Clinic Topic: Tools and Tactics for Guiding Skiers and Riders with Blindness or Low Vision
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1. Prep considerations for guiding:
   - Who is the guest? What are his or her expectations of the guide and themselves? Set learning, skill, and experience goals with the guest. Determine guiding needs and set a plan together.
   - Determine guest learning, communication, mobility, and sports guiding preferences.
   - Create rapport and trust. Provide social and emotional safety and security.
   - Assess vision and hearing for safety and effectiveness in sliding and guiding.
   - Determine mobility preferences/orientation preferences (clock, etc.).

2. Guiding considerations:
   - Purpose: recreation or racing?
   - Select guide position based upon vision, hearing and safest for whole team
   - Communication:
     - Rules of engagement
     - Safety cues for guests and guides
     - DDIRT – direction, duration, intensity, rate, timing; free turns
     - Speaker pack for guide, Bluetooth communication system
   - Safety:
     - Gear – bib, goggles, vest, half helmet
     - Guest/guide proximity, location, or lane safest for guest, guide, public when sliding, stopped
     - Teach and both follow Your Responsibility Code and Smart Style/Park Smart
   - Terrain and conditions based upon cognitive, emotional, and physical strength and skills
   - Systems:
     - Visual guiding – front, side
     - Auditory guiding – front, side, rear; sounds, verbal cues, grid, clock
     - Kinesthetic guiding – side; horizontal pole (limitations), joystick, arm in arm


4. Watch Smart Style/Park Smart video to learn about park safety; www.nsaa.org/safety.