

MOVE UNITED CONFERENCE MAY 2023



Increasing Impact: Partnering with Orthotic and Prosthetic Care Providers

Wendy Remington Brewer CPO

Matthew Brewer PLY

Our History in Sports and Recreation

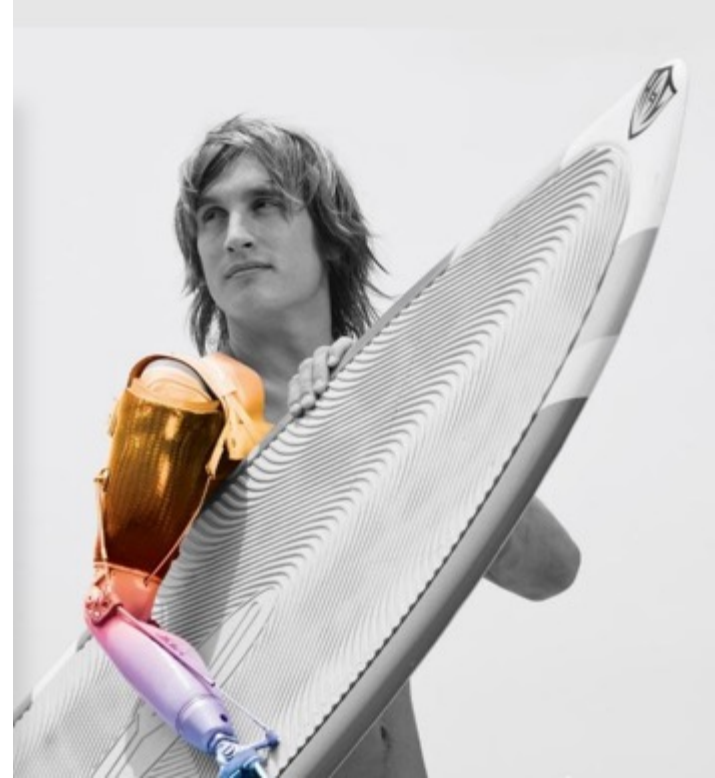


EMPOWERING HUMAN POTENTIAL



The Power of Community

- Courage
- Confidence
- Setting Goals
- Accountability
- Mentorship



Course Objectives

1

Discuss barriers participants experience when engaging in adaptive programs

2

Discuss potential methods to remove or reduce these barriers

3

Highlight Hanger Clinic events we have hosted in Utah to grow adaptive sport and Rec Community

4

Why should O and P care providers support adaptive sports and recreation programs





Barriers to Engaging in Adaptive Programs

Barriers to Participation

Physical

- Accessibility to buildings
- Transportation
- Pain
- Healing
- Lethargy
- Equipment

Emotional

- Depression
- Anxiousness
- Fear
 - Trying something alone
 - Failure
 - Focus on the disability
- PTSD
- Grief

Psychosocial

- Unsure of an unknown environment
- Vulnerability
- May not identify as a person with disability
- Body Image Concerns

Barriers to Participation

Social

- Stigma of disability
- Concerned they will feel like a burden
- Not wanting to be center of attention
- Culture/language
- Media depiction of adaptive sports

Expectations

- Unaware of local programs and what they offer
- Unsure of what will happen and how
- Unaware of the benefits of recreation and sport

Financial

- Reduced income
- Cost of adaptive equipment
- Is it sustainable?
- Customization required for adaptive equipment



Methods to Remove or Reduce Barriers

Reducing Barriers



- Accessible location
- Convenient
- Offer transportation
- Provide support
- Provide equipment
- Ease emotional stress
- Provide community
 - Others of similar circumstance
 - Familiar people
- Inclusive to all ability levels
- **Personal invitation *****
 - **Feeling wanted**
 - **Feeling able**
- Details of what to expect
- Introduce local programs and services they offer
- No or low cost
- Educate about funding solutions
- Include participant family
- Include lunch or snacks



