

Attempt Card

USA Para Powerlifting

Athlete Name		Official/Coach signature:				
Start Time of Weigh in:						
Kit Check						
Shirt (above elbow):	Shorts/Pants:	Sneakers:				
Other:						
Attempt Record						
Body Weight	lbs	 <p style="font-size: small; text-align: center;">Member, United States Olympic & Paralympic Committee</p>	Attempt 1	Attempt 2	Attempt 3	
	kg		Original			
Add on weight (kg)						
Total body weight (kg)			Change			
Weight Class						