



ARCHERY RULEBOOK

**2025
Official Rules**

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Archery Rulebook

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1. TARGET ARCHERY

ALL archers welcome!

Move United tournaments will have two formats/rules serving both classified and un-classified athletes.

To be thoroughly versed in adaptive target archery, one should be familiar with the Move United Rulebook as well as the WA Rulebook available at www.worldarchery.sport/rulebook.

Classified athletes will need to adhere to WA rules while un-classified athletes' rules will allow for a wider range of athlete inclusion.

Competitors are grouped according to their Shooting Divisions, Age Class, and Para Classification at each competition.

1.1 Shooting Divisions

Move United recognizes the following divisions for all ages:

- Recurve
- Compound
- Wheelchair
- Visually Impaired
- Fixed Pin
- Barebow
- Traditional
- Basic Compound
- Bow Stand

Archers wishing to compete in World Archery/USA Archery Para events must be classified. The classifications are:

W1, W2, ST, VI1 and VI2/3

In the following World Archery divisions:

- Open Recurve
- Compound Open
- W1
- VI 1
- VI 2/3

The divisions and classifications are detailed later in this document.



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1.1 Age Classes

- (Under 21): Through the year of their 20th birthday.
- (Under 18): Through the year of their 17th birthday.
- (Under 15): Through the year of their 14th birthday.
- (Under 13): Through the year of their 12th birthday.
- (Under 10): Through the year of their 9th birthday.

- Senior (Adult): Any age
- 50+: When the competition takes place in the year of their 50th birthday and thereafter.
- 60+: When the competition takes place in the year of their 60th birthday and thereafter.
- 70+: When the competition takes place in the year of their 70th birthday and thereafter.

1.2 Dress Code

Dress Code Policy applies to the following individuals when on the field of play. Athletes, coaches, managers, credentialed media, team officials, tournament officials, and archer agents.

1. Must present a professional, athletic appearance (torn, ripped, or heavily soiled clothing articles are not allowed).
2. Shorts, skorts, and skirts must be professional in appearance and length.
3. Camouflage clothing is only disallowed for broadcast/live streamed medal matches at national events.
4. Denim is allowed, but must not be torn, ripped or have holes.
5. Leggings (tight fitting/yoga-type stretch pants) are allowed but must not be transparent/translucent above the knee.
6. Upper garments must cover the front and back of the body, and the midriff when at full draw. They must also have sleeves.
7. Shoes must cover the entire foot unless pre-approved due to an injury or disability. Sport/athletic shoes are recommended.



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8. At no time will any article that bears wording, insignias, innuendo, or images determined to be offensive or inappropriate be allowed. All hate symbols and hate speech on clothing, personal effects and your person is strictly prohibited, whether worn on the person or not. The National Events Manager and/or Event Organizer is responsible for the enforcement of this policy in conjunction with the Chair of Judges (COJ) or their designee.

2. COMPETITOR'S EQUIPMENT GENERAL REGULATIONS

It is the athlete's responsibility to use equipment which complies with the rules.

2.1 Recurve Division

For the Recurve Division, all classified and un-classified athletes must follow WA target equipment rules. Below are the core rules for this division:

A bow of any type provided it complies with the common meaning of the word "bow" as used in target archery, that is, an instrument consisting of a handle/riser and grip, (no shoot through type) and two flexible limbs each ending in a tip with a string nock. The bow is braced for use by a single string attached directly between the two string nocks, and in operation is held in one hand by its handle (grip) while the fingers of the other hand draw and release the string.

A sight is allowed; however, no magnification is allowed, and it can have only one aiming point. Levels and peep sights are not allowed. Stabilizers and plungers are allowed.

Finger tabs or gloves can be used. Releases are not allowed in the recurve division; however, a mouth tab can be used.

Maximum arrow size is 9.3 mm (2314). All arrows used in an end must match (color, fletchings, nocks). Arrows must have the archer's name or initials on the shaft.

No sky draws.

2.2 Compound & Fixed Pins Division

For the Compound & Fixed Pins Division, all classified and un-classified athletes must follow WA target equipment rules. Below are the core rules for this division:

A Compound Bow - which may be of a shoot through type riser, is one where the draw is mechanically varied by a system of pulleys or cams. The bow is braced for use by cables or bowstring(s) attached directly to the cams, the string nocks of the bow limbs, cables,



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or by other means as may be applicable to the design. No equipment may be electric or electronic.

The peak draw weight cannot exceed 60 lbs.

