



MILITARY ADAPTIVE SPORTS RESOURCES

**MOVE
UNITED
WARFIGHTERS**

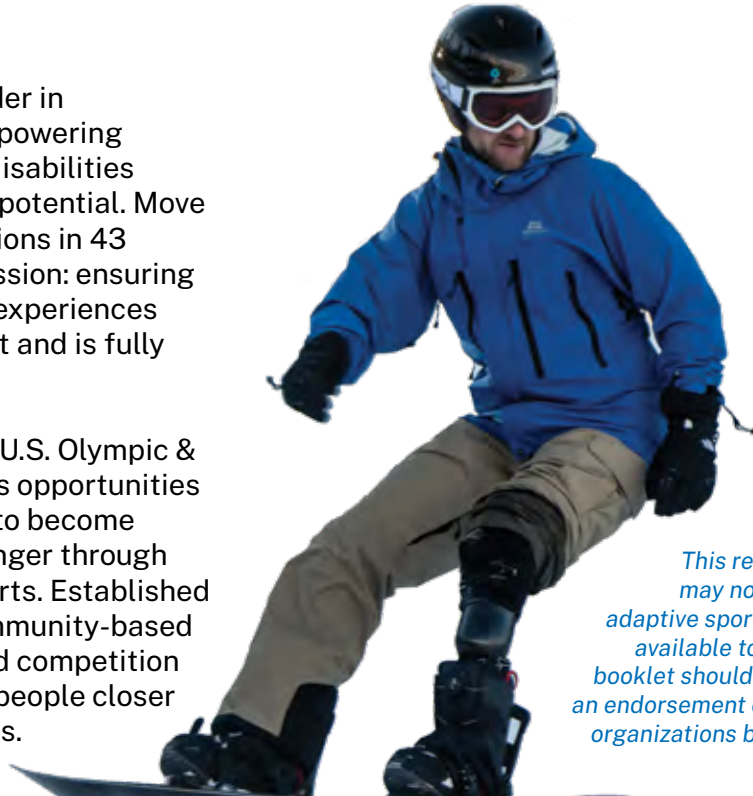
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ABOUT MOVE UNITED

Move United is the national leader in community adaptive sports, empowering 100,000 youth and adults with disabilities each year to live to their fullest potential. Move United's 200 member organizations in 43 states are united by a single mission: ensuring everyone, regardless of ability, experiences the life-changing power of sport and is fully included in their community.

Move United, an Affiliate of the U.S. Olympic & Paralympic Committee, provides opportunities for individuals with disabilities to become physically and emotionally stronger through participation in 70 adaptive sports. Established in 1956, Move United offers community-based sports recreation, education and competition that push people further, bring people closer and leave no one on the sidelines.



This resource booklet may not include every adaptive sports organization available to veterans. This booklet should not be seen as an endorsement of the included organizations by Move United.

MOVE UNITED WARFIGHTERS

Move United Warfighters offers sports rehabilitation for veterans and members of the Armed Services with physical disabilities. Since its inception, Move United Warfighters has proudly served more than 15,500 wounded warriors and their family members, including those injured in the Iraq and Afghanistan wars, at no cost to the warfighter or family. Sports make us victorious, more resilient and stronger every day. So shift the narrative and join forces with us.

Visit www.moveunitedsport.org/warfighters.

15,500
WOUNDED WARRIORS SERVED

HAVE QUESTIONS?

Bre Podgorski-Member Services, Individuals
bpodgorski@moveunitedsport.org • 301-217-9842

BECOME A MOVE UNITED WARFIGHTERS AMBASSADOR

Ready to make a difference in your community? Learn more about becoming a Move United Warfighter Ambassador. As an ambassador, you represent Move United Warfighters with a dedication to service and the unique ability to be an advocate for people with disabilities. **We need your help** to further the mission and vision of Move United by getting more people with disabilities enjoying the benefits of adaptive sports!

Learn more at www.moveunitedsport.org/ambassadors



MOVE UNITED PROGRAMMING

MOVE UNITED MEMBERSHIP NETWORK

The Move United Membership Network is made up of organizations that provide local, regional, and/or national sports programming to athletes with disabilities. These organizations have access to a variety of direct and ancillary benefits, that enhance and foster the continued growth of adaptive and inclusive sports programming nation-wide. www.moveunitedsport.org/membership.

MOVE UNITED EDUCATION

As the nation's leading provider of training in adaptive sport, Move United Education develops the tools and resources to lead society to a world where everyone's included. Interested in adaptive sport career development? Find more training resources and free professional development opportunities available to you. www.moveunitedsport.org/education



USA WHEELCHAIR FOOTBALL

The USA Wheelchair Football League is the first of its kind football league for adults with disabilities to reach their highest potential through a competitive, fast-paced, team sport. The USA Wheelchair Football League brings together highly trained coaches with passionate athletes, building skills and inspiring athletes to excel both on and off the field through teamwork, dedication, and resilience.

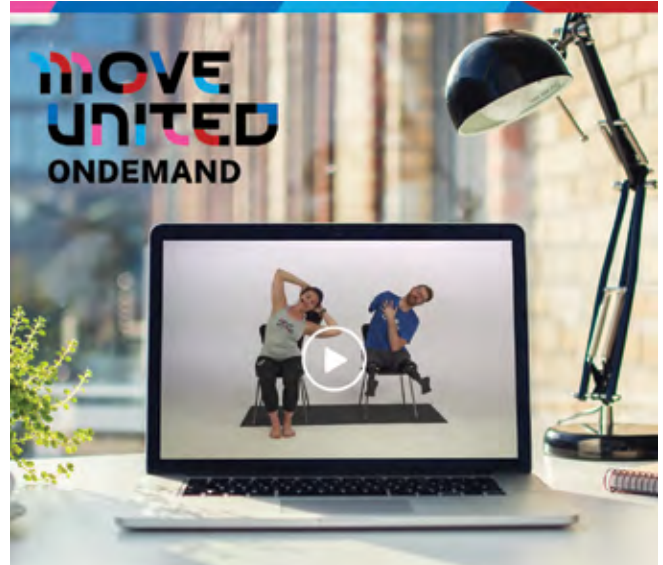
www.moveunitedsport.org/football

MOVE UNITED ONDEMAND

Move United OnDemand provides a high-quality, engaging fitness platform adapted for different abilities and body types. Through highly trained instructors and workouts that are fun, dynamic and engaging, athletes with disabilities can enjoy the benefits of healthy, physical activity at home and other places where you train.

