





## **Ski Spectacular Instructor Academy**

## Hosted by The Hartford Ski Spectacular December 9-12, 2024

## **Clinic Summary Notes**

## Clinic Topic: Owning Fundamental Mechanics in Peer-to-Peer Movement Analysis Using Adaptive Equipment - Geoff Krill <u>geoff@geoffkrill.com</u>

- 1. Learn to use Movement Analysis process of Observe, Evaluate, Prescribe A. What to look for bottom up or top down (personal Preference)
  - B. Observe the group of peers and evaluate what to coach towards
  - C. Prescribe what will have the most skill development for the group
- 2. Coach peers towards desired skill acquisition
  - A. Student centered is the goal
  - B. Teach to the individual in front of you
  - C. Provide individualized feedback and coaching
- 3. Learn what real time peer-to-peer coaching is
  A. Teach to what is in front of you at the moment
  B. What are their needs in the moment for those you are coaching, not preconceived assumptions
  - C. Remember everyone in the group doesn't need the same feedback
- 4. Acquire new skills and approaches to group managementA. It is ok to have different coaching tasks for peers based upon their own skill acquisitionB. It is ok to use of different tasks and coaching as the group develops at different speedsC. Not everyone needs to finish the lesson with an equal level of accomplishment
- Learn to actively coach to the individual needs of the peers within the group

   Coach your peers as though they each have an Individualized Education Plan (IEP)
   The lesson is about the individual and their journey which always progresses at different
   rates