



Ski Spectacular Instructor Academy

**Hosted by The Hartford Ski Spectacular
December 8-11, 2025**

Clinic Summary Notes

Clinic Title: Fear Free Biski Tethering – Chad Biggerstaff

1. Proper assessment and set-up of the biski will make the time spent on the snow more comfortable and enjoyable for the student and make your job as the tetherer/instructor easier.
2. Proper tethering technique will keep you and your student safe and allow you more control and stamina during your tethering lesson.
3. Wrap and unwrap tethers to manage proximity to the biski based on speed, terrain, and situation to ensure the tethers do not touch the snow during your run and that tethers maintain appropriate tension throughout the run.
4. Make sure tethers are always attached to skin, not to gloves or clothing.
5. Maintain proper body position in relation to the biski, ideally up the fall line and slightly ahead the biski in the turn.
6. Maintain proper body position within your own personal skiing, do not fall into the backseat.
7. Anticipate turns while on the hill to give yourself enough time to complete your turn before running out of terrain.
8. Always communicate with your student, fellow teachers, mountain staff and the general public to ensure your safety and that of your student, including during lift loading and unloading.
9. Inspect the biski and tethers before and after each lesson to ensure that all equipment is in proper working order and pull equipment out of service if repairs or adjustments are needed.
10. Practice, practice, practice – biski tethering more than almost any adaptive discipline requires many miles of practice to get good – practice as much as you can.
11. Have fun with your student!!!