Find the workouts that match your needs and goals. With classes in six key fitness areas that range from 10-45 minutes, you can get a high quality workout, no matter your interest level or time constraints. Get active and moving with Move United OnDemand.

www.moveunitedsport.org/ondemand



MOVE UNITED MAGAZINE

For more than 20 years, Move United Magazine has been the leading multi-sport, multi-disability adaptive sports magazine that today has a circulation of 35,000. Issues focus on adaptive sports, adaptive athletes and Move United member network. Move United magazine is published three times a year and is free to youth and adults with disabilities.

Get your free subscription here:
www.moveunitedsport.org/magazine





SPORTS OFFERED

| | | | |
|----------------------|-----------------|-------------------|-----------------------|
| Air Rifle | Equestrian | Rock Climbing | Tennis |
| Alpine Ski | Fishing | Rowing | Track & Field |
| Archery | Fly Fishing | Rugby | Triathlon |
| Backpacking | Goalball | Running | Volleyball |
| Basketball | Golf | Sailing | Water Aerobics |
| Biathlon | Hand Cycling | Scuba | Water Skiing |
| Boccia | Hiking | Skateboarding | Wheelchair Basketball |
| Bowling | Hunting | Sled Hockey | Wheelchair Curling |
| Canoeing | Kayak Fishing | Snowboarding | Wheelchair Fencing |
| Climbing | Kayaking | Snowshoeing | Wheelchair Racing |
| Cross-Country Skiing | Lacrosse | Soccer | Wheelchair Rugby |
| Curling | Martial Arts | Stand-Up Hockey | Wheelchair Softball |
| Cycling | Mountain Biking | Strength Training | Whitewater Rafting |
| Dance | Nordic Ski | Surfing | Yoga |
| Disc Golf | Paddleboarding | Swimming | |
| Downhill Skiing | Power Soccer | Table Tennis | |
| Dragon Boating | Rafting | Tai Chi | |



COMMUNITY ORGANIZATIONS

An asterisk denotes a Move United Member Organization.
Find the comprehensive list on our website here: www.moveunitedsports.org/locations

ALABAMA

Lakeshore Foundation*

lakeshore.org
Birmingham, AL

University of Alabama Adaptive Athletics

alabamaadapted.com
Tuscaloosa, AL

ALASKA

Challenge Alaska*

challengealaska.org
Anchorage, AK

ORCA Program - Southeast Alaska Independent Living, Inc.*

sailinc.org; sailorca.weebly.com

ARIZONA

Ability360*

ability360.org/sports
Phoenix, AZ

Arizona Adaptive Watersports*

azadaptivewatersports.org

Arizona Disabled Sports*

arizonadisabledsports.com
Mesa, AZ

Northern Arizona Adaptive Sports Association*

NAZadaptivesports.com

Southern Arizona Adaptive Sports*

sozadaptivesports.org
Tucson, AZ

CALIFORNIA

Ability First Sports*

abilityfirstsports.org

Achieve Tahoe*

achievetahoe.org
Truckee, CA

Adaptive Sports & Recreation Association*

adaptivesportsandrec.org
San Diego, CA

AmpSurf

ampsurf.org
Pismo Beach, CA

Angel City Sports*

accessilm.org

Bay Area Association of Disabled Sailors*

www.baads.org

Bay Area Outreach and Recreation Program*

borp.org
Berkeley, CA

Break the Barriers, Inc.

