

The Hartford Ski Spectacular conducted by Move United

Participant FAQs

United We Shred! Welcome to the largest adaptive winter snow-sports event in the United States. This FAQ document will help you prepare for an epic week at Breckenridge, Colorado.

Arrival & Check-in

When and where do I check in?

- Sunday, December 7th: Conference Rooms 1-3 (3rd Floor), 11:00am - 6:00pm
- Monday-Friday, December 8th-12th: 2nd Floor, 7:30am-10:00am & 12:00pm-2:00pm

What should I bring to check-in?

- Photo ID and copy of confirmation emails
- Any adaptive equipment you're bringing for the week

Equipment & Gear

Where do I store my equipment?

- Personal equipment: Bring to Conference Rooms 14-16 (Learn-to room). Label and place on designated racks
- Stand-up rental equipment: Pick up from ski shop first; bring labeled equipment to learn-to room.
- Sit-down equipment: You'll be fitted when you head out for your first lesson

Helmet Requirements:

- Mandatory: You MUST wear a helmet during ALL on-snow activities. No exceptions - safety first!
- Bring your own or rent from the ski shop

Equipment Rental Questions?

- Stand-up equipment: Available at resort ski shop with discount
- Sit-ski rentals: Contact James Arnold at jarnold@moveunitedsport.org

Epic Adaptive Pass holders: [Visit this link](#)

Packing list: [Visit this link](#)

Lessons

Lesson Day Procedures:

- Arrive 15 minutes early in the learn-to room (Conference Rooms 14-16)
- Come prepared with ALL gear: Helmet, gloves, jacket, goggles, etc.
- Find a seat near your equipment rack
- Let Move United staff know you're ready
- Staff will introduce you to your instructor
- Do not arrange to meet your instructor elsewhere

Lift Tickets:

- Pre-paid tickets: Claim at check-in (NOT available in learn-to room)
- Need to purchase? You'll receive a discount coupon for the lift ticket window
- You are responsible for your tickets once claimed

Can my friend/family join my lesson?

- Yes! Proficient skiers may accompany you at their own cost for lift tickets

Nervous about first lesson?

- Our instructors are specially trained and experienced.
They'll work at your pace and ensure you feel safe and comfortable

What if I can't make my lesson?

- Contact Dana Dodge immediately at 240.268.1246
- Common reasons: illness, injury, weather concerns

Want to add clinics during the week?

- Contact James Arnold: jarnold@moveunitedsport.org



Health & Safety

Altitude Awareness:

- Breckenridge sits at 9,600 feet elevation
- DRINK PLENTY OF WATER to prevent altitude sickness. First time at altitude? Start hydrating before you arrive! Drink water throughout your travel day and continue once you're here. Take it easy your first day.
- Limit alcohol consumption, especially your first few days
- Listen to your body - headaches and fatigue are common initially

Medical Emergencies:

- During lessons: Breckenridge Ski Patrol at 970-754-7911
- Urgent care after hours: Call 911 or St. Anthony Summit Medical Center
 - Phone: 970.668.3300; Address: 340 Peak One Dr, Frisco, CO 80443

Weather Preparation:

- Temperatures can reach 30°F or below. We ski in almost all conditions! Lessons may be modified but rarely cancelled. Dress appropriately and trust your instructors.
- Dress in layers: base layer, insulating layer, waterproof outer shell
- Don't forget: warm hat, waterproof gloves, neck gaiter, sunglasses/goggles
- Weather can change quickly in the mountains.

End of Week Procedures

Final Lesson Day (Friday):

- Return ALL equipment by 4:00 PM
- Sit-down equipment, outriggers, and adaptive gear → Equipment truck
- Helmets and stand-up rentals → Ski shop
- Remove personal items from learn-to room
- Help us keep it clean - dispose of trash and recyclables

Meals & Dining

What meals are provided?

- Daily Soup Lunch: Served by the equipment truck around noon (limited gluten-free options)
- Breakfast & Dinner: On your own - explore Beaver Run Resort restaurants or downtown Breckenridge

Special Events:

- Opening Banquet: Monday, December 8
- Closing Banquet: Friday, December 12
- Banquet tickets may be available for purchase on the 2nd Floor

Social Events & Activities

What's happening this week?

- Game Night/Casino Night: Tuesday evening
- Theme Night: Thursday evening (costume theme announced at event)
- Ski Spec Challenge Race: Friday morning (free registration required by Thursday noon)
- Awards Ceremony: Friday afternoon by the Spencer's Deck fire pit (weather permitting)

Contact Information

Primary Contacts:

- Dana Dodge (Learn-to Program): ddodge@moveunitedsport.org, 240.268.1246
- James Arnold (Equipment & Clinics): jarnold@moveunitedsport.org

General Event Information:

- Website: www.skispec.org
- [Watch the event video](#)

