



## **Ski Spectacular Instructor Academy**

**Hosted by The Hartford Ski Spectacular  
December 9-12, 2024**

### **Clinic Summary Notes**

**Clinic Topic:** Demystifying Biski Tethering and Seat Assisting from a Snowboard – Tera Adams  
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1. What skills do you possess as a snowboarder? How do you utilize the fundamentals in your personal style?
  - Carving
  - Freestyle
  - Big mountain/off piste
  - Bumps
  - Trees
  
2. Bi-skis as a "snowboard": How do the snowboard fundamentals + DIRT transfer to sit skis performance? Tetherer performance?
  - Pressures along the length
  - Pressures across the width
  - Snow/surface interaction
  - Tilt
  - Pivot
  - Twist
  
3. Safety: seat assist for safety
  - Lift load/off load
  - hand assisting the ski
  - Uphill vs downhill vs behind the ski: when where you are matters
  
4. Terrain choices and management for:
  - Speed control
  - Traffic safety management
  - Student involvement
  - Flats
  
5. Intro to advanced techniques for tethering almost independent skiers
  
6. Check out this snowboard tethering article in 32 Degrees:  
<https://www.mydigitalpublication.com/publication/?i=810085&p=62&view=issueViewer>