

## SPORTS MAKE US MORE

Sports make us more — more determined, more powerful, more ourselves. And they show the world what we can do. Whether you're looking to play or compete, get involved.

## MHO ME BEE

Move United uses the power of sport to push what's possible for people with disabilities, confronting ignorance, fueling conversation, and inciting action that leads us to a world where everyone's included. Move United is the national leader in community adaptive sports, empowering 125,000 youth and adults with disabilities each year to live to their fullest potential. Move United's 225 member organizations in 45 states are united by a single mission: ensuring everyone, regardless of ability, experiences the life-changing power of sport and is fully included in their community.

125,000	<b>70+</b>
Served annually	Sports
225+	30,000
Member	Volunteers &
organizations	youth served
67	18,500
Years in	Warfighters
operation	& family



## JOIN THE MOVEMENT

For more information, please visit moveunitedsport.org to:

- Become an Individual Member
- Attend an Event
- Volunteer
- Subscribe to our Magazine
- Join Move United Warfighters
- Participate in a Training
- Listen to our "Redefining Disability" Podcast
- Follow us on Social Media
- Check out USA Wheelchair Football League
- Sign up for our Newsletter
- Connect to a Local Program









## JOIN THE MOVEMENT.

### Get involved with a Move United member organization in your area.

#### **ALABAMA**

Lakeshore Foundation | lakeshore.org The Red Barn Adaptive Club | theredbarn.org University of AL Adaptive Athletics | bamaadapted.com US Wheelchair Rugby Association | uswra.org

### **ALASKA**

Challenge Alaska | challengeak org

ORCA Program-Southeast Alaska Independent Living, Inc. | sailinc.org

#### **ARIZONA**

Ability360 Sports & Fitness Center | ability360 sports.org Arizona Adaptive Watersports | azadaptivewatersports.org

Arizona Disabled Sports | arizonadisabledsports.com High Country Adaptive Sports | highcountryadaptive.org

Southern Arizona Adaptive Sports | soazadaptivesports.org

University of Arizona Adaptive Athletics | adaptive athletics.arizona.edu

### **CALIFORNIA**

Ability First Sports | abilityfirstsports.org

Achieve Tahoe | achievetahoe.org

Angel City Sports | angelcitysports.org

Bay Area Outreach and Recreation Program | borp.org

Central California Adaptive Sports Center | centralcaladaptive.org

Disabled Sports Eastern Sierra | disabled sports easternsierra.org DSUSA Los Angeles-The Unrecables | unrecables.com

DSUSA Orange County-The Achievers | theachievers.org

Orange County Makapo Aquatics Project, Irvine, CA | makapo.org

SoCal Adaptive Sports | socaladaptive sports org

Triumph Foundation | triumph-foundation.org

United States Driving for the Disabled | usdfd.org

US Adaptive Recreation Center | usarc.org

### COLORADO

Adaptive Action Sports | adacs.org

Adaptive Adventures | adaptive adventures.org Adaptive Recreation Opportunities | fcgov.com/aro

Adaptive Sports Association | asadurango.org

Adaptive Sports Center of Crested Butte | adaptivesports.org

Breckenridge Outdoor Education Center (BOEC) | boec.org

Challenge Aspen | challengeaspen.org

Colorado Discover Ability | cdagj.org

DuMyon Martial Arts | dumyonmartialarts.org

Foresight Ski Guides Inc. | foresightskiguides.org

Golf 4 The Disabled | golf4thedisabled.org

Ignite Adaptive Sports | igniteadaptivesports.org

National Sports Center for the Disabled | nscd.org Paradox Sports | paradox sports.org

Steamboat Adaptive Recreational Sports (STARS) | steamboatstars.com

Telluride Adaptive Sports Program | tellurideadaptivesports.org

### CONNECTICUT

Gaylord Sports Association | gaylord.org/sports

Leaps of Faith Adaptive Skiers | lofadaptiveskiers.org

Summit Adaptive Sports | summitadaptive.org

#### **DISTRICT OF COLUMBIA**

Medstar NRH Adaptive Sports & Fitness Program | medstarnrh.org/sports

Central Florida Dreamplex, LLC | cfldreamplex.com

Central Florida PVA | pvacf.org

Endless Possibilities | endlesspossibilitiespbc.org

Hillsborough County Adaptive Sports | hillsboroughcounty.org/en/ residents/recreation-and-culture/sports-and-athletics/hc-adaptive-sports