Utah Hunger Clinic Events

Transforming Intent into Action

Utah Hanger Clinic Adaptive Events



Mobility Day

- Photo here

Water Sports Day

- Photo here

Snow Day

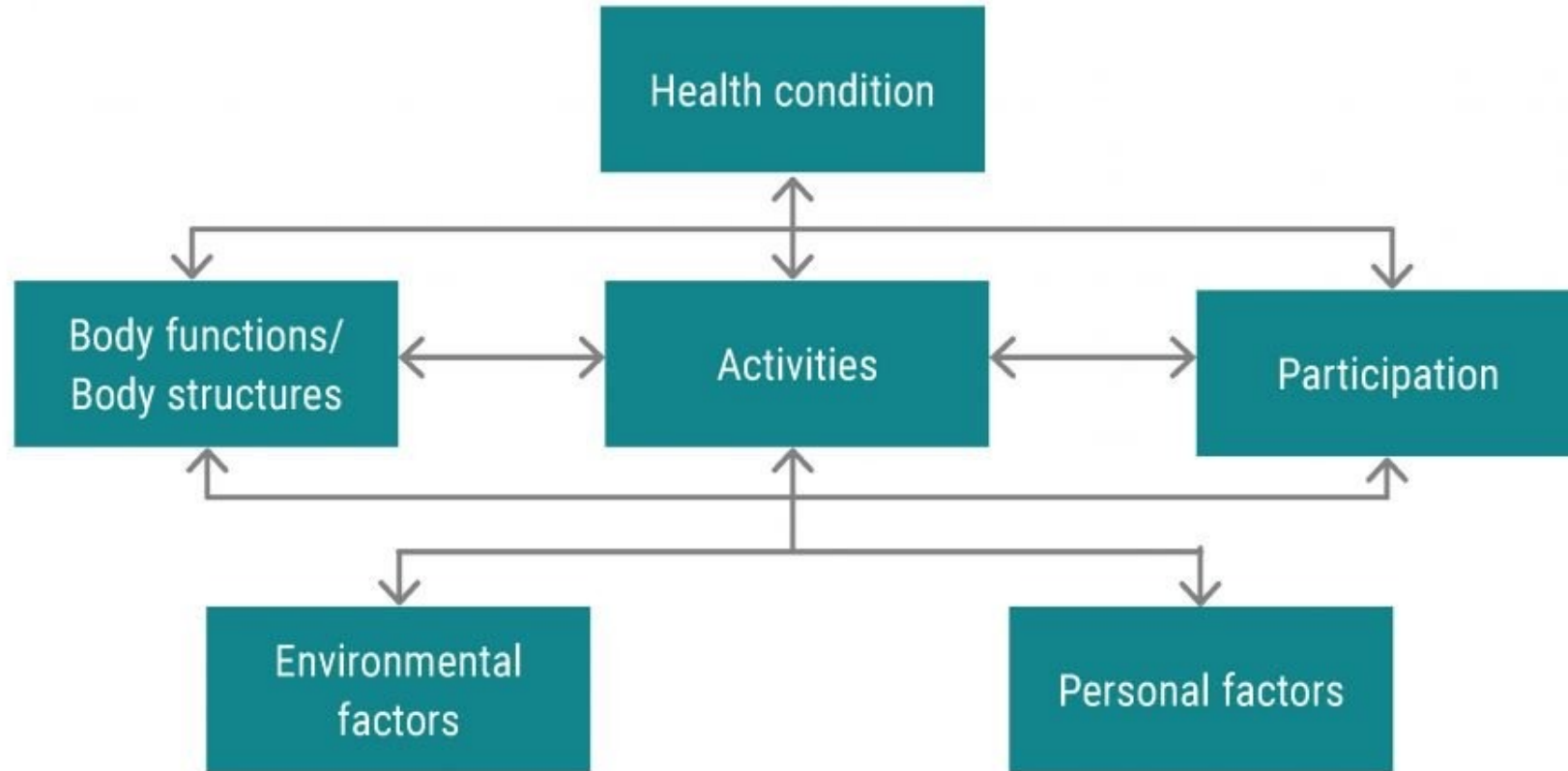
- Photo here



Why Should Orthotic and Prosthetics Support Adaptive Programs?

ICF Model

Bio-psycho-social Model of Functioning, Disability and Health



Adaptive Sports and Recreation Enhance Clinical Outcomes...

EMPOWERING HUMAN POTENTIAL



ME Scorecard™

James Hanger DOB: 02/26/1943

Mobility (ALL Leg Prosthesis Users)

Percentile

67.0%

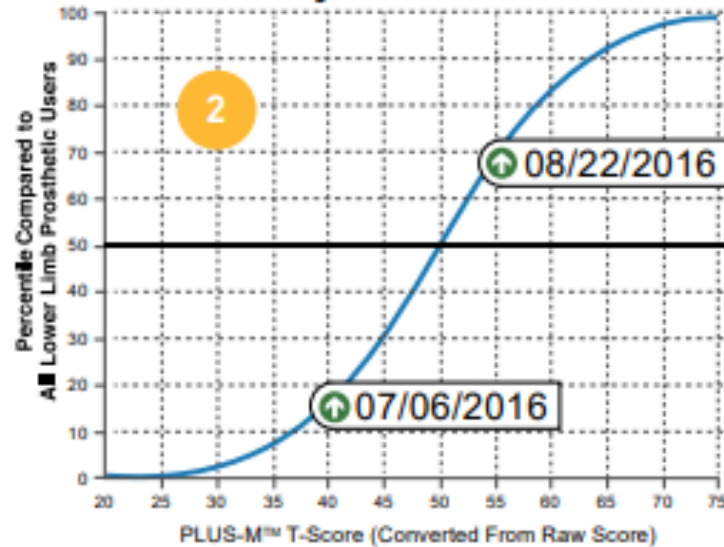
1

Previous (07/06/2016)

