

SPORTS MAKE US MORE

Sports make us more — more determined, more powerful, more ourselves. And they show the world what we can do. Whether you're looking to play or compete, get involved.

MHO ME BEE

Move United uses the power of sport to push what's possible for people with disabilities, confronting ignorance, fueling conversation, and inciting action that leads us to a world where everyone's included. Move United is the national leader in community adaptive sports, empowering 125,000 youth and adults with disabilities each year to live to their fullest potential. Move United's 240 member organizations in 45 states are united by a single mission: ensuring everyone, regardless of ability, experiences the life-changing power of sport and is fully included in their community.

| 125,000 Served annually | 70+ Sports |
|----------------------------|-------------------|
| 240 | 30,000 |
| Member | Volunteers & |
| organizations | youth served |
| 68 | 20,490 |
| Years in | Warfighters |
| operation | & family |



JOIN THE MOVEMENT

For more information, please visit moveunitedsport.org to:

- Become an Individual Member
- Attend an Event
- Volunteer
- Subscribe to our Magazine
- Join Move United Warfighters
- Participate in a Training
- Listen to our "Redefining Disability" Podcast
- Follow us on Social Media
- Check out USA Wheelchair Football League
- Sign up for our Newsletter
- Connect to a Local Program







Get involved with a Move United member organization in your area.

ALABAMA

Lakeshore Foundation | lakeshore.org

University of AL Adaptive Athletics | bamaadapted.com

US Wheelchair Rugby Association | uswra.org

Challenge Alaska | challengeak.org

ORCA Program-Southeast Alaska Independent Living, Inc. | sailinc.org

Ability360 Sports & Fitness Center | ability360 sports.org

Arizona Adantive Watersports | azadantivewatersports org

Arizona Disabled Sports | arizonadisabledsports.com

High Country Adaptive Sports | highcountryadaptive.org

Southern Arizona Adaptive Sports | soazadaptivesports.org

University of Arizona Adaptive Athletics | adaptiveathletics.arizona.edu

CALIFORNIA

Ability First Sports | abilityfirstsports.org

Achieve Tahoe | achievetahoe.org

Angel City Sports | angelcitysports.org

Bay Area Outreach and Recreation Program | borp.org

Central California Adaptive Sports Center | centralcaladaptive.org

Disabled Sports Eastern Sierra | disabledsportseasternsierra.org

DSUSA Los Angeles-The Unrecables | unrecables.com

DSUSA Orange County-The Achievers | theachievers.org

Easton Sports Development Foundation | esdf.org

Orange County Makapo Aquatics Project, Irvine, CA | makapo.org

San Diego State University Adapted Athletics | arc.sdsu.edu/adaptedathletics

SoCal Adaptive Sports | socaladaptive sports.org

Stand Up and Play Foundation | standupandplayfoundation.org

Triumph Foundation | triumph-foundation.org

United States Driving for the Disabled | usdfd.org

US Adaptive Recreation Center | usarc.org

Valley Childrens' Adaptive Sports | valleychildrens.org/adaptive-sports/ adaptive-sports-home

COLORADO

Adaptive Action Sports | adacs.org

Adaptive Adventures | adaptive adventures.org

Adaptive Recreation for Childhood Health | childrenscolorado org/ doctors-and-departments/departments/pediatric-rehabilitation/adaptive-

recreation-for-childhood-health

Adaptive Recreation Opportunities | fcgov.com/aro

Adaptive Sports Association | asadurango.org

Adaptive Sports Center of Crested Butte | adaptivesports.org

Breckenridge Outdoor Education Center (BOEC) | boec.org

Challenge Aspen | challengeaspen.org

Colorado Discover Ability | cdagi.org

DuMyon Martial Arts | dumyonmartialarts.org

Foresight Ski Guides Inc. | foresightskiguides.org

Golf 4 The Disabled | golf4thedisabled.org

Ignite Adaptive Sports | igniteadaptivesports.org

National Sports Center for the Disabled | nscd.org

Paradox Sports | paradox sports.org

Steamboat Adaptive Recreational Sports (STARS) | steamboatstars.com

Telluride Adaptive Sports Program | tellurideadaptivesports.org

Gaylord Sports Association | gaylord.org/sports

Leaps of Faith Adaptive Skiers | lofadaptiveskiers.org

Summit Adaptive Sports | summitadaptive.org

DISTRICT OF COLUMBIA

CONNECTICUT

Medstar NRH Adaptive Sports & Fitness Program | medstarnrh.org/sports

Central Florida Dreamplex, LLC | cfldreamplex.com

Central Florida PVA | pyacf.org

City of Largo | playlargo.com

COSTA Therapy Inc. | costasurf.org

Hillsborough County Adaptive Sports | hillsboroughcounty.org/en/ residents/recreation-and-culture/sports-and-athletics/hc-adaptive-sports

