



Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular

December 8-11, 2025

Clinic Summary Notes

Clinic Title: Breaking Out of the Beginner Zone for Monoskiers – Charley Phelan

1. There is a difference between doing for and teaching how to. Allow your student to experience both successes and failures.
2. Connect with the student to create trust and collaboration.
3. Help them to understand their experiences and reflect on their perspective's vs comparing to others.
4. Choose the best set-up for your guest.
5. Terrain choice and the power of 1!

Resources: The Power of Mindset, Carol Dweck; How to Win friends and Influence people, Dale Carnegie; PSIA-AASI Adaptive Snowsports Manual; The Talent Code, Daniel Coyle