

2024

ADAPTIVE SPORTS CALENDAR



**MOVE
UNITED**

SPORTS MAKE US MORE

Sports make us more — more determined, more powerful, more ourselves. And they show the world what we can do. Whether you're looking to play or compete, get involved.

WHO WE ARE

Move United uses the power of sport to push what's possible for people with disabilities, confronting ignorance, fueling conversation, and inciting action that leads us to a world where everyone's included. Move United is the national leader in community adaptive sports, empowering 125,000 youth and adults with disabilities each year to live to their fullest potential. Move United's 225 member organizations in 45 states are united by a single mission: ensuring everyone, regardless of ability, experiences the life-changing power of sport and is fully included in their community.

125,000
Served annually

70+
Sports

225+
Member
organizations

30,000
Volunteers &
youth served

67
Years in
operation

18,500
Warfighters
& family



JOIN THE MOVEMENT

For more information, please visit moveunitedsport.org to:

- ✓ Become an Individual Member
- ✓ Attend an Event
- ✓ Volunteer
- ✓ Subscribe to our Magazine
- ✓ Join Move United Warfighters
- ✓ Participate in a Training
- ✓ Listen to our "Redefining Disability" Podcast
- ✓ Follow us on Social Media
- ✓ Check out USA Wheelchair Football League
- ✓ Sign up for our Newsletter
- ✓ Connect to a Local Program

**ON
THE
COVER**

National Ability Center athlete
Tanner Hopson skiing fresh powder
at Park City Mountain Resort in Utah.
Photo by Matt Didisheim.



**MOVE
UNITED**

JOIN THE MOVEMENT.

Get involved with a Move United member organization in your area.

ALABAMA

Lakeshore Foundation | lakeshore.org
The Red Barn Adaptive Club | theredbarn.org
University of AL Adaptive Athletics | bamaadapted.com
US Wheelchair Rugby Association | uswra.org

ALASKA

Challenge Alaska | challengeak.org
ORCA Program - Southeast Alaska Independent Living, Inc. | sailinc.org

ARIZONA

Ability360 Sports & Fitness Center | ability360sports.org
Arizona Adaptive Watersports | azadaptivewatersports.org
Arizona Disabled Sports | arizonadisabledsports.com
High Country Adaptive Sports | highcountryadaptive.org
Southern Arizona Adaptive Sports | soazadaptivesports.org
University of Arizona Adaptive Athletics | adaptiveathletics.arizona.edu

CALIFORNIA

Ability First Sports | abilityfirstsports.org
Achieve Tahoe | achievetahoe.org
Angel City Sports | angelcitysports.org
Bay Area Outreach and Recreation Program | borp.org
Central California Adaptive Sports Center | centralcaladaptive.org
Disabled Sports Eastern Sierra | disabledsportseasternsierra.org
DSUSA Los Angeles -The Unrecables | unrecables.com
DSUSA Orange County -The Achievers | theachievers.org
Orange County Makapo Aquatics Project, Irvine, CA | makapo.org
SoCal Adaptive Sports | socialadaptivesports.org
Triumph Foundation | triumph-foundation.org
United States Driving for the Disabled | usdfd.org
US Adaptive Recreation Center | usarc.org

COLORADO

Adaptive Action Sports | adacs.org
Adaptive Adventures | adaptiveadventures.org
Adaptive Recreation Opportunities | fcgov.com/aro
Adaptive Sports Association | asadurango.org
Adaptive Sports Center of Crested Butte | adaptivesports.org
Breckenridge Outdoor Education Center (BOEC) | boec.org
Challenge Aspen | challengeaspen.org
Colorado Discover Ability | cdagj.org
DuMyon Martial Arts | dumyonmartialarts.org
Foresight Ski Guides Inc. | foresightskiguides.org
Golf 4 The Disabled | golf4thedisabled.org
Ignite Adaptive Sports | igniteadaptivesports.org
National Sports Center for the Disabled | nscd.org
Paradox Sports | paradoxsports.org
Steamboat Adaptive Recreational Sports (STARS) | steamboatstars.com
Telluride Adaptive Sports Program | tellurideadaptivesports.org

CONNECTICUT

Gaylord Sports Association | gaylord.org/sports
Leaps of Faith Adaptive Skiers | lofadaptiveskiers.org
Summit Adaptive Sports | summitadaptive.org

