



Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular December 4-8, 2023

Clinic Notes

Two-day workshop – Bi-ski: Progressive Bi-ski Teaching and Tethering Barbara Szwebel

Clinic Date: Monday & Tuesday December 4 & 5, 2023, 9:30 AM – 3:30 PM Clinic Title: Progressive Bi-ski Teaching and Tethering

Different Bi-ski models discussed & used:

Dynamique



Bi-Unique

https://enablingtech.com/collections/dynamique-bi-ski-partsaccessories/products/nexgen-ii-fixed-outriggers



The new High Back Clamshell Seating system fits Dynamiques and Moniques Next Gen Fixed outriggers, can be retro-fitted on Bi-unique Biskis <u>https://enablingtech.com/collections/dynamique-bi-ski-parts-</u> <u>accessories/products/nexgen-ii-fixed-outriggers</u>



Mountain Man with fixed outriggers, still one of the most solid Sit-skis for some of our guests.



HOC / Tessier Outriggers vs Super Light models

Beginning progression, up to intermediate terrain & skills, remember to:

- 1. Introduce edging vs rotary movements to initiate and adjust turn radius Initiate from the closest to the snow area possible in your student's body
- 2. Share the ability to differentiate between edging turn and rotary turns and how much the bi-skier vs the tetherer can influence either
- 3. Blending rotary and edging skills as needed in varying terrain and snow conditions

On ideal terrain there should be no need to tether certain students, however there might still be other reasons, such as . . . if your student can only use one side of his/her body, how can you assist your student in learning those skills as a tetherer?

Barbara Szwebel – 2023