Shifting Gears United | hiftinggearsunited.org

SportsAbility Alliance | sportsability.org

Wounded Warriors Abilities Ranch | woundedwarriorsabiltiesranch.org

BlazeSports America | blazesports.org

Catalyst Sports | catalystsports.org

AccesSurf, Hawaii Inc. | accessurf.org

IDAHO

Adaptive Wilderness Sports Of McCall (AWeSOMel) | awesomemccall.org Boise Adaptive Snowsport Education (BASE) | baseidaho.org

Higher Ground Sun Valley, Inc. | highergroundusa.org

Valley Adaptive Sports | valleyadaptivesports.org

ILLINOIS

Chicago District Parks | chicagoparkdistrict.com/special-recreation-programs

Dare2Tri Paratriathlon Club | dare2tri.org Great Lakes Adaptive Sports Association (GLASA) | glasa.org

Lincolnway Special Recreation Association | lwsra.org

North Side Archery Club | northsidearcheryclub.org

Northwest Special Recreation Association | nwsra.org

Shirley Ryan AbilityLab | sralab.org

Western DuPage Special Recreation Association | synergyaa.org

Rehabilitation Hospital of Indiana Sports Program | rhirehab.com/ our-programs/community-reintegration/adaptive-sports-program/clinics Special Outdoor Leisure Opportunities (SOLO) | skisolomichiana.org

Turnstone Center for Disabled Children and Adults, Inc. | turnstone.org

Adaptive Sports IOWA | adaptivesportsiowa.org

Wichita Adaptive Sports INC | wichitaadaptivesports.org

KENTUCKY

Para Sport of Southern Kentucky | bgky.org

LOUISIANA

Louisiana GUMBO Inc. | sites.google.com/site/louisianagumboinc S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization | smclf.org

Adaptive Outdoor Education Center | adaptive outdoored ucation center.org Central Maine Adaptive Sports | centralmaineadaptivesports org Maine Adaptive Sports & Recreation | maineadaptive.org

MARYI AND

Bennett Institute Physically Challenged Sports of Kennedy Krieger | kennedvkrieger.org

Chesapeake Region Accessible Boating (CRAB) | crabsailing.org Junior Tennis Champions Center | itcc.org

Maryland Therapeutic Riding, Inc. | horsesthatheal.org

Promise Landing Farm | promiselandingfarm.org Team River Runner, Inc. | teamriverrunner.org

MASSACHUSETTS

AccesSportAmerica | accessportamerica.org

Adaptive Sports New England | adaptivesportsne.org

Community Rowing | communityrowing.org

South Coast Wheelchair Tennis Assn. | southcoastwheelchairtennis.org Spaulding Adaptive Sports Centers (Spaulding Rehabilitation Network) sasc.spauldingrehab.org

Waypoint Adventures | waypointadventures.org

Webster Waterski Collective | websterwaterski.org

MICHIGAN

Adaptive Ski Association | skiccsa.org

Kentwood Parks and Recreation | kentwood.us/city_services/city_departments/ parks_and_recreation/index.php

Mary Free Bed Adaptive Sports | maryfreebed.com/rehabilitation/ sports-rehabilitation

Michigan Adaptive Sports | michiganadaptivesports.com

Michigan Sports Unlimited | misportsunlimited.net

Michigan Victory Games | michiganvictorygames.org Mount Brighton Adaptive Sports Program | mtbadaptivesports.org

