



Ski Spectacular Instructor Academy

**Hosted by The Hartford Ski Spectacular
December 4-8, 2022**

Clinic Summary Notes

Clinic Topic: Hands-on Help for Stand Skiers – Colleen Farrell

1. Reference *PSIA, Adaptive Alpine Technical Manual*, 2017, American Snowsports Education Association, Inc., available at <https://www.thesnowpros.org/education/digital-manuals-for-every-discipline/>, for the topics below:
 - a. Student assessment review (registrations, visual, verbal, and physical). Chapter 2 (Student Assessment) and Chapter 4 (Teaching students with cognitive diagnoses).
 - b. Bamboo Pole (uses, safety, pros and cons, and skills enhancements) Chapter 3 (Assistive devices and assists)
 - c. Hula Hoop / Ski Pal (uses, safety, pros and cons, and skills enhancements) Chapter 3 (Assistive devices and assists)
 - d. Palm on palm (uses, safety, pros and cons, and skills enhancements) Chapter 3 (Assistive devices and assists) and Chapter 4 (Teaching students with cognitive diagnosis)
 - e. Tip hold (uses, safety, pros and cons, and skills enhancements) Chapter 3 (Assistive devices and assists) and Chapter 4 (Teaching students with cognitive diagnosis)
 - f. Two-point hold (uses, safety, pros and cons, and skills enhancements) Chapter 3 (Assistive devices and assists) and Chapter 4 (Teaching students with cognitive diagnosis)
 - g. Stand up tethering (uses, safety, pros and cons, and skills enhancements) Chapter 3 (Assistive devices and assists) and Chapter 4 (Teaching students with cognitive diagnosis)
2. References from PSIA-AASI Rocky Mountain Region website at <https://www.psia-rm.org/education/adaptive-alpine/#1539010390285-10c2e42a-77d1>.
 - a. Guide for Teaching Students with Cognitive Diagnoses at [Microsoft Word - Guide Cognitive 2020 FINAL.docx \(psia-rm.org\)](#)