Shifting Gears United | hiftinggearsunited.org SportsAbility Alliance | sportsability.org

Warrior Sailing | warriorsailing.org

#### **GEORGIA**

BlazeSports America | blazesports.org Catalyst Sports | catalystsports.org

AccesSurf, Hawaii Inc. | accessurf.org

#### IDAHO

Adaptive Wilderness Sports Of McCall (AWeSOMe!) | awesomemccall.org Boise Adaptive Snowsport Education (BASE) | baseidaho.org

Higher Ground Sun Valley, Inc. | highergroundusa.org

Valley Adaptive Sports | valleyadaptivesports.org

#### **ILLINOIS**

Chicago District Parks | chicagoparkdistrict.com/special-recreation-programs Dare2Tri Paratriathlon Club | dare2tri.org

Great Lakes Adaptive Sports Association (GLASA) | glasa.org

Lincolnway Special Recreation Association | lwsra.org

Shirley Ryan AbilityLab | sralab.org

North Side Archery Club | northsidearcheryclub.org

#### ΙΝΟΙΔΝΔ

Rehabilitation Hospital of Indiana Sports Program | rhirehab.com/ our-programs/community-reintegration/adaptive-sports-program/clinics Special Outdoor Leisure Opportunities (SOLO) | skisolomichiana.org Turnstone Center for Disabled Children and Adults, Inc. | turnstone.org

Adaptive Sports IOWA | adaptive sportsiowa.org

#### **KANSAS**

Wichita Adaptive Sports INC | wichitaadaptivesports.org

Adaptive Sport South Central Kentucky | bgky.org

#### **LOUISIANA**

Louisiana GUMBO Inc. | sites.google.com/site/louisianagumboinc S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization | smclf.org

#### MAINE

Adaptive Outdoor Education Center | adaptive outdoored ucation center.org Central Maine Adaptive Sports | centralmaineadaptivesports.org

### Maine Adaptive Sports & Recreation | maineadaptive.org **MARYLAND**

Bennett Institute Physically Challenged Sports of Kennedy Krieger | kennedykrieger.org

Chesapeake Region Accessible Boating (CRAB) | crabsailing.org

Junior Tennis Champions Center | jtcc.org

Maryland Therapeutic Riding, Inc. | horsesthatheal.org

Promise Landing Farm | promiselandingfarm.org

Team River Runner, Inc. | teamriverrunner.org

AccesSportAmerica | accessportamerica.org

Adaptive Sports New England | adaptivesportsne.org

Community Rowing | communityrowing.org

South Coast Wheelchair Tennis Assn. I southcoastwheelchairtennis org Spaulding Adaptive Sports Centers (Spaulding Rehabilitation Network) sasc.spauldingrehab.org

Waypoint Adventures | waypointadventures.org

Webster Waterski Collective | websterwaterski.org

### **MICHIGAN**

Adaptive Ski Association | skiccsa.org

Mary Free Bed Adaptive Sports | maryfreebed.com/rehabilitation/ sports-rehabilitation

Michigan Sports Unlimited | misportsunlimited.net

Mount Brighton Adaptive Sports Program | mtbadaptivesports.org

Rehab Institute of Michigan | rimfoundation.org

Therapeutic Riding Inc. | therapeuticridinginc.org

University of Michigan Adaptive Sports | ssd.umich.edu/adaptive-sports

#### **MINNESOTA**

Courage Kenny Rehabilitation Institute | allinahealth.org/adaptivesports

EA Therapeutic Health | exercisabilities.org

Hope Inc. | hopeinc.org

Northland Adaptive Recreation | mdfoundation.org

PVA Minnesota Chapter | mnpva.org

US Electric Wheelchair Hockey Association | powerhockey.com

Disabled Athlete Sports Association (DASA) | dasasports.org Gateway Disabled Ski Program | gdspstl.org

