

**MOVE
UNITED**



2023

ADAPTIVE SPORTS CALENDAR

SPORTS MAKE US MORE

Sports make us more — more determined, more powerful, more ourselves. And they show the world what we can do, shifting the narrative from disabled to this abled. Whether you're looking to play or compete, get involved.

WHO WE ARE

Move United uses the power of sport to push what's possible for people with disabilities, confronting ignorance, fueling conversation, and inciting action that leads us to a world where everyone's included. Move United is the national leader in community adaptive sports, empowering 120,000 youth and adults with disabilities each year to live to their fullest potential. Move United's 200 member organizations in 45 states are united by a single mission: ensuring everyone, regardless of ability, experiences the life-changing power of sport and is fully included in their community.

120,000
Served annually

70+
Sports

200+
Member
organizations

30,000
Volunteers &
youth served

66
Years in
operation

18,000
Warfighters
& family



JOIN THE MOVEMENT

For more information, please visit moveunitedsport.org to:

- ✓ Attend an Event
- ✓ Volunteer
- ✓ Subscribe to our Magazine
- ✓ Join Move United Warfighters
- ✓ Participate in a Training
- ✓ Listen to our "Redefining Disability" Podcast
- ✓ Follow us on Social Media
- ✓ Check out USA Wheelchair Football League
- ✓ Sign up for our Newsletter
- ✓ Compete at Nationals
- ✓ Connect to a Local Program

**ON
THE
COVER**

US Army Veteran Derick Hurt hiking in the rugged and remote Vermilion Cliffs National Monument in northern Arizona. *Photo by John Thompson.*



**MOVE
UNITED**

JOIN THE MOVEMENT.

Get involved with a Move United member organization in your area.

ALABAMA

Lakeshore Foundation | lakeshore.org
The Red Barn Adaptive Club | theredbard.org

ALASKA

Challenge Alaska | challengeak.org
ORCA Program - Southeast Alaska Independent Living, Inc. | sailinc.org

ARIZONA

Ability360 Sports & Fitness Center | ability360sports.org
Arizona Adaptive Watersports | azadaptivewatersports.org
Arizona Disabled Sports | arizonadisabledsports.com
High Country Adaptive Sports | NAZadaptivesports.com
Southern Arizona Adaptive Sports | soazadaptivesports.org

CALIFORNIA

Ability First Sports | abilityfirstsports.org
Achieve Tahoe | achievetahoe.org
Adaptive Sports and Recreation Association | adaptivesportsandrec.org
Angel City Sports | angelcitysports.org
Bay Area Outreach and Recreation Program | borp.org
Central California Adaptive Sports Center | centralcaladaptive.org
Disabled Sports Eastern Sierra | disabledsportseasternsierra.org
DSUSA Los Angeles - The Unreables | unreables.com
DSUSA Orange County - The Achievers | theachievers.org
SoCal Adaptive Sports | socialadaptivesports.org
Triumph Foundation | triumph-foundation.org
United States Driving for the Disabled | usdfd.org
US Adaptive Recreation Center | usarc.org

COLORADO

Adaptive Action Sports | adacs.org
Adaptive Adventures | adaptiveadventures.org
Adaptive Recreation Opportunities | fcgov.com/aro
Adaptive Sports Association | asadurango.org
Adaptive Sports Center of Crested Butte | adaptivesports.org
Breckenridge Outdoor Education Center (BOEC) | boec.org
Challenge Aspen | challengeaspen.org
Colorado Discover Ability | cdagj.org
DuMyon Martial Arts | dumyonmartialarts.org
Foresight Ski Guides Inc. | foresightskiguides.org
Golf 4 The Disabled | golf4thedisabled.org
Ignite Adaptive Sports | igniteadaptivesports.org
National Sports Center for the Disabled | nscsd.org
Paradox Sports | paradoxsports.org
Steamboat Adaptive Recreational Sports (STARS) | steamboatstars.com
Telluride Adaptive Sports Program | tellurideadaptivesports.org
Visually Impaired & Blind Skiers | coloradovibes.org

CONNECTICUT

Gaylord Sports Association | gaylord.org/sports
Leaps of Faith Adaptive Skiers | lofadaptiveskiers.org
Summit Adaptive Sports | summitadaptive.org

