

SPORTS MAKE US MORE

Sports make us more — more determined, more powerful, more ourselves. And they show the world what we can do, shifting the narrative from disabled to this abled. Whether you're looking to play or compete, get involved.

MHO ME BEE

Move United, formerly Disabled Sports USA and Adaptive Sports USA, has focused on one goal: to improve the lives of wounded warriors, youth and adults with disabilities by providing sports and recreation opportunities. Move United's mission is to provide national leadership and opportunities for individuals with disabilities to develop independence, confidence, and fitness through participation in community sports, recreation and educational programs.

100,000	70+
Served annually	Sports
200+	30,000
Member	Volunteers &
organizations	youth served
65	16,000
Years in	Warfighters
operation	& family

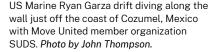


JOIN THE MOVEMENT

For more information, please visit moveunitedsport.org to:

- Attend an Event
- Volunteer
- Subscribe to our Magazine
- Join Move United Warfighters
- Participate in a Training
- Listen to our "Redefining Disability" Podcast
- Follow us on Social Media
- Check out USA Wheelchair Football League
- Sign up for our Newsletter
- Compete at Junior Nationals
- Connect to a Local Program









JOIN THE **MOVEMENT.**

Get involved with a Move United member organization in your area.

ALABAMA

Lakeshore Foundation | Jakeshore org

ALASKA

Challenge Alaska | challengeak.org

ORCA Program-Southeast Alaska Independent Living, Inc. | sailinc.org

Ability360 Sports & Fitness Center | ability360 sports.org Arizona Adaptive Watersports | azadaptivewatersports.org

Arizona Disabled Sports | arizonadisabledsports.com

Northern Arizona Adaptive Sports Association | NAZadaptivesports.com

Southern Arizona Adaptive Sports | soazadaptivesports.org

CALIFORNIA

Ability First Sports | abilityfirstsports.org

Achieve Tahoe | achievetahoe org

Adaptive Sports and Recreation Association | adaptivesportsandrec.org

AmpSurf | ampsurf.org

Angel City Sports | angelcitysports.org

Bay Area Association of Disabled Sailors | baads.org

Bay Area Outreach and Recreation Program | borp.org

Central California Adaptive Sports Center | centralcaladaptive.org

Disabled Sports Eastern Sierra | disabledsportseasternsierra.org

DSUSA Los Angeles-The Unrecables | unrecables.com

DSUSA Orange County-The Achievers | theachievers.org

Far West Wheelchair Athletic Association | fwwaa.org

Operation Surf | operationsurf.org

SoCal Adaptive Sports | socaladaptive sports.org

Triumph Foundation | triumph-foundation.org

United States Driving for the Disabled | usdfd.org

US Adaptive Recreation Center | usarc.org

COLORADO

Adaptive Action Sports | adacs.org

Adaptive Adventures | adaptive adventures.org

Adaptive Sports Association | asadurango.org

Adaptive Sports Center of Crested Butte | adaptivesports.org

Breckenridge Outdoor Education Center (BOEC) | boec.org

Challenge Aspen | challengeaspen.org

Colorado Discover Ability | cdagi.org

DuMyon Martial Arts | dumyonmartialarts.org

Foresight Ski Guides Inc. | foresightskiguides.org

Golf 4 The Disabled | golf4thedisabled.org

Ignite Adaptive Sports | igniteadaptivesports.org

National Sports Center for the Disabled | nscd.org

Paradox Sports | paradox sports.org

Steamboat Adaptive Recreational Sports (STARS) | steamboatstars.com Telluride Adaptive Sports Program | tellurideadaptivesports.org

Visually Impaired & Blind Skiers | coloradovibes.org

CONNECTICUT

Gaylord Sports Association | gaylord.org/sports

Leaps of Faith Adaptive Skiers | lofadaptiveskiers.org

Oak Hill Adaptive Sports And Fitness | sportsandfitness.oakhillct.org

DISTRICT OF COLUMBIA

Medstar NRH Adaptive Sports & Fitness Program | medstarnrh.org/sports

Central Florida Dreamplex, LLC | cfldreamplex.com

Central Florida PVA | pyacf.org

Endless Possibilities | endlesspossibilitiespbc.org

Hillsborough County Adaptive Sports | hillsboroughcounty.org/en/ residents/recreation-and-culture/sports-and-athletics/hc-adaptive-sports

