Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular
December 5, 2022
Clinic Summary Notes

Clinic Topic: First Tracks-Ryan Latham

1. Drills/Skills/Games/Activities can be just fun but try to have a movement focus with a primary fundamental skill for development.

2. Alpine Teaching System (ATS) Levels can be an indicator of which fundamentals may be important, keep in in mind, all the fundamentals are not isolated, but highly intertwined. Experiment!

3. The best instructors don't create, they borrow. Feel free to borrow and adapt creative ideas! Remember to give the originator credit where it's due.

More Resources:
PSIA Alpine Technical Manual, pages 97-134

PSIA Adaptive Alpine Technical Manual
Three-track and Four-track, pages 103-125
Bi-ski, pages 161-181
Mono-ski, pages 183-207
https://thesnowpros.org/digital-publications-sign-in/

Podcast "Big Picture Skiing Podcast-Richard Amacker-The master of skiing drills"
https://podcasts.google.com/feed/aHR0cHM6Ly9mZWVkcy5yZWRjaXJjbGUuY29tLzRmODY1NTYyLTdhOGUtNGNhYi1iMzZlLTU4MjdmNGVkNDFlYg/episode/MGM4ZTQ2NGItMGQwNy00NDQ2LTgxOWMtYzhiOGY2NDQxYmJm?hl=en&ved=2ahUKEwiuu_Pp7MrzAhVclmoFHST3DQIQieUEegQIAxAL&ep=6