



Ski Spectacular Instructor Academy

**Hosted by The Hartford Ski Spectacular
December 9-12, 2024**

Clinic Summary Notes

Clinic Topic: Fear Free Biski Tethering – Charley Phelan

1. Why are you fearful?
2. Break fear down into achievable goals.
3. Ski tasks to make tethering easier.
4. Practice wedge, wedge change up, stem step, sideslip, flying V, Pivot slips.
5. Make it natural.
6. It takes time, be patient.
7. Practice with colleagues or friends.
8. Develop your skills with and without a biski.
9. Create a system that is repeatable.