All types of additional devices are permitted, unless they are electric, electronic, compromise safety, or create unfair disturbance to other athletes.

A sight is allowed; magnification is allowed in Compound. Levels and peep sights are allowed.

A release aid may be used provided it is not attached in any way to the bow. Any type of finger protection may be used.

Stabilizers front and back are allowed at any length in Compound.

Maximum arrow size is 9.3 mm (2314). All arrows used in an end must match (color, fletchings, nocks). Arrows must have the archer's name or initials on the shaft.

The Fixed Pins Division has the following additional equipment rules:

- Only a 12" front stabilizer is allowed a back stabilizer can be used in fixed pin
- Any sight pin, ring, or dot that is used without the aid of magnification. A lens with zero magnification is allowable. Clarifiers and Verifiers will be permitted. No equipment adjustments are allowed during a round.

No sky draws.

2.3 W1 Division

For the W1 Division, all classified athletes must follow WA target equipment rules. Below are the core rules for this division:

Equipment rules are basically the same as WA rules for recurves. The compound bow is considered the adaptation. Compound or recurve bows can be used.

- The peak draw weight of the bow is 45 pounds
- No peep sights or scope sights are allowed
- Level device is not allowed
- Release aids are permitted

No sky draws.



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2.4 Barebow Division

For the Barebow Division, un-classified athletes should follow WA target equipment rules. Below are the core rules for this division:

A barebow meets the requirements of the recurve bow but is bare except for the arrow rest and plunger. It must be free from protrusions, sights or sight marks, marks or blemishes or laminated pieces (within the bow window area) which could be of use in aiming. The unbraced bow complete with permitted accessories shall be capable of passing through a hole or ring with a 12.2 cm inside diameter.

Finger tabs or gloves can be used. Releases are not allowed; however, a mouth tab can be used.

Maximum arrow size is 9.3 mm (2314). All arrows used in an end must match (color, fletchings, nocks). Arrows must have the archer's name or initials on the shaft.

No sky draws.

2.5 Basic Compound Division

For the Basic Compound Division, the following rules apply only to un-classified athletes:

A basic compound is a bow in which the draw is mechanically varied by a system of pulleys or cams with no draw stop. Maximum draw weight is 20 pounds. No sight, stabilizer, peep, or kisser button is allowed. An arrow rest is permitted.

Gloves, tabs, bare fingers, are allowed. Releases are not allowed in this division; however, a mouth tab can be used.

No sky draws.

2.6 Bow Stand Division

For the Bow Stand Division, any type of bow stand can be used as long as it can be operated safely.

3. TARGET ARCHERY EVENTS

At outdoor target events, the tournament field may be used by the competitors for practice on all the days of the competition at times arranged by the Organizers.



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All outdoor events will be 12 ends of 6 arrows (total of 72). A break can be held after 6 ends.

All indoor events will be 20 ends of 3 arrows (total of 60). A break can be held after 10 ends.

Move United Nationals is an event to prepare athletes for competition in other national and international events. Therefore, it is important that the WA distances and target sizes are enforced. Archers should learn the official rules.

At regional events, tournament organizers are given a lot of leeway in distances for the Un-CLASSIFIED archers, but rules of shooting (including coaching) should not be changed.

An Un-Classified category can be added at any event for archers who cannot shoot the distances listed. Distances for the UN-CLASSIFIED archer can be modified by the Tournament Director. No para records will be recognized for Un-Classified archers. These distances cannot be used for qualifying for Move United Nationals.

3.1 Distances – Classified Athletes

For indoor, all divisions shoot at 18m. Yeoman and special circumstances will shoot at 9m.

Age group	Recurve	Compound/W1 Fixed Pin U21	Barebow Traditional	Visually Impaired
Under 10	15 m	15 m	15 m	10m
Under 13	30 m	30 m	30 m	20m
Under 15	40 m	40 m	30 m	20m
Under 18	60 m	50 m	50 m	30m
Under 21	70 m	50 m	50 m	30m
Senior (adult)	70 m	50 m	50 m	30 m
50+	60m	50m	50m	30m
60+	60m	50m	50m	30m
70+	60m	50m	50m	30m



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Preferred Distances - Un-Classified Athletes

For indoor, all divisions shoot at 18m. Yeoman and special circumstances will shoot at 9m.

