

move UNITED

MAGAZINE | FALL 2025

Volume 30 | Number 2





GET TO KNOW NAKED PROSTHETICS' THIRD GENERATION TECHNOLOGY



NAKED
PROSTHETICS

For more information: 888-977-6693 | info@npdevices.com | fax: 800-752-3180 | npdevices.com

© 2025 Naked Prosthetics. All rights reserved.

ALPS®

REINFORCED
FLEX SLEEVE

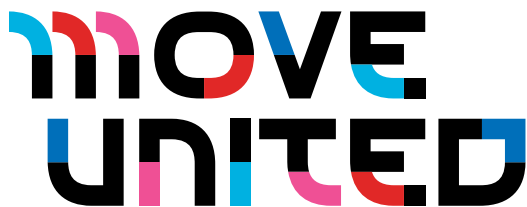


The strength of reinforcement.
The look of confidence.



Content

- 5** Perspective
- 6** Wheelchair Rugby = Collisions + Camaraderie
- 8** Garrett Schoonover: From Army Linguist to Paralympic Fencer
- 10** Thank You Sponsors
- 12** Wheelchair Softball: Breaking Barriers on the Diamond
- 14** From Therapy to Team USA: Genevieve Rohner's Journey to Paralympic Dreams
- 18** Join the Movement
- 22** Around the Country
- 34** Marketplace



© 2025 by Move United. All rights reserved.
Articles may not be reprinted in part or in whole
without written permission from Move United.

*Cover photo of Sarah Adam
by Wheelchair Sports Federation*



For nearly 30 years, this magazine has been your gateway to adaptive sports and recreation. Whether you're an athlete seeking your next challenge, someone discovering what's possible, or a family member supporting a loved one's journey, we've worked to showcase the endless opportunities that sports create.

Every issue, we share athlete stories that inspire and educate. We connect you with real opportunities through our 245+ member organizations across 45 states and the District of Columbia. Most importantly, we demonstrate that sports make us stronger, more connected, and capable of achieving what we never thought possible.

It's time again to hear from you.

We want this magazine to better serve you. Use the QR code on this page to share what you love, what you'd like to see more of, and what we might be missing. Your insights help us maximize every page we have available.



Inside this issue:

- **Softball and wheelchair rugby** spotlights that showcase the heart and strategy of these dynamic sports
- **Athlete profiles** featuring Paralympic fencer Garrett Schoonover and para dressage hopeful Genevieve Rohner
- **245+ member organizations** listed on page 18—find programs near you
- **Upcoming events** starting on page 22—your next adventure awaits

Move United provides this magazine free to everyone who wants it, supported by our sponsors and advertisers who believe in expanding possibilities for people with disabilities. We're grateful for their partnership in furthering our movement.

Ready to get in the game? Your local Move United program is waiting.

Glenn Merry
Chief Executive Officer
Move United

Move United Magazine (ISSN 1940-526X) is published three times a year by
Subscriptions are available free of charge. Visit moveunitedsport.org/magazine to sign up.

Editorial Director: Shuan Butcher, sbutcher@moveunitedsport.org
For address updates, call 240-268-2180 or email above.

Advertising inquiries: Ron Sonntag Public Relations, Patty Johnson,
414-788-4915, patty@rspr.com

Move United Board: Eric Kuwana (Chair), Nicole Roundy (Vice-Chair), Ed Bronsdon (Secretary),
Phyllis Bayer, General Richard D. Clarke (US Army, Retired), Colonel Danny Dudek (US Army,
Retired), Clayton Frech, Alexander Garner, and Joe Walsh



Sarah Adam

Wheelchair Rugby = Collisions + Camaraderie

Getting Into the Sport

Trying to describe the sport of wheelchair rugby may be difficult. You just have to see it. Better yet, you just have to play it.

It is not like ambulatory rugby, according to Sarah Adam, who became the first woman to win a medal in the sport for Team USA at the 2024 Paralympic Games. “We don’t play on grass and there is no scrum,” she said. “The only commonality is the physicality of the sport.”

Wheelchair rugby is a contact sport, which is what draws players to the game. “It is high speed, high intensity competitive athletics. It is full speed bumper cars as we are going full speed at each other in wheelchairs,” Adam said.

“It’s chaos,” said 2024 Paralympic Silver Medalist Mason Symons. “I love the physicality and intensity.” As a contact sport, expect some collisions. Because it is a contact sport, please note that a physician clearance may be required to play. It is because of this that the sport is so appealing to those who play.

The collisions may be a draw, but so is the camaraderie according to Adam and Symons. Adam, who started playing the game with DASA, a Move United member organization in the St. Louis, Missouri area, fell in love with the game first because of the community and how welcoming it was. “They were like ‘come on in,’” she said. Then she was drawn to the physicality and strategy of the game. “As a smaller athlete, I need to be strategic,” she said. “I need to be three steps ahead. The game is really a mix of basketball (picks), hockey, and football (following your blockers).”

What You Need to Know

Wheelchair rugby is played on a basketball court with the regulation size of 94 feet by 47 feet. It is four on four, with four players per team on the court at one time. All players have a point classification assigned to them based on their disability in .5 increments, ranging from .5 for someone with lower amounts of function to 3.5 for someone who may have more function. Each team cannot have more than 8 points on the court. The sport is co-ed, so teams that have a female athlete on the court get an additional point allocation.

The object of the game is to take the ball (a volleyball) and advance it from one end of the court to the other end. “You have to bounce or pass the ball every 8 seconds,” Symons said. You might find some rules that are like the rules of basketball.

For example, you have a set clock and must score within that timeframe, or it is a turnover. You have some common fouls that might apply in the game of hockey, where you may have to serve in the penalty box if you’ve committed one.

Two cones, 24 feet apart, make up the goal line. A team earns a point, or try, if you go over the baseline with any two wheels while having possession of the ball. Anyone can score, but some players may focus on offense or defense.

Games are 32 minutes in length (four 8-minute quarters) but typically lasts 1 ½ hour in total time after you factor in the stop and go clock, the 10-minute halftime, and time outs.

It is a fast action, up-and-down-the-court kind of game. Strong athletes can push from one end to another in about 5.5 seconds, so that equates to up to 15-20 miles an hour, so when there is a collision, you see it and you hear it. Each team can score 50-60 points per game.

Equipment Needed

Obviously, the main piece of equipment every player needs to play wheelchair rugby is a sport chair. Most local teams have program chairs that players can use at the beginning. It is important to have the right chair and to get properly fitted into a chair. “Our chairs are our shoes, so you are comfortable, safe, and fluid in your movement,” Adam said.

Chairs do have straps and belts to secure players in, which could include a lap belt, foot belt, or chest strap to keep you in your chair. “We use straps, Velcro, and foam to make the chairs work for the individual athlete,” Adam said.

After a year of playing the game, Adam recommends getting a customized chair, important if you want to progress in the sport. “Grants and resources are available out there to do that,” she said.

The chair is built to both give and absorb impact. It is for this reason that it is a relatively safe sport. The most common injury we have typically involves the hands. But people do occasionally flip over. “You can’t hit behind the axle,” Symons said. Players will also likely need gloves and sleeves for protection as well.

Taking It to the Next Level

To compete in the sport, players should work on cardio and build endurance. You stop and go, but you do that continuously for an hour and a half, so it is an aerobic sport.

According to Symons, it is an offensive and defensive sport but primarily offensive. “It is all about the angles and there can be some really cool passes and catches,” he said.

Players need to focus on pushing, throwing, and catching skills. Adam agrees, reiterating the importance of fine tuning your push technique and focusing on propulsion.

Once you’ve determined that wheelchair rugby is the sport for you, find a local club team to join. There are three divisions at the club level. Division 1 is the top competitive level, and there is a difference in play between each division. Of course, you can always try out for the national team, which is headquartered at the Lakeshore Foundation, a Move United member based in Birmingham, Alabama. Learn more at usawr.org.

Find a Program

There’s a place at the table for everyone in the sport. There are over 30 Move United member organizations that offer the sport. “Jump into it and try it out,” Symons said. You can locate one by visiting moveunitedsport.org/chapters/location-map/ and searching for “wheelchair rugby.”

For Adam, the sport really helps to break down stereotypes of people with disabilities. “We’re not fragile,” she said. ■



Mason Symons
Photos by Wheelchair Sports Federation

Garrett Schoonover: From Army Linguist to Paralympic Fencer

Garrett Schoonover's path to the 2024 Paris Paralympics began long before he ever picked up a fencing sword. Growing up in Utah with a military family legacy, Schoonover was destined for service, following in the footsteps of his grandfather who flew Cobra helicopters and his uncles in the Navy.

After his college plans were derailed when his new music major program wasn't ready to accommodate his timeline, Schoonover enlisted in the Army and found his calling in military intelligence. His natural aptitude for languages led him to the Defense Language Institute in Monterey, California, where he spent 14 months mastering Persian Farsi.

"When I took the test, they said, 'Pick whatever language you want. We'll teach it to you,'" Schoonover recalls. "So I picked Persian Farsi." Schoonover served with the 142nd Military Intelligence Battalion in Salt Lake City, where his unit's linguistic capabilities made them a valuable resource.

"We were a pick and pull unit because unique missions would come up with language requirements or interrogation requirements or counterintelligence requirements," he explains.

