Clinic Topic: Movement Analysis: On-snow Application – Colleen Farrell

   a. PSIA’s Level 1 – 5 descriptors.
   
   b. Common ineffective movements in levels 1-5 for stand up and sit-down skiers
   
   c. Ski performance vs body performance in all phases of a turn.
   
   d. Formulating lessons plans from on-snow observations.
   
   e. Chapter 6 (Movement Analysis); Chapter 7 (Teaching – Developing Technical Content)

2. Apply MA on the hill with adaptive lessons in action. Observe these skiers from the chairlift for practice.