Midwest Adaptive Sports | midwestadaptivesports.org

The Whole Person | thewholeperson.org

DREAM Adaptive Recreation | dreamadaptive.org

Eagle Mount Billings | eaglemount.us

Eagle Mount Bozeman | eaglemount.org

Eagle Mount Great Falls | eaglemount.net

#### NERRASKA

Nebraska Adaptive Sports | Nebraskaadaptivesports.org

#### **NEVADA**

City of Las Vegas Adaptive Recreation | lasvegasnevada.gov City of Reno | reno,gov/government/departments/parksrecreation-

community-services/adaptive-recreation Driven NeuroRecovery Center | drivenly.org

Nevada PVA Chapter | nevadapva.org

#### **NEW HAMPSHIRE**

Crotched Mountain Accessible Recreation and Sports | cmars.org

Adaptive Sports Partners of the North Country | adaptivesportspartners.org Granite State Adaptive | gsadaptive.org

Lakes Region Disabled Sports at Gunstock, Inc. | Iradaptive.org

Mount Washington Valley Adaptive Sports | mwvas.org

New England Disabled Sports | nedisabledpsports.org

New England Healing Sports Association | nehsa.org Northeast Passage | nepassage.org

Waterville Valley Adaptive Sports | watervilleadaptive.com

#### **NEW JERSEY**

Children's Lightning Wheels | childrens-specialized.org/sportsconnection

Navigators Adaptive Sports Club | navigatorsadaptivesports.com

#### **NEW MEXICO**

All Season Adaptive Sports | skiapacheadaptivesports.com

Adaptive Sports Program New Mexico | adaptivesportsprogram.org

### **NEW YORK**

Able Athletics | ableathletics.org

Adaptive Sports Foundation | adaptivesportsfoundation.org Burke Rehabilitation Hospital Adaptive Sports Program | burke.org/ community/adaptiveprograms

Capital Region Nordic Alliance | capital region nordical liance.org  ${\it GallopNYC-Giving\ Alternative\ Learners\ UpLifting\ Opportunities, Inc.\ |\ }$ 

Greater Buffalo Adaptive Sports | sledhockeyfoundation.org Greek Peak Adaptive Snowsports | gpadaptive.org

Helen Hayes Adaptive Sports | helenhayeshospital.org/services/specialtyservices/adapted-sports-recreation

Lounsbury Adaptive Ski Program | lounsburyadaptive.org

Move Along, Inc. | movealonginc.org

Rochester Accessible Adventures | rochesteraccessibleadventures.org

Rochester Community Inclusive Rowing | rochestercommunityinclusiverowing.org STRIDE Adaptive Sports | stride.org

Western New York Adaptive Water Sports | wnyadaptivewatersports.org

**NORTH CAROLINA** ACCESS of Wilmington | accessilm.org

recreation/adaptive-inclusive-recreation

Bridge II Sports | bridge2sports.org

ComMotion-Community in Motion | commotionnc.org

Giftability | giftability.org Greensboro Parks & Recreation | greensboro-nc.gov/departments/parks-

### North Carolina Adaptive Sports | ncdadaptedsports.org

Dreams In Motion, Inc. | dreamsinmotioninc.com Prairie Grit Adaptive Sports | prairiegritsports.com

**OREGON** 

Adaptive Sports Connection | adaptivesportsconnection.org

Adaptive Sports Program of Ohio | adaptive sportsohio.org Rec2Connect | rec2connect.org

The Bridge Adaptive Sports & Rec | thebridgeadaptive.org

Three Trackers of Ohio | 3trackers.org

Youth Challenge | youthchallengesports.com

### Oklahoma Adaptive Sports Association | okasa.org The Center for Individuals with Physical Challenges | tulsacenter.org

University of Central Oklahoma Center of Adaptive Sports | uco.edu/ wellness/sr/trainingsite/index.asp

Adaptive Sports Northwest | adaptivesportsnw.org Adventures Without Limits | awloutdoors.org

Oregon Adaptive Sports | oregonadaptivesports.org

#### **PENNSYLVANIA**

Blue Ridge Adaptive Snow Sports (BRASS) | brasski.org

Envision Blind Sports | envisionblindsports.org

IM ABLE Foundation | imablefoundation.org

Pennsylvania Center for Adapted Sports | centeronline.com

Three Rivers Adaptive Sports | traspa.org

Two Top Mountain Adaptive Sports Foundation Inc. | twotopadaptive.org

#### SOUTH CAROLINA

Clemson Adaptive Sports | clemson.edu/cbshs/departments/prtm/ programs/clemson-adaptive-sport-recreation/index.html