Seven years into his military career, Schoonover's life changed dramatically during a motorcycle accident on the 405 freeway in Los Angeles. "I was lane splitting [when] a guy from New York who hadn't driven in five years decided he really wanted to drive from LA to a wedding in Napa," he remembers.

The severity of the accident was immediately apparent. What followed was a grueling four-month battle to save his leg, involving eight major surgeries at UCLA Ronald Reagan



Medical Center and later at the University of Utah. "We realized we were fighting a losing battle," he said. "There was an infection that had made it to the bone, and my tibia was the consistency of peanut butter, according to the doctor."

The transition to life as an amputee presented unexpected challenges beyond the obvious physical adjustments. "Something as small as having to pee in the night — I can't just get up half asleep, shuffle to the bathroom, shuffle back and wake up in the morning and forget that I even did it," Schoonover explains. "At that point you're having to expend so much energy just using crutches or a walker to get to the bathroom or go get a glass of water."

MOVE UNITED WARFIGHTERS

Despite these challenges, Schoonover was determined to continue his education and career. He returned to UCLA to complete his graduate degree in opera, even performing his final recital during the early days of COVID-19.

Schoonover's introduction to para fencing came through a colleague at Hanger Clinic, where he worked helping new amputees adjust to life with prosthetics. His coworker, a para strongman competitor, had accidentally discovered para fencing at a tournament venue.

"He came back from a tournament in San Jose with a bronze medal and just the biggest smile on his face," Schoonover recalls. "And he said, 'when are we going to get you in a chair? When are you going to come fence? You were in the Army. You know how to fight, dang it.'"

The first practice session in November 2021 was revelatory. "I was hooked almost immediately," Schoonover said. "I was like, 'This is so much fun.' And I go back and I watch the video of it, and I was terrible. I had none of the right instincts, none of the right movement patterns, but I was smiling the whole time in all the videos."

His natural athleticism and competitive spirit, honed through years of football, wrestling, and military training, translated remarkably well to fencing. Just two months after his first practice, he won two bronze medals at his first national event in January 2022. As a result, his rapid improvement caught the attention of national coaches, who invited him to a training camp in Colorado Springs. It was there that another elite athlete encouraged him to set his sights on Paris 2024. "She said, 'I think if you really want to make a push for Paris, you should start now,'" Schoonover remembers.

The path to Paris wasn't smooth. A hand injury about a year before the games threatened to derail his Paralympic dreams. But Schoonover's resilience shone through. After focusing on recovery, he swept gold at the national championships and pulled off a surprise gold medal at a final qualifying tournament.

Competing at the 2024 Paris Paralympics fulfilled a childhood dream that began during the 2002 Salt Lake City Games. "Growing up in Salt Lake, having the games here in '02 was an amazing thing to be a part of," he said. "Our teachers actually focused a lot of our history classes around the Olympics because they knew that it was going to be there."

The experience of representing Team USA was transformative. "Getting to go and actually represent Team USA and compete at the games in front of that crowd — it was hard to beat," Schoonover said. "It was a high that was definitely hard to come down from."

Today, Schoonover uses his platform to advocate for community and inclusion through sport. His message emphasizes how athletics can break down barriers and create understanding.

"We use sport as a catalyst for that end goal. Through sport, people see the event more than they see the disability. They see people coming together to support other individuals more than they see the disability," he explains. "So it puts people who would otherwise be less inclined to consider things that people have to go through on a day-to-day basis, unless they're interfacing with it firsthand."

Reflecting on his journey, Schoonover credits the Utah fencing community for embracing him and providing opportunities. "I had a fantastic group here in Utah that really opened up the doors and brought me into their circle and made me a part of their family. They said, 'We want to support you in this. We will open every door for you that we can. We just ask that you pay it back to the community.'" ■

FOR SALE ADAPTIVE EQUIPMENT

Dynamiques - Moniques - Slider - Riggers - More

**EXCELLENT
CONDITION!**



TO LEARN MORE, CONTACT US TODAY!

Rim of the World
**SPECIAL ATHLETES
FOUNDATION**



RimSpecialAthletes@gmail.com

310-600-0600

www.RimSpecialAthletes.org

**Move United Thanks Our Sponsors
for Their Generous Support!**

Diamond



Platinum



Move United Thanks Our Sponsors for Their Generous Support!

Gold



**Dumbarton
Strategies**



Silver

AES
Alliant Insurance Services
Alston & Bird LLP
AMWINS Group
Beaver Run Resort & Conference Center
Birdies for the Brave
Breck Sports
Breckenridge Ski Resort
Bridge Specialty Group
Brown & Brown
Burns & Wilcox
Capital Bank
Charities Aid Foundation America
Freeport Development
Goodwin Procter

Halmar International
Leonardo DRS
Lewis Brisbois, Bisgaard & Smith, LLP
Lockheed Martin
Mullen Coughlin
NFP
O'Melveny & Meyers LLP
Risk Placement Services
Risk Strategies
Robert Wood Johnson Foundation
RT Specialty
Ryan Specialty
Salesforce
Sedgwick Claims
Truist Insurance Holdings
Willis Towers Watson

Wheelchair Softball: Breaking Barriers on the Diamond



Top Photo by Timothy Brown

Brendan Downes wants you to close your eyes. Now imagine entering the batter's box at the bottom of the ninth inning. Two outs, and two on base. It's up to you to deliver. You see the pitch come in and you hit it to right field. "Nowhere in there did I tell you 'did you see yourself in a wheelchair?'" No, you're playing the game," said Downes. "That's what wheelchair softball is all about."

Wheelchair softball combines the beloved American pastime of baseball (and softball) with the speed, strategy, and athleticism that makes it accessible to athletes with mobility impairments. Far from being a slower-paced version of traditional softball, wheelchair softball demands exceptional skill, lightning-quick reflexes, and strategic thinking that rivals any sport.



Adaptations in the Game

While wheelchair softball shares fundamental similarities with traditional softball, the biggest difference is the field of play, according to Downes, who was born with spina bifida and plays with a team associated with Courage Kenny, a Minnesota-based Move United member organization. "We play on black top or concrete," he said. "Some teams have their own wheelchair softball fields across the nation, which is like a tennis court painted like a softball diamond." Others may just play in parking lots.



Photo by Timothy Brown

“We play with four outfielders, so you have 10 players in the field,” Downes said. The fences range from 160 to 170 feet and 70 feet in the corners. “And there are guys that hit it over from their chair,” Downes said.

Individual athletes are classified on a point structure with one point for someone with less mobility up to 4.5. The team can only have a maximum of 28 points out on the field at any given time. “One of the cooler differences about wheelchair softball is, I contend, that it’s one of the more inclusive wheelchair sports across all disabilities,” Downes said. “In that starting 10, we have a quad. It is a requirement that a quad has to start. So what you’re talking about is quad participation all the way up to single leg amputees.”

But when it comes down to the gameplay itself, it’s the same thing. “We do have little cages that we’ll put in the batter’s box to keep our wheels from moving as we’re swinging through, to keep your momentum stationary,” Downes said. But once you hit the ball, you move your own chair. “There’s no power chairs in wheelchair softball, so as soon as I hit it, I am sprinting to first to try and beat the throw,” he said.

Bats, Balls, and Other Equipment

Wheelchair softball is underhand softball, and the game is played with a 16-inch softball. “Don’t get me wrong — that thing is a rock trying to catch one,” Downes said.

A lot of the equipment is handled by the teams, including the bats and balls, although any player is welcome to bring along his or her favorite bat. Many players also play bare handed. “It’s usually only the first baseman that has a glove, Downes said. “So you’re talking about people that are sprinting, catching, throwing, all of it bare handed out there

in the outfield, turning double plays. It’s all done bare handed.”

Most players do use a sports chair in order to play the game. “You’ll find some newbies that show up and they’re probably playing their first game or two in a day chair,” Downes said. “But as the competition level heightens, and your skill level heightens, and your interest heightens, sports chairs are the way to go.”

These sports chairs are designed for maximum performance. They feature cambered wheels for improved stability during

quick turns, lower seats for better balance, and lightweight frames that allow for explosive acceleration.

The equipment represents a significant investment for serious players, with high-end sports wheelchairs costing several thousand dollars. But there’s also program chairs that you can borrow and there are grants out there that allow players to purchase their own as well.

Getting in the Game

The season typically runs from mid-April to August. There are regional tournaments throughout the summertime and teams can often get in four to six games in two days. The season typically wraps up by the second week in August, culminating with the World Series. Eighteen teams played at the 2025 event with over 300 athletes coming together to play. Even if you don’t have a team, Downes says it is an open invite. “We’ll find you a team to play on,” he said.

Downes, who is past president of the National Wheelchair Softball Association, says if you have a passion for baseball or softball, then give the sport a try. “Come find us and try the sport,” he said. “We’re here ready. Because a lot of the people that come out and try it have been playing for now 30, 40, 50 years now.”

Twenty-four Move United member organizations offer the sport. To find a program near you, visit moveunitedsport.org/locations and search “wheelchair softball.” To find other teams, visit wheelchairsoftball.org. If you enjoy the crack of the bat, the cheer of teammates, and the thrill of racing toward home plate, then get off the sideline and get into America’s favorite pastime. ■

From Therapy to Team USA: Genevieve Rohner's Journey to Paralympic Dreams



"We both went, and he hated it, and I loved it, and I've just kept riding from then on," Rohner recalls.