DISTRICT OF COLUMBIA

Medstar NRH Adaptive Sports & Fitness Program | medstarnrh.org/sports

FLORIDA

Central Florida Dreamplex, LLC | cfdreamplex.com
Central Florida PVA | pvact.org
Endless Possibilities | endlesspossibilitiespbc.org
Hillsborough County Adaptive Sports | hillsboroughcounty.org/en/residents/recreation-and-culture/sports-and-athletics/hc-adaptive-sports
Shifting Gears United | hiftinggearsunited.org
SportsAbility Alliance | sportsability.org
Warrior Sailing | warriorsailing.org

GEORGIA

BlazeSports America | blazesports.org
Catalyst Sports | catalystsports.org

HAWAII

AccessSurf, Hawaii Inc. | accessurf.org

IDAHO

Adaptive Wilderness Sports Of McCall (AWeSOMe!) | awesomemccall.org
Boise Adaptive Snowsport Education (BASE) | basedaho.org
Higher Ground Sun Valley, Inc. | highergroundusa.org
Valley Adaptive Sports | valleyadaptivesports.org

ILLINOIS

Chicago District Parks | chicagoparkdistrict.com/special-recreation-programs
Dare2Tri Paratriathlon Club | dare2tri.org
Great Lakes Adaptive Sports Association (GLASA) | glasa.org
Lincolnway Special Recreation Association | lwsra.org
Shirley Ryan AbilityLab | sralab.org
North Side Archery Club | northsidearcheryclub.org

INDIANA

Rehabilitation Hospital of Indiana Sports Program | rhirehab.com/our-programs/community-reintegration/adaptive-sports-program/clinics
Special Outdoor Leisure Opportunities (SOLO) | skisolomichiana.org
Turnstone Center for Disabled Children and Adults, Inc. | turnstone.org

IOWA

Adaptive Sports IOWA | adaptivesportsiowa.org

KANSAS

Wichita Adaptive Sports INC | wichitaadaptivesports.org

KENTUCKY

Adaptive Sport South Central Kentucky | bgky.org

LOUISIANA

Louisiana GUMBO Inc. | sites.google.com/site/louisianagumboinc
S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization | smclf.org

MAINE

Adaptive Outdoor Education Center | adaptiveoutdooreducationcenter.org
Central Maine Adaptive Sports | centralmaineadaptivesports.org
Maine Adaptive Sports & Recreation | maineadaptive.org

MARYLAND

Bennett Institute Physically Challenged Sports of Kennedy Krieger | kennedykrieger.org
Chesapeake Region Accessible Boating (CRAB) | crabsailing.org
Junior Tennis Champions Center | jtcc.org
Maryland Therapeutic Riding, Inc. | horsethatheal.org
Promise Landing Farm | promiselandingfarm.org
Team River Runner, Inc. | teamriverrunner.org

MASSACHUSETTS

AccessSportAmerica | accessportamerica.org
Adaptive Sports New England | adaptivesportsne.org
Community Rowing | communityrowing.org
South Coast Wheelchair Tennis Assn. | southcoastwheelchairtennis.org
Spaulding Adaptive Sports Centers (Spaulding Rehabilitation Network) | sasc.spauldingrehab.org
Waypoint Adventures | waypointadventures.org
Webster Waterski Collective | websterwaterski.org

MICHIGAN

Adaptive Ski Association | skiccsa.org
Mary Free Bed Adaptive Sports | maryfreebed.com/rehabilitation/sports-rehabilitation
Michigan Sports Unlimited | misportsunlimited.net
Mount Brighton Adaptive Sports Program | mtbadaptivesports.org
Rehab Institute of Michigan | rimfoundation.org
Therapeutic Riding Inc. | therapeuticridinginc.org
University of Michigan Adaptive Sports | ssd.umich.edu/adaptive-sports

MINNESOTA

Courage Kenny Rehabilitation Institute | allinahealth.org/adaptivesports
EA Therapeutic Health | exercisabilities.org
Hope Inc. | hopeinc.org
Northland Adaptive Recreation | mdfoundation.org
PVA Minnesota Chapter | mmpva.org
US Electric Wheelchair Hockey Association | powerhockey.com

MISSOURI

Disabled Athlete Sports Association (DASA) | dasasports.org
Gateway Disabled Ski Program | gdspsstl.org
Midwest Adaptive Sports | midwestadaptivesports.org
The Whole Person | thewholeperson.org

MONTANA

DREAM Adaptive Recreation | dreamadaptive.org
Eagle Mount Billings | eaglemount.us
Eagle Mount Bozeman | eaglemount.org
Eagle Mount Great Falls | eaglemount.net