breakthebarriers.org
Fresno, CA

Central California Adaptive Sports Center*

centralcaladaptive.org
Shaver Lake, CA

Disabled Sports USA Eastern Sierra*

disabledsportseasternsierra.org
Mammoth Lakes, CA

Disabled Sports USA Los Angeles*

unrecables.com
Los Angeles, CA

Disabled Sports USA Orange County*

theachievers.org
Irvine, CA

Discovery Blind Sports*

discoveryblindsports.org
Pioneer, CA

Far West Wheelchair Athletic Association*

fwwaa.org
San Jose, CA

Giant Steps Therapeutic Equestrian Center*

giantstepsriding.org

Jimmy Miller Memorial Foundation

jimmymillerfoundation.org
Manhattan Beach, CA

Loma Linda University

teampossabilities.org
Loma Linda, CA

Northern California PGA Foundation

ncpgafoundation.org
Vacaville, CA

Operation Surf*

operationsurf.org

Palms to Pines Parasports

palmstopinesparasports.org

Riekes Center for Human Enhancement

riekes.org
Menlo Park, CA

San Diego District Tennis Association

sandiegotennis.org
San Diego, CA

San Diego Rowing Club

sandiegorowing.org
San Diego, CA

Shared Adventures

sharedadventures.org
Santa Cruz, CA

Shasta Disabled Sports USA*

shastadsusa.org
Mount Shasta, CA

SoCal Adaptive Sports

socaladaptiveports.org
Palm Springs, CA

Timpany Center

sjsu.edu/timpany
San Jose, CA

Triumph Foundation*

triumph-foundation.org
Santa Clarita, CA

US Adaptive Recreation Center*

usarc.org
Big Bear Lake, CA

US Driving for the Disabled*

usdfd.org
Arroyo Grande, CA

Wheels to Water*
wheelstowater.com
Cambria, CA

COLORADO

5280 Challenge*
5280challenge.org

Adaptive Action Sports*
adacs.org
Copper Mountain, CO

Adaptive Adventures*
adaptiveadventures.org
Lakewood, CO

Adaptive Athletics Specialists
teamaas.org
Steamboat Springs, CO

Adaptive Sports Association*
asadurango.org
Durango, CO

Adaptive Sports Center of Crested Butte*
adaptivesports.org
Crested Butte, CO

Aspen Camp (Deaf & Hard of Hearing)*
aspencamp.org
Aspen, CO

Aspen Valley Ski/Snowboard Club
teamavsc.org
Aspen, CO

Breckenridge Outdoor Education Center*
boec.org
Breckenridge, CO

Challenge Aspen*
challengeaspen.org
Snowmass Village, CO

City of Boulder Parks and Recreation
bouldercolorado.gov/parks-rec/sports
Boulder, CO

City of Colorado Springs
coloradosprings.gov/parks
Colorado Springs, CO

Colorado Discover Ability*
cdagj.org
Grand Junction, CO

DuMyon Martial Arts*
dumyonmartialarts.org

Foresight Ski Guides, Inc.*
foresightskiguides.org
Denver, CO

Golf 4 The Disabled*
golf4thedisabled.org
Denver, CO

Ignite Adaptive Sports*
igniteadaptivesports.org
Boulder, CO

National Sports Center for the Disabled*
nscd.org
Denver, CO

Paradox Sports*
paradoxsports.org
Eldorado Springs, CO

Steamboat Adaptive Recreational Sports*
steamboatstars.com
Steamboat Springs, CO

Telluride Adaptive Sports Program*

tellurideadaptivesports.org

Telluride, CO

United States Association of Blind Athletes

usaba.org

Colorado Springs, CO

Visually Impaired & Blind Skiers*

coloradovibes.org

Colorado Springs, CO

Oak Hill Adaptive Sports & Fitness*

sportsandfitness.oakhillct.org

Sports Association of Gaylord Hospital*

gaylord.org/sports

Wallingford, CT

FLORIDA**Brooks Rehabilitation****Central Florida Chapter of Paralyzed Veterans of America***

pvacf.org

Central Florida Dreamplex, LLC*

cfdreamplex.com

Dixie Wheelchair Athletic Association, Inc.*

dixiegames.com

Endless Possibilities for the Disabled, Inc.*

endlesspossibilitiespbc.org

Lake Worth, FL

Florida Disabled Outdoors Association

fdoa.org

Tallahassee, FL

Hillsborough County Adaptive Sports*

hillsboroughcounty.org/en/residents/

recreation-and-culture/sports-and-

athletics/hc-adaptive-sports

Miami-Dade County

miamidade.gov/parks/

Miami-Dade, FL

Shifting Gears United*

shiftinggearsunited.org

Tequesta, FL

SportsAbility Alliance*

sportsability.org

Tallahassee, FL

Team Paradise Sailing

teamparadise.org

Miami, FL

Veterans Ocean Adventures, Inc.

vetssailin

CONNECTICUT**Chapter 126 Sports & Fitness**

chapter126.com

Bristol, CT

Gaylord Hospital, Inc., DBA Gaylord Sports Association*

www.gaylord.org/sports

Leaps of Faith Adaptive Skiers*

lofadaptiveskiers.org

Sandy Hook, CT

Warrior Sailing*
warriorsailing.org

Wounded Warriors Abilities Ranch*
woundedwarriorsabilitiesranch.org
brooksadaptivesportsandrecreation.com
Jacksonville, FL

GEORGIA

Athens Inclusive Recreation & Sports (AIRS)*
airs-ga.org
Athens, GA

BlazeSports America*
blazesports.org
Norcross, GA

Catalyst Sports Inc*
catalystsports.org

City of Roswell
roswellgov.com/government/
departments/recreation-and-parks/
programs
Roswell, GA

HAWAII

Accessurf Hawaii, Inc.*
accessurf.org
Honolulu, HI

IDAHO

Adaptive Wilderness Sports of McCall*
awesomemccall.org
McCall, ID

AquAbility*
aquability.org
Boise, ID

Boise Adaptive Snowsport Education (BASE)*
baseidaho.org

Disabled Veterans Sports Association
indvsa.org
Coeur D'Alene, ID

Higher Ground Sun Valley*
highergroundusa.org
Ketchum, ID

Recreation Unlimited
recreation-unlimited.org
Boise, ID

Treasure Valley Family YMCA
ymcatvidaho.org
Boise, ID

Wood River Ability Program
woodriverabilityprogram.org
Sun Valley, ID

ILLINOIS

Adaptive Adventures
adaptiveadventures.org
Wilmette, IL

Chicago Park District - Special Recreation Department*
chicagoparkdistrict.com/programs-
memberships
Chicago, IL

Dare2Tri*
dare2tri.org
Chicago, IL

Great Lakes Adaptive Sports Association*

glasa.org
Lake Forest, IL

North Side Archery Club*

northsidearcheryclub.org

Shirley Ryan Ability Lab*

sralab.org
Chicago, IL

Western DuPage Special Recreation Association (Synergy Adaptive Athletics program)*

synergyaa.org
Carol Stream, IL

World Sport Chicago

worldsportchicago.org
Chicago, IL

INDIANA

Indiana University

facebook.com/AdaptiveSportsatIU
Bloomington, IN

Special Outdoor Leisure Opportunities*

skisolomichiana.org
South Bend, IN

Turnstone Center for Disabled Children & Adults, Inc*

turnstone.org
Fort Wayne, IN

Rehabilitation Hospital of Indiana Sports Program*

rhirehab.com/our-programs/
community-reintegration/adaptive-
sports-program/clinics/

