Bay Area Association of Disabled Sailors | baads.org
Bay Area Outreach and Recreation Program | borp.org
Central California Adaptive Sports Center | centralcaladaptive.org
Disabled Sports Eastern Sierra | disabledsportseasternsierra.org

DSUSA Los Angeles-The Unrecables | unrecables.com DSUSA Orange County-The Achievers | theachievers.org Far West Wheelchair Athletic Association | fwwaa.org Operation Surf | operationsurf.org

Triumph Foundation | triumph-foundation.org
United States Driving for the Disabled | usdfd.org
US Adaptive Recreation Center | usarc.org

# COLORADO

Adaptive Action Sports | adacs.org
Adaptive Adventures | adaptiveadventures.org
Adaptive Sports Association | asadurango.org
Adaptive Sports Center of Crested Butte | adaptivesports.org
Breckenridge Outdoor Education Center (BOEC) | boec.org
Challenge Aspen | challengeaspen.org
Colorado Discover Ability | cdagj.org
DuMyon Martial Arts | dumyonmartialarts.org
Foresight Ski Guides Inc. | foresightskiguides.org
Golf 4 The Disabled | golf4thedisabled.org
Ignite Adaptive Sports | igniteadaptivesports.org
National Sports Center for the Disabled | nscd.org
Steamboat Adaptive Recreational Sports (STARS) | steamboatstars.com
Telluride Adaptive Sports Program | tellurideadaptivesports.org

# CONNECTICUT

Gaylord Sports Association | gaylord.org/sports Leaps of Faith Adaptive Skiers | lofadaptiveskiers.org Oak Hill Adaptive Sports And Fitness | sportsandfitness.oakhillct.org

Visually Impaired & Blind Skiers | coloradovibes.org

# DISTRICT OF COLUMBIA

Medstar NRH Adaptive Sports & Fitness Program | medstarnrh.org/sports

# **FLORIDA**

Dixie Wheelchair Athletic Association, Inc. | dixiegames.com Central Florida Dreamplex, LLC | cfldreamplex.com Florida Disabled Outdoors Association | fdoa.org Hillsborough County Adaptive Sports | hillsboroughcounty.org/en/ residents/recreation-and-culture/sports-and-athletics/hc-adaptive-sports Warrior Sailing | warriorsailing.org

### GEORGIA

BlazeSports America | blazesports.org

#### IIAWAII

AccesSurf, Hawaii Inc. | accessurf.org

### IDAHO

Adaptive Wilderness Sports Of McCall (AWeSOMe!) | awesomemccall.org AquAbility, Inc. | aquability.org Boise Adaptive Snowsport Education (BASE) | baseidaho.org

Higher Ground Sun Valley, Inc. | highergroundusa.org

#### LLINOIS

Dare2Tri Paratriathlon Club | dare2tri.org Great Lakes Adaptive Sports Association (GLASA) | glasa.org Shirley Ryan AbilityLab | sralab.org North Side Archery Club | northsidearcheryclub.org

### NDIANA

Rehabilitation Hospital of Indiana Sports Program | rhirehab.com/our-programs/community-reintegration/adaptive-sports-programs/clinics Special Outdoor Leisure Opportunities (SOLO) | skisolomichiana.org Turnstone Center for Disabled Children and Adults, Inc. | turnstone.org

### IOWA

Adaptive Sports IOWA | adaptive sportsiowa.org

### **KANSAS**

Challenge Foundation | challengegames.org
Wichita Adaptive Sports INC | wichitaadaptivesports.org

# LOUISIANA

Louisiana GUMBO Inc. | sites.google.com/site/louisianagumboinc S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization | samaritanactsneworleans.org

# MAINI

Adaptive Outdoor Education Center | adaptiveoutdooreducationcenter.org Central Maine Adaptive Sports | centralmaineadaptivesports.org Maine Adaptive Sports & Recreation | maineadaptive.org

# MARYLAND

Bay Area Volleyball Academy -BAVA Beach ParaVolleyball | bayvolleyball.com/beachparavolley
Live Water Foundation | livewater.org
Baltimore Adaptive Recreation and Sports | barsinfo.org
Bennett Institute Physically Challenged Sports of Kennedy Krieger | kennedykrieger.org

