



## **Ski Spectacular Instructor Academy**

**Hosted by The Hartford Ski Spectacular  
December 9-12, 2024**

### **Clinic Summary Notes**

**Clinic Topic: Exploring Multi-discipline Training Opportunities within Adaptive** - Geoff Krill  
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1. Understand how to use Adaptive Equipment for Alpine and Snowboard skill development in both able bodied and individuals with disabilities.
  - A. Adaptive equipment is designed to help compliment fundamentals
  - B. Using stand up outriggers can help with the fears of skiing on one ski
  - C. Outriggers help with experimenting and playing with a stable platform from which to move
  - D. Tip connector and spreader bar force the understanding of how a wedge works
2. Know how to safely use Adaptive equipment for skill development.
  - A. Tip connectors and spreader bar restrict movements in order to create the desired movements
  - B. Tip connector and spreader bar should be used on very beginner terrain
  - C. Tip connector and spreader bar require continuous steering and movement across the ski/board
3. Gain personal skill acquisition through adaptations and adaptive equipment.
  - A. Outriggers will create an environment for leg steering on one ski
  - B. Outriggers help create higher edge angles
  - C. Outriggers can create confidence when trying new tasks and drills
  - D. Tip connectors and spreader bar can help create the perfect wedge demo
4. Learn how adaptive equipment is a compliment to enhancing and expediting fundamental skills in skiing and snowboarding.
  - A. Use adaptive equipment to bridge the gap and understanding between able-bodied and adaptive alpine and snowboard disciplines.
  - B. Run clinics that benefit instructors in the able-bodied and adaptive ski school
  - C. Adaptive equipment is for overall learning not just for use by people with disabilities
5. Expanded learning
  - A. PSIA-AASI 3T-4T E-learning course at [www.TheSnowPros.org](http://www.TheSnowPros.org).