



Ski Spectacular Instructor Academy

**Hosted by The Hartford Ski Spectacular
December 4-7, 2023**

Clinic Summary Notes

Clinic Topic: Moving From Good To Great Tethering of Sit and Stand Snowsports Guests – Chad Biggerstaff

1. Proper tethering technique will keep you and your student safe and allow you more control and stamina during your tethering and keep you and your student safe.
2. Wrap and unwrap tethers to manage proximity to the student (stand or sit) based on speed, terrain, and situation to ensure the tethers do not touch the snow during your run and that tethers remain taught throughout the run.
3. Establish what movements and inputs your student can provide to aid in their skiing/riding during the lesson.
4. Establish the best way to communicate with the student to help them provide the movements or inputs they can at the correct time.
5. Anticipate the timing and intensity of tether inputs needed to support your students skiing/riding.
6. Find and use varying terrain and features to further develop your students' skills.
7. Work together with your student to find rhythm and flow in their skiing/riding.
8. There are few things you can do skiing/riding that are more fun than getting in sync with your student during a run!!!