Military Adaptive Sports Resources









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About Move United

Move United is the national leader in community adaptive sports, empowering 125,000 youth and adults to redefine disability, build confidence, and grow stronger through participation in sports, including recreation, competition and educational programs.

Move United's 245+ member organizations in 45 states and the District of Columbia are united by a single mission: ensuring everyone, regardless of ability, experiences the lifechanging power of sport and is included in their community.

Move United, an Affiliate of the U.S. Olympic & Paralympic Committee, provides opportunities for individuals with disabilities to become physically and emotionally stronger through participation in adaptive sports. Established in 1956, Move United is proud to serve Veterans, youth, and adults with disabilities.



This guide connects you with incredible adaptive sports opportunities across the nation. While comprehensive, new programs are constantly emerging. We encourage you to explore and discover what works best for your journey.



The Move United Membership Network includes both Individuals and Organizations. Our member organizations provide local, regional, and/or national sports programming to athletes with disabilities. These organizations have access to a variety of direct and ancillary benefits, that enhance and foster the continued growth of adaptive and inclusive sports programming nationwide.

Move United Individual Membership includes athletes, medical providers, parents, family members, coaches, teachers, researchers, students, and more.

Join the community that believes in your potential! Connect with us at membership@moveunitedsport.org and discover how Move United membership opens doors to adaptive sports opportunities nationwide.

Move United Warfighters





Warfighters Program

Move United Warfighters empowers Veterans and Armed Services members to discover their strength through adaptive sports. Our community-driven programs transform challenges into victories, connecting you with fellow athletes who understand your journey.

Since its inception, Move United Warfighters has proudly served more than 20,860 Veterans with disabilities and their family members, including those injured in the Iraq and Afghanistan wars, at no cost to the warfighter or family. Sports make us victorious, more resilient, and stronger every day. For the most up-to-date calendar of year-round events available to Warfighters visit: moveunitedsport.org/warfighters.

Ready to shift the narrative and discover your strength through adaptive sports? Our Warfighters team is here to support your journey every step of the way.

Connect with us at warfighters@moveunitedsport.org —your next adventure awaits.

Become a Move United Warfighters Ambassador

Ready to make a difference in your community? Move United Warfighters Ambassadors represent Move United with a dedication to service and the unique ability to be an advocate for people with disabilities. We are seeking the next generation of leaders to further the mission and vision of Move United by getting more people with disabilities enjoying the benefits of adaptive sports!

Become a Move United Warfighters Ambassador and help expand possibilities for people with disabilities. Discover your leadership potential at moveunitedsport.org/ambassadors

Competition and Paralympic Development



Move United Sanctioned Competitions

From local competitions to the Paralympic stage, Move United creates pathways for athletes to reach their highest potential. Our nationwide network includes over 35 annual sanctioned events serving over 2,500 athletes with physical, visual, and intellectual disabilities.

Key Benefits:

- Training opportunities for national competitions
- Qualifiers for The Hartford Nationals
- Pathways to Veteran-specific competitions
- Classification support and guidance

Ready to compete? Find upcoming events at moveunitedsport.org/competitions

The Hartford Nationals conducted by Move United

The Hartford Nationals represents the pinnacle of adaptive sports competition in the United States, bringing together athletes from across the nation to compete at the highest level. This premier championship event showcases the incredible talent, determination, and athletic excellence within the adaptive sports community.



Sports Featured at The Hartford Nationals

The Hartford Nationals features a comprehensive range of adaptive sports, including:

- Archery
- Boccia
- Para Powerlifting
- Paratriathlon and Aquathlon
- Shooting
- Swimming
- Track and Field
- · Wheelchair Tennis

Qualification Pathways

Key Steps to Qualification:

- Participate in Sanctioned Events Compete in Move United Sanctioned Competitions in your sport
- **2.** Achieve Qualifying Standards Meet or exceed the performance standards set for your classification
- **3. Complete Classification** Undergo sport classification to determine your competitive category
- **4. Register for Nationals** Submit your qualification credentials and register for The Hartford Nationals

lacksquare

MU 90/91 Open Categories: Expanding Possibilities

This category creates competition opportunities for athletes with permanent impairments who require equipment, rule, or field adaptations but may not meet traditional Paralympic sport criteria in all disciplines.

