

**MOVE
UNITED**



ADAPTIVE SPORTS CALENDAR

2021

SPORTS MAKE US MORE

Sports make us more — more determined, more powerful, more ourselves. And they show the world what we can do, shifting the narrative from disabled to this abled. Whether you're looking to play or compete, get involved.

WHO WE ARE

Move United, formerly Disabled Sports USA and Adaptive Sports USA, has focused on one goal: to improve the lives of wounded warriors, youth and adults with disabilities by providing sports and recreation opportunities. Move United's mission is to provide national leadership and opportunities for individuals with disabilities to develop independence, confidence, and fitness through participation in community sports, recreation and educational programs.

100,000
Served annually

60+
Sports

200
Member
organizations

30,000
Volunteers &
youth served

64+
Years in
operation

16,000
Warfighters
& family



JOIN THE MOVEMENT

For more information, please visit moveunitedsport.org to:

- ✓ Attend an Event
- ✓ Volunteer
- ✓ Subscribe to our Magazine
- ✓ Join Move United Warfighters
- ✓ Participate in a Training
- ✓ Apply for an Elite Team Grant
- ✓ Follow us on Social Media
- ✓ Check out USA Wheelchair Football League
- ✓ Sign up for our Newsletter
- ✓ Compete at Junior Nationals
- ✓ Connect to a Local Program

**ON
THE
COVER**

Danielle Aravich digs her running spikes into the salt at the Great Salt Lake. Danielle is training for the Paralympics as a runner and nordic skier. *Photo by Berin Klawiter.*



**MOVE
UNITED**

JOIN THE MOVEMENT.

Get involved with a Move United member organization in your area.

ALABAMA

Lakeshore Foundation | lakeshore.org

ALASKA

Challenge Alaska | challengeak.org
ORCA Program - Southeast Alaska Independent Living, Inc. | sailinc.org

ARIZONA

Ability360 Sports & Fitness Center | ability360sports.org
Arizona Adaptive Watersports | azadaptivewatersports.org
Arizona Disabled Sports | arizonadisabledsports.com
Northern Arizona Adaptive Sports Association | NAZadaptivesports.com
Southern Arizona Adaptive Sports | soazadaptivesports.org

CALIFORNIA

Ability First Sports | abilityfirstsports.org
Achieve Tahoe | achievetahoe.org
Adaptive Sports and Recreation Association | adaptivesportsandrec.org
Angel City Sports | angelcitysports.org
Bay Area Association of Disabled Sailors | baads.org
Bay Area Outreach and Recreation Program | borp.org
Central California Adaptive Sports Center | centralcaladaptive.org
Disabled Sports Eastern Sierra | disabledsportseasternsierra.org
DSUSA Los Angeles - The Unrecables | unrecables.com
DSUSA Orange County - The Achievers | theachievers.org
Far West Wheelchair Athletic Association | fwwaa.org
Operation Surf | operationsurf.org
Triumph Foundation | triumph-foundation.org
United States Driving for the Disabled | usdfd.org
US Adaptive Recreation Center | usarc.org

COLORADO

Adaptive Action Sports | adacs.org
Adaptive Adventures | adaptiveadventures.org
Adaptive Sports Association | asadurango.org
Adaptive Sports Center of Crested Butte | adaptivesports.org
Breckenridge Outdoor Education Center (BOEC) | boec.org
Challenge Aspen | challengeaspen.org
Colorado Discover Ability | cdagj.org
DuMyon Martial Arts | dumyonmartialarts.org
Foresight Ski Guides Inc. | foresightskiguides.org
Golf 4 The Disabled | golf4thedisabled.org
Ignite Adaptive Sports | igniteadaptivesports.org
National Sports Center for the Disabled | nscd.org
Steamboat Adaptive Recreational Sports (STARS) | steamboatstars.com
Telluride Adaptive Sports Program | tellurideadaptivesports.org
Visually Impaired & Blind Skiers | coloradovibes.org

CONNECTICUT

Gaylord Sports Association | gaylord.org/sports
Leaps of Faith Adaptive Skiers | lofadaptiveskiers.org
Oak Hill Adaptive Sports And Fitness | sportsandfitness.oakhillct.org

