



Ski Spectacular Instructor Academy

**Hosted by The Hartford Ski Spectacular
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Clinic Summary Notes

Clinic Topic: Assessment on the Spot – Sit Skiing – Colleen Farrell

1. Sit Skiing physical assessment review can be found in PSIA, *Adaptive Alpine Technical Manual*, 2017, American Snowsports Education Association, Inc. Chapter 2 (Student Assessment) and Chapter 8 (Introduction to sit-skiing).
2. Information on outrigger set up and seat fitting can be found in PSIA, *Adaptive Alpine Technical Manual*, 2017, American Snowsports Education Association, Inc. Chapter 2 (Student Assessment) and Chapter 8 (Introduction to sit-skiing) and Chapter 9 (Teaching Progressions for Bi-ski) and Chapter 10 (Teaching progressions for mono-ski).
3. Additional outrigger information can be found in *PSIA, Adaptive Alpine Technical Manual*, 2017, American Snowsports Education Association, Inc. Appendix A (Physics and Phases of Outrigger Use).
4. Free access to PSIA-AASI's digital manuals is available at <https://thesnowpros.org/education/digital-manuals-for-every-discipline/>.