- MU90 (Seated Class): For athletes who compete from a seated position
- MU91 (Standing Class): For athletes who compete from a standing position

Who Can Compete in MU 90/91: You may be eligible if you meet one of the following criteria:

- Meet Paralympic criteria for one sport but not another
- Have a documented eligible impairment that creates clear limitations in sport performance
- Have a permanent physical impairment (not IPCeligible) with clear sport performance limitations

Important Eligibility Notes: Temporary conditions, illnesses without resulting permanent physical disabilities, or psychological conditions alone do not qualify for these classifications.

Ready to compete at the national level? Your journey begins with a single step:

- **1. Connect with Local Programs** Find Move United member organizations in your area
- **2. Begin Training** Start or enhance your training in your chosen sport(s)
- Attend Sanctioned Events Participate in qualifying competitions throughout the year
- **4. Build Your Classification** Work with sport classifiers to establish your competitive category
- **5. Set Your Sights on Nationals** Train with The Hartford Nationals as your goal



Questions About The Hartford Nationals?

Connect with our competition team who can guide you through qualification requirements, classification processes, and help you chart your path to national competition.

competitions@moveunitedsport.org

Department of Defense Warrior Games

The Department of Defense (DoD) holds an annual adaptive sports competition, the Warrior Games, highlighting the exceptional physical skills and mental toughness of wounded, ill and injured active-duty and veteran service members. Individuals representing the U.S. Army, Marine Corps, Navy, Air Force, Space Force, Coast Guard and U.S. Special Operations Command compete in a variety of adaptive sports.

Ready to showcase your exceptional physical skills and mental toughness on a national stage? The Warrior Games celebrate the very best in adaptive sports competition. Learn how to compete and represent your branch at dodwarriorgames.com

VA National Veterans Sports Programs

The VA's Office of National Veterans Sports Programs and Special Events provides Veterans with opportunities for health and healing through adaptive sports and therapeutic art programs. These specialized rehabilitation events aim to optimize Veterans' independence, community engagement, well-being, and quality of life. The programs are built on clinical expertise within VA, with essential support from Veteran Service Organizations, corporate sponsors, individual donors and community partners.

Grant Program

The Grants for Adaptive Sports Programs for Veterans and service members with disabilities (ASG Program) provides grant funding to organizations to increase and expand the quantity and quality of sustainable adaptive sport



activities that Veterans and service members with disabilities have to participate in physical activity including those for mental health issues within their home communities, as well as more advanced Paralympic and adaptive sport programs at the regional and national levels.

Training Allowance

Interested in becoming a Paralympic athlete? The VA National Veterans Sports Programs and Special Events Office provides a monthly assistance allowance for Veterans with disabilities training in Paralympic sports, as well as certain Veterans with disabilities selected for or competing with the national Olympic Team, as authorized by 38 U.S.C. 322(d) and Section 703 of the Veterans' Benefits Improvement Act of 2008.

From recreational activities to Paralympic training support, discover comprehensive resources at department.va.gov/veteran-sports

Applying for Adaptive Equipment

Your adaptive sports journey begins with the right equipment. Veterans and active service members have access to comprehensive support through the VA and partner organizations. Here's your roadmap to getting equipped for success:

- 1. Register through the VA
- 2. Identify your interests. The process can move more quickly if you already have documentation of participation and trials of several pieces of adaptive equipment to know which one works best for you.
- 3. Consult your primary care provider. They will help initiate this process and make referrals as needed. Medical clearance is required.

- 4. Get a full evaluation. Typically done through the rehabilitation department, this assessment includes education and identification of adaptive equipment as it relates to your specific physical needs and interests.
- 5. Identify Appropriate Equipment/Submit Request. Based on the evaluation, you and your rehabilitation team will select equipment to accommodate your needs. Next, a formal request will be submitted for final approval.
- 6. Receive your equipment. Final fitting and adjustments are made when equipment is issued.

Move United maintains a comprehensive list of adaptive sports equipment suppliers here: moveunitedsport.org/equipment

Other Resources

Catch a Lift Fund (Gym Memberships)	catchaliftfund.com
Challenged Athletes Foundation (Operation Rebound)	challengedathletes.org
High Fives Foundation (Winter Sports)	highfivesfoundation.org
Hope for the Warriors	hopeforthewarriors.org
IM Able Foundation	imablefoundation.org
Independence Fund	independencefund.org
Kelly Brush Foundation (SCI Only)	kellybrushfoundation.org
Team Semper Fi /America's Fund	semperfifund.org

Available Sports

Move United's network offers 70+ adaptive sports ranging from recreational activities that build confidence and community connections to elite competitive programs. Whether you're seeking fun weekend activities, therapeutic recreation for rehabilitation goals, or structured training toward national competition, there's a sport and program level designed for your interests and abilities. Many programs welcome beginners with no prior experience and provide equipment, instruction, and supportive environments where you can explore new activities at your own pace.