Her mother Lexi explains the profound impact horses had on her daughter's development: "When she got around horses, it calmed her down," she said. "It really balanced her out. It was a complete 180."

The transformation was remarkable for a child who struggled with sensory processing disorders due to being born so prematurely. "When I'm on the horses, I just feel a lot better, just in general," Rohner explains. "I love the feeling of being on the horse and the feeling the horse gives me."

What began as therapy evolved into passion when Rohner attended CalNet, a California show where riders compete in various events. "I participated in all the events, and I rode the horses, and I had so much fun. I think I just wanted to keep competing from there," she remembers.

At age seven, a chance encounter would change everything. Hope Hand from the US Para Equestrian Association spotted Rohner riding and saw potential that would eventually lead to international competition. "She sought out Rohner's coach and asked to meet us because she saw her ride," her mother recalls.

At just 17 years old, Genevieve Rohner has already made history as one of the youngest para dressage competitors in the world. Born a triplet at 28 weeks with cerebral palsy, her path to the elite equestrian sport began not with competitive aspirations, but with therapy at age four.

Rohner's introduction to horses came through necessity rather than choice. When her brother was invited to hippotherapy at Ride On, an equine therapy program in California, her mother decided to bring Rohner along.

When she was nine, Rohner was classified as a Grade 4 para dressage rider (on a scale where Grade 1 is least able-bodied and Grade 5 is most able-bodied). She also moved to Utah, where she began training at the National Ability Center, a Move United member organization in Utah.

Her breakthrough came in 2020 at nationals in Tryon, North Carolina, where she placed first and second. There, she met Paralympic veterans Becca Hart and Kate Shoemaker, who would become mentors and role models.

Continued on page 16 > >



Seven days that can change lives forever.

Every day, we each have another chance to show who we are—to grow and strive, to support each other in reaching for our highest ambitions. That's why, today and every day, we're making adaptive equipment more accessible and creating opportunities for youth and adults to join the adaptive sports movement.



Visit TheHartford.com/about-us/adaptive-sports



“Kate invited us to her barn in Florida, and so we went down there, and got to talk more about goals and stuff,” Rohner says.

In 2022, at just 14 years old, Rohner competed in her first international competition in Wellington. Her rise continued as she earned placement on the emerging athletes list and later moved up to the development list. Her mother proudly notes: “There’s about 15 people in the country that do what she does, and she’s the only minor. She became the youngest in the world at 14 when she started competing.”

A particularly special moment came when Shoemaker allowed Rohner to ride her Paralympic horse in competition. “That horse is fantastic,” Rohner said. “And I think even though I’ve done other international competitions, I think I would consider that one my biggest because I got to ride this amazing horse and be coached by Kate during that.”

Currently, Rohner competes with Caspar, whose name means “treasure” in German — fitting for a horse imported from Germany who has become her perfect partner. “He’s more cuddly than my previous horse,” Rohner said. “He just wants to lick everything and cuddle all the time. I think he would be happy to just hang out all day and do nothing and lick everything,” she laughs.

But when it comes to competition, Caspar transforms: “I think he gets serious when it’s competition time, but he’s kind of happy either way,” Rohner said.

Rohner’s approach to improvement is methodical and consistent. “I try to ride as much as I can. And then I also work out every morning, and I try to have nonzero days,” she explains. “Even doing one push up is better than zero push-ups. I just try to do something every day.”

She also runs for fun, which helps her stay fit for the physical demands of dressage — a sport she describes simply as “where the rider makes the horse dance.”

Outside of riding, Rohner pursues photography and has trained her dog, as she enjoys working with animals beyond horses. She’s also a police explorer, learning about various aspects of law enforcement as she considers future career paths.

With the 2028 Paralympics set for Los Angeles — not far from where her equestrian journey began in California — Rohner has her sights set on representing Team USA on home soil. “It would be nice to be able to have family so close, and it would be really, really cool if I could do that,” she said. ■

Greater independence *starts with* **abilities** *expo*

FREE
ADMISSION

Discover what empowers YOU!

- Innovative products & tech
- Insightful workshops
- All-inclusive climbing wall
- Adaptive sports, dance & fun
- Service dogs & more

Phoenix
Sept. 5-7, 2025

Ft. Lauderdale
Oct. 17-19, 2025

Dallas
Dec. 5-7, 2025

Los Angeles
March 24-26, 2026

New York Metro
May 1-3, 2026

Chicago
June 12-14, 2026

Houston
July 31-Aug. 2, 2026

abilities.com Get your free tickets!



@AbilitiesExpo



@AbilitiesExpo



@abilities_expo



Join a Move United member organization near you.

Alabama

Lakeshore Foundation
Birmingham, AL
lakeshore.org

University of Alabama Adaptive Sports
Tuscaloosa, AL
bamaadapted.com

US Wheelchair Rugby Association
Birmingham, AL
Uswra.org

Alaska

Challenge Alaska
Anchorage, AK
challengeak.org

ORCA Program – Southeast Alaska Independent Living Inc.
Juneau, AK
sailinc.org/orcarecreation-services

USA Powerlifting
Anchorage, AK
Usapowerlifting.com

Arizona

Ability360 Sports & Fitness Center
Phoenix, AZ
ability360sports.org

Arizona Adaptive Watersports
Dewey, AZ
azadaptivewatersports.org

Arizona Disabled Sports
Mesa, AZ
arizonadisabledsports.com

High Country Adaptive Sports
Flagstaff, AZ
highcountryadaptive.org

Southern Arizona Adaptive Sports
Tucson, AZ
soazadaptivesports.org

University of Arizona Adaptive Athletics
Tucson, AZ
adaptiveathletics.arizona.edu

California

Ability First Sports
Chico, CA
abilityfirstsports.org

Achieve Tahoe
Alpine Meadows, CA
achievetahoe.org

Angel City Sports
Los Angeles, CA
angelcitysports.org

Bay Area Outreach and Recreation Program
Berkeley, CA
borp.org

Central California Adaptive Sports Center
Shaver Lake, CA
centralcaladaptive.org

Disabled Sports Eastern Sierra
Mammoth Lakes, CA
disablesportseasternsierra.org

DSUSA Los Angeles – The Unrecables
Los Angeles, CA
unrecables.com

DSUSA Orange County – The Achievers
Irvine, CA
theachievers.org

Easton Sports Development Foundation
Van Nuys, CA
Esdf.org

Orange County Makapo Aquatics Project
Irvine, CA
Makapo.org

San Diego State University Adapted Athletics
San Diego, CA
arc.sdsu.edu/adaptedathletics

SoCal Adaptive Sports
Palm Springs, CA
socaladaptivesports.org

Stand Up and Play Foundation
Vista, CA
Standupandplayfoundation.org

Triumph Foundation
Valencia, CA
triumph-foundation.org

U.S. Driving for the Disabled
Arroyo Grande, CA
usdfd.org

U.S. Adaptive Recreation Center
Big Bear Lake, CA
usarc.org

Valley Childrens' Adaptive Sports
Madera, CA
valleychildrens.org/adaptive-sports/
adaptive-sports-home

Colorado Adaptive Action Sports
Copper Mountain, CO
adacs.org

Adaptive Adventures
Westminster, CO
adaptiveadventures.org

Adaptive Recreation for Childhood Health
Aurora, CA
childrenscolorado.org/doctors-and-departments/departments/pediatric-rehabilitation/adaptive-recreation-for-childhood-health/

Adaptive Recreation Opportunities
Fort Collins, CO
Fcgov.com/aro

Adaptive Sports Association
Durango, CO
asadurango.org

Adaptive Sports Center of Crested Butte
Crested Butte, CO
adaptivesports.org

Breckenridge Outdoor Education Center (BOEC)
Breckenridge, CO
boec.org

Challenge Aspen
Snow Mass Village, CO
challengeaspen.org

Colorado Discover Ability
Grand Junction, CO
cdagj.org

DuMyon Martial Arts
Colorado Springs, CO
dumyonmartialarts.org

Foresight Ski Guides Inc.
Vail, CO
foresightskiguides.org

Golf 4 the Disabled
Greenwood Village, CO
golf4thedisabled.org

Ignite Adaptive Sports
Boulder, CO
igniteadaptivesports.org

National Sports Center for the Disabled
Denver, CO
nscd.org

Paradox Sports
Eldorado Springs, CO
Paradoxsports.org

Steamboat Adaptive Recreational Sports (STARS)
Steamboat Springs, CO
steamboatstars.com

Telluride Adaptive Sports Program
Telluride, CO
tellurideadaptivesports.org

Connecticut Gaylord Sports Association
Wallingford, CT
gaylord.org/sports

Leaps of Faith Adaptive Skiers
Newtown, CT
lofadaptiveskiers.org

Summit Adaptive Sports
New Hartford, CT
summitadaptive.org

Florida

Central Florida Chapter of Paralyzed Veterans of America
Sanford, FL
pvacf.org

Central Florida Dreamplex
Clermont, FL
cfldreamplex.com

City of Largo
Largo, FL
playlargo.com

COSTA Therapy Inc.
Indian Harbour Beach, FL
costasurf.org

Hillsborough County Adaptive Sports
Tampa, FL
Hillsboroughcounty.org/en/residents/recreation-and-culture/sports-and-athletics/hc-adaptive-sports

