



Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular

December 8-11, 2025

Clinic Summary Notes

Clinic Topic: Crossroads Between Beginning Freestyle and Tethering from a Snowboard Tera Adams tnoeladams@gmail.com

Outcome: Attendees will gain a better understanding of the similarity in application of snowboarding fundamentals in tethering skills and freestyle skills. Attendees will improve tethering and/or freestyle skills

1. What skills do you possess as a snowboarder?
2. How do the snowboard fundamentals + DIRT transfer to freestyle? And tetherer performance?
 - o pressures along the length
 - o pressures across the width
 - o snow/surface interaction
 - o tilt
 - o pivot
 - o twist
3. Safety:
 - o SMART
 - o Ski/riders responsibility
4. Similar movement patterns to achieve similar board performance for different outcomes
6. Check out snowboard tethering article in 32 Degrees:
<https://www.mydigitalpublication.com/publication/?i=810085&p=62&view=issueViewer>