



## **Ski Spectacular Instructor Academy**

## Hosted by The Hartford Ski Spectacular December 9-12, 2024

## **Clinic Summary Notes**

Clinic Topic: Use of Teaching for Transfer as an Effective Tool in Snowsports Lessons - Ryan Latham ryanclatham@gmail.com

- 1. Teaching for transfer can help students of all abilities and in any discipline help transfer skills they already know and can perform to skiing.
- 2. Instructors should have a clear understanding of movement patterns and sequencing for skiing and be able to highlight the DIRT of movements to be able to select movements from other sports/activities to create a lesson.
- 3. By working with the student regarding the language, instructors can co-opt that language to help create cues for a student. A student may already "drive" the wheels in a wheelchair for racing. A student may already "push" through an opponent in Brazilian Jiu Jitsu.
- 4. Using the language from another sport, an instructor can create a "3D" cue by adding a distance and direction to the description of movement.

Nick Winkleman on Creating Cues

The Language of Coaching