Shifting Gears United | hiftinggearsunited.org

SportsAbility Alliance | sportsability.org Warrior Sailing | warriorsailing.org

GEORGIA

BlazeSports America | blazesports.org Catalyst Sports | catalystsports.org

HAWAII

AccesSurf, Hawaii Inc. | accessurf.org

Adaptive Wilderness Sports Of McCall (AWeSOMe!) | awesomemccall.org Boise Adaptive Snowsport Education (BASE) | baseidaho.org

Higher Ground Sun Valley, Inc. | highergroundusa.org

ILLINOIS

Chicago District Parks | chicagoparkdistrict.com/special-recreation-programs

Dare2Tri Paratriathlon Club | dare2tri.org

Great Lakes Adaptive Sports Association (GLASA) | glasa.org

Shirley Ryan AbilityLab | sralab.org

Synergy Adaptive Athletics | synergyaa.org

North Side Archery Club | northsidearcheryclub.org

Rehabilitation Hospital of Indiana Sports Program | rhirehab.com/ our-programs/community-reintegration/adaptive-sports-program/clinics Special Outdoor Leisure Opportunities (SOLO) | skisolomichiana.org

Turnstone Center for Disabled Children and Adults, Inc. | turnstone.org

IOWA

Adaptive Sports IOWA | adaptivesportsiowa.org SportAbility of Iowa | sportsabilityofiowa.org

KANSAS

Wichita Adaptive Sports INC | wichitaadaptivesports.org

LOUISIANA

Louisiana GUMBO Inc. | sites.google.com/site/louisianagumboinc S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization | samaritanactsneworleans.org

Adaptive Outdoor Education Center | adaptive outdoor education center.org Central Maine Adaptive Sports | centralmaineadaptivesports.org

MARYLAND

Maine Adaptive Sports & Recreation | maineadaptive.org Baltimore Adaptive Recreation and Sports | barsinfo.org

Bennett Institute Physically Challenged Sports of Kennedy Krieger kennedykriegerorg

Chesapeake Region Accessible Boating (CRAB) | crabsailing.org Maryland Therapeutic Riding, Inc. | HorsesThatHeal.org

Team River Runner, Inc. | teamriverrunner.org

MASSACHUSETTS

AccesSportAmerica | accessportamerica.org

Adaptive Sports New England | adaptivesportsne.org

Community Rowing | community rowing.org

Spaulding Adaptive Sports Centers (Spaulding Rehabilitation Network) sasc.spauldingrehab.org

Cannonsburg Challenged Ski Association | skiccsa.org

Mary Free Bed Adaptive Sports | maryfreebed.com/rehabilitation/ sports-rehabilitation

Michigan Adaptive Sports | michiganadaptivesports.com

Michigan Sports Unlimited | misportsunlimited.net

Rehab Institute of Michigan | rimfoundation.org

Un. of Michigan Adaptive Sports | medicine.umich.edu/dept/pmr/ patient-care/therapeutic-other-services/university-michigan-adaptiveinclusive-sports-experience-umaise

Courage Kenny Rehabilitation Institute | allinahealth.org/adaptivesports

Exercisabilities | exercisabilities.org

PVA Minnesota Chapter | mnpva.org

US Electric Wheelchair Hockey Association | powerhockey.com

Disabled Athlete Sports Association (DASA) | dasasports.org Midwest Adaptive Sports | midwestadaptivesports.org