DISTRICT OF COLUMBIA

MedStar NRH Adaptive Sports & Fitness Program | medstarnrh.org/sports

FLORIDA

Dixie Wheelchair Athletic Association, Inc. | dixiegames.com
Central Florida Dreamplex, LLC | cfldreamplex.com
Florida Disabled Outdoors Association | fdoa.org

Hillsborough County Adaptive Sports | hillsboroughcounty.org/en/residents/recreation-and-culture/sports-and-athletics/hc-adaptive-sports
Warrior Sailing | warriorsailing.org

GEORGIA

BlazeSports America | blazesports.org

HAWAII

AccessSurf, Hawaii Inc. | accessurf.org

IDAHO

Adaptive Wilderness Sports Of McCall (AWeSOMe!) | awesomemccall.org
AquAbility, Inc. | aquability.org
Boise Adaptive Snowsport Education (BASE) | baseidaho.org
Higher Ground Sun Valley, Inc. | highergroundusa.org

ILLINOIS

Dare2Tri Paratriathlon Club | dare2tri.org
Great Lakes Adaptive Sports Association (GLASA) | glasa.org
Shirley Ryan AbilityLab | sralab.org
North Side Archery Club | northsidearcheryclub.org

INDIANA

Rehabilitation Hospital of Indiana Sports Program | rhirehab.com/our-programs/community-reintegration/adaptive-sports-program/clinics
Special Outdoor Leisure Opportunities (SOLO) | skisolmichiana.org
Turnstone Center for Disabled Children and Adults, Inc. | turnstone.org

IOWA

Adaptive Sports IOWA | adaptivesportsiowa.org

KANSAS

Challenge Foundation | challengegames.org
Wichita Adaptive Sports INC | wichitaadaptivesports.org

LOUISIANA

Louisiana GUMBO Inc. | sites.google.com/site/louisianagumboinc
S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization | samaritanactsnorleans.org

MAINE

Adaptive Outdoor Education Center | adaptiveoutdooreducationcenter.org
Central Maine Adaptive Sports | centralmaineadaptivesports.org
Maine Adaptive Sports & Recreation | maineadaptive.org

MARYLAND

Bay Area Volleyball Academy - BAVA Beach ParaVolleyball | bayvolleyball.com/beachparavolley
Live Water Foundation | livewater.org
Baltimore Adaptive Recreation and Sports | barsinfo.org
Bennett Institute Physically Challenged Sports of Kennedy Krieger | kennedykrieger.org
Chesapeake Region Accessible Boating (CRAB) | crabsailing.org
Maryland Therapeutic Riding, Inc. | HorsesThatHeal.org
Team River Runner, Inc. | teamriverrunner.org

MASSACHUSETTS

AccessSportAmerica | accessportamerica.org
Adaptive Sports New England | adaptivesportsne.org
Spaulding Adaptive Sports Centers (Spaulding Rehabilitation Network) | sasc.spauldingrehab.org

MICHIGAN

Cannonsburg Challenged Ski Association | skiccsa.org
Michigan Adaptive Sports | michiganadaptivesports.com

MINNESOTA

Courage Kenny Rehabilitation Institute | allinahealth.org/adaptivesports
US Electric Wheelchair Hockey Association | powerhockey.com

MISSOURI

Disabled Athlete Sports Association (DASA) | dasasports.org
Midwest Adaptive Sports | midwestadaptivesports.org

MONTANA

DREAM Adaptive Recreation | dreamadaptive.org
Eagle Mount Billings | eaglemount.us

Eagle Mount Bozeman | eaglemount.org
Eagle Mount Great Falls | eaglemount.net

NEVADA

City of Reno | reno.gov/government/departments/parks-recreation-community-services/adaptive-recreation

NEW HAMPSHIRE

Crotched Mountain Accessible Recreation and Sports | cmars.org
AbilityPLUS, Inc. | abilityplus.org
Adaptive Sports Partners of the North Country | adaptivesportspartners.org
Full Circle Farm Therapeutic Horsemanship | fcfttherapeutic.org
Granite State Adaptive | gsadaptive.org
Lakes Region Disabled Sports at Gunstock, Inc. | lradaptive.org
New England Disabled Sports | nedisabledsports.org
New England Healing Sports Association | nehssa.org
Northeast Passage | nepassage.org
Waterville Valley Adaptive Sports | watervilleadaptive.com