Moving Mountains Adaptive Program | moving mountains ap. org

Rehab Institute of Michigan | rimfoundation.org

Therapeutic Riding Inc. | therapeuticridinginc.org

University of Michigan Adaptive Sports | ssd.umich.edu/adaptive-sports University of Michigan Adaptive & Inclusive Sports Experience (UMAISE) medicine.umich.edu/dept/pmr/patient-care/ therapeutic-other-services/ university-michigan-adaptive-inclusive-sports-experience-umaise

MINNESOTA

Courage Kenny Rehabilitation Institute | allinahealth.org/adaptivesports

EA Therapeutic Health | exercisabilities.org

Wheels in Motion | wheelsinmotion.org

Hope Inc. | hopeinc.org

Northland Adaptive Recreation | mdfoundation.org

PVA Minnesota Chapter | mnpva.org

US Electric Wheelchair Hockey Association | powerhockey.com

Disabled Athlete Sports Association (DASA) | dasasports.org

Gateway Disabled Ski Program | gdspstl.org

Midwest Adaptive Sports | midwestadaptivesports.org

Ability Montana | abilitymt.org

DREAM Adaptive Recreation | dreamadaptive.org

Eagle Mount Billings | eaglemount.us

Eagle Mount Bozeman | eaglemount.org

Fagle Mount Great Falls | eaglemount.net

NEBRASKA

Nebraska Adaptive Sports | Nebraska adaptive sports.org

NEVADA

City of Las Vegas Adaptive Recreation | lasvegasnevada.gov

City of Reno | reno,gov/government/departments/parksrecreation-

community-services/adaptive-recreation Driven NeuroRecovery Center | drivenly.org

Nevada PVA Chapter | nevadapya.org

NEW HAMPSHIRE

Adaptive Sports Partners of the North Country | adaptivesportspartners.org Crotched Mountain Accessible Recreation and Sports I cmars org

Granite State Adaptive | gsadaptive.org Lakes Region Disabled Sports at Gunstock, Inc. | Iradaptive.org

Mount Washington Valley Adaptive Sports | mwvas.org New England Disabled Sports | nedisabledpsports.org

New England Healing Sports Association | nehsa.org

Northeast Passage | nepassage.org

Waterville Valley Adaptive Sports | watervilleadaptive.com

Children's Lightning Wheels | childrens-specialized.org/sportsconnection Navigators Adaptive Sports Club | navigatorsadaptivesports.com

All Season Adaptive Sports | allseasonadaptivesports.com Adaptive Sports Program New Mexico | adaptivesportsprogram.org Center of Recreational Excellence (CORE) | corehobbs.com

Able Athletics | ableathletics.org

Adaptive Sports Foundation | adaptivesportsfoundation.org

American Amoutee Soccer Association Lusamosoccer org Burke Rehabilitation Hospital Adaptive Sports Program | burke.org/ community/adaptiveprograms

Capital Region Nordic Alliance | capital region nordical liance.org

GallopNYC-Giving Alternative Learners UpLifting Opportunities, Inc. |

Greater Buffalo Adaptive Sports | sledhockeyfoundation.org

CNY Adaptive Sports | cnyadaptivesports.org

Greek Peak Adaptive Snowsports | gpadaptive.org Helen Hayes Adaptive Sports | helenhayeshospital.org/services/specialty-

services/adapted-sports-recreation

Lounsbury Adaptive Ski Program | lounsburyadaptive.org Para-Cliffhangers, Inc. | paracliffhangers.org

Rochester Accessible Adventures | rochesteraccessibleadventures.org Rochester Community Inclusive Rowing | rochestercommunityinclusiverowing.org

STRIDE Adaptive Sports | stride.org

USA Boccia | usaboccia.org

Western New York Adaptive Water Sports | wnyadaptivewatersport.org

NORTH CAROLINA ACCESS of Wilmington | accessilm.org

Bridge II Sports | bridge2sports.org

ComMotion-Community in Motion | commotionnc.org Greensboro Parks & Recreation | greensboro-nc.gov/departments/parks-

recreation/adaptive-inclusive-recreation North Carolina Adaptive Sports | ncdadaptedsports.org

NORTH DAKOTA Dreams In Motion, Inc. | dreamsinmotioninc.com

Prairie Grit Adaptive Sports | prairiegritsports.com

Adaptive Sports Connection | adaptivesportsconnection.org

Adaptive Sports Program of Ohio | adaptivesportsohio.org Cincinnati Tennis Foundation | cincinnatitennisfoundation.org