Chesapeake Region Accessible Boating (CRAB) | crabsailing.org Maryland Therapeutic Riding, Inc. | HorsesThatHeal.org Team River Runner, Inc. | teamriverrunner.org

# MASSACHUSETTS

AccesSportAmerica | accessportamerica.org
Adaptive Sports New England | adaptivesportsne.org
Spaulding Adaptive Sports Centers (Spaulding Rehabilitation Network) |
sasc.spauldingrehab.org

# MICHIGAN

Cannonsburg Challenged Ski Association | skiccsa.org Michigan Adaptive Sports | michiganadaptivesports.com

# MINNESOTA

 $\label{lem:courage} Courage Kenny Rehabilitation Institute \mid allinahealth.org/adaptivesports \\ US Electric Wheelchair Hockey Association \mid powerhockey.com$ 

# MISSOUF

Disabled Athlete Sports Association (DASA) | dasasports.org Midwest Adaptive Sports | midwestadaptivesports.org

# MONTANA

DREAM Adaptive Recreation | dreamadaptive.org Eagle Mount Billings | eaglemount.us Eagle Mount Bozeman | eaglemount.org
Eagle Mount Great Falls | eaglemount.net

### NEVAD

City of Reno | reno.gov/government/departments/parks-recreation-community-services/adaptive-recreation

### **NEW HAMPSHIRE**

Crotched Mountain Accessible Recreation and Sports | cmars.org AbilityPLUS, Inc. | abilityplus.org

Adaptive Sports Partners of the North Country | adaptive sports partners org

Full Circle Farm Therapeutic Horsemanship | fcftherapeutic.org Granite State Adaptive | gsadaptive.org

Lakes Region Disabled Sports at Gunstock, Inc. | Iradaptive.org New England Disabled Sports | nedisabled Sports.org

New England Healing Sports Association | nehsa.org

Northeast Passage | nepassage.org

Waterville Valley Adaptive Sports | watervilleadaptive.com

### NEW JERSEY

Tri-State Wheelchair Athletic Association DBA Tri-State Wheelchair & Ambulatory Athletics (TSWAA) | tswaa.com

Children's Lightning Wheels | childrens-specialized.org/sports-connection

### NEW MEXICO

Adaptive Sports Program New Mexico | adaptivesportsprogram.org Ski Apache Adaptive Sports | skiapacheadaptivesports.com

# **NEW YORK**

 $\label{lem:Adaptive Sports Foundation | adaptive Sports Foundation.org} $$Adaptive Sports Program-Helen Hayes Hospital | helenhayes hospital.org/hospital-services/adapted-sports-recreation $$Adaptive Sports Program - Helen Hayes Hospital | helenhayes hospital - Sports - Recreation $$Adaptive Sports - Recrea$ 

Burke Rehabilitation Hospital Adaptive Sports Program | burke.org/community/adaptiveprograms

Capital Region Nordic Alliance | capitalregionnordicalliance.org Charles T. Sitrin Health Care Center, Inc. | sitrin.com/adaptivesports GallopNYC-Giving Alternative Learners UpLifting Opportunities, Inc. |

Greater Buffalo Adaptive Sports | sledhockeyfoundation.org Greek Peak Adaptive Snowsports | gpadaptive.org Lounsbury Adaptive Ski Program | lounsburyadaptive.org Move Along, Inc. | movealonginc.org

Rochester Accessible Adventures | rochesteraccessibleadventures.org Rochester Community Inclusive Rowing |

rochestercommunityinclusiverowing.org STRIDE Adaptive Sports | stride.org

Western New York Adaptive Water Sports | wnyadaptivewatersports.org

# **NORTH CAROLINA**

ACCESS of Wilmington | accessilm.org
Bridge II Sports | bridge2sports.org
ComMotion-Community in Motion | commotionnc.org

# **NORTH DAKOTA**

Dreams In Motion, Inc. | dreamsinmotioninc.com Prairie Grit Adaptive Sports | prairiegritsports.com

