



Ski Spectacular Instructor Academy

**Hosted by The Hartford Ski Spectacular
December 4-8, 2023**

Clinic Summary Notes

Clinic Topic: Shared DNA: Dynamique and Monique Sit Skis – Colleen Farrell

1. Dynamique and Monique features can be found at
[Dynamique Bi Ski - Enabling Technologies](#)
[Monique Mono Ski - Enabling Technologies](#)
2. For specifics on the diagnoses read through PSIA, *Adaptive Instruction Supplement, Diagnoses & Medication Classifications*, 2019, American Snowsports Education Association, Inc.
3. Information regarding set up and fit up can be found by reading through PSIA, *Adaptive Alpine Technical Manual*, 2017, American Snowsports Education Association, Inc. Chapter 2 (Student Assessment) and Chapter 8 (Introduction to sit-skiing).
4. Loading and unloading as well as assists can be found by reading through PSIA, *Adaptive Alpine Technical Manual*, 2017, American Snowsports Education Association, Inc. Chapter 8 (Introduction to sit-skiing) and Chapter 10 (Teaching progressions for Mono-skiing) and Chapter 9 (Teaching progressions for Bi-Skiing) and Chapter 3 (Assistive devices and assists).
5. Teaching progressions for the mono ski and bi ski can be reviewed by reading through PSIA, *Adaptive Alpine Technical Manual*, 2017, American Snowsports Education Association, Inc. Chapter 8 (Introduction to sit-skiing) and Chapter 10 (Teaching progressions for Mono-skiing) and Chapter 9 (Teaching progressions for Bi-skiing).
6. Free digital access to all PSIA-AASI manuals can be found at the following site:
<https://thesnowpros.org/education/digital-manuals-for-every-discipline/>.
7. Details about the Dynamique and Monique sit skis can also be found in the Owners Manual for each respective ski located at the following sites:
[Monique Mono Ski - Enabling Technologies](#)
[Dynamique Bi Ski - Enabling Technologies](#)