



Ski Spectacular Instructor Academy

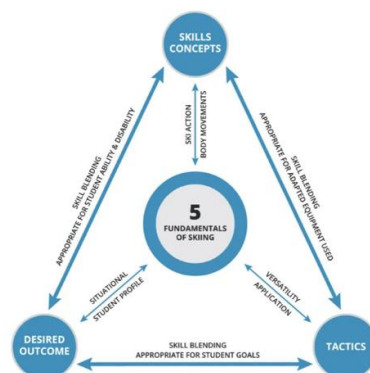
Hosted by The Hartford Ski Spectacular

December 8-11, 2025

Clinic Summary Notes

Clinic Title: Apply PSIA's Alpine Fundamental Mechanics Throughout Adaptive Disciplines – Scott Giffin scottgif1@gmail.com

1. PSIA's Skills Concept is the "what" and the Five Alpine Fundamentals are the "how."
 - a. PSIA's Skills Concept: rotational control, edge control, and pressure control are integral to all turns and essential for maintaining balance.
 - b. Alpine Fundamentals
 1. Control the relationship of the center of mass to the base of support to direct pressure along the length of the skis.
 2. Control pressure from ski to ski and direct pressure toward the outside ski.
 3. Control edge angles through a combination of inclination and angulation.
 4. Control the skis' rotation with leg rotation, separate from the upper body.
 5. Regulate the magnitude of pressure created through ski/snow interaction.



2. See PSIA-AASI's *Adaptive Alpine Technical Manual* A free digital copy can be found at <https://thesnowpros.org/education/digital-manuals-for-every-discipline/>



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3. For Adaptive Demonstration Equivalencies, see *Adaptive Alpine Standards Exam Supplement* at https://thesnowpros.org/wp-content/uploads/2025/01/PSIA-Adaptive-Alpine-Exam-Supplement-Final-6.4.14.pdf?_rt=MXwxfGFkYXB0aXZIIGFscGluZSBzdGFuZGFyZHMgZXhhbSBzdXBwbGVtZW50fDE3NTc2OTkzNDk&_rt_nonce=3b5a90d7ce