DISTRICT OF COLUMBIA

Medstar NRH Adaptive Sports & Fitness Program | medstarnrh.org/sports

FLORIDA

Central Florida Dreamplex, LLC | cfdreamplex.com
Central Florida PVA | pvacf.org
Endless Possibilities | endlesspossibilitiespbc.org
Hillsborough County Adaptive Sports | hillsboroughcounty.org/en/residents/recreation-and-culture/sports-and-athletics/hc-adaptive-sports
Shifting Gears United | hiftinggearsunited.org
SportsAbility Alliance | sportsability.org
Warrior Sailing | warriorsailing.org

GEORGIA

BlazeSports America | blazesports.org
Catalyst Sports | catalystsports.org

HAWAII

AccesSurf, Hawaii Inc. | accessurf.org

IDAHO

Adaptive Wilderness Sports Of McCall (AWeSOMe!) | awesomemccal.org
Boise Adaptive Snowsport Education (BASE) | basedaaho.org
Higher Ground Sun Valley, Inc. | highergroundusa.org

ILLINOIS

Chicago District Parks | chicagoparkdistrict.com/special-recreation-programs
Dare2Tri Paratriathlon Club | dare2tri.org
Great Lakes Adaptive Sports Association (GLASA) | glasa.org
Lincolnway Special Recreation Association | lwsra.org
Shirley Ryan AbilityLab | sralab.org
Synergy Adaptive Athletics | synergyaa.org
North Side Archery Club | northsidearcheryclub.org

INDIANA

Rehabilitation Hospital of Indiana Sports Program | rhirehab.com/our-programs/community-reintegration/adaptive-sports-program/clinics
Special Outdoor Leisure Opportunities (SOLO) | skisolomichiana.org
Turnstone Center for Disabled Children and Adults, Inc. | turnstone.org

IOWA

Adaptive Sports IOWA | adaptivesportsiowa.org

KANSAS

Wichita Adaptive Sports INC | wichitaadaptivesports.org

KENTUCKY

Adaptive Sport South Central Kentucky | bgkj.org

LOUISIANA

Louisiana GUMBO Inc. | sites.google.com/site/louisianagumboinc
S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization | samaritanactsnorearleans.org

MAINE

Adaptive Outdoor Education Center | adaptiveoutdooreducationcenter.org
Central Maine Adaptive Sports | centralmaineadaptivesports.org
Maine Adaptive Sports & Recreation | maineadaptive.org

MARYLAND

Bennett Institute Physically Challenged Sports of Kennedy Krieger | kennedykrieger.org
Chesapeake Region Accessible Boating (CRAB) | crabsailing.org
Junior Tennis Champions Center | jtcc.org
Maryland Therapeutic Riding, Inc. | HorsesThatHeal.org
Promise Landing Farm | promiselandingfarm.org
Team River Runner, Inc. | teamriverrunner.org

MASSACHUSETTS

AccessSportAmerica | accessportamerica.org
Adaptive Sports New England | adaptivesportsne.org
Community Rowing | communityrowing.org
Spaulding Adaptive Sports Centers (Spaulding Rehabilitation Network) | sasc.spauldingrehab.org
Waypoint Adventures | waypointadventures.org

MICHIGAN

Adaptive Ski Association | skiccsa.org
Mary Free Bed Adaptive Sports | maryfreebed.com/rehabilitation/sports-rehabilitation
Michigan Adaptive Sports | michiganadaptivesports.com
Michigan Sports Unlimited | misportsunlimited.net
Mount Brighton Adaptive Sports Program | mtbadaptivesports.org
Rehab Institute of Michigan | rimfoundation.org
Un. of Michigan Adaptive Sports | medicine.umich.edu/dept/pmr/patient-care/therapeutic-other-services/university-michigan-adaptive-inclusive-sports-experience-umaise

MINNESOTA

Courage Kenny Rehabilitation Institute | allinahealth.org/adaptivesports
EA Therapeutic Health | exercisabilities.org
PVA Minnesota Chapter | mnpva.org
Twin Cities Adaptive Cycling | tcacycling.org
US Electric Wheelchair Hockey Association | powehockey.com

MISSOURI

Disabled Athlete Sports Association (DASA) | dasasports.org
Gateway Disabled Ski Program | gdspsst.org
Midwest Adaptive Sports | midwestadaptivesports.org

MONTANA

DREAM Adaptive Recreation | dreamadaptive.org
Eagle Mount Billings | eaglemount.us
Eagle Mount Bozeman | eaglemount.org
Eagle Mount Great Falls | eaglemount.net