Adaptive Expeditions | adaptive expeditions.org

Coastal Adaptive Sports I coastal adaptive sports org

Roger C. Peace Rehabilitation Hospital | prismahealth.org/locations/hospitals/ roger-c-peace-rehabilitation-hospital/programs-and-support/ucan-events

Sports, Arts & Recreation of Chattanooga (SPARC) | sparctn.org

Southwest Wheelchair Athletic Association | swaasports.org Kinetic Kids, Inc. | kinetickidstx.org

Lone Star Paralysis Foundation | lonestarparalysis.org Morgan's Wonderland Sports-STRAPS | morganswonderlandsports.com/straps

One Chair At A Time | onechairatatime.org

Operation Comfort | operationcomfort.org

RISE Adventures, Inc. DBA RISE Adaptive Sports | riseadaptivesports.org

Turning Point-Paraplegics On Independent Nature Trips | turningpointnation.org

Service Members Undertaking Disabled Sports (SUDS) | sudsusa.org

Texas PVA | texaspva.org

Texas Regional Para Sport | texasregionalsport.org

Common Ground Outdoor Adventures | cgadventures.org

National Abilities Center | discovernac.org

Ogden Valley Adaptive Sports | ogdenvalleyadaptivesports.org

Salt Lake County | slco.org/adaptive Wasatch Adaptive Sports | wasatchadaptivesports.org

Adaptive Sports at Mount Snow | adaptive at snow, org

Bart J. Ruggiere Adaptive Sports Ctr, Inc. | bartadaptive.org Central Vermont Pioneers Inc. | centralvermontpioneers.org

EDD Adaptive Sports Leddfund org

Green Mountain Adaptive Sports | greenmtnadaptive.org Kelly Brush Foundation | kbf.org

Northeast Disabled Athletic Association | disabledathletics.org

Partners in Adventures | partnersinadventures.org Vermont Adaptive Ski & Sports Association | vermontadaptive.org

### Warrior Soar | warriorsoar.org

Adventure Amputee Camp Inc | adventureamputeecamp.org

Lake of the Woods Watersports | adaptivewatersports.org Patriots for Disabled Divers | patriotsfordisabledivers.org

Sportable | sportable.org

Therapeutic Adventures, Inc. | taonline.org Wintergreen Adaptive Sports | wintergreenadaptivesports.org

Footloose Sailing Association | footloosedisabledsailing.org

Outdoors for All Foundation | outdoorsforall.org

ParaSport Spokane | parasportspokane.org Seattle Adaptive Sports | seattleadaptivesports.org

#### **WEST VIRGINA** Challenged Athletes of West Virginia | cawvsports.org

WISCONSIN

Dairyland Sports | dairylandsports.org Paralyzed Veterans of America-WI Chapter | wisconsinpva.org

Wisconsin Adaptive Sports Association (WASA) | wasa.org

Southeastern Wisconsin Adaptive Ski Program | sewasp.org

Sports, Therapeutic and Adaptive Recreation (STAR) Association couleeregionsledhockey.com

### **WYOMING**

Teton Adaptive Sports | tetonadaptivesports.com



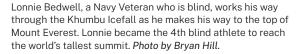
## **YARUNAL**

MON	IUE	VV ⊏ D	INU	ГП	SAI
1	2	3	4	5	6
New Years Day	9	10	11	12	13
15	16	17	18	19	20
<b>22</b>	23	24	25	26	27
29	30	31			
	New Years Day  8  15  Martin Luther King, Jr. Day  22	1 2  New Years Day  8 9  15 16  Martin Luther King, Jr. Day  22 23	1 2 3  New Years Day  8 9 10  15 16 17  Martin Luther King, Jr. Day  22 23 24	1 2 3 4  New Years Day  8 9 10 11  15 16 17 18  Martin Luther King, Jr. Day  22 23 24 25	1 2 3 4 5  New Years Day  8 9 10 11 12  15 16 17 18 19  Mertin Luther King, Jr. Day  22 23 24 25 26



SHN

MON





**DYK:** Move United is thrilled to announce the launch of Individual Memberships! The network offers exclusive benefits to athletes, medical providers, family members, coaches, teachers, researchers, & others passionate about fostering adaptive sports.