Age Group	Recurve	Compound/W1 Fixed Pin	Barebow/Basic Bowstand/Trad	Visually Impaired
Under 10	15 m	15 m	15 m	10 m
Under 13	20 m	20 m	20 m	10 m
Under 15	20 m	20 m	20 m	10 m
Under 18	30 m	30 m	30 m	20 m
Under 21	30 m	30 m	30 m	20 m
Senior (adult)	70 m	50 m	50 m	30 m
50+	30 m	30 m	30 m	20 m
60+	30 m	30 m	30 m	20 m
70+	30 m	30 m	30 m	20 m

4.TARGET SIZE

Outdoor

Recurve - 122cm
 Trad. Compound - 80cm 6 ring
 Fixed Pins - 80cm 6 ring
 W1 - 80cm
 Barebow - 122cm
 Basic Compound - 80cm 10 ring
 Bow Stand - 122cm
 VI - 80cm 10 ring
 Traditional - 122cm
 compound
 10

Indoor

Recurve, Barebow, Bowstand,
 U10 - 60cm
 U13 - 60cm
 U15 - 60cm
 Over 15 - 40cm
 Open compound - 40cm inner 10
 W1 U21 - 40cm outer 10
 W1 O21 - 40cm inner 10
 Basic Compound, Fixed pin
 40 cm outer

 Vision Impaired - 60cm

5.QUALIFICATION STANDARDS

Qualifying standards for the Move United Nationals will be no less than 100 points for all categories.



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Qualifying standards must be shot at the official classified distances on official target size.

6.RANGE SETUP

Whenever possible, the WA Field of Play Layout should be followed. The minimum requirements to be followed are outlined below with comments explaining how adaptations can be made.

Whenever possible for outdoors, the range should be set up for everyone to shoot at the same time. If multiple times are necessary, all athletes in the same class and division should shoot at the same time. (For example, all Junior Compound shooters should shoot at the same time.)

Shooting lanes must be a minimum of 5 meters wide. Two targets can be in each lane. The distance between targets must be at least 2.5 meters, measured from the center of the gold to the center of the gold.

Each target butt should be set up at an angle between 10 and 15 degrees from vertical.

The center of the gold shall be 130 cm above the ground with a +/- 5 cm tolerance.

A waiting line for athletes waiting for their turn to shoot should be marked. It is usually five meters behind the shooting line. This can be adjusted, if necessary, but should be a minimum of three meters for indoor.

A line parallel to the shooting line shall be marked 3 meters in front of the shooting line. An arrow going past this line is considered a shot arrow.

Safety zones or barriers should be erected or indicated 20 meters away from the sides of the shooting lanes and 50 meters behind the furthest target butt.

To avoid sun glare, it is suggested that the archers are shooting toward the north or south. When this is not possible, the recommendation is to shoot toward the west in the morning and toward the east in the afternoon.

Target butts should be tied or staked down to prevent being blown or pulled over.

Each butt shall have a target number. These numbers shall be a minimum of 30 cm tall. Target numbers shall be fixed above or below the center of each target butt, so they are clear of the target face.

Each butt shall have a wind directional flag fixed 40 cm above the center of each target butt. The flag should be between 25-30 cm, and it should be easy to see from the shooting line.



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7. SHOOTING

For the least conflict with other events, it is highly recommended that all archery events be held the first four days of the Regional and National Games.

The recommended number of archers per target for outdoors shall be no more than four per target. This would require two lines (AB/CD)

Coaches, agents, arrow spotters and any other person that works with the athletes or comes into the athlete area must pass a background check and complete SafeSport. Performing these duties cannot interfere or distract other archers on the shooting line.

Coaches & agents must stay behind the waiting line unless the athlete is a VI athlete in which case the spotter must be one meter behind the athlete.

There **must be** double scoring in all rounds. (Preferred score card samples provided).

The maximum time allowed for the retrieval of missed arrows shall be the time necessary to complete the scoring of all targets. This may be adjusted by the Director of Shooting (DOS).

There shall be at least one USA Archery National Judge at any National Championship.

All score cards must be signed by the scorer(s) and the archer. **Check the math before turning score cards in. The score you sign for is what you will receive unless actual score is less than that recorded.**

The judge or DOS shall control the start and end of each time limit with a whistle or other audible sound. The whistle blows shall be as follow:

- **Two (2) whistles** - athletes move to the shooting line or being prepared to shoot.
- **One (1) whistle** - shooting shall begin
- **Three (3) whistles** - all shooting shall cease, and athletes and/or scorers can proceed to the targets for scoring.
- **Five (5) or more whistles** - emergency - all shooting is to cease immediately, **do not shoot nocked arrow**, remove all arrows from the bows and place in quiver.

Under no circumstances may an arrow be re-shot.