NEVADA

City of Reno | reno.gov/government/departments/parks-recreation-community-services/adaptive-recreation
Nevada PVA Chapter | nevadapva.org

NEW HAMPSHIRE

Croched Mountain Accessible Recreation and Sports | cmars.org
Adaptive Sports Partners of the North Country | adaptivesportspartners.org
Granite State Adaptive | gsadaptive.org
Lakes Region Disabled Sports at Gunstock, Inc. | lradaptive.org
Mount Washington Valley Adaptive Sports | mwvas.org
New England Disabled Sports | nedisabledpsports.org
New England Healing Sports Association | nehsa.org
Northeast Passage | nepassage.org
Waterville Valley Adaptive Sports | watervilleadaptive.com

NEW JERSEY

Children's Lightning Wheels | childrens-specialized.org/sports-connection
Navigators Adaptive Sports Club | navigatorsadaptivesports.com

NEW MEXICO

Adaptive Sports at Ski Apache | skiapacheadaptivesports.com
Adaptive Sports Program New Mexico | adaptivesportsprogram.org

NEW YORK

Adaptive Sports Foundation | adaptivesportsfoundation.org
Burke Rehabilitation Hospital Adaptive Sports Program | burke.org/community/adaptiveprograms
Capital Region Nordic Alliance | capitalregionordicalliance.org
GallopNYC - Giving Alternative Learners UpLifting Opportunities, Inc. | gallopnyc.org
Greater Buffalo Adaptive Sports | sledhockeyfoundation.org
Greek Peak Adaptive Snowsports | gpadaptive.org
Lounsbury Adaptive Ski Program | lounsburyadaptive.org
Move Along, Inc. | movealonginc.org
Rochester Accessible Adventures | rochesteraccessibleadventures.org
Rochester Community Inclusive Rowing | rochestercommunityinclusiverowing.org
STRIDE Adaptive Sports | stride.org
Western New York Adaptive Water Sports | wnyadaptivewatersports.org

NORTH CAROLINA

ACCESS of Wilmington | accessilm.org
American Disability Darts Association | addadarts.org
Bridge II Sports | bridge2sports.org
ComMotion - Community in Motion | commotionnc.org

NORTH DAKOTA

Dreams In Motion, Inc. | dreamsinmotioninc.com
Prairie Grit Adaptive Sports | prairiegritsports.com

OHIO

Adaptive Sports Connection | adaptivesportsconnection.org
Adaptive Sports Program of Ohio | adaptivesportsohio.org
Three Trackers of Ohio | 3trackers.org
Youth Challenge | youthchallengesports.com

OKLAHOMA

Oklahoma Adaptive Sports Association | okasa.org
The Center for Individuals with Physical Challenges | tulsacenter.org
University of Central Oklahoma Center of Adaptive Sports | uco.edu/wellness/sr/trainingsite/index.asp

OREGON

Adaptive Sports Northwest | adaptivesportsnw.org
Adventures Without Limits | awloutdoors.org
Oregon Adaptive Sports | oregonadaptivesports.org

PENNSYLVANIA

Blue Ridge Adaptive Snow Sports (BRASS) | brasski.org
Envision Blind Sports | envisionblindsports.org
IM ABLE Foundation | imablefoundation.org
On The Edge Children's Foundation | ontheedgecf.org
Pennsylvania Center for Adapted Sports | centeronline.com
Three Rivers Adaptive Sports | traspas.org
Two Top Mountain Adaptive Sports Foundation Inc. | twotopadaptive.org

SOUTH CAROLINA

Clemson Adaptive Sports | clemson.edu/cbshs/departments/prtm/programs/clemson-adaptive-sport-recreation/index.html
Adaptive Expeditions | AdaptiveExpeditions.org
Coastal Adaptive Sports | coastaladaptivesports.org
Roger C. Peace Rehabilitation Hospital | facebook.com/events/roger-c-peace-rehab-center-greenville-memorial-roger-c-peace-adaptive-sports/763384843997012

SOUTH DAKOTA

Helping with Horsepower | helpingwithhorsepower.com

TENNESSEE

Sports, Arts & Recreation of Chattanooga (SPARC) | sparctn.org

TEXAS

Southwest Wheelchair Athletic Association | swaasports.org
Kinetic Kids, Inc. | kinetickidstx.org
Lone Star Paralysis Foundation | lonestarparalysis.org
Morgan's Wonderland Sports - STRAPS | morganswonderlandlandsports.com/straps
One Chair At A Time | onechairatime.org
Operation Comfort | operationcomfort.org
RISE Adventures, Inc. DBA RISE Adaptive Sports | riseadaptivesports.org
Service Members Undertaking Disabled Sports (SUDS) | sudsusa.org
Turning Point - Paraplegics On Independent Nature Trips | turningPOINTnation.org

