





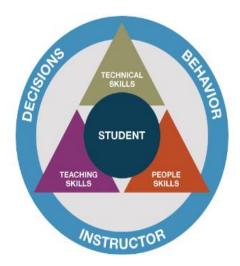
Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular December 4-7, 2023

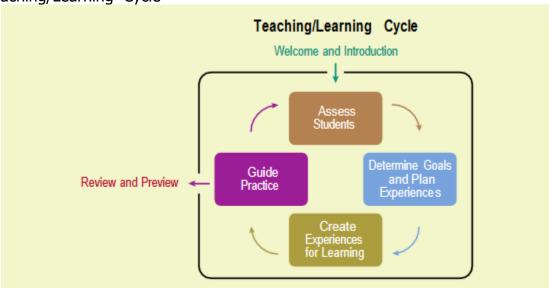
Clinic Summary Notes

Clinic Topic: Teaching is Fundamental – Mary Ellen Whitney

1. Fundamentally understand the Learning Connection Model for creating fun and engaging lessons for all ages.



2. Review the Teaching/Learning Cycle



3. The Teaching/Learning Cycle: PSIA-AASI's Teaching/Learning Cycle identifies phases in which the

instructor and students interact to create the learning experience. These phases (which are covered in more detail in the *Teaching Snowsports Manual* are:

- Welcome and Introduction
- Assess Students
- Determine Goals and Plan Experiences
- Create Experiences for Learning
- Guide Practice
- Review and Preview
- 4. Understand and review the breakdown of skills used to create a learning connection



- Develop relationships based on trust.
- Engage in meaningful, two-way communication.
- Identify, understand, and manage your emotions and actions.
- Recognize and influence the behaviors, motivations, and emotions of others.



- Collaborate on long-term goals and short-term objectives.
- Manage information, activities, terrain selection, and pacing.
- Promote play, experimentation, and exploration.
- Facilitate the learner's ability to reflect upon experiences and sensations.
- Adapt to the changing needs of the learner.
- Manage emotional and physical risk.

TECHNICAL SKILLS

- Convey and apply accurate technical information – for the sport being taught (alpine skiing, cross country skiing, snowboarding, or telemark skiing).
- Observe, evaluate, and prescribe (through movement analysis).
- Alpine Skiing Fundamentals
- Snowboarding Fundamentals
- Cross Country Skiing Fundamentals
- Telemark Skiing Fundamentals

5. PSIA-AASI's Learning Connection Model: https://www.youtube.com/watch?v=I5wzlTX6W2M