An arrow may be considered not to have been shot if:

- The arrow falls from the bow or is mis-shot, and a part of the arrow shaft lies within the zone between the shooting line and the 3-meter line and provided the arrow has not rebounded.
- The target face or butt blows over. The Judges shall take whatever measures they deem necessary and compensate adequate time for shooting the relevant number of arrows. If the butt only slides down, it shall be left to the Judges to decide what action to take, if any.



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In the event (during the qualification round) of an equipment failure, verified by a Judge, or a medical issue, verified by medical personnel, extra time may be given to make the necessary repairs, change the damaged equipment or for medical personnel to determine the problem and decide whether the athlete is fit to continue competing unassisted. However, the maximum time to make up arrows is 15 minutes (following regular order of shooting and timing). The athlete shall make up the appropriate number of arrows at the earliest opportunity under the supervision of a Judge. (There is not a time limit for fixing the equipment - that can take as long as necessary; the time limit has to do with making up arrows. Fifteen minutes is usually enough time for two to three ends of 6 arrows.)

In the event of an equipment failure the athlete shall call a Judge while stepping back from the shooting line or by raising an arm.

All arrow holes shall be marked prior to pulling any scored arrow. Marks should be about 1 cm long on two sides of the arrow. All arrows **must** be scored before being marked or pulled.

No Sky draws.

8.CONDUCT

Athletes may not raise the bow arm until the signal to start shooting is given.

No athlete may touch the equipment of another without the latter's consent. Serious cases may lead to penalties being applied.

The DOS shall be advised if an athlete, when drawing back the string of his bow uses any technique which, in the opinion of the Judges, could allow the arrow, if accidentally released, to fly beyond a safety zone or safety arrangements (overshoot area, net, wall, etc.) No sky draws. If an athlete persists in using such a technique, he shall, in the interest of safety, be asked by the Chairperson of the Tournament Judge Commission or the DOS to stop shooting immediately and to leave the field.

No athlete may draw his bow, with or without an arrow, except when standing on the shooting line. If an arrow is used, the athlete shall aim toward the target butts, but only after being satisfied that the range is clear both in front of and behind the target butts.

All other rules of sportsmanship shall apply.

Any electronic communication device (cell phones, pagers, iPods), headsets or noise reduction devices) are not allowed in front of the waiting line. Electronic devices used for keeping track of score can be taken to the target. During scoring, athletes that stay on the shooting line may use electronics but shall not disturb other athletes.



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9. NATIONAL RECORDS

National records may be set at Move United sanctioned tournaments or USAA sanctioned tournaments.

National records will count both for Move United and, if a member of USAA, for USAA.

10. CLASSIFICATION

All archers who are eligible to be classified will be awarded a classification as bellow. Archers who have not yet been classified or do not qualify for a classification shall be allowed to compete, but the scores cannot count for para ranking, para records, or obtaining any para titles. Adult archers may compete in a Move United recreational round, but no USAA Para or WA para records will be recognized without being classified. (Classification categories and shooting categories are not the same.)

Classes

W1 – A W1 class athlete represents a para-archer who demonstrates functional impairments in at least three limbs and the trunk. All W1 archers are required to shoot from a wheelchair.

W2 - A W2 para-archer will have paraplegia or comparable disability involving both legs. Athletes in this class display minimal or no limitations in upper extremity strength, range of motion, or coordination. W2 athletes shoot from a wheelchair.

ST - A Standing class archer is one who meets the minimum requirements according to the Functional Classification System involving at least one limb. This includes athletes with an amputation of the forearm above the wrist (no wrist joint present) or amputation of the lower 1/3 of the leg (no ankle joint present). Some standing archers are allowed to use stools.

VI1 – LogMar less than 2.6. Athletes wear a blindfold. Athletes will use a tactile sight and no other sight will be permitted.

VI2 and VI3 – VI2 must have a of LogMar 1.5 - 2.6 and a BI3 must have a LogMar 1.4 - 1.0. Athletes do not wear a blindfold. Athletes will use a tactile sight and no other sight will be permitted.

Classifiers will be certified USA Archery or World Archery classifiers.

Classification proof will be issued by certified classifier.



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11. ASSISTIVE DEVICES FOR CLASSIFIED ARCHERS

(from the World Archery rulebook)

These rules do not apply to un-classified athletes.

Athletes who wish to compete internationally or in tournaments outside of Move United control need to be aware of World Archery and USA Archery rules as they will be enforced. Also, some Move United adult events may be able to qualify a military archer for a VA stipend. USAA rules must be enforced if stipend qualification is desired.

