



Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular

December 9-12, 2024

Clinic Summary Notes

Clinic Topic: Blind Guiding Basics – Entry Portal, Teresa Day, mothert@oneimage.com

1. Assessments should be done both inside and outside due to different lighting conditions. Adaptive Alpine Teaching Manual pages 19-31 general, pages 69-72 vision specific.
2. Learn about different diagnoses. The more you know the more appropriate your assessments will be. Adaptive Alpine Teaching Manual page 68, Adaptive Instruction Supplement pages 66-70.
3. Teaching aids and guiding systems are two very different entities.
 - a. Teaching aids such as ski tip clips, bamboo poles, and tethers, are used to help the student achieve a specific outcome and then removed.
 - b. Guiding techniques such as voice, pole clicking, hand-in-hand are used to help the guest safely navigate on and off the hill.
4. Review and practice all techniques on-hill until comfortable using them.
5. Safety is paramount:
 - a. If your student has sight take advantage of it. Use vests that they can see. Stay in their field of vision.
 - b. The instructor is responsible for the safety of themselves and their guest.
 - c. Speed control is through turn shape not an instructor's wedge.

Resources:

PSIA-AASI's *Alpine Technical Manual* and *Adaptive Alpine Technical Manual (AATM)* for adaptive specific movement, <https://thesnowpros.org/education/digital-manuals-for-every-discipline>

PSIA_AASU's *Adaptive Instruction Supplement (AIS)* for diagnoses and medication, <https://thesnowpros.org/education/digital-manuals-for-every-discipline>