



## **Ski Spectacular Instructor Academy**

**Hosted by The Hartford Ski Spectacular  
December 4-7, 2023**

### **Clinic Summary Notes**

#### **Clinic Topic: Tethering and Assists to Support Skill Development and Independence in Adaptive Snowboard Lessons – Brent Kuemmerle**

Hands on vs hands off

1. When to tether vs when to hands on assist
2. How do these tactics relate to student independence?
3. Questions to ask before assisting with hands

Hands on the tether (yours) vs hands off (theirs)

1. One strand vs two for the tether
2. How does the snowboard turn shape affect these decisions?
3. Tips to keep the student from grabbing the tether attached to them or the board

Body movements related to board performance

1. How does how we move affect how the board moves?
2. What are some of the effective vs ineffective body movements we see commonly?
3. How will the equipment choice help/hinder these movements?

Steering the board vs steering the student

1. Does the student know how to snowboard already?
2. Will tethering the board be a safer alternative than tethering the student?
3. What is the progression between the two?

Different tethering technique for different outcomes

1. Is the goal speed control or board control?
2. What skill are we trying to separate from other body movements?

Placement of tethers for various reasons

1. Tethering from the waist vs. the boot vs. the board
2. What end goal are we trying to achieve?

Please refer to the adaptive snowboard manual for more information. Free access at <https://www.thesnowpros.org/education/digital-manuals-for-every-discipline/>.