IOWA

Adaptive Sports Association

facebook.com/QCA-Adaptive-Sports-
Association-116749518349377/
Davenport, IA

Adaptive Sports Iowa*

adaptivesportsiowa.org
Ames, IA

Sport Ability of Iowa*

sportabilityofiowa.org
Cedar Rapids, IA

KANSAS

Challenge Foundation*

challengegames.org

Wheelchair Sports, Inc.

wcsports.org
Wichita, KS

Wichita Adaptive Sports INC*

wichitaadaptivesports.org

KENTUCKY

U.S. Driving for the Disabled

usdfd.org
Georgetown, KY

LOUISIANA

Louisiana GUMBO Inc.*

sites.google.com/site/louisianagumboinc

Samaritan Acts of New Orleans

samaritanactsneworleans.org

New Orleans, LA

S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization*

samaritanactsneworleans.org

MAINE

Adaptive Outdoor Education Center*

adaptiveoutdoorededucationcenter.org/

Carrabassett Valley, ME

Central Maine Adaptive Sports*

centralmaineadaptivesports.org

Auburn, ME

Maine Adaptive Sports & Recreation*

maineadaptive.org

Newry, ME

New England Nordic Ski Association

nensa.net

New Gloucester, ME

Pineland Farms, Inc.

pinelandfarms.org/recreation/vast

New Gloucester, ME

MARYLAND

Baltimore Adaptive Recreation & Sports*

barsinfo.org

Parkton, MD

Bennett Institute Physically Challenged Sports Program of Kennedy Krieger*

kennedykrieger.org

Baltimore, MD

Chesapeake Region Accessible Boating*

crabsailing.org

Annapolis, MD

Live Water Foundation*

livewater.org

Maryland Therapeutic Riding, Inc.*

HorsesThatHeal.org

Bay Area Volleyball Academy - BAVA Beach ParaVolleyball*

bayvolleyball.com/beachparavolley

Millersville, MD

Patriot Point

patriotpoint.org

Taylor's Island, MD

St. Mary's County Recreation and Parks

co.saint-marys.md.us/recreate/recreation

Leonard Town, MD

Team River Runner, Inc.*

teamriverrunner.org

Rockville, MD

MASSACHUSETTS

AccessSport America*

accesssportamerica.org

Acton, MA

Adaptive Sports New England*

adaptivesportsne.org
Boston, MA

All Out Adventures

alloutadventures.org
Northampton, MA

Community Rowing, Inc.*

communityrowing.org
Brighton, MA

Holyoke Rows, Inc.

holyokerows.org
Holyoke, MA

Piers Park Sailing Center

piersparksailing.org
Boston, MA

Spaulding Adaptive Sports Centers (Spaulding Rehabilitation Network)*

sasc.spauldingrehab.org
East Sandwich, MA

MICHIGAN

Cannonsburg Challenged Ski Association*

skiccsa.org
Ada, MI

Mary Free Bed Wheelchair and Adaptive Sports*

maryfreebed.com/rehabilitation/
sports-rehabilitation/wheelchair-
adaptive-sports/

Michigan Adaptive Sports*

michiganadaptivesports.org
West Bloomfield, MI

Michigan Sports Unlimited

misportsunlimited.net
Essexville, MI

Operation Injured Soldiers

injuredsoldiers.org
South Lyon, MI

Rehabilitation Institute Of Michigan Foundation*

RIMfoundation.org

Reining Liberty Ranch

reininglibertyranch.org
Traverse City, MI

University of Michigan Adaptive and Inclusive Sports Experience (UMAISE)*

medicine.umich.edu/dept/pmr/
patient-care/therapeutic-other-
services/university-michigan-
adaptive-inclusive-sports-
experience-umaise
Ann Arbor, MI

MINNESOTA

Capable Partners

capablepartners.org
Golden Valley, MN

Courage Kenny Rehabilitation Institute*

allinahealth.org/adaptivesports
Minneapolis, MN

Exercisabilities*

exercisabilities.org
Rochester, MN

Ironwood Springs Christian Ranch*
ironwoodsprings.com/
wheelchairsports#WheelchairCamp
Stewartville, MN

Lets Go Fishing

lgfws.com
Willmar, MN

North Star Community Rowing*
northstarcommunityrowing.org
Minneapolis, MN

**Paralyzed Veterans of America,
Minnesota Chapter***
mnpva.org
Minneapolis, MN

River Valley Riders
rivervalleyriders.org
Woodbury, MN

Roll With It
rollwithitmn.org
St. Cloud, MN

**US Electric Wheelchair Hockey
Association***
powerhockey.com
New Hope, MN

Wayzata Community Sailing Center*
wayzatasailing.org/programs/
outreach-adaptive/

MISSISSIPPI

**Metro Area Community
Empowerment**
mace-ms.org
Jackson, MS

MISSOURI

**Disabled Athlete Sports Association
(DASA)***
dasasports.org
St. Charles, MO

Gateway YMCA
gwrymca.org/program/inclusion-
services
Potosi, MO

Life Waters
lifewaters.org
St. Louis, MO

Midwest Adaptive Sports*
midwestadaptivesports.org
Dearborn, MO

MONTANA

DREAM Adaptive Recreation*
dreamadaptive.org
Whitefish, MT

Eagle Mount Billings*
eaglemount.us
Billings, MT

Eagle Mount Bozeman*
eaglemount.org
Bozeman, MT

Eagle Mount Great Falls*
eaglemount.net
Great Falls, MT

Horses Spirits Healing, Inc
facebook.com/pg/
horsesspiritshealing/
about/?ref=page_internal
Billings, MT

NEBRASKA

All Play

allplay.org
Omaha, NE

Madonna Rehabilitation Hospital

madonna.org/specialized/recreation/
overview.html
Lincoln, NE

Nebraska Adaptive Sports

nebraskaadaptivesports.org
Omaha, NE

NEVADA

City of Reno Parks and Recreation

reno.gov/government/departments/
parks-recreation-community-
services/adaptive-recreation
Reno, NV