ΜΟΝΤΔΝΔ

DREAM Adaptive Recreation | dreamadaptive.org

Eagle Mount Billings | eaglemount.us

Eagle Mount Bozeman | eaglemount.org

Eagle Mount Great Falls | eaglemount.net

City of Reno | reno.gov/government/departments/parks-

recreation-community-services/adaptive-recreation

Nevada PVA Chapter | nevadapva.org

NEW HAMPSHIRE

Crotched Mountain Accessible Recreation and Sports | cmars.org

Adaptive Sports Partners of the North Country adaptivesportspartners.org

Granite State Adaptive | gsadaptive org

Lakes Region Disabled Sports at Gunstock Inc. | Iradaptive org

Mount Washington Valley Adaptive Sports | mwvas.org

New England Disabled Sports | nedisabledpsports.org New England Healing Sports Association | nehsa.org

Northeast Passage | nepassage.org

Waterville Valley Adaptive Sports | watervilleadaptive.com

NEW JERSEY

Children's Lightning Wheels | childrens-specialized.org/sports-

Navigators Adaptive Sports Club | navigators adaptive sports.com

NEW MEXICO

Adaptive Sports Program New Mexico | adaptivesportsprogram.org Ski Apache Adaptive Sports | skiapacheadaptivesports.com

Adaptive Sports Foundation | adaptivesportsfoundation.org

Adaptive Sports Program-Helen Haves Hospital | helenhaveshospital.org/ hospital-services/adapted-sports-recreation

Burke Rehabilitation Hospital Adaptive Sports Program | burke.org/ community/adaptiveprograms

Capital Region Nordic Alliance | capital region por dicalliance org

Charles T. Sitrin Health Care Center, Inc. | sitrin.com/adaptivesports GallopNYC-Giving Alternative Learners UpLifting Opportunities, Inc.

gallopnyc.org Greater Buffalo Adaptive Sports | sledhockeyfoundation.org

Greek Peak Adaptive Snowsports | gpadaptive.org

Lounsbury Adaptive Ski Program | lounsburyadaptive.org Move Along, Inc. | movealonginc.org

Rochester Accessible Adventures | rochesteraccessibleadventures.org

Rochester Community Inclusive Rowing

rochestercommunityinclusiverowing.org

STRIDE Adaptive Sports | stride.org

Western New York Adaptive Water Sports | wnyadaptivewatersports.org NORTH CAROLINA

ACCESS of Wilmington | accessilm.org

American Disability Darts Association | addadarts.org

Bridge II Sports | bridge2sports.org

ComMotion-Community in Motion | commotionnc.org

NORTH DAKOTA

Dreams In Motion Inc. | dreamsinmotioning.com

Prairie Grit Adaptive Sports | prairiegritsports.com

Adaptive Sports Connection | adaptivesportsconnection.org Adaptive Sports Program of Ohio | adaptivesportsohio.org

Three Trackers of Ohio | 3trackers.org Youth Challenge | youthchallengesports.com

Oklahoma Adaptive Sports Association | okasa.org

The Center for Individuals with Physical Challenges | tulsacenter.org University of Central Oklahoma Center of Adaptive Sports | uco.edu/ wellness/sr/trainingsite/index.asp

Adaptive Sports Northwest | adaptivesportsnw.org Adventures Without Limits | awloutdoors org Oregon Adaptive Sports | oregonadaptivesports.org Clemson Adaptive Sports | clemson.edu/cbshs/departments/prtm/ programs/clemson-adaptive-sport-recreation/index.html

Two Top Mountain Adaptive Sports Foundation Inc. | twotopadaptive.org

Blue Ridge Adaptive Snow Sports (BRASS) | brasski.org

Pennsylvania Center for Adapted Sports | centeronline.com

On The Edge Children's Foundation | ontheedgecf.org

IM ABLE Foundation | imablefoundation.org

Three Rivers Adaptive Sports | traspa.org

Adaptive Expeditions | Adaptive Expeditions.org

Coastal Adaptive Sports | coastaladaptive sports.org

Roger C. Peace Rehabilitation Hospital | facebook.com/events/ roger-c-peace-rehab-center-greenville-memorial/roger-c-peaceadaptive-sports/763384843997012

