



## **Ski Spectacular Instructor Academy**

**Hosted by The Hartford Ski Spectacular**

**December 8-11, 2025**

### **Clinic Summary Notes**

**Clinic Title:** Adaptive Demo Skill Polishing for Advanced Zone Instructors and Trainers

1. When demonstrating any movements/skills point out/exaggerate what you want the learner to observe.
2. Practice the movements/skill in as many variations as possible.
3. Ask a colleague to video your skiing so you can watch and evaluate your performance.
4. RELAX, BREATHE!
5. Allow your body to do what it knows how to do without thinking about it
6. SCORE (Space, Challenge, Randomize)

Resources: PSIA-AASI Performance Guides; The Talent Code, Daniel Coyle; The Little Book of Talent, Daniel Coyle; Zen of Climbing, Francis Sanzaro