

# WHEELCHAIR BASKETBALL

#### WHO CAN PLAY

Wheelchair basketball is for individuals of all ability levels. The only requirement is that participants must be able to maneuver in a manual wheelchair. Those individuals without disabilities that choose to participate, must play in a chair, and may at no point attempt to stand up or use their lower extremities.

### **OVERVIEW**

COURT: Standard baseball court dimensions and hoop height

**EQUIPMENT:** Standard regulation basketball.

**TIME LIMITS:** Four periods of 10 minutes or two halves of 20 minutes. SCORING: Standard basketball scoring, front wheels of the basketball chair may be in front of free throw line; only rear wheels must be behind the free throw line.

**MODIFICATIONS:** The field of play, time limits, and equipment can be modified to accommodate student of varying abilities. An 8.5' basket, women's ball, or a Spalding NBA Rookie Composite Ball are standard modifications used to help students achieve success in wheelchair basketball.

#### **CHAIR**



- I. Backrest
- 6. Frame
- 2. Rear axie
- 7. Traverse bar
- 3. Rear wheel
- 8. Front riggir
- 4. Hand rims
- 9. Footrests
- 5. Seat
- 10. Front casters

## **RULE MODIFICATION EXAMPLES**

- TRAVELING: You must dribble once per two pushes on your wheelchair
- DOUBLE DRIBBLE: There is no double dribble violation in wheelchair basketball
- PERSONAL ADVANTAGE FOUL: Due to the varying degrees of disability, you cannot use a functioning lower extremity as a physical advantage. For example, you cannot lift buttocks off of the chair seat.
- FALLING: Play is suspended during a fall only if there is a chance of danger or injury to the fallen player