

BOCCIA for All



Presentors:

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- Overview of boccia

<https://www.youtube.com/watch?v=6ci0wFzYoug>



Pause (k)



Classification

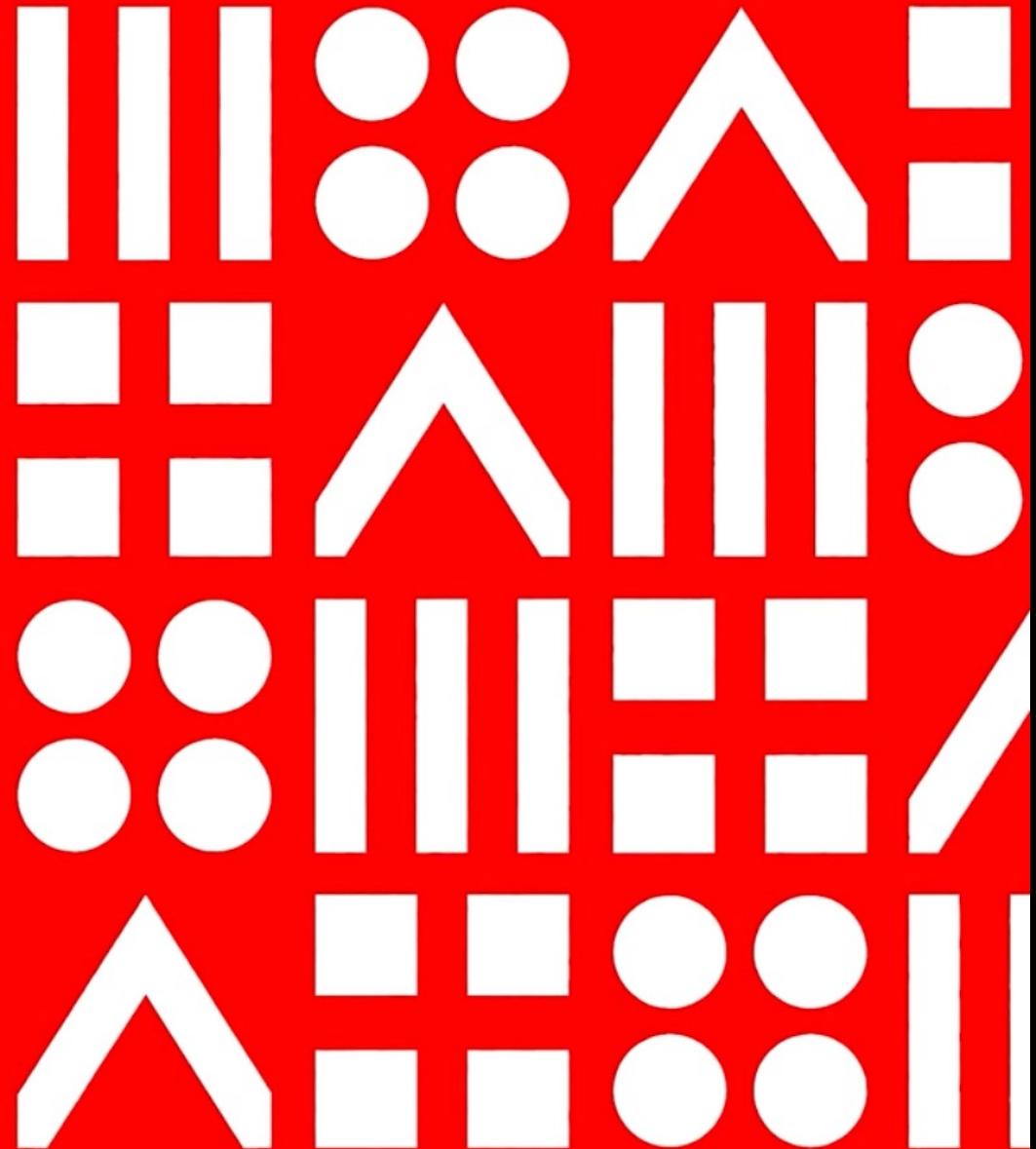
- **BC1** athletes have severe activity limitations affecting their legs, arms and trunk, and typically dependent on a powered wheelchair.
- **BC2** players have better trunk and arm function than those in class BC1. The abilities of their arms and hands often allow them to throw the ball overhand and underhand and with a variety of grasps.
- **BC3** class athletes have significant limitations in arm and leg functions, and poor or no trunk control. They are unable to consistently grasp or release the ball and are unable to propel the ball consistently into the field of play and allowed to use a ramp with the help of a Sport Assistant.
- **BC4** class contains players with non-cerebral impairments that impact muscle power, passive range of movement or limb deficiency.

* Source: International Paralympic Committee; Paralympic.org

Rules of the game....

BOCCIA

How is it played?





Equipment

- Ramps
- Headsticks, handsticks, mouth sticks
- Balls





**Ramps all the way from pvc to
expensive purchase**





- Cross over athletes



Programming

Inclusive sport

- Geriatrics, schools, recreational to competitive

Equipment needs:

Handilife- superior (decent set of balls for beginning players)

Simple ramps

Flat floor

Grants- PVA, CAF, Jay Rob foundation



Resources

Boccia United States main page:

<https://www.lakeshore.org/activity/boccia-united-states/>

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<https://usaboccia.org/>



Ball manufactures

- Handilife USA <https://boccia-usa.com>
- Victory Balls
<https://www.worldboccia.com/wp-content/uploads/2021/05/Victory-Sports-Ball-BrochurePrice-List.pdf>



Ramp manufactures

- Ramp plans (courtesy of Bill and Cathy Drobny)
<https://usaboccia.org/wp-content/uploads/2020/12/GUIDE-Ramp-Design-.pdf>
- Therafin ramps made in the USA
<https://www.gravityboccia.com/product-category/boccia/?v=32aec8db952d>
- Bashto Ramps <https://shop.bashtosports.com/en/12-boccia-ramps>

