



Ski Spectacular Instructor Academy

**Hosted by The Hartford Ski Spectacular
December 4-7, 2023**

Clinic Summary Notes

Clinic Topic: Develop and Deliver Season-long Contemporary Training -Katherine Hayes Rodriguez

1. Plan for Season Long Training:
 - a. Assess training needs
 - b. Pick a training method
 - c. Pick the right tools
 - d. Create content
 - e. Publish/disseminate the learning content
 - f. Evaluate your training program
 - g. Keep courses updated
2. Warm up activities: without skis, ice breakers, assessment tools
3. On hill movement includes the Five Fundamentals, on hill safety , chair lift techniques, delivery methods.
4. Season Long Training Goals include familiarizing trainees with organization and philosophy; targeting training delivery for specific populations/audiences; motivational Techniques for ensuring attendance at training; training of delivery Team.
5. Suggested/Priority topics for Season long training:
 - a. Required paperwork for program needs (progress notes, incidents reports, equipment needs)
 - b. CAP, Teaching Model review, Movement Analysis (MA), Learning Partnership, Skier Responsibility Code
 - c. Equipment: selection/fitting/usage
6. Summaize clinic content, learning outcomes and application, recording of Season's training goals.