Nevada Paralyzed Veterans of America*

nevadapva.org

NEW HAMPSHIRE

AbilityPLUS Inc.

abilityplus.org
Manchester, NH

Adaptive Sports Partners North Country*

adaptivesportspartners.org
Franconia, NH

Crotched Mountain Accessible Recreation & Sports*

crotchedmountain.org/programs-and-
services/accessible-recreation
Greenfield, NH

Full Circle Farm Therapeutic Horsemanship*

fcftherapeutic.org

Granite State Adaptive*

gsadaptivesports.org
Mirror Lake, NH

Lakes Region Disabled Sports at Gunstock, Inc.*

lradaptive.org
Gilford, NH

Mount Washington Valley Adaptive Sports*

mwvas.org
Bartlett, NH

New England Disabled Sports*

nedisabledsports.org
Lincoln, NH

New England Healing Sports Association*

nehsa.org
Newbury, NH

Northeast Passage*

nepassage.org
Durham, NH

Waterville Valley Adaptive Sports*

watervilleadaptive.com
Waterville Valley, NH

NEW MEXICO

Adaptive Sports Program New Mexico*

adaptivesportsprogram.org
Santa Fe, NM

Ski Apache Adaptive Sports*
skiapacheadaptivesports.com
Ruidoso, NM

NEW JERSEY

Children's Lightning Wheels*
childrens-specialized.org/sports-connection

Tri-State Wheelchair Athletic Association DBA Tri-State Wheelchair & Ambulatory Athletics (TSWAA)*
tswaa.com

Navigators Adaptive Sports Club*
navigatorsadaptivesports.com
Bayonne, NJ

NEW YORK

Adaptive Sports Foundation*
adaptivesportsfoundation.org
Windham, NY

Adaptive Sports Program - Helen Hayes Hospital*
helenhayeshospital.org/adapted-sports-recreation
West Haverstraw, NY

Asphalt Green, Inc
asphaltgreen.org
New York City, NY

ASPIRE, Inc.*
aspirenewyork@gmail.com
Hartsdale, NY

Burke Rehabilitation Hospital Adaptive Sports Program*
burke.org/community/adaptiveprograms

Cape Ability Outrigger Ohana*
adaptivecanoeing.org
West Henrietta, NY

Capital Region Nordic Alliance, Inc.*
capitalregionnordicalliance.org/partnerships/cma-as-a-us-paralympic-club
Albany, NY

Charles T. Sitrin Health Care Center, Inc.*
sitrin.com/adaptivesports

GallopNYC*
gallopnyc.org
Brooklyn, NY

Greater Buffalo Adaptive Sports*
sledhockeyfoundation.org

Greek Peak Adaptive Snowsports*
gpadaptive.org
Vestal, NY

Lounsbury Adaptive Ski Program*
lounsburyadaptive.org
Ellicottville, NY

Move Along, Inc.*
movealonginc.org
Oswego, NY

Rochester Accessible Adventures*
rochesteraccessibleadventures.org
Rochester, NY

Rochester Community Inclusive Rowing*
rochestercommunityinclusiverowing.org

STRIDE, Inc.*
stride.org
Rensselaer, NY

Western New York Adaptive Water Sports*
wnyadaptivewatersports.org
Grand Island, NY

NORTH CAROLINA

ACCESS of Wilmington*
accessilm.org

American Disability Darts* Association*
addadarts.org
Denver, NC

Bridge II Sports*
bridge2sports.org
Durham, NC

ComMotion - Community in Motion*
commotionnc.org
Raleigh, NC

Soldiers Undertaking Disabled Scuba (SUDS)*
sudsdiving.org
Beaufort, NC

Warrior Ride
thewarriorride.org
Oak Island, NC

NORTH DAKOTA

Sporting Chance
sporting-chance.com
Bismarck, ND

Dreams In Motion, Inc*
dreamsinmotioninc.com
Mandan, ND

Prairie Grit Adaptive Sports*
prairiegritsports.com

OHIO

Adaptive Adventure Sports Connection*
taasc.org
Powell, OH

Adaptive Sports Program of Ohio*
adaptivesportsohio.org
Dalton, OH

Columbus Recreation and Parks
columbusrecparks.com
Columbus, OH

Three Trackers of Ohio*
3trackers.org
Middleburg Heights, OH

Cincinnati Recreation Commission
cincyrec.org/tr
Cincinnati, OH

Spire Institute
spireinstitute.org/content/military-and-adaptive
Geneva, OH

Youth Challenge*
youthchallengesports.com

OKLAHOMA

Oklahoma Adaptive Sports Association*
okasa.org

The Center for Individuals with Physical Challenges*
tulsacenter.org
Tulsa, OK

UCO Center of Adaptive Sports*
uco.edu/wellness/sr/trainingsite/index.asp
Edmond, OK

OREGON

Adaptive Sports Northwest*
adaptivesportsnw.org
Beaverton, OR

Adventures Without Limits*
awlouddoors.org

Oregon Adaptive Sports*
oregonadaptivesports.org
Bend, OR

PENNSYLVANIA

Blue Ridge Adaptive Snow Sports*
brasski.org
Fairfield, PA

IM ABLE Foundation*
imablefoundation.org
Wyomissing, PA

On The Edge Children's Foundation*
ontheedgecf.org

Penn State Ability Athletics
gopsusports.com/ability
University Park, PA

Pennsylvania Center for Adapted Sports*
centeronline.com
Philadelphia, PA

Three Rivers Adaptive Sports*
traspa.org
Pittsburgh, PA

Two Top Mountain Adaptive Sports Foundation*
twotopadaptive.org
Mercersburg, PA

RHODE ISLAND

Access2Adventure*
access2adventure.org
Tiverton, RI

SOUTH CAROLINA

Adaptive Expeditions*
adaptiveexpeditions.org
Charleston, SC

Clemson Adaptive Sports*
clemson.edu/cbshs/departments/prtm/programs/clemson-adaptive-sport-recreation/index.html