NEW JERSEY

Tri-State Wheelchair Athletic Association DBA Tri-State Wheelchair & Ambulatory Athletics (TSWAA) | tswaa.com
Children's Lightning Wheels | childrens-specialized.org/sports-connection

NEW MEXICO

Adaptive Sports Program New Mexico | adaptivesportsprogram.org
Ski Apache Adaptive Sports | skiaptheadaptivesports.com

NEW YORK

Adaptive Sports Foundation | adaptivesportsfoundation.org
Adaptive Sports Program - Helen Hayes Hospital | helenhayeshospital.org/hospital-services/adapted-sports-recreation
Burke Rehabilitation Hospital Adaptive Sports Program | burke.org/community/adaptiveprograms
Capital Region Nordic Alliance | capitalregionnordicalliance.org
Charles T. Sitrin Health Care Center, Inc. | sitrin.com/adaptivesports
GallopNYC - Giving Alternative Learners UpLifting Opportunities, Inc. | gallopnyc.org
Greater Buffalo Adaptive Sports | sledhockeyfoundation.org
Greek Peak Adaptive Snowsports | gpadaptive.org
Lounsbury Adaptive Ski Program | lounsburyadaptive.org
Move Along, Inc. | movealonginc.org
Rochester Accessible Adventures | rochesteraccessibleadventures.org
Rochester Community Inclusive Rowing | rochestercommunityinclusiverowing.org
STRIDE Adaptive Sports | stride.org
Western New York Adaptive Water Sports | wnyadaptivewatersports.org

NORTH CAROLINA

ACCESS of Wilmington | accessilm.org
Bridge II Sports | bridge2sports.org
ComMotion - Community in Motion | commotionnc.org

NORTH DAKOTA

Dreams In Motion, Inc. | dreamsinmotioninc.com
Prairie Grit Adaptive Sports | prairiegritsports.com

OHIO

Adaptive Sports Connection | adaptivesportsconnection.org
Adaptive Sports Program of Ohio | adaptivesportsohio.org
Three Trackers of Ohio | 3trackers.org
Youth Challenge | youthchallengesports.com

OKLAHOMA

Oklahoma Adaptive Sports Association | okasa.org
The Center for Individuals with Physical Challenges | tulsacenter.org
University of Central Oklahoma Center of Adaptive Sports | uco.edu/wellness/sr/trainingsite/index.asp

OREGON

Adaptive Sports Northwest | adaptivesportsnw.org
Adventures Without Limits | awloutdoors.org
Oregon Adaptive Sports | oregonadaptivesports.org

PENNSYLVANIA

Blue Ridge Adaptive Snow Sports (BRASS) | brasski.org
On The Edge Children's Foundation | ontheadgecf.org
Pennsylvania Center for Adapted Sports | centeronline.com
Three Rivers Adaptive Sports | traspas.org
Two Top Mountain Adaptive Sports Foundation Inc. | twotopadaptive.org

SOUTH CAROLINA

Clemson Adaptive Sports | clemson.edu/cbshs/departments/prtm/programs/clemson-adaptive-sport-recreation/index.html
Adaptive Expeditions | AdaptiveExpeditions.org
Coastal Adaptive Sports | coastaladaptivesports.org
Roger C. Peace Rehabilitation Hospital | facebook.com/events/roger-c-peace-rehab-center-greenville-memorial/roger-c-peace-adaptive-sports/763384843997012

TENNESSEE

Sports, Arts & Recreation of Chattanooga (SPARC) | sparctn.org

TEXAS

Southwest Wheelchair Athletic Association | swaasports.org
Kinetic Kids, Inc. | kinetickidstx.org
Lone Star Paralysis Foundation | lonestarparalysis.org
Morgan's Wonderland Sports - STRAPS | morganswonderlandsports.com/straps
One Chair At A Time | onechairatatime.org
Operation Comfort | operationcomfort.org
RISE Adventures, Inc. DBA RISE Adaptive Sports | riseadaptivesports.org
Service Members Undertaking Disabled Sports (SUDS) | sudsusa.org
Turning Point - Paraplegics On Independent Nature Trips | turningPOINTnation.org