Archery Boccia

Backpacking Bowling

Badminton Camping

Baseball Canoeing

Basketball Carriage Driving

Biathlon Cheerleading

Bobsled CrossFit

Curling Ice Climbing

Cycling Ice Skating

Dance Kayaking

Darts Kickball

Dragon Boat Lacrosse
Equestrian Martial Arts

Fencing Mountain Biking

Fishing Nordic Skiing
Fitness / Cross Training Orienteering

Football Paddle Boarding

Goalball Pickleball

Golf Powerlifting

Gymnastics Rafting

Hand Cycling Rock Climbing

Hiking Ropes Course

Rowing

Running / Wheelchair Racing

Sailing Scuba

Shooting (Air Rifle & Air Pistol)

Sitting Volleyball

Skateboarding

Skeleton Skiing

Sled Hockey

Snowboarding

Snowshoeing

Soccer / Power Soccer

Softball

Strength Training

Surfing

Swimming

Table Tennis

Tai Chi

Tennis /

Wheelchair Tennis

Track and Field

Triathlon

Wakeboarding

Water Aerobics

Water Skiing

Wheelchair Rugby

Windsurfing

Yoga

USA Wheelchair Football League

The USA Wheelchair Football League is the first of its kind football league for adults with disabilities to reach their highest potential through a competitive, fast-paced, team sport. The league brings together highly trained coaches with passionate athletes, building skills and inspiring athletes to excel both on and off the field through teamwork, dedication, and resilience.

Ready to experience the thrill of competitive football? Join one of our teams and discover the power of teamwork, strategy, and athletic excellence. Start your football journey at moveunitedsport.org/football





Adaptive Shooting League

The Move United Adaptive Shooting League is comprised of Move United's member organizations and community partners from across the country that have an interest in fostering the sport of adaptive shooting (air rifle and air pistol) for individuals with a disability, including Veterans with disabilities. Program offerings differ by location, all giving participants the opportunity

to gain instruction and unleash their competitive spirit in the sport of adaptive shooting.

Discover precision, focus, and competitive spirit through adaptive shooting. **Ready to take aim at new possibilities?** Whether you're a beginner or experienced marksman, find your local program at moveunitedsport.org/mu-adaptive-shooting-league

The Hartford Ski Spectacular

Experience the nation's largest adaptive winter sports festival at The Hartford Ski Spectacular, where more than 800 athletes. coaches, and instructors gather annually in Breckenridge, Colorado. Since 1987, this transformational week has brought together everyone from emerging youth athletes to Paralympians to wounded warriors. creating an unmatched community of winter sports excellence. Whether you're taking your first turns on adaptive equipment. advancing your racing skills, or pursuing instructor certification. Ski Spectacular offers programs that push boundaries and expand possibilities. Beyond downhill skiing and snowboarding, explore Nordic skiing, biathlon, sled hockey, and adaptive yoga while connecting with athletes who understand your journey.



Join the epic adaptive winter sports celebration. Registration opens each fall at moveunitedsport. org/events/the-hartford-ski-spectacular

Move United OnDemand

Move United OnDemand provides a high-quality, engaging fitness platform adapted for different abilities and body types. Through highly trained instructors and workouts that are fun, dynamic, and engaging, athletes with disabilities can enjoy the benefits of healthy, physical activity at home and other places where you train.

Find the workouts that match your needs and goals. With classes in six key fitness areas that range from 10-45 minutes, you can get a high-quality workout, no matter your interest level or time constraints. Get active and moving with Move United OnDemand.

Transform your fitness routine from anywhere! Access adaptive workouts designed for every ability and fitness level.

Start your personalized fitness journey today at hub.moveunitedsport.org/page/5480/ondemand



Get Involved

Move United Education Hub

As the nation's leading provider of training in adaptive sport, Move United Education develops the tools and resources to create communities where everyone is included.

The Move United Education Hub, a best-in-class and accessible learning management system, elevates the way the adaptive sports industry receives knowledge to support the disabled community. The Education Hub delivers training at any time on any device, empowering individuals to perform their best, increase expertise and skill, and deepen the commitment and contribution to the adaptive sports industry. The Education Hub offers strategic engaging and individualized e-learning courses covering a variety of topics by program, sport, skill, and degree of expertise.

Find more training resources and free professional development opportunities available to you at hub.moveunitedsport.org.