NEBRASKA

Nebraska Adaptive Sports | nebraskaadaptivesports.org

NEVADA

City of Las Vegas Adaptive Recreation | lasvegasnevada.gov
City of Reno | reno.gov/government/departments/parksrecreation-community-services/adaptive-recreation
Driven NeuroRecovery Center | drivenlv.org
Nevada PVA Chapter | nevadapva.org

NEW HAMPSHIRE

Crotched Mountain Accessible Recreation and Sports | cmars.org
Adaptive Sports Partners of the North Country | adaptivesportspartners.org
Granite State Adaptive | gsadaptive.org
Lakes Region Disabled Sports at Gunstock, Inc. | lradaptive.org
Mount Washington Valley Adaptive Sports | mwvas.org
New England Disabled Sports | newenglandpsports.org
New England Healing Sports Association | nehsa.org
Northeast Passage | nepassage.org
Waterville Valley Adaptive Sports | watervilleadaptive.com

NEW JERSEY

Children's Lightning Wheels | childrens-specialized.org/sportsconnection
Navigators Adaptive Sports Club | navigatorsadaptivesports.com

NEW MEXICO

All Season Adaptive Sports | skiapachedadaptivesports.com
Adaptive Sports Program New Mexico | adaptivesportsprogram.org

NEW YORK

Able Athletics | ableathletics.org
Adaptive Sports Foundation | adaptivesportsfoundation.org
Burke Rehabilitation Hospital Adaptive Sports Program | burke.org/community/adaptiveprograms
Capital Region Nordic Alliance | capitalregionnordicalliance.org
GallopNYC - Giving Alternative Learners UpLifting Opportunities, Inc. | galloponyc.org
Greater Buffalo Adaptive Sports | sledhockeyfoundation.org
Greek Peak Adaptive Snowsports | gpadaptive.org
Helen Hayes Adaptive Sports | helenhayeshospital.org/services/specialty-services/adaptive-sports-recreation
Lounsbury Adaptive Ski Program | lounsburyadaptive.org
Move Along, Inc. | movealonginc.org
Rochester Accessible Adventures | rochesteraccessibleadventures.org
Rochester Community Inclusive Rowing | rochestercommunityinclusiverowing.org
STRIDE Adaptive Sports | stride.org
Western New York Adaptive Water Sports | wnyadaptivewatersports.org

NORTH CAROLINA

ACCESS of Wilmington | accessilm.org
Bridge II Sports | bridge2sports.org
ComMotion - Community in Motion | commotionnc.org
Giftability | giftability.org
Greensboro Parks & Recreation | greensboro-nc.gov/departments/parks-recreation/adaptive-inclusive-recreation
North Carolina Adaptive Sports | ncdadaptedsports.org

NORTH DAKOTA

Dreams In Motion, Inc. | dreamsinmotioninc.com
Prairie Grit Adaptive Sports | prairiegritsports.com

OHIO

Adaptive Sports Connection | adaptivesportsconnection.org
Adaptive Sports Program of Ohio | adaptivesportsohio.org
Rec2Connect | rec2connect.org
The Bridge Adaptive Sports & Rec | thebridgeadaptive.org
Three Trackers of Ohio | 3trackers.org
Youth Challenge | youthchallengesports.com

OKLAHOMA

Oklahoma Adaptive Sports Association | okasa.org
The Center for Individuals with Physical Challenges | tulsacenter.org
University of Central Oklahoma Center of Adaptive Sports | uco.edu/wellness/sr/trainingsite/index.asp

OREGON

Adaptive Sports Northwest | adaptivesportsnw.org
Adventures Without Limits | awloutdoors.org
Oregon Adaptive Sports | oregonadaptivesports.org

PENNSYLVANIA

Blue Ridge Adaptive Snow Sports (BRASS) | brasski.org
Envision Blind Sports | envisionblindsports.org
IM ABLE Foundation | imablefoundation.org
Pennsylvania Center for Adapted Sports | centeronline.com
Three Rivers Adaptive Sports | traspva.org
Two Top Mountain Adaptive Sports Foundation Inc. | twotopadaptive.org

SOUTH CAROLINA

Clemson Adaptive Sports | clemson.edu/cbshs/departments/prtm/programs/clemson-adaptive-sport-recreation/index.html
Adaptive Expeditions | adaptiveexpeditions.org
Coastal Adaptive Sports | coastaladaptivesports.org
Roger C. Peace Rehabilitation Hospital | prismahealth.org/locations/hospitals/roger-c-peace-rehabilitation-hospital/programs-and-support/ucan-events