# они

Adaptive Sports Connection | adaptivesportsconnection.org Adaptive Sports Program of Ohio | adaptivesportsohio.org Three Trackers of Ohio | 3trackers.org Youth Challenge | youthchallengesports.com

# **OKLAHOMA**

Oklahoma Adaptive Sports Association | okasa.org
The Center for Individuals with Physical Challenges | tulsacenter.org
University of Central Oklahoma Center of Adaptive Sports | uco.edu/
wellness/sr/trainingsite/index.asp

# OREGON

Adaptive Sports Northwest | adaptive Sports nw.org Adventures Without Limits | awloutdoors.org Oregon Adaptive Sports | oregonadaptive Sports.org

### PENNSYLVANIA

Blue Ridge Adaptive Snow Sports (BRASS) | brasski.org
On The Edge Children's Foundation | ontheedgecf.org

Pennsylvania Center for Adapted Sports | centeronline.com

Three Rivers Adaptive Sports | traspa.org

Two Top Mountain Adaptive Sports Foundation Inc. | twotopadaptive.org

### SOUTH CAROLINA

Clemson Adaptive Sports | clemson.edu/cbshs/departments/prtm/programs/clemson-adaptive-sport-recreation/index.html

Adaptive Expeditions | Adaptive Expeditions.org

Coastal Adaptive Sports | coastaladaptivesports.org

Roger C. Peace Rehabilitation Hospital | facebook.com/events/roger-c-peace-rehab-center-greenville-memorial/roger-c-peace-adaptive-sports/763384843997012

# TENNESSEE

Sports, Arts & Recreation of Chattanooga (SPARC) | sparctn.org

### TEXAS

Southwest Wheelchair Athletic Association | swaasports.org

Kinetic Kids, Inc. | kinetickidstx.org

Lone Star Paralysis Foundation | lonestarparalysis.org

Morgan's Wonderland Sports-STRAPS | morganswonderlandsports.com/straps

One Chair At A Time | onechairatatime.org

Operation Comfort | operationcomfort.org

RISE Adventures, Inc. DBA RISE Adaptive Sports | riseadaptivesports.org Service Members Undertaking Disabled Sports (SUDS) | sudsusa.org

Turning Point-Paraplegics On Independent Nature Trips | turning POINT nation.org

### UTAH

City of Logan-Adaptive Sports and Recreation | loganutah.org government/departments/parks\_and\_recreation/recreation\_center/index.php

Common Ground Outdoor Adventures | cgadventures.org Ogden Valley Adaptive Sports | ogdenvalleyadaptivesports.org Salt Lake County | slco.org/adaptive

Wasatch Adaptive Sports | wasatchadaptive sports.org

# VERMON

Adaptive Sports at Mount Snow | adaptiveatsnow.org
Bart J. Ruggiere Adaptive Sports Ctr, Inc. | bartadaptive.org
Central Vermont Pioneers Inc. | centralvermontpioneers.org
EDD Adaptive Sports | eddfund.org
Green Mountain Adaptive Sports | greenmtnadaptive.org
Northeast Disabled Athletic Association | disabledathletics.org

Vermont Adaptive Ski & Sports Association | vermontadaptive.org

# VIRGINA

Adventure Amputee Camp Inc | adventureamputeecamp.org

Therapeutic Adventures, Inc. | TAonline.org

Wintergreen Adaptive Sports | wintergreenadaptivesports.org

# WASHINGTON

Footloose Sailing Association | footloosedisabledsailing.org Outdoors for All Foundation | outdoorsforall.org ParaSport Spokane | parasportspokane.org Seattle Adaptive Sports | seattleadaptivesports.org

# **WEST VIRGINA**

Challenged Athletes of West Virginia | cawvsports.org

# WISCONSIN

Dairyland Sports | dairylandsports.org

Southeastern Wisconsin Adaptive Ski Program | sewasp.org Sports, Therapeutic and Adaptive Recreation (STAR) Association | couleeregionsledhockey.com

Wisconsin Adaptive Sports Association (WASA) | wasa.org

# WYOMING

Teton Adaptive Sports | tetonadaptivesports.com

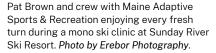


# **JANUARY**

SUN MON TUE WED THU FRI SAT

					1	2
					New Years Day	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18  Martin Luther King, Jr. Day	19	20	21	22	23
24	25	26	27	28	29	30
31						







**DYK:** Over 1,200 virtual programs were offered in the last nine months of 2020 as part of Move United's #AdaptAtHome initiative, with over 250,000 engagements during the pandemic.





