

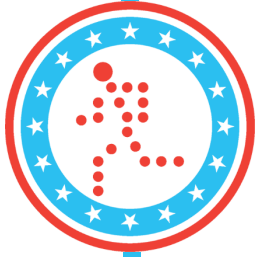
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ATHLETES

Adapted PE Activities for Students with Visual Impairments - An Interactive Training

Kirsten French & Ashley Kabza

Northwest Association for Blind Athletes

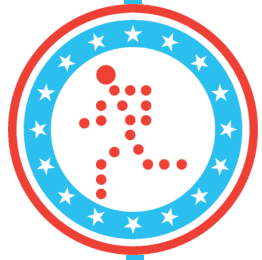
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Introductions

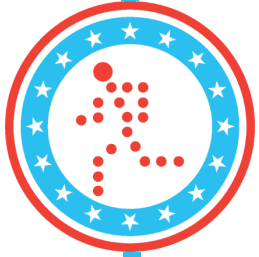
- Kirsten French
 - Senior Programs Manager, Camp Spark & Sports Adaptations
- Ashley Kabza
 - Programs Manager, Sports Adaptations
- Northwest Association for Blind Athletes
 - Mission
 - Sports Adaptations Program



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Agenda

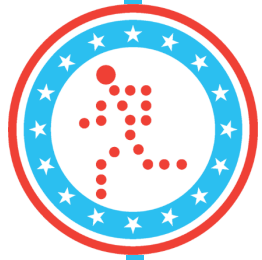
- Intro to APE
- Teaching Methods
- Teaching Progressions
- General Adaptations – 3 E's
- Bocce
- Classroom Application
- Q & A



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Objectives

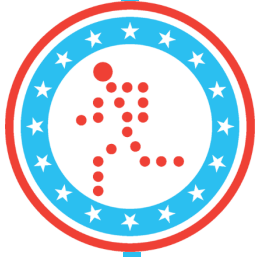
- By the end of this presentation, attendees will be able to:
 - Identify key adaptations necessary to effectively include blind and low vision students in physical education.
 - Describe how at least three activities can be adapted to support the participation and engagement of blind and low vision students, including modifications to materials, instructions, and environmental factors.
 - Develop and propose at least one physical activity along with appropriate adaptations for blind and low vision students.



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Intro to Adapted PE

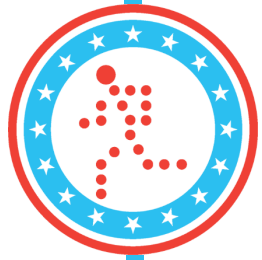
- Right to access
- Importance of PE and physical activity
- Barriers
- Considerations



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Teaching Methods

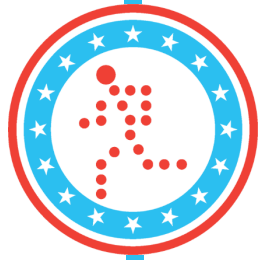
- Pre-teaching
- Multiple modes of representation
- Identify key outcomes
- Assume capability
- Maximize generalization
- Incorporating choice



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Teaching Progressions

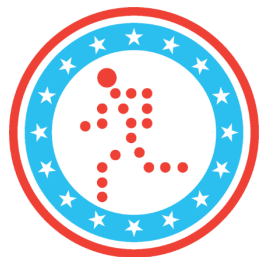
- Verbal Descriptions
- Verbal & tactile cues
- Tactile modeling (hand under hand)
- Physical assistance (hand over hand)



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General Adaptations – 3 E's

- Education
 - Small sided games
 - Peer teaching
 - Creative planning
- Environment
 - Lighting
 - Sound
 - Layout
- Equipment
 - Color
 - Size
 - Audible
 - Other adaptations

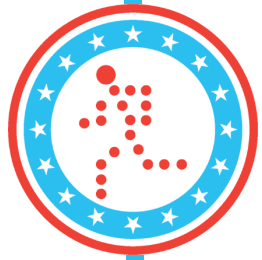


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Bocce

Bocce in PE

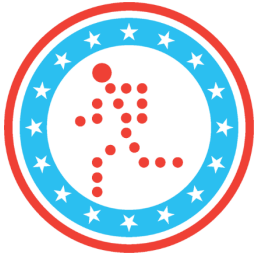
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Classroom Application

- Think of one PE skill or activity in your classroom
- How are you going to apply what you learned today to make it accessible?
- Share with the group to learn from one another!

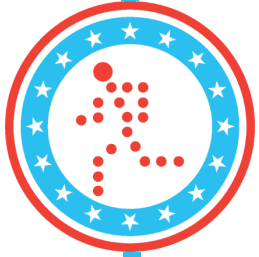


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Q & A

Your Questions, Our Answers

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Thank You!

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