 $T\Delta P$ 



## **FEBRUARY**

WED

THU

FRI

SAT

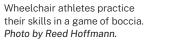
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
	Presidents' Day					
25	26	27	28	29		



SUN

MON

TUE





**FYI:** The Move United network is comprised of over 225 member organizations in 45 states and the District of Columbia. Join the movement and get involved in a local program near you.





## MARCH

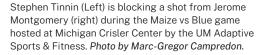
WED

THU

						<b>3</b> ,
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	Spring Begins  27	28	29	30 / 31 SUN



SUN



MON

TUE



**DYK:** Check out the digital platform, Move United OnDemand, which makes adaptive fitness classes available anytime and from anywhere for individuals at all fitness and ability levels.



SAT



## **APRIL**

WED

SUN	MON	TUE	WED	IHU	FRI	SAI
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
	М	ove United Education Conference, Phoe	enix, Arizona			
28	29	30				





Nicky Maxwell, a tennis player and amputee

who trains at JTCC in Maryland, competing at

Photo by Sergio Errigo.

the Para-Standing Tennis Italian Open in Turin.

THE





 $C \Lambda T$ 

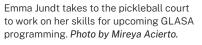
FDI



# MAY

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
Mother's Day						
19	20	21	22	23	24	25
26	27	28	29	30	31	
	Memorial Day					







FYI: In 2023, 1537 unique athletes participated in 26 events held across the country as part of Move United's Sanctioned Competitions





## JUNE

WED

					1
3	4	5	6	7	8
10	11	12	13	14	15
17	18	19	20	Flag Day	22
				Summer Begins	
24	25	26	27	28	<b>29/30</b> sun
	10 17	10 11 17 18	10     11     12       17     18     19	10     11     12     13       17     18     19     20	10 11 12 13 14  Flag Day  17 18 19 20 21  Summer Begins



SUN

MON

TUE





THU



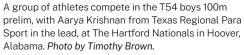
SAT



## JULY

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
				Independence Day		
7	8	9	10	11	12	13
14	15	16  Nationals conducted by Move United,	17	18	19	20
21	22	23	24	25	26 ADA Anniversary	27
28	29	30	31			







125,000 ATHLETES participate in adaptive sports annually through the Move United member network across the United States, through 70 different sports.





## AUGUST

TUII

CDI

CAT

SUN	MUN	TUE	WED	IHU	FKI	SAI
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29 2024 Paralympic Sur	30 nmer Games, Paris France	31



CHILD

MON

THE





**FYI:** Move United's Inclusive Playbook has reached over 175,000 youth, changing disability perspectives.





# SEPTEMBER

SUN	MON	TUE	WED	IHU	FRI	SAI
1	2 Labor Day	3	4. 2024 Paralympic Summer Games, Paris	5	6	7
8	9	10	11	12	13	14
15	16	17	Patriot Day 18	19	20	21
<b>22</b> Fall Begins	23	24	25	26	27	28
29	30					



CLINI





**FYI:** We are ready for some football. Since 2020, more than 775 athletes have participated in Move United wheelchair football programs, including more than 350 veterans with disabilities.



CAT



# OCTOBER

SUN	N MON	TUE	WED	IHU	FRI	SAI
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



CLINI

MACN







CAT



## **DOVEMBER**

SUN MON TUE WED THU FRI SAT

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	Veterans Day	19	20	21	22	23
24	25	26	27	28	29	30
				Thanksgiving Day		







**SINCE 2003,** more than 18,500 of the most severely injured active duty military service members, veterans, and their families have been served by the Move United Warfighters program.





# DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25 Christmas Day	26	27	Winter Begins  28
29	30	31  New Year's Eve				







**DYK:** Several hundred individuals make a trek to Breck (Breckenridge, CO) each year for the annual Ski Spectacular event, one of the largest winter adaptive sports festivals in the country.



# SPORTS MAKE US MORE



























MOVEUNITEDSPORT.ORG