Move United Education Conference

Join the adaptive sports community's premier learning event, where attendees come together to advance the field of adaptive sports. This annual conference features hands-on training sessions, cutting-edge research presentations, and networking opportunities that strengthen the entire adaptive sports network. Whether you're interested in becoming a coach, starting a local program, or expanding your knowledge of adaptive sports, the conference provides practical tools and connections to elevate your impact in the community.

Get Connected

For more than 25 years, Move United Magazine has been the leading multi-sport, multi-disability adaptive sports magazine. Issues focus on adaptive sports, adaptive athletes, and the Move United Member Network. Move United Magazine is published three times a year to a circulation of nearly 50,000 – and is free to youth and adults with disabilities.

Podcast

Redefining Disability is a podcast that focuses on the power of sport. Featuring more than 220 interviews, we discuss how sports have made it possible for our nation's top adaptive athletes, training tips from the best coaches and program leaders, and news on latest technology, equipment, and trends in the adaptive sports industry.

Social

Want a front row seat to adaptive sports? Follow Move United Sport for athlete stories that push what's possible, live events and highlights, and ways to get involved — on Facebook, Instagram, TikTok, LinkedIn, YouTube, and X.

Newsletters

Stay connected to what's happening in adaptive sports. Get monthly updates on athlete achievements, upcoming events, and opportunities to get involved in your community. Join the Movement by signing up for our newsletter at moveunitedsport.org/newsletter-signup/

Move United Online Store

Gear up and show your Move United pride! Every purchase directly supports adaptive athletes and programs across the nation. Shop 100+ customizable options and join the movement at moveunitedsport.org/store

Member Organizations



Your local adaptive sports community is waiting for you! Connect with Move United member organizations in your area and discover programs, training, and competition opportunities near you at moveunitedsport.org/locations

Alaska

Challenge Alaska Anchorage, AK

ORCA Program - Southeast Alaska Independent Living, Inc. Juneau, AK

USA Powerlifting Anchorage, AK

Alabama

Lakeshore Foundation Birmingham, AL

United States Wheelchair Rugby Association Birmingham, AL University of Alabama Adapted Athletics Tuscaloosa, AL

Arizona

Ability360 Sports & Fitness Center Phoenix, AZ

Arizona Adaptive Watersports Dewey, AZ

Arizona Disabled Sports Mesa, AZ

High Country Adaptive Sports Flagstaff, AZ

Southern Arizona Adaptive Sports Tucson, AZ

University of Arizona Adaptive Athletics Tucson, AZ

California

Ability First Sports Chico, CA

Achieve Tahoe Alpine Meadows, CA

Angel City Sports Los Angeles, CA

Bay Area Outreach and Recreation Program Berkeley, CA Central California Adaptive Sports Center Shaver Lake, CA

Disabled Sports Eastern Sierra Mammoth Lakes, CA

DSUSA Los Angeles – The Unrecables Los Angeles, CA

DSUSA Orange County – The Achievers Irvine, CA

Easton Sports Development Foundation Van Nuys, CA

Orange County Makapo Aquatics Project Irvine, CA

San Diego State University Adapted Athletics San Diego, CA SoCal Adaptive Sports Indio, CA

Stand Up and Play Foundation Vista, CA

Triumph Foundation Valencia, CA

United States Driving for the Disabled Arroyo Grande, CA

US Adaptive Recreation Center Big Bear Lake, CA

Valley Children's Adaptive Sports Madera, CA

Colorado

Adaptive Action Sports Frisco, CO

Adaptive Adventures Westminster, CO

Adaptive Recreation for Childhood Health (ARCH) Aurora, CO

Adaptive Recreation Opportunities – City of Fort Collins Fort Collins, CO

Adaptive Sports Association Durango, CO

Adaptive Sports Center of Crested Butte Crested Butte, CO

Breckenridge Outdoor Education Center (BOEC) Breckenridge, CO

Challenge Aspen Snowmass Village, CO Colorado Discover Ability Grand Junction, CO

DuMyon Martial Arts Colorado Springs, CO

Foresight Ski Guides Inc. Vail, CO

Golf 4 The Disabled Greenwood Village, CO

Ignite Adaptive Sports Boulder, CO

National Sports Center for the Disabled Golden, CO

Paradox Sports Boulder, CO

Steamboat Adaptive Recreational Sports (STARS) Steamboat Springs, CO Telluride Adaptive Sports Program Telluride, CO