TENNESSEE

Sports, Arts & Recreation of Chattanooga (SPARC) | sparctn.org

TEXAS

Southwest Wheelchair Athletic Association | swaasports.org
Kinetic Kids, Inc. | kinetickidstx.org
Lone Star Paralysis Foundation | lonestarparalysis.org
Morgan's Wonderland Sports -STRAPS | morganswonderlandsports.com/straps
One Chair At A Time | onechairatime.org
Operation Comfort | operationcomfort.org
RISE Adventures, Inc. DBA RISE Adaptive Sports | riseadaptivesports.org
Service Members Undertaking Disabled Sports (SUDS) | sudsusa.org
Texas PVA | texaspva.org
Texas Regional Para Sport | texasregionalsport.org
Turning Point -Paraplegics On Independent Nature Trips | turningpointnature.org

UTAH

Common Ground Outdoor Adventures | cgadventures.org
National Abilities Center | discovernac.org
Ogden Valley Adaptive Sports | ogdenvalleyadaptivesports.org
Salt Lake County | slco.org/adaptive
Wasatch Adaptive Sports | wasatchadaptivesports.org

VERMONT

Adaptive Sports at Mount Snow | adaptiveatsnow.org
Bart J. Ruggiere Adaptive Sports Ctr, Inc. | bartadaptive.org
Central Vermont Pioneers Inc. | centralvermontpioneers.org
EDD Adaptive Sports | eddfund.org
Green Mountain Adaptive Sports | greenmtadaptive.org
Kelly Brush Foundation | kbf.org
Northeast Disabled Athletic Association | disabledathletics.org
Partners in Adventures | partnersinadventures.org
Vermont Adaptive Ski & Sports Association | vermontadaptive.org
Warrior Soar | warriorsoar.org

VIRGINIA

Adventure Amputee Camp Inc | adventureamputeecamp.org
Lake of the Woods Watersports | adaptivewatersports.org
Patriots for Disabled Divers | patriotsfordisabledivers.org
Sportable | sportable.org
Therapeutic Adventures, Inc. | taonline.org
Wintergreen Adaptive Sports | wintergreenadaptivesports.org

WASHINGTON

Footloose Sailing Association | footloosedisabledsailing.org
Outdoors for All Foundation | outdoorsforall.org

ParaSport Spokane | parasportspokane.org

Seattle Adaptive Sports | seattleadaptivesports.org

WEST VIRGINIA

Challenged Athletes of West Virginia | cawvsports.org

WISCONSIN

Dairyland Sports | dairylandsports.org
Paralyzed Veterans of America-WI Chapter | wisconsinpva.org
Southeastern Wisconsin Adaptive Ski Program | sewas.org
Sports, Therapeutic and Adaptive Recreation (STAR) Association | couleeregionsledhockey.com
Wisconsin Adaptive Sports Association (WASA) | wasa.org

WYOMING

Teton Adaptive Sports | tetonadaptivesports.com



JANUARY

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| | New Years Day | | | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | Martin Luther King, Jr. Day | | | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

ABOUT THE IMAGE

Lonnie Bedwell, a Navy Veteran who is blind, works his way through the Khumbu Icefall as he makes his way to the top of Mount Everest. Lonnie became the 4th blind athlete to reach the world's tallest summit. *Photo by Bryan Hill.*



DYK: Move United is thrilled to announce the launch of Individual Memberships! The network offers exclusive benefits to athletes, medical providers, family members, coaches, teachers, researchers, & others passionate about fostering adaptive sports.





FEBRUARY

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| 18 | 19 <small>Presidents' Day</small> | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | | |

ABOUT THE IMAGE

Wheelchair athletes practice their skills in a game of bocchia. Photo by Reed Hoffmann.



FYI: The Move United network is comprised of over 225 member organizations in 45 states and the District of Columbia. Join the movement and get involved in a local program near you.





MARCH

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| 17 | 18 | 19 | 20 <small>Spring Begins</small> | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 / 31 <small>SUN</small> |

ABOUT THE IMAGE

Stephen Tinnin (Left) is blocking a shot from Jerome Montgomery (right) during the Maize vs Blue game hosted at Michigan Crisler Center by the UM Adaptive Sports & Fitness. *Photo by Marc-Gregor Campredon.*



DYK: Check out the digital platform, Move United OnDemand, which makes adaptive fitness classes available anytime and from anywhere for individuals at all fitness and ability levels.