Coastal Adaptive Sports*
coastaladaptivesports.org
Myrtle Beach, SC

Roger C. Peace Rehabilitation Hospital*
ghs.org/rcp
Greenville, SC

SOUTH DAKOTA

Black Hills Ski for Light

bhsfl.org
Rapid City, SD

Meeting the Need

meetingtheneed.org
Keystone, SD

TENNESSEE

Sports, Arts & Recreation of Chattanooga*

sparctn.org
Chattanooga, TN

The Warrior Initiative

warriorinitiative.org/home.html
Adams, TN

TEXAS

The City of Harker Heights

harkerheights.gov/index.php/athletics
Harker Heights, TX

Houston Parks and Recreation Dept.

houstontx.gov/parks/adaptivesports.
html
Houston, TX

Kinetic Kids*

kinetickidstx.org
San Antonio, TX

Lone Star Paralysis Foundation*

lonestarparalysis.org
Austin, TX

Morgan's Wonderland Sports - STRAPS*

morganswonderlandsports.com/
straps

Movin' Mavs Adapted Sports

uta.edu/movinmavs
Arlington, TX

One Chair At A Time*

onechairatatime.org

Operation Comfort*

operationcomfort.org
San Antonio, TX

RISE Adventures, Inc. DBA RISE Adaptive Sports*

riseadaptivesports.org
Irving, TX

San Antonio Sports Foundation

sanantoniosports.org/events
San Antonio, TX

Servicemembers Undertaking Disabled Sports (SUDS)*

sudsusa.org
San Antonio, TX

Southwest Wheelchair Athletic Association*

swaasports.org
Arlington, TX

Texas Rowing for All

texasrowingforall.org
Austin, TX

Turning Point - Paraplegics On Independent Nature Trips*

turningPOINTnation.org

UTAH

City of Logan - Adaptive Sports and Recreation*

loganutah.org/government/
departments/parks_and_recreation/
recreation_center

Common Ground Outdoor Adventures*

cgadventures.org
Logan, UT

National Ability Center*

discovernac.org
Park City, UT

Ogden Valley Adaptive Sports*

ogdenvalleyadaptivesports.org

Rehabilitation Center at University of Utah

healthcare.utah.edu/rehab
Salt Lake City, UT

Salt Lake County*

slco.org/adaptive

Wasatch Adaptive Sports*

wasatchadaptivesports.org

VERMONT

Adaptive Sports at Mount Snow*

adaptiveatsnow.org

Bart J. Ruggiere Adaptive Sports Center*

bartadaptive.org
Manchester Center, VT

Central Vermont Pioneers Inc.*

centralvermontpioneers.org

EDD Adaptive Sports*

eddfund.org

Friends of Stowe Adaptive Sports

stoweadaptive.org
Hyde Park, VT

Green Mountain Adaptive Sports*

greenmtnadaptive.org

Mount Snow Adaptive Sports Inc

msadaptive.org
West Dover, VT

Northeast Disabled Athletic Association*

disabledathletics.org
Burlington, VT

Tasty Water Adventures, Inc.*

tastywateradventures.org
Burlington, VT

Vermont Adaptive Ski & Sports Association*

vermontadaptive.org
Killington, VT

VIRGINIA

Adventure Amputee Camp*

adventureamputeecamp.org

Lake of the Woods Adaptive Watersports*

adaptivewatersports.org
Locust Grove, VA

Patriots For Disabled Divers*

patriotsfordisableddivers.org

Sailing 4 All*

gosailing4all.org
Richmond, VA

Sportable*

sportable.org
Richmond, VA

Therapeutic Adventures, Inc.*
taonline.org
Charlottesville, VA

United States Patriot Sailing
uspatriotsailing.org
Norfolk, VA

Wounded Warrior Amputee Softball Team
woundedwarrioramputeesoftballteam.org
Alexandria, VA

Wintergreen Adaptive Sports*
wintergreenadaptivesports.org
Charlottesville, VA

WASHINGTON

Footloose Sailing Association*
footloosedisabledsailing.org
Mercer Island, WA

Gig Harbor Canoe Kayak Racing Team
<https://www.teamunify.com/team/recwaghck/page/home>
Gig Harbor, WA

Metro Parks Tacoma
metroparkstacoma.org/adaptive
Tacoma, WA

Outdoors for All Foundation*
outdoorsforall.org
Seattle, WA

ParaSport Spokane*
parasportspokane.org

Seattle Adaptive Sports*
seattleadaptivesports.org

WASHINGTON, D.C.

Capital Rowing
capitalrowing.org
Washington, DC

DC Firefighters Burn Foundation*
dcffburnfoundation.org
Washington, DC

Medstar National Rehabilitation Hospital*
nrhrehab.org/our-services/adaptive-sports-fitness/
Washington, DC

WEST VIRGINIA

Challenged Athletes of West Virginia*
cawvsports.org
Snowshoe, WV

WISCONSIN

Central Cross Country Ski Association
cxcskiing.org
Verona, WI

Challenge the Outdoors, Inc.
ctoforme.org
Green Bay, WI

Coulee Region Sled Hockey
couleeregionsledhockey.com
La Crosse, WI

Dairyland Sports*
dairylandsports.org
Madison, WI

Fishing Has No Boundaries
fhnvinc.org
Hayward, WI

**Southeastern Wisconsin Adaptive
Ski Program***

sewasp.org
Cedarberg, WI

**Sports, Therapeutic and Adaptive
Recreation (STAR) Association***

couleeregionsledhockey.com

**Wisconsin Adaptive Sports
Association (WASA)***

wasa.org
Waukesha, WI

WYOMING

Casper Mountain Biathlon Club

caspermountainbiathlonclub.org/
adaptive-biathlonparalympic
Casper, WY

Teton Adaptive Sports*

tetonadaptivesports.com
Teton Village, WY





NATIONAL ORGANIZATIONS

The following national organizations offer programming or adapted sport resources in multiple locations or services for disabled Veterans & members of the Armed Services living across the US.