Connecticut

Gaylord Hospital, Inc., DBA Gaylord Sports Association Wallingford, CT

Leaps of Faith Water Ski Club DBA LOF Adaptive Skiers Sandy Hook, CT

Summit Adaptive Sports, Inc. New Hartford, CT

Florida

Central Florida Chapter of Paralyzed Veterans of America Sanford, FL

Central Florida Dreamplex, LLC Clermont, FL

City of Largo Largo, FL

COSTA Therapy Inc. Indian Harbour Beach, FL

Hillsborough County Adaptive Sports Tampa, FL

Shifting Gears United Tequesta, FL

SportsAbility Alliance (DBA FDOA) Tallahassee, FL

Wounded Warriors Abilities Ranch Pinellas Park, FL

Georgia

BlazeSports America Norcross, GA

Catalyst Sports Inc Atlanta, GA

Hawaii

AccesSurf, Hawaii Inc. Honolulu, HI

Iowa

Adaptive Sports IOWA Ames, IA

Idaho

Adaptive Wilderness Sports Of McCall (AWeSOMe!) McCall. ID Boise Adaptive Snowsport Education (BASE) Boise, ID

Higher Ground USA Ketchum, ID

Valley Adaptive Sports Victor, ID

Illinois

Chicago Park District – Special Recreation Department Chicago, IL

Dare2Tri Paratriathlon Club Chicago, IL

Great Lakes Adaptive Sports Association (GLASA) Lake Forest, IL

Lincolnway Special Recreation Association New Lenox, IL North Side Archery Club Chicago, IL

Northwest Special Recreation Association Rolling Meadows, IL

Shirley Ryan AbilityLab Chicago, IL

Western DuPage Special Recreation Association (Synergy Adaptive Athletics program) Carol Stream, IL

Indiana

Rehabilitation Hospital of Indiana Sports Program Indianapolis, IN

Special Outdoor Leisure Opportunities (SOLO) South Bend, IN Turnstone Center for Disabled Children and Adults, Inc. Fort Wayne, IN

Kansas

Wichita Adaptive Sports INC Wichita, KS

Kentucky

Para Sport South Kentucky (formerly Adaptive Sport South Central Kentucky) Bowling Green, KY

Louisiana

Louisiana GUMBO Inc. Pineville. LA S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization New Orleans, LA

Massachusetts

AccesSportAmerica Acton, MA

Adaptive Sports New England Boston, MA

Bionic Project Cambridge, MA

Boston Athletic Association Boston, MA

Community Rowing, Inc. Brighton, MA

South Coast Wheelchair
Tennis Foundation
Attleboro, MA

Spaulding Adaptive Sports Centers (Spaulding Rehabilitation Network) East Sandwich, MA

United States Volt Hockey Association Franklin, MA

Waypoint Adventure, Inc. lexington, MA

Webster Water Ski Collective Webster, MA

Maryland

Bennett Institute Physically Challenged Sports of Kennedy Krieger Baltimore, MD

Chesapeake Region Accessible Boating (CRAB) Annapolis, MD

Junior Tennis Champions Center College Park, MD

Maryland Therapeutic Riding, Inc. Crownsville, MD

Promise Landing Farm, Inc. Upper Marlboro, MD

Team River Runner, Inc. Rockville, MD

USA Lacrosse Sparks, MD

Maine

Adaptive Outdoor Education Center Carrabassett Valley, ME

Central Maine Adaptive Sports Auburn, ME

Maine Adaptive Sports & Recreation Bethel, ME

Michigan

Adaptive Ski Association -West Michigan (Cannonsburg Challenged Ski Association) Ada, MI

Kentwood Parks and Recreation Kentwood, MI

Mary Free Bed Wheelchair and Adaptive Sports Grand Rapids, MI Michigan Adaptive Sports West Bloomfield, MI

Michigan Sports Unlimited, INC Essexville, MI

Michigan Victory Games hosted by Michigan Disability Sports Alliance Grand Rapids, MI

Moving Mountains Adaptive Program LLC Iron Mountain, MI

Mt Brighton Adaptive Sports Program Brighton, MI

Reimagine Life Foundation Detroit, MI

Therapeutic Riding, Inc. Ann Arbor, MI University of Michigan Adaptive and Inclusive Sports Experience (UMAISE) Ann Arbor, MI

University of Michigan Adaptive Sports and Fitness Ann Arbor, MI

Wheels in Motion Fenton, MI

Minnesota

Allina Health System DBA Courage Kenny Rehabilitation Institute Minneapolis, MN

Exercisabilities – EA Therapeutics Rochester, MN HOPE, Inc. Adapted Sports & Recreation Moorhead, MN