UTAH

City of Logan - Adaptive Sports and Recreation | loganutah.org/government/departments/parks_and_recreation/recreation_center/index.php
Common Ground Outdoor Adventures | cgadventures.org
Ogden Valley Adaptive Sports | ogdenvalleyadaptivesports.org
Salt Lake County | slco.org/adaptive
Wasatch Adaptive Sports | wasatchadaptivesports.org

VERMONT

Adaptive Sports at Mount Snow | adaptiveatsnow.org
Bart J. Ruggiere Adaptive Sports Ctr, Inc. | bartadaptive.org
Central Vermont Pioneers Inc. | centralvermontpioneers.org
EDD Adaptive Sports | eddfund.org
Green Mountain Adaptive Sports | greenmntadaptive.org
Northeast Disabled Athletic Association | disabledathletics.org
Vermont Adaptive Ski & Sports Association | vermontadaptive.org

VIRGINIA

Adventure Amputee Camp Inc | adventureamputeecamp.org
Sportable | sportable.org
Therapeutic Adventures, Inc. | TAonline.org
Wintergreen Adaptive Sports | wintergreenadaptivesports.org

WASHINGTON

Footloose Sailing Association | footloosedisabledsailing.org
Outdoors for All Foundation | outdoorsforall.org
ParaSport Spokane | parasportspokane.org
Seattle Adaptive Sports | seattleadaptivesports.org

WEST VIRGINIA

Challenged Athletes of West Virginia | cawwsports.org

WISCONSIN

Dairyland Sports | dairylandsports.org
Southeastern Wisconsin Adaptive Ski Program | sewasp.org
Sports, Therapeutic and Adaptive Recreation (STAR) Association | couleeregionsledhockey.com
Wisconsin Adaptive Sports Association (WASA) | wasa.org

WYOMING

Teton Adaptive Sports | tetonadaptivesports.com



JANUARY

SUN

MON

TUE

WED

THU

FRI

SAT

					1 New Years Day	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 Martin Luther King, Jr. Day	19	20	21	22	23
24	25	26	27	28	29	30
31						

ABOUT THE IMAGE

Pat Brown and crew with Maine Adaptive Sports & Recreation enjoying every fresh turn during a mono ski clinic at Sunday River Ski Resort. *Photo by Erebor Photography.*



DYK: Over 1,200 virtual programs were offered in the last nine months of 2020 as part of Move United's #AdaptAtHome initiative, with over 250,000 engagements during the pandemic.





FEBRUARY

SUN

MON

TUE

WED

THU

FRI

SAT

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 <small>Presidents' Day</small>	16	17	18	19	20
21	22	23	24	25	26	27
28						

ABOUT THE IMAGE

Mike Looney, with the Maryland Thunder wheelchair lacrosse team, playing in an exhibition match hosted by the Kennedy Krieger Institute. *Photo by Kevin Hentz.*



FYI: The Move United network is comprised of approximately 200 member organizations in 43 states and the District of Columbia. Join the movement and get involved in a local program near you.





MARCH

SUN

MON

TUE

WED

THU

FRI

SAT

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20 <small>Spring Begins</small>
21	22	23	24	25	26	27
28	29	30	31			

ABOUT THE IMAGE

Desmond A. Jackson is running free at the North Carolina Museum of Art. Photo by Stephanie Sevilla.



IN 2019, nearly 2,000 athletes competed in the Move United Competition Series, which included 24 events in 19 cities nationwide. Competition leads to character, so sign up for an event near you.





APRIL

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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

**ABOUT
THE
IMAGE**

Coach Saul Monroy, a player on the USA Patriots Team, talks to a youth camper and gives him some encouragement after getting a base hit. Photo by Jeff Hackett (Combat Vet Photography).



FOLLOW MOVE UNITED ON SOCIAL MEDIA:

Facebook: @MoveUnitedSports
Twitter: @moveunitedsport
Instagram: @moveunitedsport





MAY

SUN

MON

TUE

WED

THU

FRI

SAT

						1
2	3	4	5	6	7	8
9 <small>Mother's Day</small>	10 <small>Move United Education Conference Colorado Springs, CO</small>	11 <small>Move United Education Conference Colorado Springs, CO</small>	12 <small>Move United Education Conference Colorado Springs, CO</small>	13	14	15 <small>Armed Forces Day</small>
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 <small>Memorial Day</small>					

ABOUT THE IMAGE

Cycling is always more fun with a friend. Ernie and Todd explore the Jordan River Trail at their cycling lesson with Wasatch Adaptive Sports. *Photo by Wendy Jeffers.*



OVER 1,800 INDIVIDUALS from all 50 states attended the Move United Education Conference in 2020.





