



Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular
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Clinic Summary Notes

Clinic Topic: Guiding and Teaching Skiers with Low or No Vision - Beth Fox bfoxblizzard@gmail.com

1. Develop foresight by employing SENSES in repeated practice sessions and lesson audits:
 - S** – Senses: tune into your sight, hearing, touch, smell, and balance and stretch receptors to better understand the situation
 - E** – Environmental conditions – wind, precipitation, sun glare, shadows, temperature
 - N** – Natural and man-made obstacles to avoid
 - S** – Snow conditions, slope, and terrain variations
 - E** – Everyone else around the partners!
 - S** – Safety plan and precautions
2. Learn about the guests' vision by engaging in conversation and a thorough vision assessment:
 - C – Color
 - A – Acuity
 - F – Field
 - C – Contrast sensitivity
 - O – Oculomotor movements
 - D – Depth perception
3. Learn more about vision diagnoses and their effects upon guiding and teaching decisions in the online or print version of PSIA's *Adaptive Instruction Supplement: Diagnoses and Classifications*. Free digital copy at <https://www.thesnowpros.org/education/digital-manuals-for-every-discipline/>.
4. Communication cues for guiding, relaying concepts, teaching:
 - V – Visual cues: Types of cues that are meaningful such as demonstrating, writing, or drawing, consider font color, type and size, location of visual cue
 - A – Auditory cues: Verbal descriptions or sound cues with definitions, evaluate for simplicity; DDIRT
 - K – Kinesthetic cues: hand-under-hand, palm drawing, relief tracing, moldable figurine, horse and buggy poles
5. Free resource for VI Instruction: Pages 67-81 of the *Adaptive Alpine Technical Manual* <https://thesnowpros.org/education/digital-manuals-for-every-discipline/>.
6. More free resources for VI Instruction: RM's *Adaptive Alpine Teaching Guide: Vision-related Diagnoses* <https://www.psia-rm.org/download/resources/adaptive-documents/adaptive-alpine-cognitive-visually-impaired-materials/Adaptive-Alpine-Teaching-Guide-Visual-Impairments-091424.docx.pdf>.