



Ski Spectacular Instructor Academy

**Hosted by The Hartford Ski Spectacular
December 4-7, 2023**

Clinic Summary Notes

Clinic Topic: BiSki Tethering Basics – Chad Biggerstaff

1. Proper set up of the biski will make the time on snow more comfortable and enjoyable for the student and make your job as the tetherer easier.
2. Proper tethering technique will keep you and your student safe and allow you more control and stamina during your tethering and keep you and your student safe.
3. Wrap and unwrap tethers to manage proximity to the biski based on speed, terrain, and situation to ensure the tethers do not touch the snow during your run and that tethers remain taught throughout the run.
4. Make sure tethers are always attached to skin, not to gloves or clothing.
5. Maintain proper body position in relation to the biski, ideally up the fall line and slightly behind the biski in the turn.
6. Maintain proper body position within your own personal skiing, do not fall into the backseat.
7. Anticipate turns while on the hill to give yourself enough time to complete your turn before running out of terrain
8. Always be communicating with your student, fellow teachers, mountain staff and the general public to ensure your safety and that of your student, especially during lift loading and unloading.
9. Inspect the biski and tethers before and after each lesson to ensure that all equipment is in proper working order and pull equipment out of service if repairs or adjustments are needed.
10. Practice, practice, practice – biski tethering more than almost any adaptive technique requires many miles of practice to get good – practice as much as you can.