UTAH

Common Ground Outdoor Adventures | cgadventures.org
National Abilities Center | discovernac.org
Ogden Valley Adaptive Sports | ogdenvalleyadaptivesports.org
Salt Lake County | slco.org/adaptive
Wasatch Adaptive Sports | wasatchadaptivesports.org

VERMONT

Adaptive Sports at Mount Snow | adaptiveatsnow.org
Bart J. Ruggiere Adaptive Sports Ctr, Inc. | bartadaptive.org
Central Vermont Pioneers Inc. | centralvermontpioneers.org
EDD Adaptive Sports | eddfund.org
Green Mountain Adaptive Sports | greenmtnadaptive.org
Kelly Brush Foundation | kbf.org
Northeast Disabled Athletic Association | disabledathletics.org
Partners in Adventures | partnersinadventures.org
Patriots for Disabled Divers | patriotsfordisabledivers.org
Vermont Adaptive Ski & Sports Association | vermontadaptive.org

VIRGINIA

Adventure Amputee Camp Inc | adventureamputeecamp.org
Lake of the Woods Watersports | adaptivewatersports.org
Sportable | sportable.org
Therapeutic Adventures, Inc. | TAonline.org
Wintergreen Adaptive Sports | wintergreenadaptivesports.org

WASHINGTON

Footloose Sailing Association | footloosedisabledsailing.org
Outdoors for All Foundation | outdoorsforall.org
ParaSport Spokane | parasportspokane.org
Seattle Adaptive Sports | seattleadaptivesports.org

WEST VIRGINIA

Challenged Athletes of West Virginia | cawvsports.org

WISCONSIN

Dairyland Sports | dairylandsports.org
Paralyzed Veterans of America-WI Chapter | wisconsinpva.org
Southeastern Wisconsin Adaptive Ski Program | sewasp.org
Sports, Therapeutic and Adaptive Recreation (STAR) Association | couleeregionsledhockey.com
Wisconsin Adaptive Sports Association (WASA) | wasa.org

WYOMING

Teton Adaptive Sports | tetonadaptivesports.com



JANUARY

SUN

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TUE

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New Year's Day

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Martin Luther King, Jr. Day

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ABOUT THE IMAGE

Carol carves up some aggressive turns at Saddleback during Maine Adaptive Sports & Recreation's 2022 Mono Camp. Photo by Brandon Merry.



DYK: Check out the digital platform, Move United OnDemand, which makes adaptive fitness classes available anytime and from anywhere for individuals at all fitness and ability levels.





FEBRUARY

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
	Presidents' Day					
26	27	28				

ABOUT THE IMAGE

Snowboarder Zach Sherman shreds down the mountain in Breckenridge, Colorado. *Photo by Reed Hoffmann.*



FYI: The Move United network is comprised of over 200 member organizations in 45 states and the District of Columbia. Join the movement and get involved in a local program near you.





MARCH

SUN

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26	27	28	29	30	31	

Spring Begins

ABOUT THE IMAGE

A Golden State Warriors wheelchair basketball player passing the ball to a teammate during a game hosted by BORP. *Photo by Scot Goodman.*



DYK: Each week, tune into the award winning podcast "Redefining Disability" to hear how sports have made it possible for our nation's adaptive athletes, training tips from the best coaches and program leaders, and news on the latest technology, equipment, and trends in the industry.



**PUSH WHAT'S
POSSIBLE**

**THE UNIVERSITY OF
THE SOUTH ALABAMA
SWIMMING & DIVE**



APRIL

SUN

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**ABOUT
THE
IMAGE**

Lana Aronis is all smiles at the 2022 UCO Endeavor Games swimming event. Photo by Sarah Addy.



FYI: In 2022, 1,384 unique athletes participated in 24 events held across the country as part of the Move United Competition Series. Competition builds character, so sign up for an event near you.





MAY

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Mother's Day	Move United Education Conference, Louisville, KY				Armed Forces Day	
21	22	23	24	25	26	27
28	29	30	31			
Memorial Day						

ABOUT THE IMAGE

Keerat Sharma learns to ride a horse at Achieve Tahoe's Equestrian Program.
Photo by Tom Zikas.