The Bridge Adaptive Sports & Rec | thebridgeadaptive.org Three Trackers of Ohio | 3trackers.org Youth Challenge | youthchallengesports.com

Rec2Connect | rec2connect.org

Oklahoma Adaptive Sports Association | okasa.org

Oklahoma City Parks and Recreation | okc.gov/departments/about-okc-parks

The Center for Individuals with Physical Challenges | tulsacenter.org

OREGON

Adaptive Sports Northwest | adaptivesportsnw.org

Oregon Adaptive Sports | oregonadaptivesports.org

PENNSYLVANIA

Blue Ridge Adaptive Snow Sports (BRASS) | brasski.org

Envision Blind Sports | envisionblindsports.org

Three Rivers Adaptive Sports | traspa.org

Two Top Mountain Adaptive Sports Foundation Inc. | twotopadaptive.org

Adaptive Expeditions | adaptive expeditions.org

programs/clemson-adaptive-sport-recreation/index.html Roger C. Peace Rehabilitation Hospital | prismahealth.org/locations/hospitals/

Lone Star Paralysis Foundation | Innestarparalysis org

Morgan's Wonderland Sports-STRAPS | morganswonderlandsports.com/straps

RISE Adventures, Inc. DBA RISE Adaptive Sports | riseadaptivesports.org

Southwest Wheelchair Athletic Association | swaasports.org

Common Ground Outdoor Adventures | cgadventures.org National Abilities Center | discovernac.org

Wasatch Adaptive Sports | wasatchadaptivesports.org

VERMONT

Bart J. Ruggiere Adaptive Sports Ctr. Inc. | bartadaptive.org

Green Mountain Adaptive Sports | greenmtnadaptive.org Kelly Brush Foundation | kbf.org Northeast Disabled Athletic Association | disabledathletics.org

Adventure Amputee Camp Inc | adventureamputeecamp.org

Lake of the Woods Watersports Ladantivewatersports org

Patriots for Disabled Divers | patriotsfordisabledivers.org Pursuit Adaptive Sports and Recreation | pursuitadaptivesports.org

Sportable | sportable.org

Virginia Amateur Sports | commonwealthgames.org

WASHINGTON

Outdoors for All Foundation | outdoorsforall.org ParaSport Spokane | parasportspokane.org

Seattle Adaptive Sports | seattleadaptivesports.org

WEST VIRGINA

WISCONSIN Dairyland Sports | dairylandsports.org

Paralyzed Veterans of America-WI Chapter | wisconsinpva.org

Wauwatosa Curling Club | wauwatosacurlingclub.com Wisconsin Adaptive Sports Association (WASA) | wasa.org

WYOMING

Teton Adaptive Sports | tetonadaptivesports.com

University of Central Oklahoma Center of Adaptive Sports | uco.edu/ wellness/sr/trainingsite/index.asp

OKLAHOMA

Adventures Without Limits | awloutdoors.org

IM ABLE Foundation | imablefoundation.org

Pennsylvania Center for Adapted Sports | centeronline.com

SOUTH CAROLINA

Clemson Adaptive Sports | clemson.edu/cbshs/departments/prtm/

roger-c-peace-rehabilitation-hospital/programs-and-support/ucan-events

TENNESSEE

Sports, Arts & Recreation of Chattanooga (SPARC) | sparctn.org

Kinetic Kids, Inc. | kinetickidstx.org

One Chair At A Time | onechairatatime.org

Service Members Undertaking Disabled Sports (SUDS) | sudsusa.org

Texas PVA | texaspva.org

Texas Para Sport | texasparasport.org LITAH

Ogden Valley Adaptive Sports | ogdenvalleyadaptivesports.org

Salt Lake County | slco.org/adaptive

Adaptive Sports at Mount Snow | adaptive at snow, or g

EDD Adaptive Sports | eddfund.org

Vermont Adaptive Ski & Sports Association | vermontadaptive.org Warrior Soar | warriorsoar.org