Move United

Multisport

moveunitedsport.org

1touch Project

1Touch Self-Defense Workshops

1touchproject.com/veteranspage.html

Achilles International

Handcycling, Running

achillesinternational.org

Adaptive Golf Academy

Golf

adaptivegolfacademy.com

Adaptive Canoe Association

Canoeing, Kayaking

americancanoe.org

Blinded Veterans Association

Ice Skating

bva.org/BVA/

Carlisle Academy Integrative Equine Therapy & Sports

Para-Dressage, Para-Driving, Coach Development

carlisleacademymaine.com/veterans/

Challenged Athletes Foundation

Archery, Cycling, Surfing, Triathlon

operationrebound.org

Freedom Hunters

Hunting Trips

freedomhunters.org

Heroes On the Water

Kayak Fishing

heroesonthewater.org

Hope for the Warriors

Outdoor Adventure Activities, Races

hopeforthewarriors.org

Mission Redefined: VA Adaptive Sports Program

Multisport

va.gov/adaptivesports

National Amputee Golf Association

Golf

nagagolf.org

National Wheelchair Basketball Association

Wheelchair Basketball

nwba.org

Oscar Mike Foundation

Multisport

oscarmike.org

Paradox Sports

Climbing

paradoxsports.org

Paralyzed Veterans of America*Multisport*pva.org**Path International***Equine*pathintl.org**Project Healing Waters***Fly Fishing*projecthealingwaters.org**Ride 2 Recovery***Cycling*ride2recovery.com**Salute Military Golf Association***Golf*smga.org**Semper Fi & America's Fund***Multisport*semperfifund.org**Military Warriors Support Foundation***Golf, Hunting, Outdoor Recreation*militarywarriors.org/skills4life**Team Red White and Blue***Running, Triathlon*teamrwb.org**Team River Runner***Canoeing, Kayaking*teamriverrunner.org**Tee It Up for the Troops***Golf*teeitupforthetroops.org**United States Association of Blind Athletes***Multisport*usaba.org**United States Curling Association, Inc.***Wheelchair Curling*usacurl.org**United States Tennis Association***Tennis*usta.com/en.home/play.html**University of Tennessee at Chattanooga***Adaptive Tai Chi Chuan*adaptivetaichi.org/classes**US Biathlon***Biathlon, Nordic Skiing*teamusa.org/us-biathlon**US Paraequestrian Association***Equestrian*uspea.org**US Paralympics***Multisport*teamusa.org/us-paralympics**US Quad Rugby***Rugby*quadrugby.com**US Rowing***Rowing*usrowing.org/domesticrowing/
adaptiverowing**US Sailing***Sailing*ussailing.org**USA Archery***Archery*[teamusa.org/USA-Archery/Programs/](http://teamusa.org/USA-Archery/Programs/Adaptive-Archery)
Adaptive-Archery

USA Badminton*Para-badminton*

teamusa.org/USA-Badminton/Para/
Schedule

USA Boccia*Boccia*

usaboccia.org

USA Fencing*Wheelchair Fencing*

usfencing.org

USA Hockey*Sled Hockey, Stand-Up (Amputee)**Hockey*

usahockey.com/sledhockey

USA Shooting*Target Shooting*

usashooting.org/about/
paralympicshooting

USA Swimming*Swimming*

usaswimming.org

USA Table Tennis*Table Tennis (Ping Pong)*

teamusa.org/usa-table-tennis

USA Triathlon*Paratriathlon*

usatriathlon.org

USA Volleyball*Sitting Volleyball*

teamusa.org/usa-volleyball/usa-
teams/sitting-volleyball

VET Sports*Multisport*

vetsports.org

Wheelchair Lacrosse USA*Lacrosse*

wheelchairlacrosse.com

Wheelchair Sports Federation*Multisport*

wheelchairsportsfederation.org

World T.E.A.M. Sports*Bike Rides*

worldteamsports.org

Wounded Warrior Project*Multisport*

woundedwarriorproject.org

**Wounded Warriors in Action
Foundation***Fishing, Hunting*

wwiaf.org





EQUIPMENT RESOURCES

APPLYING FOR ADAPTIVE EQUIPMENT

As a wounded service member, you may be eligible for adaptive equipment through the VA, whether you are active duty or a veteran. The following is a brief guide to navigate the process for receiving adaptive equipment.

1. Register through the VA. blogs.va.gov/nvspse/training-allowances
2. Identify your interests. The process can move more quickly if you already have documentation of participation and trials of several pieces of adaptive equipment to know which one works best for you.
3. Consult your primary care provider. They will help initiate this process and make referrals as needed. Medical clearance is required.
4. Get a full evaluation. Typically done through the rehabilitation department, this assessment includes education and identification of adaptive equipment as it relates to your specific physical needs and interests.
5. Identify Appropriate Equipment/Submit Request. Based on the evaluation, you and your rehabilitation team will select equipment to accommodate your needs. Next, a formal request will be submitted for final approval.
6. Receive your equipment. Final fitting and adjustments are made when equipment is issued.