Northland Adaptive Recreation Duluth, MN

Paralyzed Veterans of America, Minnesota Chapter Minneapolis, MN

US Electric Wheelchair Hockey Association (DBA PowerHockey USA) New Hope, MN

Missouri

Disabled Athlete Sports Association (DASA) St. Peters. MO

Midwest Adaptive Sports Kansas City, MO

Show Me Shooting Sports Independence, MO

The Gateway Disabled Ski Program Eureka, MO

Montana

DREAM Adaptive Recreation Whitefish, MT

Eagle Mount Billings Billings, MT

Eagle Mount Bozeman Bozeman, MT

Eagle Mount Great Falls Great Falls. MT Montana Independent Living Project DBA Ability Montana Helena, MT

Nebraska

Nebraska Adaptive Sports (NAS) Omaha, NE

New Hampshire

Adaptive Sports Partners Franconia, NH

Crotched Mountain Accessible Recreation and Sports (Seven Hills Foundation) Greenfield, NH

Granite State Adaptive Mirror Lake, NH Lakes Region Disabled Sports at Gunstock, Inc. Gilford, NH

Mount Washington Valley Adaptive Sports Bartlett, NH

New England Disabled Sports Lincoln, NH

New England Healing Sports Association Newbury, NH

Northeast Passage – University of New Hampshire Durham, NH

Waterville Valley Adaptive Sports Waterville Valley, NH

New Jersey

Children's Lightning Wheels Mountainside, NJ

Navigators Adaptive Sports Club Bayonne, NJ

Tri-State Wheelchair Athletic Association DBA Tri-State Wheelchair & Ambulatory Athletics (TSWAA) Mountainside, NJ

New Mexico

Adaptive Sports Program New Mexico Santa Fe, NM

All Season Adaptive Sports (formerly Ski Apache) Ruidoso, NM Center of Recreational Excellence CORE Hobbs, NM

Nevada

City of Las Vegas – Adaptive Recreation Las Vegas, NV

City of Reno Reno, NV

DRIVEN NeuroRecovery Center Las Vegas, NV

Nevada Paralyzed Veterans of America Las Vegas, NV

New York

Able Athletics Scarsdale, NY Adaptive Sports Foundation Windham, NY

Adaptive Sports Program – Helen Hayes Hospital West Haverstraw, NY

American Amputee Soccer Association Stony Brook, NY

Burke Rehabilitation Hospital Adaptive Sports Program White Plains, NY

Capital Region Nordic Alliance (CRNA) Albany, NY

GallopNYC – Giving Alternative Learners Howard Beach, NY

Greater Buffalo Adaptive Sports Lancaster, NY

Greek Peak Adaptive Snowsports Endwell, NY

Lounsbury Adaptive Ski Program Ellicottville, NY

Move Along, Inc. (CNY Adaptive Sports) Baldwinsville, NY

Para-Cliffhangers INC Brooklyn, NY

Rochester Accessible Adventures Rochester, NY

Rochester Community Inclusive Rowing Rochester, NY STRIDE Adaptive Sports West Sand Lake, NY

USA Boccia Bay Shore, NY

Western New York Adaptive Water Sports (DBA Great Lakes Water Sports Institute Inc.) Grand Island, NY The Bridge Adaptive Sports and Recreation Cincinnati, OH

Three Trackers of Ohio Middleburg Heights, OH

Youth Challenge Westlake, OH

Ohio

Adaptive Sports Connection Powell, OH

Adaptive Sports Program of Ohio Wooster, OH

FAST CTA DBA Cincinnati Tennis Foundation Cincinnati, OH

Rec2Connect Cleveland, OH

North Carolina

ACCESS of Wilmington Wilmington, NC

Bridge II Sports Durham, NC

ComMotion – Community in Motion Raleigh, NC

Greensboro Parks and Recreation – Adaptive and Inclusive Recreation Greensboro, NC North Carolina Adapted Sports Cary, NC

Salvage Life Jacksonville, NC

Unbroken Spirit Bryson City, NC

North Dakota

Dreams In Motion, Inc. Mandan, ND

Prairie Grit Adaptive Sports Minot, ND

Oklahoma

Oklahoma Adaptive Sports Association Oklahoma City, OK Oklahoma City Parks & Recreation Oklahoma City, OK