APRIL

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| | Move United Education Conference, Phoenix, Arizona | | | | | |
| 28 | 29 | 30 | | | | |

ABOUT THE IMAGE

Nicky Maxwell, a tennis player and amputee who trains at JTCC in Maryland, competing at the Para-Standing Tennis Italian Open in Turin. Photo by Sergio Errigo.



FYI: 200+ attendees representing 6 countries and 38 U.S. states attended last year's education conference.





GLASA
GREAT LAKES ADAPTIVE SPORTS ASSOCIATION

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| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Mother's Day | | | | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| | Memorial Day | | | | | |

ABOUT THE IMAGE

Emma Jundt takes to the pickleball court to work on her skills for upcoming GLASA programming. *Photo by Mireya Acierto.*



FYI: In 2023, 1537 unique athletes participated in 26 events held across the country as part of Move United's Sanctioned Competitions





JUNE

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| 9 | 10 | 11 | 12 | 13 | 14 <small>Flag Day</small> | 15 |
| 16 <small>Father's Day</small> | 17 | 18 | 19 | 20 | 21 <small>Summer Begins</small> | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29/30 <small>SUN</small> |

ABOUT THE IMAGE

Nancy Bartley celebrates water skiing fun with her "side skiers", Cat Stevens and Haley Runion, during the SPARC Water Ski Day near Chattanooga, TN. *Photo by Keith Arimura.*



FOLLOW MOVE UNITED ON SOCIAL MEDIA:

Facebook: @MoveUnitedSports LinkedIn: @moveunitedsport
Twitter: @moveunitedsport TikTok: @move_united_sport
Instagram: @moveunitedsport





JULY

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| | | | | Independence Day | | |
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| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| The Hartford Nationals conducted by Move United, Hoover, Alabama | | | | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| | | | | | ADA Anniversary | |
| 28 | 29 | 30 | 31 | | | |

ABOUT THE IMAGE

A group of athletes compete in the T54 boys 100m prelim, with Aarya Krishnan from Texas Regional Para Sport in the lead, at The Hartford Nationals in Hoover, Alabama. *Photo by Timothy Brown.*



125,000 ATHLETES participate in adaptive sports annually through the Move United member network across the United States, through 70 different sports.





AUGUST

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| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| 2024 Paralympic Summer Games, Paris France | | | | | | |

ABOUT THE IMAGE

Isabelle Hogness glides through the warm, clear waters of Grand Cayman, Cayman Islands, on her first open water dive post as part of the Stay-Focused disabled youth SCUBA diving certification program. *Photo by Elly Wray.*



FYI: Move United's Inclusive Playbook has reached over 175,000 youth, changing disability perspectives.





SEPTEMBER

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Labor Day

2024 Paralympic Summer Games, Paris France

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Patriot Day

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Fall Begins

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ABOUT THE IMAGE

Gabe Denbraber of the GLASA Chicago Bears extends the ball toward the goal line against defender Darnell Calahan of the Las Vegas Raiders at the USA Wheelchair Football League tournament in Chicago last year. *Photo by Scott Paulus.*



FYI: We are ready for some football. Since 2020, more than 775 athletes have participated in Move United wheelchair football programs, including more than 350 veterans with disabilities.





SUPE
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www.supe.com

WOOD
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ABOUT THE IMAGE

US Army Veteran Anthony Farve exploring Canyons of the Ancients National Monument in southwest Colorado. *Photo by John Thompson.*



JOIN the nearly 40,000 individuals who subscribe to Move United magazine, the nation's leading adaptive sports publication. Sign up for a free subscription!





NOVEMBER

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| 10 | 11 <small>Veterans Day</small> | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 <small>Thanksgiving Day</small> | 29 | 30 |

ABOUT THE IMAGE

Adaptive mountain bikes roll across Mammoth Mountain exploring the Eastern Sierra with Disabled Sports Eastern Sierra. *Photo by Jacob Myhre.*



SINCE 2003, more than 18,500 of the most severely injured active duty military service members, veterans, and their families have been served by the Move United Warfighters program.





MOVE
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Winter Begins

Christmas Day

New Year's Eve

ABOUT THE IMAGE

Alex Dionne competes in a race at the end of The Hartford Ski Spectacular in Breckenridge, Colorado. *Photo by Joe Kusumoto.*



DYK: Several hundred individuals make a trek to Breck (Breckenridge, CO) each year for the annual Ski Spectacular event, one of the largest winter adaptive sports festivals in the country.



SPORTS MAKE US MORE



**MOVE
UNITED**

MOVEUNITEDSPORT.ORG

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