



Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular December 4-7, 2023

Clinic Summary Notes

Clinic Topic: Versatility of the Slider Apparatus – Ann Papenfuss Wing

 Student assessment is critical. Is the slider a good fit for your adaptive athlete? For more information about adaptive assessments, check out chapter 2 of the *Adaptive Alpine Technical Manual.* Another helpful tool for assessments is the *Adaptive Instruction Supplement: Diagnoses & Medication Classifications* manual (and the digital version is free if you are a PSIA-AASI member!) You can access both manuals here:



https://thesnowpros.org/education/digital-manuals-for-every-discipline/

- 2. Proper setup is needed for a safe and effective lesson. See pages 96 & 97 of the *Adaptive Alpine Technical Manual* for notes on slider setup.
- 3. Effective tethering techniques keep you and your student safe. For more information about tethering, refer to pages 43-48 in the *Adaptive Alpine Technical Manual*.
 - a. Remember the power box.
 - b. Engage your core.
 - c. Practice safe skiing techniques.
- 4. Using the slider is a team effort. Does every team member know their responsibilities?
 - a. Athlete
 - b. Tetherer
 - c. Assistant(s)
 - d. Lift operators
- 5. Can you load the slider safely onto the chairlift? Review slider loading and unloading techniques in the *Adaptive Alpine Technical Manual*, pages 99-101.
- 6. What is your plan to graduate your student from slider use?