



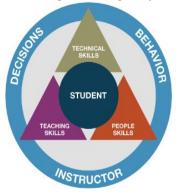
Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular December 9-11, 2024

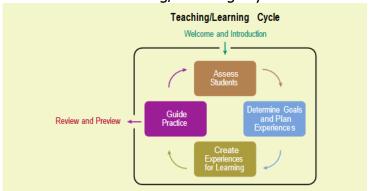
Clinic Summary Notes

Clinic Topic: Lead Effective & Stress-free Adaptive Class Lessons for Guests with Neurodevelopmental Diagnoses – Mary Ellen Whitney

- 1. Review the Assessment and evaluation process for each student to set the group size and skill level parameters.
- 2. Fundamentally understand the Learning Connection Model for creating fun and engaging class lessons for all ages and group sizes.

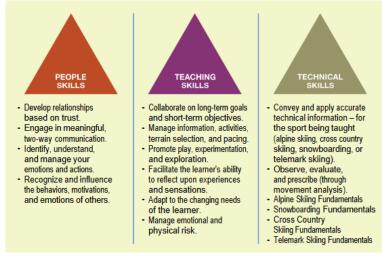


2. Review the Teaching/Learning Cycle



- 3. The Teaching/Learning Cycle: PSIA-AASI's Teaching/Learning Cycle identifies phases in which the instructor and students interact to create the learning experience. These phases (which are covered in more detail in the **Teaching Snowsports Manual**) are:
- Welcome and Introduction
- Assess Students
- Determine Goals and Plan Experiences
- Create Experiences for Learning

- Guide Practice
- Review and Preview
- 4. Understand and review the breakdown of skills used to create a learning connection



5. Apply your skills in adaptive to include pre- evaluation of students for group selection; assessing the group dynamics throughout the lesson; adjusting the lesson plan to be inclusive of all skill levels; utilizing the lead and secondary coaches to keep engagement for all students.

Resources:

PSIA-AASI's Learning Connection Model: https://www.youtube.com/watch?v=I5wz|TX6W2M

- Online Free Resources: Adaptive Alpine Technical Manual
- Adaptive Instruction Supplement: Diagnoses & Medication Classifications
- FREE! AASI Adaptive Snowboard Guide
- FREE! Adaptive Snowsports Instruction
- FREE! Fundamental Mechanics of Alpine Skiing Across Adaptive Disciplines