Shifting Gears United
Tequesta FL
shiftinggearsunited.org

SportsAbility Alliance
Tallahassee, FL
sportsability.org

Wounded Warriors Abilities Ranch
Pinellas Park, FL
Woundedwarriorsabilitiesranch.org

Georgia

Catalyst Sports
Atlanta, GA
catalystsports.org

BlazeSports America
Norcross, GA
blazesports.org

Hawaii

AccessSurf Hawaii
Honolulu, HI
accessurf.org

Idaho

Adaptive Wilderness Sports of McCall (AWeSOMe!)
McCall, ID
awesomemccall.org

Boise Adaptive Snowsport Education (BASE)
Boise, ID
baseidaho.org

Higher Ground Sun Valley
Ketchum, ID
highergroundusa.org

Valley Adaptive Sports
Victor, ID
valleyadaptivesports.org

Illinois

Chicago Park District-Special Recreation Department
Chicago, IL
chicagoparkdistrict.com/special-recreation-programs

Dare2Tri Paratriathlon Club
Chicago, IL
dare2tri.org

Great Lakes Adaptive Sports Association (GLASA)
Lake Forest, IL
glasa.org

Lincolnway Special Recreation Association
New Lenox, IL
lwsra.org

North Side Archery Club
Chicago, IL
northsidearcheryclub.org

Northwest Special Recreation Association
Rolling Meadows, IL
Nwsra.org

Shirley Ryan Ability Lab
Chicago, IL
sralab.org

Western DuPage Special Recreation Association
Carol Stream, IL
synergysaa.org

Indiana

Rehabilitation Hospital of Indiana Sports Program
Indianapolis, IN
rhirehab.com/our-programs/community-reintegration/adaptive-sports-program/clinics

Special Outdoor Leisure Opportunities (SOLO)
South Bend, IN
skisolomichiana.org

Turnstone Center
Fort Wayne, IN
turnstone.org

Iowa

Adaptive Sports IOWA
Ames, IO
adaptivesportsiowa.org

Kansas

Wichita Adaptive Sports
Wichita, KS
wichitaadaptivesports.org

Kentucky

Para Sport South Kentucky
Bowling Green, KY
Bgky.org

Louisiana

Louisiana GUMBO
Pineville, LA
sites.google.com/site/louisianagumboinc

S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization
New Orleans, LA
samaritanactsneworleans.org

Maine

Adaptive Outdoor Education Center
Carrabassett Valley, ME
adaptiveoutdooreducationcenter.org

Central Maine Adaptive Sports
Auburn, ME
centralmaineadaptivesports.org

Maine Adaptive Sports & Recreation
Newry, ME
maineadaptive.org

Maryland

Bennett Institute Physically Challenged Sports of Kennedy Krieger
Baltimore, MD
kennedykrieger.org

Chesapeake Region Accessible Boating (CRAB)
Annapolis, MD
crabsailing.org

Junior Tennis Champions Center
College Park, MD
Jtcc.org

Maryland Therapeutic Riding
Crownsville, MD
HorsesThatHeal.org

Promise Landing Farm
Upper Marlboro, MD
Promiselandingfarm.org

Team River Runner
Rockville, MD
teamriverrunner.org

USA Lacrosse
Sparks, MD
UsaLacrosse.com

Massachusetts

AccesSportAmerica
Acton, MA
accessportamerica.org

Bionic Project
Cambridge, MA
Bionic5K.com

Boston Athletic Association
Boston, MA
Baa.org

Adaptive Sports New England
Austin, MA
adaptivesportsne.org

Community Rowing

Brighton, MA
Communityrowing.org

South Coast Wheelchair Tennis Foundation

Attleboro, MA
southcoastwheelchairtennis.org

Spaulding Adaptive Sports Centers (Spaulding Rehabilitation Network)
East Sandwich, MA
sasc.spauldingrehab.org

U.S. Volt Hockey Association
Franklin, MA
VoltHockeyUsa.org

Waypoint Adventure, Inc.
Lexington, MA
waypointadventure.org

Webster Waterski Collective
Webster, MA
websterwaterski.org

Michigan

Adaptive Ski Association-West Michigan
Ada, MI
skiccsa.org

Kentwood Parks and Recreation
Kentwood, MI
kentwood.us/city_services/city_departments/parks_and_recreation/index.php

Mary Free Bed Wheelchair and Adaptive Sports
Grand Rapids, MI
maryfreebed.com/rehabilitation/sports-rehabilitation/wheelchair-adaptive-sports/

Michigan Adaptive Sports
West Bloomfield, MI
Michiganadaptivesports.com

Michigan Sports Unlimited
Essexville, MI
misprtsunlimited.com/
misprtsunlimited.com

Michigan Victory Games
Grand Rapids, MI
MichiganVictoryGames.org

Mount Brighton Adaptive Sports Program
Brighton, MI
mtbadaptivesports.org

Moving Mountains Adaptive Program
Iron Mountain, MI
movingmountainsap.org

Rehabilitation Institute of Michigan Foundation
Detroit, MI
Rimfoundation.org

Therapeutic Riding Inc.
Ann Arbor, MI
therapeuticridinginc.org

University of Michigan Adaptive & Inclusive Sports Experience (UMAISE)

Ann Arbor, MI
medicine.umich.edu/dept/pmr/patient-care/therapeutic-other-services/university-michigan-adaptive-inclusive-sports-experience-umaise

University of Michigan Adaptive Sports & Fitness
Ann Arbor, MI
ssd.umich.edu/adaptive-sports

Wheels in Motion
Fenton, MI
wheelsinmotion.org

Minnesota

Courage Kenny Rehabilitation Institute
Golden Valley, MN
allinahealth.org/adaptivesports

EA Therapeutic Health
Rochester, MN
exercisabilities.org

HOPE, Inc.
Moorhead, MN
hopeinc.org

Northland Adaptive Recreation
Duluth, MN
mdfoundation.org

PVA Minnesota Chapter
Minneapolis, MN
mnpva.org

U.S. Electric Wheelchair Hockey Association
New Hope, MN
powerhockey.com

Missouri

Disabled Athlete Sports Association (DASA)
St. Peters, MO
dasasports.org

Gateway Disabled Ski Program
Eureka, MO
Gdspstl.org

Midwest Adaptive Sports
Dearborn, MO
midwestadaptivesports.org

Show Me Shooting Sports
Independence, MO
facebook.com/people/Show-Me-Shooting-Sports/61560761046155/

Montana

Ability Montana
Helena, MT
Abilitymt.org

DREAM Adaptive Recreation
Whitefish, MT
dreamadaptive.org

Eagle Mount Billings
Billings, MT
eaglemount.us

Eagle Mount Bozeman
Bozeman, MT
eaglemount.org

Eagle Mount Great Falls
Great Falls, MT
eaglemount.net

Nebraska

Nebraska Adaptive Sports
Omaha, NE
nebraskaadaptivesports.org

Nevada

City of Las Vegas Adaptive Recreation
Las Vegas, NV
lasvegasnevada.gov

City of Reno
Reno, NV
reno.gov/government/
departments/parks-recreation-
community-services/adaptive-
recreation

DRIVEN Neurorecovery Center
Las Vegas, NV
drivenLV.org

Nevada Paralyzed Veterans of America
Las Vegas, NV
nevadapva.org

New Hampshire Adaptive Sports Partners
Franconia, NH
adaptivesportspartners.org

Granite State Adaptive
Mirror Lake, NH
gsadaptive.org

Lakes Region Disabled Sports at Gunstock
Gilford, NH
lradaptive.org

Mount Washington Valley Adaptive Sports
Bartlett, NH
mwvas.org

New England Disabled Sports
Lincoln, NH
nedisabledsports.org

New England Healing Sports Association
Newbury, NH
nehsa.org

Northeast Passage
Durham, NH
nepassage.org

Seven Hills Foundation
Greenfield, NH
sevenhills.org

Waterville Valley Adaptive Sports
Waterville Valley, NH
watervilleadaptive.com

New Jersey

Children's Lightning Wheels
Mountainside, NJ
childrens-specialized.org/sports-
connection

Navigators Adaptive Sports Club
Bayonne, NJ
navigatorsadaptivesports.com

Tri-State Wheelchair Athletic Association
Mountainside, NJ
Tswaa.com

New Mexico

Adaptive Sports Program New Mexico
Santa Fe, NM
adaptivesportsprogram.org

All Season Adaptive Sports
Ruidoso, NM
allseasonadaptivesports.com

Center of Recreational Excellence (CORE)
Hobbs, NM
Corehobbs.com

New York

Able Athletics
Scarsdale, NY
ableathletics.org

Adaptive Sports Foundation
Windham, NY
adaptivesportsfoundation.org

American Amputee Soccer Association
Stony Brook, NY
Usampsoccer.org

Burke Rehabilitation Hospital Adaptive Sports Program
White Plains, NY
burke.org/community/
adaptiveprograms

