SPORTS MAKE US MORE

Sports make us more—more determined, more powerful, more ourselves. And they show the world what we can do, shifting the narrative from disabled to this abled. Whether you’re looking to play or compete, get involved.

WHO WE ARE

Move United uses the power of sport to push what’s possible for people with disabilities, confronting ignorance, fueling conversation, and inciting action that leads us to a world where everyone’s included. Move United is the national leader in community adaptive sports, empowering 120,000 youth and adults with disabilities each year to live to their fullest potential. Move United’s 200 member organizations in 45 states are united by a single mission: ensuring everyone, regardless of ability, experiences the life-changing power of sport and is fully included in their community.

120,000 Served annually
70+ Sports

200+ Member organizations
30,000 Volunteers & youth served

66 Years in operation
18,000 Warfighters & family

JOIN THE MOVEMENT

For more information, please visit moveunitedsport.org to:

- Attend an Event
- Volunteer
- Subscribe to our Magazine
- Join Move United Warfighters
- Participate in a Training
- Listen to our “Redefining Disability” Podcast
- Follow us on Social Media
- Check out USA Wheelchair Football League
- Sign up for our Newsletter
- Compete at Nationals
- Connect to a Local Program

JOIN THE MOVEMENT

Get involved with a Move United organization in your area.

ALABAMA
LakeShore Foundation | lakeshore.org
The Red Barn Adaptive Club | theredbarndrug.org

ALASKA
Challenge Alaska | challengeaku.org
ORCA Program-Southeast Alaska Independent Living, Inc. | sailinc.org

ARIZONA
Ability360 Sports & Fitness Center | ability360.org
Arizona Adaptive Sports | azadaptesports.com
Arizona Disabled Sports | arizonadasports.com
High Country Adaptive Sports | NAZAdaptiveSports.com
Southern Arizona Adaptive Sports | soa适aptivesports.org

CALIFORNIA
Ability First Sports | abilityfirstsports.org
Achieve Tahoe | achievetahoe.org
Adaptive Sports and Recreation Association | adaptivesportsandrec.org
Angel City Sports | angelcitySports.org
Bay Area Outreach and Recreation Program | bor.org
Central California Adaptive Sports Center | centralcalifornia adaptive.org
Disabled Sports Eastern Sierra | disablersports easternsierra.com
DSUSA Los Angeles-The Unreachable | unreachable.org
DSUSA Orange County-The Achievers | theachievers.org
SoCal Adaptive Sports | socalsports.org
Triumph Foundation | triumphfoundation.org
United States Driving for the Disabled | usdfd.org
US Adaptive Recreation Center | usarc.org

COLORADO
Adaptive Lakeside Sports | adacs.org
Adaptive Adventures | adaptiveadventures.com
Adaptive Recreation Opportunities | fcgov.com/ar0
Adaptive Sports | adspinesports.com
Breckenridge Outdoor Education Center (BOEC) | boec.org
Challenge Aspen | challengeaspen.org
Colorado Discover Ability | coloradodiscoverability.com
DuMuyon Martial Arts | dumuyonmartialarts.com
Forsight Ski Guides Inc. | forvisionskiGuides.org
Golf 4 The Disabled | golf4thedisabled.org
Ignite Adaptive Sports | igniteadaptive.com
National Sports Center for the Disabled | nsc.org
Paradox Sports | paradoxsports.org
Steamboat Adaptive/Recreational Sports (STARS) | steamboatstars.org
Tulalip Adaptive Sports Program | tulalipadaptesports.org
VisibleAbilities | visibleabilities.org

CONNECTICUT
Gaylord Sports Association | gaylordon.org
Leaps of Faith Adaptive Ski & Snowboard | leapsoffaith.org
NATional Center for the Disabled | ncd.org
Paradox Sports | paradoxsports.org
Steamboat Adaptive/Recreational Sports (STARS) | steamboatstars.org
Tulalip Adaptive Sports Program | tulalipadaptesports.org
VisibleAbilities | visibleabilities.org

DISTRICT OF COLUMBIA
Modstar NRH Adaptive Sports & Fitness Program | medstarhm.org/sports

FLORIDA
Central Florida Dreamplex, LLC | cfdfcomplex.org
Central Florida PVA | pva.org
Endless Possibilities | endlesspossibilitiesncc.org
Hillbarnough County Adaptive Sports | hillbarnough.org/residents/recreation-and-culture/sports-and-athletics/nc-adaptive-sports/
Shifting Gears United | shiftinggearsunited.org
SportsAbility Alliance | sportsability.org
Warrior Sailing | wariorsailing.org

GEORGIA
BlindSports America | blisports.org
Catalyst Sports | catalysports.org
HAWAII
AccesSurf, Hawaii Inc. | accesSurf.org