The Center for Individuals with Physical Challenges Tulsa, OK

University of Central Oklahoma Endeavor Games Edmond, OK

Oregon

Adaptive Sports Northwest Portland, OR

Adventures Without Limits Forest Grove, OR

Bridge City Inclusive Sports Portland, OR

Oregon Adaptive Sports Bend, OR

Pennsylvania

Blue Ridge Adaptive Snow Sports (BRASS) Fairfield, PA

Envision Blind Sports Mercer, PA

IM ABLE Foundation Wyomissing, PA

Pennsylvania Center for Adapted Sports Philadelphia, PA

Three Rivers Adaptive Sports Pittsburgh, PA

Two Top Mountain Adaptive Sports Foundation Inc. Mercersburg, PA

South Carolina

Adaptive Expeditions Charleston, SC

Clemson Adaptive Sports clemson.edu/cbshs/depart Clemson, SC

Grand Strand Miracle Leagues Myrtle Beach, SC

Roger C. Peace Rehabilitation Hospital Greenville, SC

Tennessee

Sports, Arts & Recreation of Chattanooga (SPARC) Chattanooga, TN

Texas

Ability Skateboarding & Action Sports San Antonio, TX

Kinetic Kids, Inc. San Antonio, TX

Lone Star Paralysis Foundation Austin, TX

Morgan's Wonderland Sports – STRAPS San Antonio, TX

One Chair At A Time Amarillo, TX

RISE Adventures, Inc. DBA RISE Adaptive Sports Southlake, TX

Servicemembers Undertaking Disabled Sports (SUDS) San Antonio, TX Southwest Wheelchair Athletic Association Fort Worth, TX

Texas Paralyzed Veterans of America Crosby, TX

Texas Parasport Wimberley, TX

Utah

Common Ground Outdoor Adventures Logan, UT

National Ability Center Park City, UT

Ogden Valley Adaptive Sports Ogden, UT

Salt Lake County Midvale, UT Wasatch Adaptive Sports Snowbird, UT

Virginia

Adaptive Fitness Legion (AFL) Fairfax, VA

Adventure Amputee Camp Inc. Falls Church, VA

American Canoe Association Fredericksburg, VA

Lake of the Woods Adaptive Watersports Locust Grove, VA

Patriots For Disabled Divers Occoquan, VA

Pursuit Adaptive Sports and Recreation Alexandria, VA Sportable Richmond, VA

Therapeutic Adventures, Inc. Charlottesville, VA

Virginia Amateur Sports Roanoke, VA

Wintergreen Adaptive Sports Charlottesville, VA

Vermont

Adaptive Sports at Mount Snow West Dover, VT

Central Vermont Pioneers Inc. Montpelier, VT

EDD Adaptive Sports Williston, VT

Green Mountain Adaptive Sports Hyde Park, VT Kelly Brush Foundation Burlington, VT

Northeast Disabled Athletic Association Burlington, VT

Vermont Adaptive Ski & Sports Association Killington, VT

WARRIORS SOAR Shelburne, VT

Washington

Footloose Sailing Association Mercer Island, WA

Outdoors for All Foundation Seattle. WA

ParaSport Spokane Spokane, WA

Seattle Adaptive Sports Seattle, WA

Washington, D.C.

Medstar NRH Adaptive Sports & Fitness Program Washington, DC

Wisconsin

Adaptive Mobility Providers, Inc. Germantown, WI

Dairyland Sports Madison, WI Paralyzed Veterans of America – WI Chapter Milkwaukee, WI

Southeastern Wisconsin Adaptive Ski Program Cedarburg, WI

Sports, Therapeutic and Adaptive Recreation (STAR) Association La Crosse, WI

Wauwatosa Curling Club Wauwatosa, WI

Wisconsin Adaptive Sports Association (WASA) Brookfield, WI

West Virginia

Challenged Athletes of West Virginia Snowshoe, WV

Wyoming

Teton Adaptive Teton Village, WY

National Organizations



The following national organizations offer programming or adaptive services for Veterans and Armed Services members with disabilities living across the U.S.

Move United Multisport	Blinded Veterans Association Events, Support	Freedom Hunters Hunting Trips
1touch Project 1 Touch Self-Defense Workshops	Carlisle Academy Integrative Equine Therapy & Sports Para-Dressage, Para-Driving	Heroes On the Water Kayak, Fishing
Achilles International		Hope for the Warriors
Handcycling, Running	Challenged Athletes Foundation Grants, Clinics, Training	Outdoor Adventure Activities, Races
Adaptive Golf Academy	, , ,	
Golf, Hunting, Outdoor Recreation	Crossfit Fitness	Invictus Games Foundation Grants, Competition
Adaptive Canoe Association		•
Canoeing, Kayaking, SUP	DOD Warrior Games Multi-sport competition	Kelly Brush Foundation Resources, Equipment Grants
Bob Woodruff Foundation /		
Got Your 6 Network Resources	Adaptive Training Academy	VA Adaptive Sports Program Multi-sport competition