19.8%

Trend: ↑

Mobility Assessment



Outcomes Assessment Date: 08/22/2016

3

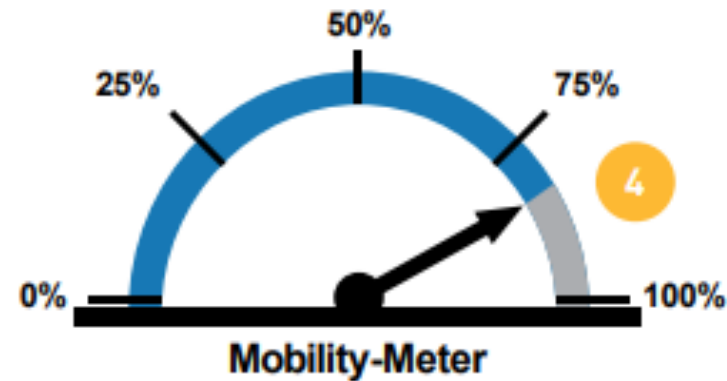
PLUS-M™ T-Score: 54.4

Mobility (SIMILAR Prosthesis Users)

Amputation Level: Above Knee

Etiology: Injury/Trauma

Age Group: Greater than 65 years



Satisfaction

Current: 10/10

Previous: 3/10

Trend: ↑

5

Quality of Life

Current: 10/10

Previous: 3/10

Trend: ↑

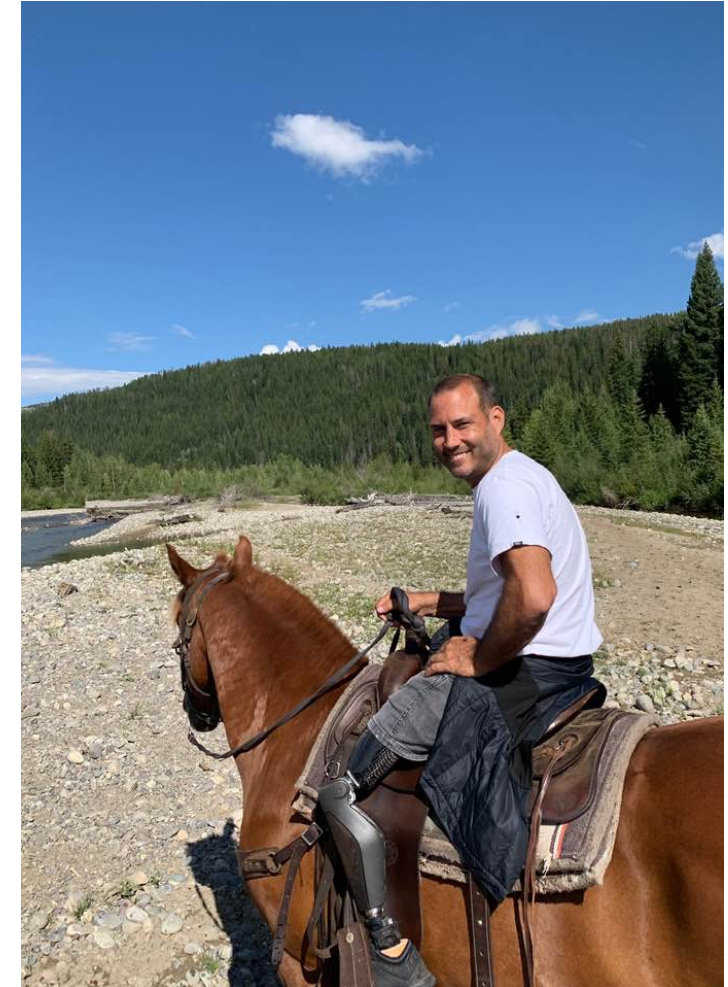
Adaptive Sports and Recreation Enhance Clinical Outcomes...

EMPOWERING HUMAN POTENTIAL



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Hanger Clinic National Support

Growing Support of Adaptive Community



Sled Hockey Classic

Hanger LIVE Educational Conference

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CONNECTING PEOPLE WITH

EMPOWERFEST

UPPER & LOWER LIMB LOSS

2023

SALT LAKE CITY JULY 7-9, 2023

Discover the power of shared experiences from an uplifting community and learn from world-class prosthetists & peers who are thriving with prosthetic technology.



REGISTER TODAY!

ACTIVITIES INLCUDE:

- Rock Climbing
- Ropes Course
- Kayaking
- Paddle Boarding
- Sled Hockey
- Adaptive Biking
- Seated Volleyball
- Pickle Ball
- Archery
- Swimming
- Golfing
- Running and Mobility Clinics
- Upper Limb Cooking Class
- Diet & Nutrition
- Support Groups
- And more!

Review of Course Objectives

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Q and A



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2022



Thank You

Wendy Remington Brewer wremington@hanger.com

Matthew Brewer matthewrbrewer@gmail.com

 **Hanger Clinic**[®]
Empowering Human Potential