Capital Region Nordic Alliance
Albany, NY
capitalregionnordicalliance.org

CNY Adaptive Sports
Oswego, NY
cnyadaptivesports.org

GallopNYC
Forest Hills, NY
gallopnyc.org

Greater Buffalo Adaptive Sports
Hamburg, NY
slethockeyfoundation.org

Greek Peak Adaptive Snowsports
Endwell, NY
gpadaptive.org

Helen Hayes Hospital
West Haverstraw, NY
helenhayeshospital.org/hospital-
services/adapted-sports-
recreation/

Lounsbury Adaptive Ski Program
Ellicottville, NY
lounsburyadaptive.org

Para-Cliffhangers, Inc.
Brooklyn, NY
Paracliffhangers.org

Rochester Accessible Adventures
Rochester, NY
rochesteraccessibleadventures.org

Rochester Community Inclusive Rowing
Rochester, NY

STRIDE
West Sand Lake, NY
stride.org

USA Boccia
Bay Shore, NY
Usaboccia.org

Western NY Watersports
Grand Island, NY
wnyadaptivewatersport.org

North Carolina ACCESS of Wilmington
Wilmington, NC
accessilm.org

Bridge II Sports
Durham, NC
bridge2sports.org

ComMotion- Community In Motion
Raleigh, NC
Commotionnnc.org

Greensboro Parks & Recreation
Greensboro, NC
greensboro-nc.gov/departments/
parks-recreation/adaptive-
inclusive-recreation

North Carolina Adapted Sports
Cary, NC
ncadaptedsports.org

Salvage Life
Jacksonville, NC
Salvagelifevi.org

Unbroken Spirit
Bryson City, NC
Unbrokenspirit.org

North Dakota Dreams in Motion
Mandan, ND
facebook.com/dreamsinmotioninc

Prairie Grit Adaptive Sports
Minot, ND
prairiegritsports.com

Ohio

Adaptive Sports Connection
Powell, OH
adaptivesportsconnection.org

Adaptive Sports Program of Ohio
Wooster, OH
adaptivesportsohio.org

Cincinnati Tennis Foundation
Cincinnati, OH
CincinnatiTennisFoundation.org

Rec2Connect
Cleveland, OH
rec2connect.org

The Bridge Adaptive Sports & Recreation
Cincinnati, OH
Thebridgeadaptive.org

Three Trackers of Ohio
Middleburg Heights, OH
3trackers.org

Youth Challenge
Westlake, OH
youthchallengesports.com

Oklahoma

Oklahoma Adaptive Sports Association
Oklahoma City, OK
okasa.org

Oklahoma City Parks & Recreation
Oklahoma City, OK
okc.gov/departments/about-okc-
parks

The Center for Individuals with Physical Challenges
Tulsa, OK
tulsacenter.org

University of Central Oklahoma Center of Adaptive Sports
Edmond, OK
uco.edu/wellness/sr/trainingsite/
index.asp

Oregon

Adaptive Sports Northwest
Beaverton, OR
adaptivesportsnw.org

Adventures Without Limits
Forest Grove, OR
awlouddoors.org

Bridge City Inclusive Sports
Portland, OR
BridgeCityInclusive.org

Oregon Adaptive Sports
Bend, OR
oregonadaptivesports.org

Pennsylvania

Blue Ridge Adaptive Snow Sports (BRASS)
Fairfield, PA
brasski.org

Envision Blind Sports
Mercer, PA
envisionblindsports.org

IM ABLE Foundation
Wyomissing, PA
imablefoundation.org

Pennsylvania Center for Adapted Sports
Philadelphia, PA
centeronline.com

Three Rivers Adaptive Sports
Pittsburgh, PA
traspa.org

Two Top Mountain Adaptive Sports Foundation
Mercersburg, PA
twotopadaptive.org

South Carolina Adaptive Expeditions
Charleston, SC
AdaptiveExpeditions.org

Clemson Adaptive Sports
Clemson, SC
clemson.edu/cbshs/departments/prtm/programs/clemson-adaptive-sport-recreation/index.html

Grand Strand Miracle Leagues
Myrtle Beach, SC
GrandStrandMiracleLeague.com

Roger C. Peace Rehabilitation Hospital
Greenville, SC
facebook.com/events/roger-c-peace-rehab-center-greenville-memorial/roger-c-peace-adaptive-sports/763384843997012

Tennessee Sports, Arts & Recreation of Chattanooga (SPARC)
Chattanooga, TN
sparctn.org

Texas Ability Skateboarding & Action Sport
San Antonio, TX
AbilitySkateboarding.org

Kinetic Kids
San Antonio, TX
kinetickidstx.org

Lone Star Paralysis Foundation
Austin, TX
lonestarparalysis.org

Morgan's Wonderland Sports
San Antonio, TX
morganswonderlandsports.com/straps

One Chair at a Time
Amarillo, TX
onechairatathetime.org

RISE Adaptive Sports
Irving, TX
riseadaptivesports.org

Service Members Undertaking Disabled Sports (SUDS)
San Antonio, TX
sudsusa.org

Southwest Wheelchair Athletic Association
Fort Worth, TX
Swaasports.org

Texas Paralyzed Veterans of America
Crosby, TX
texaspva.org

Texas Parasport
Wimberley, TX
texasparasport.org

Utah Common Ground Outdoor Adventures
Logan, UT
cgadventures.org

National Ability Center
Park City, UT
discovernac.org

Ogden Valley Adaptive Sports
Huntsville, UT
ogdenvalleyadaptivesports.org

Salt Lake County
Midvale, UT
slco.org/adaptive

Wasatch Adaptive Sports
Snowbird, UT
wasatchadaptivesports.org

Vermont Adaptive Sports at Mount Snow
West Dover, VT
adaptiveatsnow.org

Central Vermont Pioneers
Montpelier, VT
CentralVermontPioneers.org

EDD Adaptive Sports
Williston, VT
eddfund.org

Green Mountain Adaptive Sports
Hyde Park, VT
greenmtnadaptive.org

Kelly Brush Foundation
Burlington, VT
Kbf.org

Northeast Disabled Athletic Association
Burlington, VT
disabledathletics.org

Vermont Adaptive Ski & Sports Association
Killington, VT
vermontadaptive.org

Warrior Soar
Shelburne, VT
WarriorsSoar.org

Virginia Adaptive Fitness Legion
Fairfax, VA
AdaptiveFitnessLegion.org

Adventure Amputee Camp
Falls Church, VA
adventureamputeecamp.org

American Canoe Association
Fredericksburg, VA
Americancanoe.org

Lake of the Woods Watersports
Locust Grove, VA
adaptivewatersports.org

Patriots For Disabled Divers
Occoquan, VA
patriotsfordisableddivers.org

Pursuit Adaptive Sports and Recreation
Alexandria, VA
Pursuitadaptivesports.org

Sportable
Richmond, VA
sportable.org

Therapeutic Adventures
Charlottesville, VA
TAonline.org

Virginia Amateur Sports
Roanoke, VA
Commonwealthgames.org

Wintergreen Adaptive Sports
Charlottesville, VA
Wintergreenadaptivesports.org

Washington Footloose Sailing Association
Mercer Island, WA
footloosedisabledsailing.org

Outdoors for All Foundation
Seattle, WA
outdoorsforall.org

ParaSport Spokane
Spokane, WA
parasportspokane.org

Seattle Adaptive Sports
Seattle, WA
seattleadaptivesports.org

Washington, D.C. Medstar NRH Adaptive Sports & Fitness Program
Washington, D.C.
medstarnrh.org/sports

West Virginia Challenged Athletes of West Virginia
Snowshoe, WV
cawwinthevalley.org

Wisconsin Adaptive Mobility Providers
Germantown, WI
AdaptiveMobilityProviders.org

Dairyland Sports
Madison, WI
dairylandsports.org

Paralyzed Veterans of America – WI Chapter
Milwaukee, WI
wisconsinpva.org

Southeastern Wisconsin Adaptive Ski Program
Cedarburg, WI
sewasp.org

Sports, Therapeutic and Adaptive Recreation (STAR) Association
La Crosse, WI
couleeregionsledhockey.com

Wauwatosa Curling Club
Wauwatosa, WI
WauwatosaCurlingClub.com

Wisconsin Adaptive Sports Association (WASA)
Brookfield, WI
wasa.org

Wyoming Teton Adaptive
Teton Village, WY
tetonadaptive.org



Find the program closest to you.



Become an Individual Member.



ASO Offers a Chance to Play Wheelchair Basketball

Wooster, Youngstown, and Cleveland, Ohio

Adaptive Sports Ohio is excited to continue its interscholastic wheelchair basketball program this November. Founded in 2015, the Ohio Interscholastic Adaptive Sports (OIAS) league currently features teams from school districts across the state, providing students



with physical disabilities the opportunity to compete on their school's wheelchair basketball team.

The co-gender program serves students from 1st through 12th grade and focuses on skill development, teamwork, and inclusion. By partnering with schools statewide, Adaptive Sports Ohio aims to expand access to adaptive sports and promote physical activity among youth.

In addition to the league, Adaptive Sports Ohio offers PE Takeover sessions that bring wheelchair basketball directly into physical education classes. These interactive sessions and assemblies help raise awareness and foster inclusion within school communities.