JUNE

SUN

MON

TUE

WED

THU

FRI

SAT

		1	2	3	4	5
6	7	8	9	10	11	12
13	14 <small>Flag Day</small>	15	16	17	18	19
20 <small>Father's Day Summer Begins</small>	21	22	23	24	25	26
27	28	29	30			

ABOUT THE IMAGE

Bella Heald gliding across the water at the SPARC Water Ski Day near Chattanooga, Tennessee. *Photo by Maureen Bruno.*



LAST YEAR, Move United welcomed 74 new Elite Team members, awarding over \$135,000 in equipment and training grants to young athletes (ages 13-24) who are training to compete in summer or winter sports. A number of Elite Team alumni competed at the Paralympic Games.





JULY

SUN

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				1	2	3
4	5	6	7	8	9	10
Independence Day						
11	12	13	14	15	16	17
18		20	21	22	23	24
25	26	27	28	29	30	31

ABOUT THE IMAGE

U.S. Army Veteran Brett diving with SUDS at Desecheo Island, which is located 15 miles off the west coast of Puerto Rico. *Photo by John Thompson.*



100,000 ATHLETES participate in adaptive sports annually through the Move United member network across the United States, through 70 different sports.







SEPTEMBER

SUN

MON

TUE

WED

THU

FRI

SAT

			1 2021 Paralympic Summer Games, Tokyo, Japan	2 2021 Paralympic Summer Games, Tokyo, Japan	3 2021 Paralympic Summer Games, Tokyo, Japan	4 2021 Paralympic Summer Games, Tokyo, Japan
5 2021 Paralympic Summer Games, Tokyo, Japan	6 Labor Day	7	8	9	10	11 Patriot Day
12	13	14	15	16	17	18
19	20	21	22 Fall Begins	23	24	25
26	27	28	29	30		

ABOUT THE IMAGE

US Army veteran Andre Cilliers, his wife Andrea, and Marine veteran Jamie Rihn, paddle their kayaks along Seneca Creek in Maryland during an event with Team River Runner. *Photo by Tim Brown.*



LAST YEAR, the USA Wheelchair Football League launched with four teams, located in Phoenix, Chicago, Los Angeles, and Kansas City, MO.





OCTOBER

SUN

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					1	2
3	4	5	6	7	8	9
10	11 <small>Columbus Day</small>	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

ABOUT THE IMAGE

Mary Kate Callahan competes in the marathon at the Road Less Traveled Race Series in Chicago, IL. Photo by Mike Killion.



JOIN over 35,000 individuals who subscribe to Move United magazine, the nation's leading adaptive sports publication. Sign up for a free subscription!





25

LAKE SHORE

10

PER4MAX

NOVEMBER

SUN

MON

TUE

WED

THU

FRI

SAT

	1	2	3	4	5	6
7	8	9	10	11 <small>Veterans Day</small>	12	13
14	15	16	17	18	19	20
21	22	23	24	25 <small>Thanksgiving</small>	26	27
28	29	30				

ABOUT THE IMAGE

Lily Dobson and Seth Tippons huddle with their teammates during a Lakeshore Sharks basketball practice in Birmingham, Alabama. *Photo by Lexi Branta Coon, courtesy of the Lakeshore Foundation.*



SINCE 2003, more than 16,000 of the most severely injured active duty military service members, veterans, and their families have been served by the Move United Warfighters program.





DECEMBER

SUN

MON

TUE

WED

THU

FRI

SAT

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21 <small>Winter Begins</small>	22	23	24	25 <small>Christmas</small>
26	27	28	29	30	31 <small>New Year's Eve</small>	

ABOUT THE IMAGE

Retired Army Lieutenant Cameron Kerr, a Move United Warfighters Ambassador, snowboards in Breckenridge, Colorado. Photo by Reed Hoffmann.



In 2019, 803 individuals participated in the annual Ski Spectacular event, one of the largest winter adaptive sports festivals in the country.



SPORTS MAKE US MORE



**MOVE
UNITED**

MOVEUNITEDSPORT.ORG

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