OVER 200 INDIVIDUALS attended the 2022 Education Conference in Colorado Springs, CO.





RIVER CITY SLAM
TENNIS TOURNAMENT
PRESENTED BY
ABSTRACT ATHLETE

JUNE

SUN

MON

TUE

WED

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SAT

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4	5	6	7	8	9	10
11	12	13	14 <small>Flag Day</small>	15	16	17
18 <small>Father's Day</small>	19	20	21 <small>Summer Begins</small>	22	23	24
25	26	27	28	29	30	

ABOUT THE IMAGE

Sportable competitive cyclist and tennis player Marc Miller competes in the first annual River City Slam Wheelchair Tennis Tournament in Richmond, Virginia. *Photo by Brian McWalters.*



FOLLOW MOVE UNITED ON SOCIAL MEDIA:

Facebook: @MoveUnitedSports
Twitter: @moveunitedsport
Instagram: @moveunitedsport
Tiktok: @move_united_sport
LinkedIn: MoveUnited





JULY

SUN

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TUE

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1 / 2
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Independence Day

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Move United Nationals, Hoover, AL

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ADA Anniversary

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ABOUT THE IMAGE

Derek Loccident crosses the finish line during a track event at the 2022 UCO Endeavor Games. Photo by Sarah Addy.



120,000 ATHLETES participate in adaptive sports annually through the Move United member network across the United States, through 70 different sports.





AUGUST

SUN

MON

TUE

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27	28	29	30	31		

ABOUT THE IMAGE

Cortney Manning enjoys water skiing on Possum Creek near Chattanooga, TN, through SPARC's Advanced Water Ski Program. *Photo by Keith Arimura.*



FYI: As the school year begins, note that 30,741 students were impacted this past year with Move United's Inclusive Playbook, changing disability perspectives for many.





SEPTEMBER

SUN

MON

TUE

WED

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					1	2
3	4 <small>Labor Day</small>	5	6	7	8	9
10	11 <small>Patriot Day</small>	12	13	14	15	16
17	18	19	20	21	22	23 <small>Fall Begins</small>
24	25	26	27	28	29	30

ABOUT THE IMAGE

Roderick Jones throws the ball to a teammate during a game between the Tampa Bay Buccaneers and LA Rams wheelchair football teams at a USA Wheelchair Football League tournament in Kansas City. *Photo by Reed Hoffmann.*



FYI: We are ready for some football. Last year, the USA Wheelchair Football League, with nine teams across the country, hosted three tournaments.





OCTOBER

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Columbus Day

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ABOUT THE IMAGE

Courtney Custer, a mountain biking instructor with Wasatch Adaptive Sports on a trail with a program participant. *Photo by Timothy Brown.*



JOIN the nearly 40,000 individuals who subscribe to Move United magazine, the nation's leading adaptive sports publication. Sign up for a free subscription!





NOVEMBER

SUN

MON

TUE

WED

THU

FRI

SAT

			1	2	3	4
5	6	7	8	9	10 <small>Veterans Day</small>	11
12	13	14	15	16	17	18
19	20	21	22	23 <small>Thanksgiving</small>	24	25
26	27	28	29	30		

ABOUT THE IMAGE

Retired U.S. Air Force Captain Sarah Evans working out at Trinity Fitness in Suntree Florida. *Photo by Jason Hook.*



SINCE 2003, more than 18,000 of the most severely injured active duty military service members, veterans, and their families have been served by the Move United Warfighters program.





DECEMBER

SUN

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TUE

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10	11	12	13	14	15	16
17	18	19	20	21 <small>Winter Begins</small>	22	23
24	25 <small>Christmas</small>	26	27	28	29	30 / 31 <small>SUN</small> <small>New Year's Eve</small>

ABOUT THE IMAGE

Army Veteran Shawn Cheshire skis down the mountain with support from her guide John Humbrect, a volunteer with Breckenridge Outdoor Education Center and program manager at Ignite Adaptive Sports. *Photo by Reed Hoffmann.*



DYK: Several hundred individuals make a trek to Breck (Breckenridge, CO) each year for the annual Ski Spectacular event, one of the largest winter adaptive sports festivals in the country.



SPORTS MAKE US MORE



**MOVE
UNITED**

MOVEUNITEDSPORT.ORG

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