



## **Ski Spectacular Instructor Academy**

**Hosted by The Hartford Ski Spectacular  
December 4-7, 2023**

### **Clinic Summary Notes**

#### **Clinic Topic: Modern Movement Analysis – Ann Papenfuss Wing**

1. Skiing is skiing. Even though you are an adaptive ski instructor, you can learn a lot about Movement Analysis from Chapter 6 of the *Alpine Technical Manual*. Here's where you can find it: <https://thesnowpros.org/education/digital-manuals-for-every-discipline/>
2. Do you know the Alpine Skiing Fundamentals? What about the Teaching Skills Fundamentals? Or the Teaching/Learning Cycle? All of that information is available in the PSIA-AASI document, *The Learning Connection & Discipline-Specific Fundamentals*. And it's my favorite price: FREE! Here's where to find it: [https://thesnowpros.org/download/PSIA-AASI\\_LearningConnection\\_and\\_Discipline-Specific\\_Fundamentals Edits Updated Structure 2023.pdf](https://thesnowpros.org/download/PSIA-AASI_LearningConnection_and_Discipline-Specific_Fundamentals_Edits_Updated_Structure_2023.pdf)
3. When creating drills to help your student address movement needs, remember to lead them in a progression of drills (STATIONARY. SIMPLE. COMPLEX. WHOLE.) For more information, see page 92 of the *Alpine Technical Manual*.
4. Do you prefer to use a form for Movement Analysis instead of using a blank sheet of paper? The Adaptive Movement Analysis Form is on the second page of this document.



# PSIA-AASI ADAPTIVE MOVEMENT ANALYSIS FORM

Candidate Name: \_\_\_\_\_ Date: \_\_\_\_\_

5.

<b>STUDENT PROFILE</b>	<b>OBSERVATION:</b> Observe and describe the application of fundamentals in all turn phases. Include the impacts of tactical decisions, equipment choices, physical development, terrain, and snow variation.	
	<b>Body Performance</b>	<b>Ski/Snowboard Performance</b>
	<b>EVALUATION:</b> Evaluate and describe the cause-and-effect relationships of fundamentals relative to the desired outcome. Compare described performance to more ideal performance.	
	<b>PRESCRIPTION:</b> Prescribe a specific change, relative to fundamentals, to achieve the desired outcome.	
	<u>Candidate are expected to observe and evaluate:</u> Level I: <input type="checkbox"/> 1 fundamental in all phases Level II: <input type="checkbox"/> 2 fundamentals in all phases, Level III: Multiple fundamentals in all phases, turn to turn	<u>Candidates are expected to prescribe:</u> Level I: Change in 1 fundamental Level II: Change in <input type="checkbox"/> 1 fundamental Level III: Change in multiple fundamentals