



## **Ski Spectacular Instructor Academy**

## Hosted by The Hartford Ski Spectacular December 9-12, 2024

## **Clinic Summary Notes**

Clinic Topic: Lead Effective & Stress-free Adaptive Class Lessons for Guests with Standup Physical Diagnoses - Ryan Latham <a href="mailto:ryanclatham@gmail.com">ryanclatham@gmail.com</a>

- 1. **Effective Class Management:** Learn to manage adaptive class lessons for guests with stand-up physical diagnoses, focusing on stress-free, safe environments. Emphasize goal setting, lesson planning, and small group teaching strategies.
- 2. **Chairlift Procedures:** Gain skills in managing chairlift operations, including loading, riding, and unloading. Develop tactics for ensuring safety and enhancing social engagement during these activities.
- 3. **Lesson Planning:** Create simple, goal-oriented lesson plans that cater to group needs. Use multiple student-based goals and highlight common movement patterns to improve understanding across different equipment.
- 4. **Developmental Strategies:** Apply the CAP model (Cognitive and Affective Development) to tailor lesson pacing and instruction complexity. Practice scaling instructions to suit different cognitive and affective levels.