At a Move United competition, non-classified athletes can use whatever strapping and/or support they need to compete. Wheelchairs and stools are allowed. Wheelchairs must have wheels, not tracks. Releases are allowed in the Open Compound, Fixed Pin Compound and W1 categories. Mouth tabs are allowed in all categories.

Assistive devices are only allowed if they have been permitted by an international classifier and included on the athlete's classification card. Athletes who no longer meet the criteria to be classified as a Para-athlete, may nevertheless require an assistive device to enable them to shoot a bow and arrow in general competition, but not to provide help to shoot well. Such athletes will have an international classification card dated November 2013 or later specifying any assistive device that may be used. Assistive devices include the following:

Wheelchair:

- A wheelchair of any type (provided that it does not have more than four wheels) may be used provided it subscribes to the accepted principle and meaning of the word "wheelchair".
- No part of the wheelchair may support the bow arm while shooting.

For wheelchair athletes, the sides of the back support of the chair may not be further forward than half the width of the athlete's body at each side.

- All parts of the chair shall be at least 110mm below the athlete's armpit while shooting at any distance. For W1 sport class athletes, if there is a medical reason for the back of chair height to be less than 110mm below the armpit, the additional height may be approved by classifiers and noted on the athlete's classification card.
- The body support protruding forward from the main vertical frame of the chair back shall not be longer than 100mm and shall be at least 110mm below the athlete's armpit.
- The wheelchair shall not exceed 1.25m in length.
- The use of anti-roll devices is allowed.

Stool:

A stool of any type may be used provided it subscribes to the accepted principle and meaning of the word stool.

- No part of the stool may support the bow arm while shooting.
- No part of the stool may be in contact with the trunk of the athlete. Stool cannot have a back.



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- The area of contact with the ground, framed by the legs of the stool and the feet of the athlete shall not exceed the width of 60cm x 80cm along the shooting line.

Block:

Athletes with legs of different lengths may use a raised platform of any substance under 1 foot – or as a part of the shoe – to be more stable when standing. Limitations in size and position are similar to the devices described in.

Permitted Body support:

- Only W1 athletes are allowed to use both a protrusion and strapping at the same time. They may use any amount of body support/strapping to maintain body stability as long as no support is given to the bow arm while shooting.
- Other athletes, when their international classification card allows strapping, may have only a single strap of not more than 2 inches (5 centimeters) wide at any point and wound only horizontally and only once around the torso.
- For some wheelchair athletes, leg strapping may be authorized as specified on their international classification card.

Prosthesis:

- A prosthetic arm including a “hand” may be used and may be attached to the bow provided that the attachment is not totally rigid nor permanently fixed.

Release aid:

- Any release aid may be attached to the wrist, elbow, or shoulder, or held in the mouth, and permanently attached to the string as applicable, provided no release aids may be used with the Recurve Class (excepted mouth tab).

Bow bandage:

Athletes with a bow arm disability may use the bow tied or bandaged to the hand if it is not totally rigid nor permanently fixed.

Bow arm splint:

Athletes with a bow arm disability may use an elbow or wrist splint.

String arm wrist splint:

Athletes with a string arm disability may use a wrist splint.

Assistant:

W1 athletes unable to nock their arrows may have a person to load the arrows onto the bow. **These persons must pass background checks and must pass SafeSport.** They may give the athletes any verbal or other assistance, especially regarding the spotting of arrows, and adjusting the bow sight. These persons shall not disturb other athletes.

The athlete and assistant shall be recognizable as partners wearing the same uniform and, where athlete numbers are worn, they shall wear the same number.



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Visually impaired athletes are permitted to have a person acting as an assistant, **these persons must pass background checks and must pass SafeSport**, who may sit or stand behind the athlete 1 meter behind the shooting line. The role of the assistant is to tell the athlete the position of the arrows in the target face and to inform them of any safety issues. The assistant shall not disturb the other athletes while giving coaching assistance. When the athlete has finished his scoring arrows, the assistant will go behind the waiting line. The athlete may remain on the shooting line throughout the shoot or return behind the waiting line at the athlete's discretion. The assistant may only adjust the sight and/or set up equipment between practice and/or scoring ends. The assistant may guide the athlete to the target and back to the shooting line. The athlete may adjust his tactile sight at any time during the shooting. The assistant shall do the scoring for the athlete. Each athlete will sign her/his own score sheet. The athlete and assistant shall be recognizable as partners wearing the same uniform. During individual matches a VI athlete may have an assistant or a coach but not both.