Adaptive Sports Ohio is actively seeking new school districts interested in joining the league or hosting PE Takeover sessions.

For more information or to get involved, contact Kayley Underwood, Community Engagement Manager, at Kayley.Underwood@AdaptiveSportsOhio.org.

Cincinnati Wheelchair Tennis Hosts Camp

Cincinnati, Ohio

Move United members, mark your calendars for a tennis camp taking place in Cincinnati this fall!

For youth wheelchair tennis athletes, we are hosting a USTA All-Comers Wheelchair Tennis Camp at the Cincinnati Open Tournament Site September 20-21. You can register at tinyurl.com/ywaj4xkw for this fun, FREE event. All levels are welcome.

What's Happening at Adaptive Mobility Providers (AMP)

Elkhorn, Wisconsin

AMP Adaptive Sports is working hard behind the scenes to build a year-round, sustainable adaptive sports program, picking up where Adaptive Adventures left off in the Midwest.

• Extended Water Season:

- Plans underway to add kayaking and paddleboarding opportunities through September
- Locations: Southern Wisconsin and Northern Illinois
- Visit adaptivemobilityproviders.org for the most up-to-date information

• Fall Programming:

- Fall hikes may be added—stay tuned!

• Winter Alpine Ski & Ride Program:

- Returns to Wilmot Mountain Resort (Wilmot, WI)
- Volunteer training begins in December
- Program runs Mondays and Wednesdays in January and February

Get out. Get active. AMP it Up! For more information, contact Julie Davis at julie@AdaptiveMobilityProviders.org or 847-828-9793.



GLASA Expands Para Tennis Opportunities Bannockburn, Illinois

The GLASA Chicago Wheelchair Classic will expand in 2025, adding junior divisions and a Para-Standing tournament. Registration for both tennis tournaments is open for the September 12-14 event hosted at Midtown Athletic Club in Bannockburn, Illinois. To register, visit the USTA site at tinyurl.com/bkx4ytc3 today!

The tournament is in memory of Melissa Kress, who built the competition and gifted it to GLASA to continue to serve athletes with disabilities. Each year the tournament honors an outstanding contributor to the adaptive and wheelchair tennis community, recognizing Melissa with the inaugural award. Lynn Bender and Jason Allen received subsequent awards for their tremendous leadership and dedication to the sport. To submit a nomination for the Melissa Kress award, please contact JLiban@GLASA.org. Candidates are encouraged to volunteer or compete at the Classic.

To participate in this USTA Level 3 Open Tournament, athletes must have an active USTA membership. The \$80 registration fee includes the option to participate in singles and/or doubles for one fee. Veterans are always free to participate in GLASA competitions.

For a free Veteran registration or for any questions regarding the tournament, please contact Great Lakes Adaptive Sports Association (GLASA) at 847-283-0908 or JLiban@GLASA.org.

World Paravolley Sitting Volleyball World Cup to be Hosted at Turnstone Fort Wayne, Indiana

For the first time ever, the WPV Sitting ParaVolley World Cup is coming to the U.S. — and Turnstone Center in Fort Wayne, Indiana is the proud host city! From October 12-18, 2025, Turnstone will welcome nearly 500 elite athletes and officials from over 20 countries for this premier international competition.

Featuring both men's and women's sitting volleyball divisions, this World Cup will be a key pathway for international teams and athletes preparing for the LA 2028 Paralympic Games and a showcase of athleticism and the global power of inclusive sport.

Fans, volunteers, and sponsors are key to making this historic moment unforgettable. Whether you're cheering in the stands or helping behind the scenes, you'll play a vital role in welcoming the world to Fort Wayne and shining a spotlight on adaptive sport. Turnstone and the Fort Wayne community will need your help to make this event a world-class celebration of sport and inclusion! You can get involved by visiting VisitFortWayne.com/Volunteer.



Get on the Ice with Wauwatosa Curling Club Wauwatosa, Wisconsin

The Wauwatosa Curling Club will be hosting a free event with the BOLD group in southeastern Wisconsin for anyone who identifies as low vision or blind on December 13. The on-ice time will run from 12-2 p.m. and then there will be opportunity for a great curling tradition of “broomstacking” — aka socializing — afterwards that include drinks and snacks until about 4 p.m.

This event is meant for anyone — no matter their skill level — and is a great opportunity to learn about curling. This event will take place at the Wauwatosa Curling Club in Hart Park in Wauwatosa, Wisconsin. If you are interested in the event or have questions, please email adaptive@wauwatosacurlingclub.com.



Mountain | Around the Country

Learn to Ski Scholarships Available Durango, Colorado



Each winter, the Adaptive Sports Association (ASA) in Durango, CO, offers transformative Learn to Ski scholarships, empowering individuals with physical disabilities to experience the freedom and joy of skiing and snowboarding. These scholarships remove financial barriers and open the slopes to those wanting to learn or improve their skill.

Scholarships include four days of one-on-one adaptive snow sport instruction at Purgatory Resort, lift tickets, all necessary equipment, five nights of lodging, transportation to and from Durango, and most meals.

ASA's scholarship program is made possible through the generosity of several dedicated partners. The New Dimensions Scholarship provides new skiers a catalyst for achieving growth in a new sport. The Ross and Sue Ehrhardt Scholarship honors the legacy of inclusion and adventure by supporting individuals in the San Diego area access to winter recreation. The Madison West Kiwanis Scholarship helps individuals in the greater Madison area gain more than just ski skills, but also build confidence, independence, and a lifelong love of the outdoors. ASA also proudly supports military veterans through a Veteran Retreat Scholarship, providing camaraderie and access to time on the mountain.

Applications are open now. More information can be found at asadurango.com.

Breckenridge Outdoor Education Center Celebrating 50 Years of Inclusion

Breckenridge, Colorado

The Breckenridge Outdoor Education Center (BOEC) is turning 50 — and we're inviting you to be part of the celebration!

For five decades, the BOEC has been a place where individuals can discover their strength, build confidence, and experience the freedom of outdoor adventure, regardless of their ability. Whether it's skiing, rafting, climbing, or just finding belonging in the mountains, BOEC's programs have transformed lives since 1976.

The upcoming year will feature mountain takeovers, community celebrations, and special events — each one spotlighting the people who make the BOEC story so

powerful: the instructors, volunteers, participants, and partners who believe in adventure for all. Don't miss The Hartford Ski Spectacular this December in Breckenridge, proudly hosted by BOEC in partnership with Move United as part of our 50th anniversary celebration.

If you've ever wondered what a day with the BOEC feels like, there's no better time to experience it. Come celebrate with us, meet the community, and be part of the next 50 years of outdoor inclusion.

To learn more about our story and join the adventure, visit BOEC.org.

Get Active With Common Ground Outdoor Adventures

Logan, Utah

As we come to the end of another fantastic summer, we can't help but look forward to what we have coming up this fall! Common Ground Outdoor Adventures (CGOA) in Logan, Utah provides outdoor recreation opportunities for people of all abilities, some of our favorites being our destination trips.

On top of our destination trips, CGOA also offers skiing, hiking, whitewater rafting, biking, archery and much more! Our participants bring so much joy to the amazing atmosphere while engaging in outdoor recreation! CGOA seeks to help individuals of all abilities have the opportunity to fully participate with low fees and scholarship opportunities.

We cannot wait for you to join us this fall! For more



information, contact us at 435-713-0288 or info@cgoadventures.org.

Fort Collins Hosts Paralympic Program & Equipment Expo

Fort Collins, Colorado



Spend an evening testing out adaptive equipment and participating in Paralympic sports. Experience a GRIT Freedom Chair (for hiking), adaptive cycles (including handcycles), wheelchair rugby, Paralympic boccia, wheelchair tennis, adaptive pickleball, and more.

Hosted on Wednesday, September 10 from 4:30 to 6:30 p.m. at the Fort Collins Senior Center, this event is open to all ages and free. If you are an organization that supports the adaptive community and would like to learn more about how to get involved with this event, please contact Sarah Olear at solear@fcgov.com. Learn more at FCgov.com.

Adventure Awaits at National Sports Center for the Disabled's September Camp!

Golden and Grandby, Colorado



Looking for an unforgettable adaptive adventure this September? The National Sports Center for the Disabled (NSCD) invites women with disabilities to a unique camp

experience designed to challenge limits, build community, and embrace the outdoors.

Women's Weekend Camp (Overnight Camp) takes place September 18–21, 2025, at Snow Mountain Ranch in Granby, CO. Open to women ages 18+ with physical disabilities, this weekend adventure includes horseback riding, paddling on Grand Lake, rafting the Colorado River, yoga, and more. Whether you're pushing your limits or simply enjoying the peace of the outdoors, this camp offers meaningful connection, personal growth, and plenty of fun in an empowering and inclusive setting.

This camp fosters growth, movement, and lasting friendships in a supportive, inclusive environment. Come rethink what's possible with the NSCD! Learn more and register today at NSCD.org.

Climb the Gunks with Paradox Sports

New Paltz, New York

Paradox Sports is dedicated to transforming lives and communities through adaptive climbing opportunities that defy convention. This mission is achieved through three distinct program types: local programs, which focus on community and skills building in Colorado, the Adaptive Climbing Initiative (ACI) program, which focuses on training disability etiquette and adaptive rope systems, and national trips, which include rock and ice climbing programs across the United States.