Move United maintains a comprehensive list of adaptive sports equipment suppliers here: www.moveunitedsport.org/equipment

OTHER RESOURCES

Challenged Athletes Foundation (Operation Rebound)
challengedathletes.org

Hope for the Warriors
hopeforthewarriors.org

IM Able Foundation
imablefoundation.org

Independence Fund
independencefund.org

Kelly Brush Foundation (SCI Only)
kellybrushfoundation.org

High Fives Foundation (Winter Sports)
highfivesfoundation.org

Team Semper Fi/America's Fund
semperfund.org

Catch a Lift Fund (Gym Memberships)
catchaliftfund.com



COMPETITION AND PARALYMPIC DEVELOP



For Disabled Veterans and Members of the Armed Forces interested in pursuing competitive opportunities or Paralympic-style sports, the pathway to the podium varies by sport. However, all sports follow a similar path of participation from recreational to developmental to emerging and finally to elite. Athletes are invited to participate at any point along that continuum and encouraged to reach their personal goals for achievement in sport. To learn more about a specific sport's opportunities to compete, head to TeamUSA.org.

Additionally, Move United's Sanctioned Competitions offer an opportunity for you to compete locally, regionally and nationally. The Sanctioned Competitions offer a variety of summer sport opportunities for athletes along the pipeline from recreational to Paralympic.

To learn more, visit
www.moveunitedsport.org/competitions

REQUIREMENTS

The VA National Veterans Sports Programs & Special Events Office provides a monthly training allowance for Veterans with disabilities who are training in Paralympic sports or Veterans with disabilities who are selected for or competing with the national Olympic Team, as authorized under 38 U.S.C. 322(d).

1. ELIGIBILITY

A Veteran athlete must be nationally or internationally classified by his/her respective Paralympic sport federation to be eligible for Paralympic competition in that sport

OR

A Veteran athlete, with a service-connected disability rated 30 percent or greater by VA, must be selected for a national Olympic Team for any month in which the Veteran is competing in any event sanctioned by the National Governing Bodies of the U.S. Olympic Sport, in accordance with Public Law 114-223.

For both Olympic and Paralympic sports, the national sport organizations include the United States Olympic and Paralympic Committee, including its U.S. Paralympics Division and National Governing Bodies, and the equivalent organizations for American Samoa, Guam, the Commonwealth of the Northern Mariana Islands, Puerto Rico, and the United States Virgin Islands.



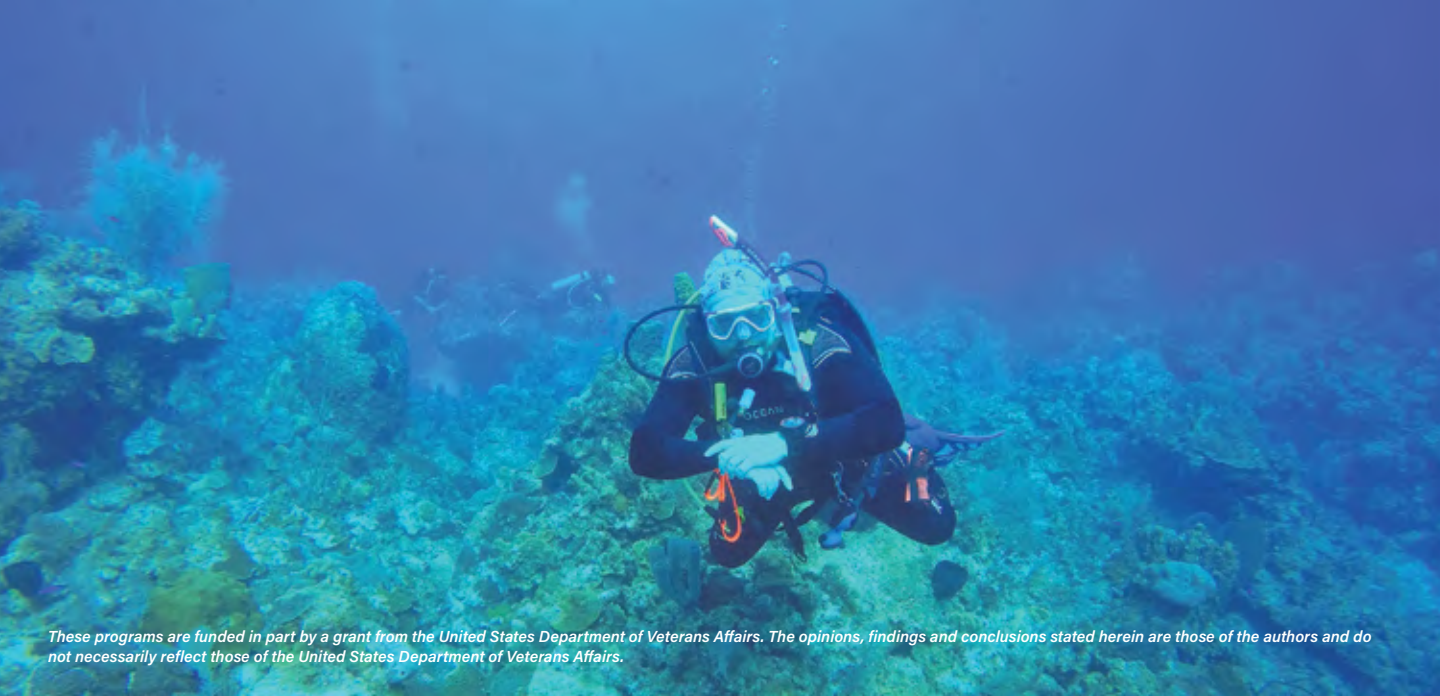
2. MEET THE PERFORMANCE STANDARD

To be eligible for the athlete stipend program, a Veteran with a qualifying disability must meet the minimum performance standards or higher (e.g., emerging athlete or national team) in his/her respective Paralympic sport at a recognized competition.

3. TRAINING PLANS

Athletes must have established training and competition plans and are responsible for turning in monthly and quarterly reports in order to continue receiving the monthly assistance allowance.

To learn more about the specific sport standards or the monthly assistance allowance, email us at **sports4vets@va.gov**.



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451 Hungerford Drive,
Suite 608
Rockville, MD 20850
301-217-0960
moveunitedsport.org



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