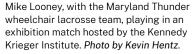
# **FEBRUARY**

SUN	MUN	TUE	WED	IHU	FRI	SAI
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Presidents' Day	16	17	18	19	20
21	22	23	24	25	26	27
28						



CHIL

MON







EDI

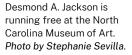
CAT



# **MARCH**

SUN	MUN	TUE	WED	IHU	FKI	SAI
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20 Spring Begins
21	22	23	24	25	26	27
28	29	30	31			





MON





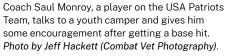
CAT



# **APRIL**

SUN MON TUE WED THU FRI SAT 







Facebook: @MoveUnitedSports Twitter: @moveunitedsport Instagram: @moveunitedsport





# MAY

WED

THU

FRI

SAT

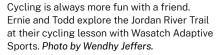
TUE

						1
2	3	4	5	6	7	8
9 Mother's Day	Move United Education Conference Colorado Springs, CO	Move United Education Conference Colorado Springs, CO	Move United Education Conference Colorado Springs, CO	13	14	15 Armed Forces Day
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 Memorial Day					



SUN

MON





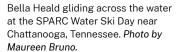




# JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Flag Day	15	16	17	18	19
20 Father's Day Summer Begins	21	22	23	24	25	26
27	28	29	30			







**LAST YEAR**, Move United welcomed 74 new Elite Team members, awarding over \$135,000 in equipment and training grants to young athletes (ages 13-24) who are training to compete in summer or winter sports. A number of Elite Team alumni competed at the Paralympic Games.





# JULY

WED

THU

FRI

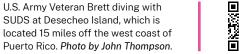
SAT

Independence Day 



SUN

MON





TUE





# AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
		2021 Paralympic Summer Games Tokyo, Japan				
29 2021 Paralympic Summer	30 2021 Paralympic Summer	31 2021 Paralympic Summer				
Games Tokyo, Japan	Games Tokyo, Japan	Games Tokyo, Japan				







**DYK:** 82% of the Paralympians that represented Team USA at the 2018 Winter Paralympic Games in PyeongChang, South Korea had participated in a Move United program.





# SEPTEMBER

SUN MON TUE WED THU FRI SAT

			1	2	3	4
			2021 Paralympic Summer Games, Tokyo, Japan			
5	6	7	8	9	10	11
2021 Paralympic Summer Games, Tokyo, Japan	Labor Day					Patriot Day
12	13	14	15	16	17	18
19	20	21	22	23	24	25
			Fall Begins			
26	27	28	29	30		







**LAST YEAR**, the USA Wheelchair Football League launched with four teams, located in Phoenix, Chicago, Los Angeles, and Kansas City, MO.





# OCTOBER

WED

THU

**FRI** 

SAT

					1	2
3	4	5	6	7	8	9
10	11 Columbus Day	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



SUN

MON

TUE





JOIN over 35,000 individuals who subscribe to Move United magazine, the nation's leading adaptive sports publication.
Sign up for a free subscription!





# **DOVEWRER**

WED

THU

FRI

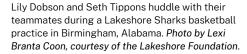
SAT

TUE

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	Veterans Day	19	20
21	22	23	24	25	26	27
28	29	30		Thanksgiving		



SUN



MON



**SINCE 2003**, more than 16,000 of the most severely injured active duty military service members, veterans, and their families have been served by the Move United Warfighters program.



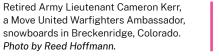


# DECEMBER

SUN MON TUE WED THU FRI SAT Winter Begins Christmas New Year's Eve



Photo by Reed Hoffmann.







# SPORTS MAKE US MORE



























MOVEUNITEDSPORT.ORG

COPYRIGHT 2020 MOVE UNITED SPORTS. ALL RIGHTS RESERVED.