This September, please join us in one of the most majestic climbing destinations in the world, The Gunks! Experience premier historic east coast climbing. We'll focus on routes from 5.5 to 5.10 to make sure this is something for everyone. Enjoy two days of climbing, great food, and community under the stars near beautiful New Paltz, NY.

Paradox Sports is the industry leader in adaptive climbing and offers participants specialized equipment, instruction, and the opportunity to build community. Paradox Sports



offer climbing programs for everyone from beginners to experienced climbers. The Gunks climbing trip features two days of top-rope climbing for individuals of all ages, ability, mobility levels, and types.

This year's trip will be held from September 19–21, 2025. For more information, check out paradoxsports.org/trips/gunks/.

Enjoy Fall Adaptive Football with Able Athletics Westchester, New York

Able Athletics is proud to offer two adaptive football programs this fall in Westchester, NY, beginning October 19, 2025. The six-week season features both a wheelchair football program and an adaptive flag football program — each designed to meet the needs of different athletes.

Our wheelchair football program is open to athletes who use mobility devices. All sport wheelchairs are provided, and no prior experience or equipment is necessary. This program is led by experienced coaches and focuses on gameplay, movement, and fun in a fully inclusive setting.

Separately, our adaptive flag football program is designed for athletes with intellectual and developmental disabilities. This program is run by professional coaches and supported by physical and occupational therapists to ensure a safe, supportive, and empowering experience.

Both programs promote belonging, teamwork, and access to sport. Learn more or register at ableathletics.org.



Adaptive Outdoor Education Center Multi-Day Programs Carrabassett Valley & Brunswick, Maine

As we head into the second half of the year, our calendar is bursting with opportunities for outdoor exploration, new friendships, and plenty of fun along the way. Whether you're seeking adventure, connection, or a new experience, we have something for everyone! Check out some of the multi-day programs on our horizon:

- **September 12 - 14:** Horizons Paddle Trip - a weekend of camping and paddling in Maine's scenic, coastal DownEast region.
- **October 9 - 12:** Caregiver Retreat - a powerful weekend retreat dedicated to the amazing caregivers!
- **December 5 - 7:** Horizons Ski Program Volunteer Training - join us for a weekend of learning,

community, and of course skiing before our ski program season kicks off in January.

Don't miss out on our regularly schedule programs as well, including rock climbing, music, sailing, and more! To learn more about upcoming programs and to register, please visit adaptiveoutdoorededucationcenter.org/calendar.



Weekly Virtual Classes Offered Through PCAS Around the Country, Online

Are you looking for a unique fitness journey that blends dance, yoga, mind-body awareness, and exercise to help you build strength, flexibility, and overall well-being – all from a seated position?

Consider joining the Pennsylvania Center for Adapted Sports (PCAS) weekly virtual online classes offered by Laura Baehr, PT, DPT, PhD.

Laura leads an innovative seated fitness program that combines creative movement, breathwork, and mindful awareness. Her classes emphasize present-moment

awareness, using mindful breathing exercises to help regulate stress and improve concentration, supporting both physical and psychological well-being.

Seated fitness classes like this offer tailored, accessible exercise options for people with disabilities, supporting mobility, self-efficacy, and social connection.

Join PCAS for live virtual classes weekly on Thursdays at 5 p.m. EST. You can sign up on the PCAS website using the following link: centeronline.com/virtual-programs.

Play Sled Hockey with CNY Adaptive Sports

Syracuse, New York

CNY Adaptive Sports' CNY Flyers Sled Hockey invites athletes of all ages and abilities to experience the thrill of sled hockey this fall and early winter. Weekly practices run every Sunday from October to March at SunnyCrest Ice Rink in Syracuse, NY. All equipment, including sleds, is provided, and there is no participation fee. Whether you're a seasoned player or picking up your first stick, our coaches and volunteers ensure a supportive, inclusive environment for youth, adults, veterans, and anyone with a lower-body mobility impairment.

Cap off the season at the Syracuse Sled Hockey Classic, a three-day tournament featuring teams from Albany, Buffalo, Fort Drum/Watertown, Central New York, and beyond. Athletes compete on regulation-size rinks under official USA Hockey sled hockey rules, using two-ended sticks



for puck handling and propulsion. Past participants rave about the camaraderie, competitive spirit, and life-changing confidence that sled hockey brings.

Ready to join us on the ice? Email team manager Jamie Favata at jamie_favata@cnyadaptivesports.org to register by November 15.

CRAB Hosting Recovering Warriors Sailing Regatta

Annapolis, Maryland



Chesapeake Region Accessible Boating (CRAB) is proud to host the fall Recovering Warriors Sailing Regatta (RWSR) with the US Naval Academy Sailing Team and sponsored by

Move United on Saturday, September 20. Held twice a year, this competitive regatta celebrates the resilience and determination of recovering service members as they test their abilities and sailing skills. To prepare for the regattas, veterans can take part in CRAB's monthly Military Sailing Days and build confidence and experience sailing. The more able-bodied veterans are sailing on six Navy Colgate 26's and CRAB sails six Beneteau First 22A's in a two heat, five race format at the mouth of the Severn River.

Following the regatta, veterans enjoy a delicious lunch provided by Mission BBQ followed by the awarding of medals to the top sailors. RWSR exemplifies CRAB's mission of making the freedom and joy of sailing accessible to all, especially those who have given so much in service to our country. Learn more at crabsailing.org.

IM ABLE Hosts Games and Ruck & Roll

Reading and Wernersville, Pennsylvania



The 2025 IM ABLE Games: Races and Reps on the Runway is touching down at the historic Mid-Atlantic Air Museum at the Reading Regional Airport on September 20.

This one-of-a-kind event returns with five thrilling athletic challenges designed for athletes of all abilities. Whether you're an adaptive athlete, weekend warrior, or enthusiastic spectator, there's something for everyone: Sprint Duathlon, Kaaginator Fitness Challenge, Trifecta Triple Crown, 2-Mile

Fun Run, Walk, or Roll, and the Klinger's Hot Wing Hustle. Register or learn more at: runsignup.com/imablegames.

On November 2, get ready to ruck, roll, or stroll your way through an inclusive, fall-themed fitness challenge supporting veterans and adaptive athletes! IM ABLE Foundation's Ruck & Roll, held in Wernersville, PA, features something for everyone — from competitive endurance ruckers to adaptive athletes and families out for a fun walk. Choose your challenge:

- **Ruck:** 7K (1 loop), 14K (2 loops) or 21K (3 loops) with divisions for weighted and social (non-weighted) participants
- **Roll:** Adaptive Athlete Division using handcycles (4.3 challenging course or 2.5 mile easy course)
- **Support Squad Stroll:** A 2.5-mile family-friendly fun walk.

Compete solo or as a team. Awards will be given to top finishers across divisions. Register or learn more at: imablefoundation.org.



Fall Hiking in the Lake Sunapee Region of New Hampshire!

Mount Sunapee, New Hampshire

New England Healing Sports Association (NEHSA) provides outdoor recreation opportunities for individuals of all ages with a wide range of varying disabilities. This fall, NEHSA will be continuing our hiking program in the Sunapee Region. Hikes continue until late October so be sure to check out our calendar and join us if you are in the area!

NEHSA is looking forward to another amazing winter season at Mount Sunapee Resort! NEHSA offers skiing, snowboarding, and snowshoeing beginning December 27, seven days a week until the snow runs out. Whether you are new to winter sports or have been on the slopes for years, we have trained instructors to help you have a safe and fun day on the mountain.

As always, NEHSA is actively recruiting both on and off snow volunteers to help with all our programs. Volunteer schedules are extremely flexible! NEHSA also provides several weekends of instructor training in various disciplines of adaptive alpine skiing and snowboarding. Stay tuned for announcements regarding training opportunities in early December.

To receive more information about our program, visit us at nehsa.org, call 603-763-9158, or email info@nehsa.org.

Get Outdoors with New England Disabled Sports

Lincoln, New Hampshire



From late summer through peak foliage season, New England Disabled Sports (NEDS) offers dynamic adaptive programs that keep athletes of all abilities moving, learning, and exploring the outdoors.

Programming through the fall includes cycling on scenic

trails, golf, pickleball, downhill mountain biking, kayaking, and paddleboarding. Each sport is customized with specialized equipment and led by experienced staff and volunteers to support individuals with physical, cognitive, or developmental disabilities.

NEDS also offers year-round programming for veterans with disabilities at no charge. These activities provide opportunities for skill-building, physical challenge, and camaraderie in a supportive environment.

Whether it's navigating mountain trails, paddling across serene waters, or scoring big on the pickleball court, NEDS athletes experience independence, confidence, and joy through adaptive recreation.

Looking ahead, our nationally recognized winter sports program begins in mid-December, offering alpine skiing, snowboarding, Nordic skiing, and snowshoeing.

At NEDS, every season is a new opportunity to grow, thrive, and break boundaries. Visit NEDisabledSports.org for more.