IDAHO
Adaptive Wilderness Sports Of McCall (AWSMO) | awsomemccall.com
Base Adapte Snowsport Education (BASE) | basethirdparty.com
Great Lakes Adaptive Sports Association (GLASA) | glasa.org
Linsenway Special Recreation Association | linsenway.org
Shelby Ryan Abbey | shelbyrabbry.org
Synergy Adaptive Athletics | synergyas.com
North Side Archery Club | northsideskyarcheryclub.org

ILLINOIS
Chicago District Parks | chicagordistrictparks.com/special-rec-creation-programs
DaneHi RI Public Park District | dhar2.com
Great Lakes Adaptive Sports Association (GLASA) | glasa.org
Linsenway Special Recreation Association | linsenway.org
Shelby Ryan Abbey | shelbyrabbry.org
Synergy Adaptive Athletics | synergyas.com

INDIANA
Rehabilitation Hospital of Indiana Sports Program | rehabh.com/our-programs/community-reintegration/adaptive-sports-program/camps
Special Outdoor Leisure Opportunities (SOLID) | solidcom.org
Turnstone Certified for Disabled Children and Adults, Inc. | turnstone.org

IOWA
Adaptive Sports IOWA | iowaa adaptiveports.org

KANSAS
Wichita Sports Center | wichaadaptiveports.org

KENTUCKY
Adaptive Sport South Central Kentucky | b高楼

LOUISIANA
Louisiana GMUSD | sites.google.com/site/louisianagmuduinc
SMLC Foundation & Associates Inc. | adaptiveports.org/dysports/organization/samartanneworleans.com

MAINE
Adaptive Outdoor Education Center | adaptiveoutdooreducationcenter.com
Central Maine Adaptive Sports | centralmaineadaptiveports.org
Marine Adaptive Sports & Recreation | maineadaptiveports.org

MARYLAND
Beneath Institute | physicallychallenged.sports.pennsylvania.org
Chesapeake Region Accessible Boating (CRABC) | crabc.org
Junior Tennis Champions Center | jtc.com
Maryland Therapeutic Riding, Inc. | horsesheathal.org
Promise Land Farming | promiseilandfarming.org
Team River Runner, Inc. | teamriverrunner.org

MASSACHUSETTS
AccessSportsAmerica | accessportsamerica.org
Adaptive Sports New England | adaptivesportsports.org
Community Rowing | communityrowing.org
Spaulding Adaptive Sport Centers (Spaulding Rehabilitation Network) | spauldingrehab.org
Waypoint Adventures | waypointadventures.com

MICHIGAN
Adaptive Ski Association | skicoach.org
Mary Free Bed Rehabilitative Services | maryfreebed.org
Michigan Adaptive Sports | michiganadaptiveports.org
Michigan Adaptive Sports | michiganadaptiveports.com
Michigan Sports Unlimited | misportsunlimited.com
Mount Brighton Adaptive Sports Program | mtbb.co
Rehab Institute at St. Joseph Mercy | rimfoundation.org
Un. of Michigan Adaptive Sports | medicine.umich.edu/dept/pmr/inclusive-sports-experience-umich

MINNESOTA
Cancer Kyle Rehabilitation Institute | allinhealth.org/adaptiveportsports/
Erik Children’s Hospital | erikchildrens.org
PA Minnesota Chapter | mnvpa.org
Plainfield foothills Adaptive Cycling | tpccycling.org
US Electric Wheelchair Hockey Association | powerhockey.com

MISSOURI

NEVADA
City of Reno | reno.gov/departments/parks-recreation-community-services/adaptive-recreation
Nevada Paralympic | nevadaParalympic.org

NEW HAMPSHIRE
Contact Mountain Accessible Recreation and Sports | cmars.org
Adaptive Sports Partners of the New Hampshire | adaptivesportspartners.org
Granite State Adaptive | gcadasport.org
Lakes Region Disabled Sports at Gunstock, Inc. | tradaptativeports.org
Mount Washington Valley Adaptive Sports | mwvas.org
New England Disabled Sports | nedisabledsport.org
New England Handicapped Sports | nhams.org
Northeast Passage | northeastpassage.org
Water Valley Adaptive Sports | watervalleyadaptive.com

NEW JERSEY
Children’s Lightning Wheels | childrens-specialized.org/sports-connection
Navigators Adaptive Sports Club | navigatorsadaptiveports.com

NEW MEXICO
Adaptive Sports at Ski Apache | skipeakheadadaptiveports.com
Adaptive Sports Program New Mexico | adaptiveportsprogram.org