Nat Gol Gol
Nat Bas Whe
Osc Mul
Para Clin
Para Mul
PAT Equ
Proj Fly
Salı

Military Warriors Support National Wheelchair Basketball Association Wheelchair Basketball Team Red White and Blue Oscar Mike Foundation Multi-Sport Team River Runner Climbing Tee It Up for the Troops Paralyzed Veterans of America Multi-sport Team Red White Association PATH Internationals Equine Project Healing Waters Fly Fishing Salute Military Warriors Support Military Warriors Support Foundation Rugby Adaptive Tai Chi International Adaptive Tai Chi International Rugby Adaptive Tai Chi International Rugby Adaptive Tai Chi International Rugby Adaptive Tai Chi International Adaptive Tai Chi International Rugby Biathlon, Nordic Skiing US Paraequestrian Association Equestrian US Paralympics Multi-sport US Paralympics Multisport US Quad Rugby Rugby Rugby Salute Military Golf Association Wheelchair Curling Salute Military Golf Association Vinited States Curling Association, Inc. Wheelchair Curling US Rowing Rowing	National Amputee Golf Association Golf	Semper Fi & America's Fund Multi-sport	United States Tennis Association Tennis
Oscar Mike Foundation Multi-Sport Team Red White and Blue Multi-Sport Team River Runner Canoeing, Kayaking, SUP Paralyzed Veterans of America Multi-sport United States Association PATH Internationals Equine Project Healing Waters Fly Fishing Team River Runner Canoeing, Kayaking, SUP Biathlon, Nordic Skiing US Paraequestrian Association Equestrian US Paralympics Multisport US Quad Rugby Rugby Rugby Fly Fishing Association, Inc. Wheelchair Curling US Rowing	National Wheelchair Basketball Association	Foundation	Rugby Association
Paradox Sports Climbing Tee It Up for the Troops Paralyzed Veterans of America Multi-sport United States Association PATH Internationals Equine Multi-sport United States Curling Fly Fishing Association, Inc. Wheelchair Curling US Biathlon, Nordic Skiing Biathlon, Nordic	Oscar Mike Foundation		
Paralyzed Veterans of America Multi-sport United States Association PATH Internationals Equine United States Association Multi-sport United States Association Of Blind Athletes Multi-sport US Paralympics Multisport Multisport US Quad Rugby Project Healing Waters Fly Fishing Association, Inc. Wheelchair Curling US Rowing	Paradox Sports		
PATH Internationals of Blind Athletes of Blind Athletes Multisport Equine Multi-sport US Paralympics Multisport US Quad Rugby US Quad Rugby Rugby Fly Fishing Association, Inc. Wheelchair Curling US Rowing	Paralyzed Veterans of America	·	•
Project Healing Waters Fly Fishing United States Curling Association, Inc. Wheelchair Curling US Quad Rugby Rugby Rugby US Rowing	PATH Internationals	of Blind Athletes	- ·
Wheelchair Curling US Rowing	Project Healing Waters	United States Curling	
Golf	Salute Military Golf Association	•	_

US Sailing Sailing

USA Archery Archery

USA Badminton Para-Badminton

USA Fencing
Wheelchair Fencing

USA Boccia Boccia

USA Hockey Sled Hockey, Stand-Up (Amputee) Hockey

USA Shooting Target Shooting USA Swimming Swimming

USA Table Tennis
Table Tennis

USA Track and Field Track & Field

USA Triathlon Paratriathlon

USA Volleyball Sitting Volleyball

Veteran Golfers Association Golf, Hunting, Outdoor Recreation

VET Sports Multi-Sport

USA Lacrosse Lacrosse Wheelchair Lacrosse USA Lacrosse

World T.E.A.M. Sports *Cycling*

Wounded Warrior Project Multi-sport

Wounded Warriors in Action Foundation Fishing, Hunting





MOVE UNITED WARFIGHTERS



Your next chapter in adaptive sports starts now. Whether you're taking your first steps into a new sport or pushing toward elite competition, Move United is here to support your journey. Together, we're proving that with the right community and resources, there are no limits to what's possible.

451 Hungerford Drive, Suite 608 Rockville, MD 20850 301-217-0960 info@moveunitedsport.org

For more information, visit moveunitedsport.org