



Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular

December 8-11, 2025

Clinic Summary Notes

Clinic Title: Elevate Independence: Tethering and Assists for Sit-ski Guests

1. Utilize CAP to determine your guests' needs
2. Connect with guests. What are their goals and motivations?
3. Build trust and communication with each guest.
4. Take your time with equipment setup and choice.
5. Terrain can be your best friend or your worst enemy
6. There is a difference between doing for and teaching how to do something as independently as possible.
7. How do you eat an elephant? One bite at a time.
8. Be patient.
9. Praise Effort.
10. Resources:
 - a. PSIA-AASI Adaptive Snowsport's Manual, PSIA-AASI Teaching Snowsport's Manual; www.thesnowpros.org
 - b. The Power of Mindset Carol Dweck
 - c. Power of Habit Charles Duhigg
 - d. Ninja Selling Larry Kendall
 - e. Atomic Habits James Cleary
 - f. The Zen of Climbing Francis Sanzaro
 - g. Think Like a Monk Jay Shetty