



Ski Spectacular Instructor Academy

**Hosted by The Hartford Ski Spectacular
December 4-8, 2022**

Clinic Summary Notes

Clinic Topic: A Kids Approach to Teaching Adults with Disabilities – Mike Ma

1. While there are technical progressions and content we may want to cover in a lesson, it doesn't have to be boring. In fact, bringing the inner child out in all adults is an effective way to build skills and love of the sport quickly.
2. Assessing your guest for what sort of fun they are looking for can be an indispensable tool - Hard Fun, Social Fun, Easy Fun, Serious Fun.
3. The pre-lesson interview as well as chairlift rides in between sliding are gold mines of information - understanding other sports or even their vocation and interests provide tons of material for you to remake your lesson.
4. Employing more advanced aspects of Teaching Styles, specifically Reciprocal, Guided Discovery and Problem Solving lend themselves to "Fun."
5. Some practical ideas are thinking about how you can make old progressions into:
 - Games with points to be awarded
 - Drawings / paintings using snow tracks
 - Video and social media - "let's do this and post it to Instagram"
6. Fun does not compromise content. You still must convey information that is technically accurate and relevant, specifically movement analysis and feedback.
7. Ensure that when you wrap, you enable the student to identify what changed in his/her riding or skiing in generic terms. You may develop "inside language" in your games and fun, but you may not be their next instructor. Encouraging your student to identify the skills they gained can set them up for long-term success.