PENNSYLVANIA

SOUTH CAROLINA

Sports, Arts & Recreation of Chattanooga (SPARC) | sparctn.org

Southwest Wheelchair Athletic Association | swaasports.org

Kinetic Kids, Inc. | kinetickidstx.org

Lone Star Paralysis Foundation | lonestarparalysis.org

Morgan's Wonderland Sports-STRAPS morganswonderlandsports.com/straps

One Chair At A Time | onechairatatime.org

Operation Comfort | operationcomfort.org RISE Adventures, Inc. DBA RISE Adaptive Sports | riseadaptivesports.org

Service Members Undertaking Disabled Sports (SUDS) | sudsusa.org Turning Point-Paraplegics On Independent Nature Trips

turningPOINTnation.org

Common Ground Outdoor Adventures | cgadventures.org

National Abilities Center | discovernac org

Ogden Valley Adaptive Sports | ogdenvalleyadaptivesports.org

Salt Lake County | slco.org/adaptive Wasatch Adaptive Sports | wasatchadaptivesports.org

Adaptive Sports at Mount Snow | adaptive at snow.org Bart J. Ruggiere Adaptive Sports Ctr, Inc. | bartadaptive.org

Central Vermont Pioneers Inc. | centralvermontpioneers.org

EDD Adaptive Sports | eddfund.org

Green Mountain Adaptive Sports | greenmtnadaptive.org

Lake of the Woods Watersports | adaptivewatersports.org Northeast Disabled Athletic Association | disabledathletics.org

Patriots for Disabled Divers | patriotsfordisabledivers.org

Vermont Adaptive Ski & Sports Association | vermontadaptive.org

VIRGINA

Adventure Amputee Camp Inc | adventureamputeecamp.org

Sportable | sportable.org Therapeutic Adventures, Inc. | TAonline.org

Wintergreen Adaptive Sports | wintergreenadaptivesports.org

WASHINGTON

Footloose Sailing Association | footloosedisabledsailing.org Outdoors for All Foundation | outdoorsforall.org ParaSport Spokane | parasportspokane.org

Seattle Adaptive Sports | seattleadaptivesports.org

WEST VIRGINA Challenged Athletes of West Virginia | cawvsports.org

WISCONSIN

Dairyland Sports | dairylandsports.org Southeastern Wisconsin Adaptive Ski Program | sewasp.org Sports, Therapeutic and Adaptive Recreation (STAR) Association

couleeregionsledhockey.com Wisconsin Adaptive Sports Association (WASA) | wasa.org

WYOMING

Teton Adaptive Sports | tetonadaptivesports.com



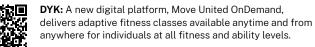
YARUARL

SUN MON TUE WED THU FRI SAT

						1
						New Years Day
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17 Martin Luther King, Jr. Day	18	19	20	21	22
23	24	25	26	27	28	29
30	31					











FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAI
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Presidents' Day	22	23	24	25	26
27	28					



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FYI: The Move United network is comprised of over 200 member organizations in 43 states and the District of Columbia. Join the movement and get involved in a local program near you.



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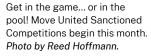


MARCH

SUN MON TUE WED THU FRI SAT

		1	2	3	4	5
					2022 Paralympic Winter Games Beijing, China	2022 Paralympic Winter Games Beijing, China
6	7	8	9	10	11	12
2022 Paralympic Winter Games Beijing, China						
13	14	15	16	17	18	19
2022 Paralympic Winter Games Beijing, China						
20	21	22	23	24	25	26
Spring Begins						
27	28	29	30	31		







DYK: 82% of the Paralympians that represented Team USA at the 2018 Winter Paralympic Games in PyeongChang, South Korea had a connection to Move United or a Move United member organization.