VIRGINA

American Canoe Association | americancanoe.org

Therapeutic Adventures, Inc. | taonline.org

Wintergreen Adaptive Sports | wintergreenadaptivesports.org

Footloose Sailing Association | footloosedisabledsailing.org

Challenged Athletes of West Virginia | cawvsports.org

couleeregionsledhockey.com

Southeastern Wisconsin Adaptive Ski Program | sewasp.org Sports, Therapeutic and Adaptive Recreation (STAR) Association



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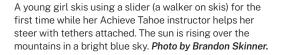
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| | | | ' | 2 | 3 | 4 |
| | | | New Years Day | | | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | | | | | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | | | | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | | | | | | |
| | Martin Luther King, Jr. Day | | | | | |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| | | | | | | |
| | | | | | | |



SUN

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TUE





DYK: You can become an individual member of Move United. The network offers exclusive benefits to athletes, medical providers, family members, coaches, teachers, researchers, & others passionate about fostering adaptive sports. Be part of the more than 3,000 individuals who have already joined.



SAT

FRI



FEBRUARY

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THU

| | | | | | | 1 |
|----|--------------------|----|----|----|----|----|
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 Presidents' Day | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | |



SUN

MON

TUE





FYI: The Move United network is comprised of over 240 member organizations in 45 states and the District of Columbia. Join the movement and get involved in a local program near you.



SAT

FRI



MARCH

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| 17 | 18 | 19 | 20 | 21 | 22 |
| 24 | 25 | 26 | Spring Begins | 28 | 29/30/31 SUN MON |
| | 10 17 | 10 11 17 18 | 10 11 12 17 18 19 | 10 11 12 13 17 18 19 20 Spring Begins | 10 11 12 13 14 17 18 19 20 21 Spring Begins |



SUN



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125,000 ATHLETES participate in adaptive sports annually through the Move United member network across the United States, through 70 different sports.



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| 27 | 28 | 29 | 30 | | | |



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FYI: In 2024, over 350 individuals representing 45 U.S. states and over 225 different organizations attended the Move United Education Conference. Registration is now open for 2025.





MAY

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| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | М | love United Education Conference, Part | k City, UT | | | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Mother's Day | | | | | | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | Memorial Day | | | | | |









JUNE

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--------------|-----|-----|-----|-----|-------------------|--------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | Flag Day 21 |
| Father's Day | 23 | 24 | 25 | 26 | Summer Begins 27 | 28 |
| 29 | 30 | | | | | |
| | | | | | | |











JULY

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----------------|--|-----|-----|------------------|--------------------------|
| | | 1 | 2 | 3 | 4 | 5 |
| | | | | | Independence Day | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 The Hartford | 15 Nationals conducted by Move United, | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 ADA 35th Anniversary |
| 27 | 28 | 29 | 30 | 31 | | ADA 33tii Alliliversal y |











AUGUST

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| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30/31 SUN |
| | | | | | | |

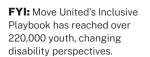


SUN

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SEPTEMBER

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| | 1 | 2 | 3 | 4 | 5 | 6 |
|----|----------------|----|----|-------------|----|----|
| | Labor Day | | 10 | 44 | 10 | 10 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | | | | Patriot Day | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 Fall Begins | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |



SUN

MON

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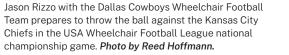




OCTOBER

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| 12 | | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | | 27 | 28 | 29 | 30 | 31 | |
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championship game. Photo by Reed Hoffmann.



SINCE 2020, more than 1,000 veterans, athletes with disabilities, coaches and officials have participated in USA Wheelchair Football League programs, growing their skills and love for football.



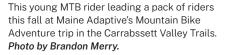


DOVEWRER

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| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | Veterans Day | 19 | 20 | 21 | 22 |
| 22 | 24 | 25 | 26 | 07 | 20 | 20/20 |
| 23 | 24 | 25 | 26 | 27 Thanksgiving Day | 28 | 29/30 sun |







SINCE 2003, more than 20,490 of the most severely injured active duty military service members, veterans, and their families have been served by the Move United Warfighters program.



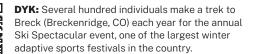


DECEMBER

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| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Winter Begins | | | | Christmas Day | | |
| 28 | 29 | 30 | 31 | | | |
| | | | New Year's Eve | | | |









SPORTS MAKE US MORE



























MOVEUNITEDSPORT.ORG