NEW YORK
Adaptive Sports Foundation | adaptivesportsfoundation.org
Bulley Rehabilitation Hospital Adaptive Sports Program | bulley.org/community/adaptiveportsprograms
Capital Region Nordic Alliance | capitalregiornordicalliance.com
GalanPCNY - Giving Alternative Voices UpLifting Opportunities, Inc. | galanPCNY.org
Greater Buffalo Adaptive Sports | sbadaptivesports.org
Greek Peak Adaptive Snow Sports | gpeadaptive.com
Lounsbery Adaptive Ski Program | lounsberyadaptiveports.org
Move Along, Inc. | movingalong.org
Rochester Accessible Adventures | rochesteraccessibleadventures.com
Rochester Community Inclusive Rowing | rochestercommunityinclusiverowing.org
STRIDE Adaptive Sports | strideway.com
Western New York Adaptive Water sports | wynadaptiveportsports.org

NORTH CAROLINA
ACCESS of Wilmington | accesswil.org
Adaptive Sports Program | adaptivesportsports.org
Community Rowing | communityrowing.org
Spaulding Adaptive Sport Centers (Spaulding Rehabilitation Network) | spauldingrehab.org
Waypoint Adventures | waypointadventures.com

OHIO
Adaptive Sports Connection | adaptivesportsconnection.org
American Disability Darts Association | addart.org
Bridge It Sports | bridgeportsports.org
ComMotion - Community in Motion | commotioncc.org

NORTH DAKOTA
Dreams In Motion, Inc. | dreamsinmotioninc.com
Peace Grt Adaptive Sports | peacegrtportsports.com

OKLAHOMA
Oklahoma Adaptive Sports Association | okasa.org
The Center for Individuals with Physical Challenges | tulsacentuer.org
University of Central Oklahoma Adaptive Center | uco.edu/community/recreation/fitness/index.aspx

OREGON
Adaptive Sports Northwest | adaptivesportsnw.org
Adventure Without Limits | adventurewithoutlimits.org

PENNSYLVANIA
Blue Ridge Adaptive Snow Sports (BRASS) | brasiskiorg
Envision Blind Sports | envisionblindsports.org
IM ABLE Festival | imablefestival.org
On The Edge Children’s Foundation | ontheadge.org
Pennsylvania Center for Adapted Sports | centerline.org
Three Rivers Adaptive Sports | trasport.org
Two Top Mountain Adaptive Sports Foundation Inc. | ttmapportsports.org

SOUTH CAROLINA
Cl amberSport Adapt | clamberportsports.com
Rehabilitation Hospital of Indiana Sports Program | rehabh.com/our-programs/community-reintegration/adaptive-sports-program/camps
Special Outdoor Leisure Opportunities (SOLID) | solidcom.org
Turnstone Certified for Disabled Children and Adults, Inc. | turnstone.org

Catalyst Sports | catalystportsports.org
Coastal Adaptive Sports | coastaladaptivesports.org
Cape Charles Rehabilitation Hospital | facebook.com/events/navigating-the-turning-point-adaptive-sports-grand-isle-763384843997012

SOUTH DAKOTA
Helping With Horsepower | helpingwithhorsepower.com

TENNESSEE
Sports, Arts & Recreation of Chattanooga (SPARC) | sparc.org

TEXAS
Southwest Wheelchair Athlete Association | swaports.org
Kinetic Kids | kinetickids.org
Lon Star Paralysis Foundation | lonstarparalysis.org
Morgans Wonderland Sports- STRAPS | morganswonderlandsports.com
One Chair At A Time | onechairatatime.org
Operation Comfort | operationcomfort.org
RISE Adventures, Inc. | DBA RISE Adaptive Sports | risedaptiveports.org
Service Members Undertaking Disabled Sports (SUMU) | audisports.org
Turning Point - Paragliding On Independent Nature Trips | turningPONTraction.org

UTAH
Common Ground Outdoor Adventures | cdgaventures.org
National Abilities Center | discovermac.org
Ogden Valley Adaptive Sports | ogdenvalleyadaptiveports.org
Salt Lake County | slc.gov/adaptive
Wasatch Adaptive Sports | wasatchadaptiveports.org

VERMONT
Adaptive Sports at Mount Snow | montsnowadaptiveports.com
Batt J Ruggiere Adaptive Sports, Inc. | bartbattsports.org
Central Vermont Pioneers Inc. | centralvermontpioneers.com
E0D Adaptive Sports | eodfund.org
Green Mountain Adaptive Sports | greenmountainadaptiveports.org
Kelly Brush Foundation | kbf.org
Northeast Disabled Athletic Association | disabledathletics.org
Partners in Adventures | partnersinadventures.com
Partners for Disabled Athletes | partnersfordisabledathletes.com
Vermont Adaptive Ski & Sports Association | vermontadaptiveports.org

