



## **Ski Spectacular Instructor Academy**

**Hosted by The Hartford Ski Spectacular**

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**Clinic Summary Notes**

**Clinic Topic: Borderline to Bragging Rights - Entry Portal** - Geoff Krill [geoff@geoffkrill.com](mailto:geoff@geoffkrill.com)

### 1. Focus on Fundamentals

- A. Look at ski snow interaction.
- B. Where do movements come from to achieve a desired outcome.
- C. Fundamentals are present across all disciplines.
- D. PSIA Alpine Fundamental Mechanics Across Adaptive Disciplines  
[https://thesnowpros.org/download/PSIA\\_AdaptiveFundamentals\\_Final\\_web.pdf](https://thesnowpros.org/download/PSIA_AdaptiveFundamentals_Final_web.pdf)

### 2. Movement Analysis

- A. Observe, Evaluate, Prescribe.
- B. Top down or bottom-up approach (Personal Preference).
- C. Where movements come from across disciplines is crucial.
- D. What prescription for change will have the greatest impact fundamentally.
- E. Skiing is skiing. Don't overcomplicate it.

### 3. Expanded learning

- A. PSIA Alpine Movement Analysis E-Learning course at [www.thesnowpros.org](http://www.thesnowpros.org).
- B. Ron Kipp's what to look for on YouTube.
- C. PSIA Adaptive equivalencies at [www.TheSnowpros.org](http://www.TheSnowpros.org).