U.S. Amputee Soccer Cup Returns September 12-14

Weymouth, Massachusetts

The American Amputee Soccer Association (AASA) proudly presents the 2025 U.S. Amputee Soccer Cup, the premier national amputee soccer tournament, taking place September 12-14 in Weymouth, Massachusetts. This marquee event will bring together top adaptive athletes from across the country to compete in the largest amputee soccer competition in the United States. The weekend will feature intense matchups between elite amputee soccer clubs, showcasing speed, skill, and resilience. Beyond competition, the event will also include a Youth Amputee Soccer Clinic, offering young athletes with limb differences the chance to learn from national team players and experienced coaches in an empowering and inclusive environment.

The U.S. Amputee Soccer Cup is more than a tournament; it's a celebration of adaptive sport, community, and the growing movement to expand access to competitive opportunities for individuals with limb loss or limb difference.

Come experience the energy, witness the talent, and support the future of amputee soccer. To learn more or get involved, visit usampsoccer.org.



Photo by Carl Calabria

Join Team River Runner for the 2025 TRR Biathlon! Washington, D.C.

Get ready to paddle and push yourself at the 2025 TRR Biathlon on Sunday, October 5, 2025! This unique event combines a 1-mile kayak with a 3-mile run, jog, walk, or handcycle, making it perfect for all fitness levels and abilities.

We'll be racing at the Washington Canoe Club, just upstream from Key Bridge in Georgetown. Not in D.C.? No problem — join virtually and race your own race from wherever you are! Just do 90 minutes of activity!

Why race? Your participation helps Team River Runner (TRR) continue its mission to support veterans across the country through health, healing, and community. The following is some more information about the race:

- Race solo or with a team.
- It is adaptive and accessible for all participants.
- Registration is just \$40 (Veterans race FREE—select your discount at checkout!).
- All racers receive a T-shirt, race bib, and swag bag.
- Meet our 5 Outtasight Veteran Racers (blind or visually impaired) invited and sponsored by Boeing!



Ready to make waves and make a difference?
Register today at runsignup.com/Race/DC/Washington/TeamRiverRunnerBiathlon.

If you have any questions, please contact us at biathlon@teamriverrunner.org.

STRIDE Adaptive Sports Hosts Snowfest Hancock, Massachusetts

Held December 12-14, the 21st STRIDE Wounded Warfighters Snowfest is a three-day event designed to engage veterans with disabilities and their families or caregivers with a rejuvenating and empowering experience through adaptive winter sports instruction. Snowfest consists of a Friday evening Meet & Greet dinner and live show. The following two days are dedicated to adaptive skiing and snowboarding instruction at Jiminy Peak Mountain Resort. Each participant receives individualized lessons tailored to their unique needs and abilities, ensuring a safe, supportive, and enjoyable experience on the slopes. These lessons not only introduce veterans to the excitement of winter sports but also support physical fitness, skill development, and confidence-building.

Veterans and their family members or caregivers receive comprehensive support throughout the event. This support extends beyond the weekend, as participants are encouraged to commit to future events and programs offered by STRIDE. Snowfest not only benefits the veterans but also allows them to give back by helping children with disabilities in future STRIDE programming, fostering a sense of purpose and service.

STRIDE's Wounded Warfighters Snowfest stands as a powerful and uplifting experience for disabled veterans and their families, offering not only physical and recreational benefits but also a gateway to ongoing engagement, healing, and connection through adaptive sports.

Contact abrame@stride.org for more information.



Hike with Catalyst Sports

Great Smoky Mountains, Tennessee

Adaptive Hiking in Great Smoky Mountains National Park: October 25, 2025

Join a ranger for an interpretive hike in the gorgeous Great Smoky Mountains National Park! Fall colors will be in full splendor, and this hike will get you off the pavement and into the forest to admire the stunning beauty of the park. Bring your own hiking chair or borrow one for the day (GRIT Freedom Chairs available on a limited, first come first serve basis.) Details and registration can be found at: catalystsports.org/gsmnp-hiking.

West | Around the Country

Adaptive Horsemanship Inspires Health, Confidence, and Independence

Lake Tahoe, California

Centuries ago, Hippocrates spoke about the healing aspects of horseback riding for humans. Horses have a sophisticated and complex nervous system that allows them to sense human emotions and energy in a calm and non-judgmental environment. They also encourage people to be present in the moment. As a result, there has been a huge growth in utilizing horses in different settings to help humans bond with them.

Achieve Tahoe is excited to offer adaptive horsemanship to the community. Adaptive horsemanship teaches individuals with various disabilities how to interact with horses in a meaningful and fun way. Activities comprise of both

mounted (on the horse) and unmounted (off the horse) to ensure that all individuals can participate and benefit from being around horses. Examples of mounted activities are steering, navigating obstacle courses, and playing games. Unmounted activities include grooming, incorporating breathwork, leading the horse, and learning groundwork techniques. The goal is to learn skills through the lens of the horse that can be applied to everyday life.

The Adaptive Horsemanship Program continues to expand with upcoming pilot programs and Lilly, who came to Achieve Tahoe last year as the first therapy horse in Tahoe! More at achievetahoe.org.

Try Gravel Biking with Outdoors for All Seattle, Washington

Outdoors for All continues to grow their popular gravel biking program! Offered in both spring and fall, this group-style series takes riders on scenic adventures along the Palouse-Cascade Trail in Washington State. Designed for individuals who can independently ride on a gravel bike path, the program offers a variety of equipment to support all abilities, including adaptive trikes, handcycles, and standard two-wheeled bikes.

Led by a skilled instructor providing group coaching,

these rides are a great way to explore new terrain, gain confidence, and experience the beauty of the Pacific Northwest in a more remote setting.

Outdoors for All's Adaptive Cycling Centers will remain open through the month of September and part of October, so if you're in the Seattle area, stop by and say hello! Together, we're enriching the lives of individuals with disabilities—one pedal at a time. For more information, contact: info@outdoorsforall.org.

Join Triumph Foundation for Action-Packed Adaptive Sports Events! San Diego, Apple Valley, Irvine, and Pasadena, California



Get ready for an exciting lineup of inclusive, community-driven events hosted by Triumph Foundation! Whether you're an adaptive athlete, a supporter, or just looking to experience the energy of adaptive recreation, there's something for everyone:

Superheroes Triumph 5K (September 13, Irvine, CA)

Unleash your inner Superhero! This spirited 5K is open to walkers, runners, rollers, and everyone in between. Dress up as your favorite superhero and help raise awareness for Triumph Foundation's programs supporting people with spinal cord injury and other disabilities.

Adaptive Sports Festival (November 15, Pasadena, CA)

Try over a dozen adaptive sports — from basketball and tennis to handcycling and archery. This free event at the Rose Bowl welcomes participants of all abilities to discover new passions and build community through play.

Learn more at Triumph-Foundation.org/Events.



Fillauer's Black Iron Trainer Pivot

The TRS Black Iron Trainer is the world's most popular weight training prosthetic accessory. The Black Iron Trainer Pivot provides 32 degrees of friction adjustable freedom for added versatility, safety and control over barbells, dumbbells, and other weight training equipment. For more information, visit fillauer.com.



ALPS RFX® Sleeve: Strength, Comfort, and Flexibility for Every Move

The ALPS® Reinforced Flex Sleeve (RFX®) is now available in black and built for active lifestyles! Engineered with a 30° pre-flexion design, it allows for natural movement during sports and high-energy activities. An added internal fabric layer reinforces durability around the socket trim line, making it tough enough for demanding use. Paired with OptiGel and premium knitted fabric, the RFX® delivers superior comfort, secure suspension, and reliable performance—perfect for athletes and individuals who refuse to slow down. For more information, visit easyliner.com.



Dinger and Partial-Hand Prostheses

Naked Prosthetics engineers functional, high-quality finger and partial-hand prostheses that get end-users back to work and activities of daily living. We partner with Certified Prosthetists, therapy practitioners, physicians, and surgeons to facilitate our innovative devices — the PIPDriver, MCPDriver, ThumbDriver, and GripLock Finger. Established in 2010 and acquired by Össur in 2022, the company uses advanced technology and expert engineering to offer personalized solutions that help restore hand function. To learn more, visit npdevices.com.

QUATTRO Microprocessor Knee Heightens Cycling Fun

From City Streets to Mountain Peaks – QUATTRO Takes Cycling to the Next Level! Meet Jim, an avid cyclist who doesn't let anything slow him down—not even borders! With his QUATTRO Microprocessor Knee, Jim has conquered roads and trails across the globe, embracing adventure with every ride.

Have you activated Cycling Mode yet? With the latest 3.5.0 firmware update, QUATTRO delivers even smoother transitions, stability, and efficiency for every pedal stroke. If you haven't updated yet, reach out to your prosthetist!

For more information, visit proteor.com.



Function + Versatility

The Formula foot line provides the ideal balance of flexibility and power, creating a dynamic foot design intended for a wide range of highly active users. Bridging the gap between the **Formula Ultra™** and **Formula Pediatric™**, the new **Formula Fit™** is the perfect solution for adolescents and small adults who want to be active.





Elias Brown
AK, QUATTRO MPK

Motion is a language
and your momentum speaks volumes.



info@proteor.com | shop.proteorusa.com | 855-450-7300

f t i in p #FluentInMovement #HumanFirst

PROTEOR
QUATTRO
MICROPROCESSOR KNEE

Improved. Reliable.
Try QUATTRO Risk-Free.



TRIAL NOW