WASHINGTON
Adventure Amputee Camp Inc | adventureamputee.com
Lake of the Woods Water Sports | adaptivesportswashington.com
Sportball | sportball.org
Therapeutic Adventures, Inc. | TAConline.org
Wintergreen Adaptive Sports | wintergreenadaptiveports.org

WEST VIRGINIA
Challenged Athletes of West Virginia | cawvsports.org

WISCONSIN
Dairyland Sports | dairylandportsports.org
Paralyzed Veterans of America-WI Chapter | pva.org
Southeastern Wisconsin Adaptive Ski Program | sewasp.org

WINNIE
Challenged Athletes of West Virginia | cawvsports.org

WYOMING
Teton Adaptive Sports | tetonadaptesports.com
Carol carves up some aggressive turns at Saddleback during Maine Adaptive Sports & Recreation’s 2022 Mono Camp. 
*Photo by Brandon Merry.*

**DYK:** Check out the digital platform, Move United OnDemand, which makes adaptive fitness classes available anytime and from anywhere for individuals at all fitness and ability levels.
Presidents’ Day

Snowboarder Zach Sherman shreds down the mountain in Breckenridge, Colorado. Photo by Reed Hoffmann.

FYI: The Move United network is comprised of over 200 member organizations in 45 states and the District of Columbia. Join the movement and get involved in a local program near you.
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**DYK:** Each week, tune into the award winning podcast “Redefining Disability” to hear how sports have made it possible for our nation’s adaptive athletes, training tips from the best coaches and program leaders, and news on the latest technology, equipment, and trends in the industry.

**ABOUT THE IMAGE**
A Golden State Warriors wheelchair basketball player passing the ball to a teammate during a game hosted by BORP. Photo by Scot Goodman.
Lana Aronis is all smiles at the 2022 UCO Endeavor Games swimming event.
*Photo by Sarah Addy.*

FYI: In 2022, 1,384 unique athletes participated in 24 events held across the country as part of the Move United Competition Series. Competition builds character, so sign up for an event near you.
### May Calendar

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**Mother's Day**

**Move United Education Conference, Louisville, KY**

**Armed Forces Day**

**Memorial Day**

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**About the Image**

Keerat Sharma learns to ride a horse at Achieve Tahoe's Equestrian Program.  
*Photo by Tom Zikas.*

**OVER 200 INDIVIDUALS** attended the 2022 Education Conference in Colorado Springs, CO.
### About the Image
Sportable competitive cyclist and tennis player Marc Miller competes in the first annual River City Slam Wheelchair Tennis Tournament in Richmond, Virginia. Photo by Brian McWalters.

### Follow Move United on Social Media:
Facebook: @MoveUnitedSports
Twitter: @moveunitedsport
Instagram: @moveunitedsport
Tiktok: @move_united_sport
LinkedIn: MoveUnited
Derek Loccident crosses the finish line during a track event at the 2022 UCO Endeavor Games. Photo by Sarah Addy.

120,000 ATHLETES participate in adaptive sports annually through the Move United member network across the United States, through 70 different sports.
Cortney Manning enjoys water skiing on Possum Creek near Chattanooga, TN, through SPARC’s Advanced Water Ski Program. Photo by Keith Arimura.

FYI: As the school year begins, note that 30,741 students were impacted this past year with Move United’s Inclusive Playbook, changing disability perspectives for many.
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**ABOUT THE IMAGE**
Roderick Jones throws the ball to a teammate during a game between the Tampa Bay Buccaneers and LA Rams wheelchair football teams at a USA Wheelchair Football League tournament in Kansas City. *Photo by Reed Hoffmann.*

**FYI:** We are ready for some football. Last year, the USA Wheelchair Football League, with nine teams across the country, hosted three tournaments.
SUN  MON   TUE  WED  THU  FRI  SAT

Courtney Custer, a mountain biking instructor with Wasatch Adaptive Sports on a trail with a program participant. Photo by Timothy Brown.

OCTOBER

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JOIN the nearly 40,000 individuals who subscribe to Move United magazine, the nation’s leading adaptive sports publication. Sign up for a free subscription!
ABOUT THE IMAGE

SINCE 2003, more than 18,000 of the most severely injured active duty military service members, veterans, and their families have been served by the Move United Warfighters program.
Army Veteran Shawn Cheshire skis down the mountain with support from her guide John Humbrecht, a volunteer with Breckenridge Outdoor Education Center and program manager at Ignite Adaptive Sports. *Photo by Reed Hoffmann.*

**DYK:** Several hundred individuals make a trek to Breck (Breckenridge, CO) each year for the annual Ski Spectacular event, one of the largest winter adaptive sports festivals in the country.