



## **Ski Spectacular Instructor Academy**

**Hosted by The Hartford Ski Spectacular**

**December 8-11, 2025**

### **Clinic Summary Notes**

**Clinic Title:** Breaking Out of the Beginner Zone for Monoskiers – Chad Biggerstaff

1. Proper assessment of your student, fit-up, and set-up of the monoski/outriggers will make it much easier for your student to progress out of the Beginner Zone.
2. Determine which fundamentals your student needs to develop and plan practice activities aimed at that development.
3. Set up practice activities and drills to help your student develop skills to consistently complete effective skidded and carved turns.
4. Adjust teaching techniques and practice activities based on your student's profile (diagnosis, learning style, ability level, etc.).
5. When practicing new skills, do so on terrain your student is familiar with and comfortable with.
6. When taking students onto new terrain, try to keep coaching to a minimum and only have them work on skills that they have already worked on consistently.
7. Have fun with your student!!!