



Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular
December 9-12, 2024

Clinic Summary Notes

Clinic Topic: Adaptive Demo Skill Polishing for Trainers – Scott Giffin scottgif1@gmail.com

1. Focus on the fundamentals for all disciplines.
2. Always consider the intent of your demo. How will my demo support learning the maneuver/fundamental(s) at the intended level?
3. In all disciplines, intentional vision/sighting promotes proactive movements and solid technique.
4. Check out the *Fundamental Mechanics of Alpine Skiing Across Adaptive Disciplines* at https://thesnowpros.org/download/PSIA_AdaptiveFundamentals_Final_web.pdf
5. Also see the technical manuals for Adaptive Alpine and Adaptive Snowboard at <https://thesnowpros.org/education/digital-manuals-for-every-discipline/>
6. The Matrix library of videos at <https://thesnowpros.org/education/the-matrix-videos/>