APRIL

WED

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FRI

SAT

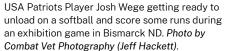


SUN

MON

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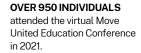
MAY

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9 Move United Education Conference	Move United Education Conference	Move United Education Conference	12	13	14
Mother's Day	Colorado Springs, CO	Colorado Springs, CO	Colorado Springs, CO	19	20	21
22	23	24	25	26	27	Armed Forces Day
29	30 Memorial Day	31				









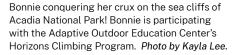




JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14 Flag Day	15	16	17	18
19	20	21	22	23	24	25
Father's Day		Summer Begins				
26	27	28	29	30		









Facebook: @MoveUnitedSports Twitter: @moveunitedsport Instagram: @moveunitedsport







WED

THU

FRI

SAT

2 3 5 6 8 Independence Day 10 12 13 14 15 16 11 Move United Junior Nationals, Metro Denver, Colorado **17** 18 19 20 21 22 23 Move United Junior Nationals, Metro Denver, Colorado 24 25 27 28 29 26 30 / 31



SUN

MON





TUE

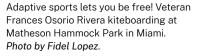




AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			







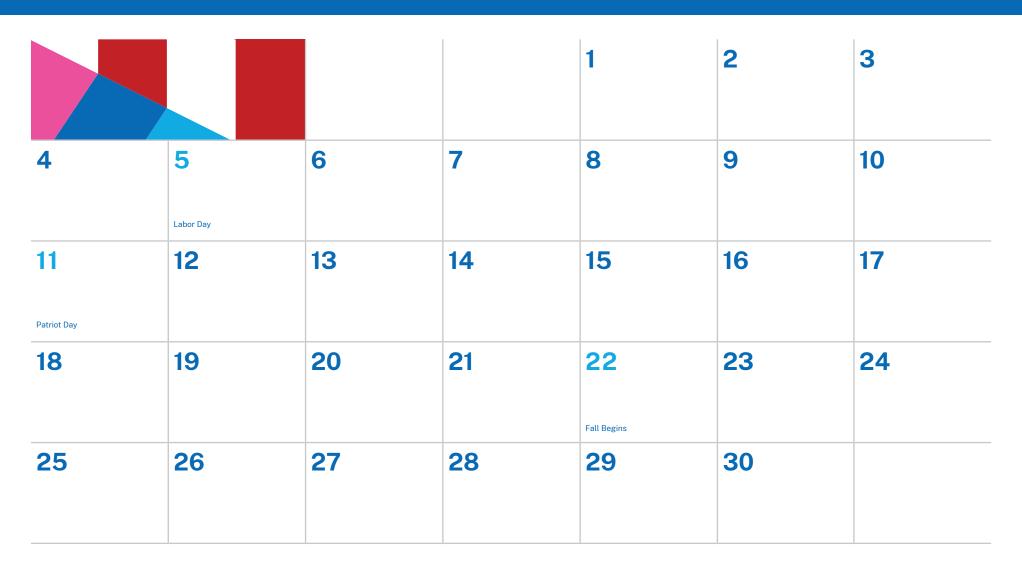
FYI: Last year, Move United's Inclusive Playbook reached 150,000 youth, changing disability perspectives.



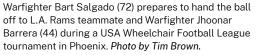


SEPTEMBER

SUN MON TUE WED THU FRI SAT















OCTOBER

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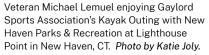
						1	
2	3	4	5	6	7	8	
9	10 Columbus Day	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30	31						



SUN

MON

TUE





JOIN the nearly 40,000 individuals who subscribe to Move United magazine, the nation's leading adaptive sports publication. Sign up for a free subscription!



SAT



DOVEWRER

WED

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		1	2	3	4	5	
6	7	8	9	10	11 Veterans Day	12	
13	14	15	16	17	18	19	
20	21	22	23	24 Thanksgiving	25	26	
27	28	29	30				



SUN



MON

TUE



SINCE 2003, more than 16,000 of the most severely injured active duty military service members, veterans, and their families have been served by the Move United Warfighters program.



SAT



DECEMBER

WED

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FRI

SAT

5 6 7 8 9 10 11 12 13 14 15 16 17 24 18 21 22 23 19 20 Winter Begins 25 26 27 28 29 30 31 Christmas New Year's Eve



SUN

MON

TUE



Photo by Reed Hoffmann.



SPORTS MAKE US MORE



























MOVEUNITEDSPORT.ORG