



Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular
December 8-11, 2025

Clinic Summary Notes

Clinic Topic: Master Mechanic: Advanced Zone - Trevor Hildebrand hildetf@gmail.com

1. Movement analysis (MA) is performed the same on all terrain, and with different student types.
2. Observation, evaluation, prescription (OEP) gets you from start to finish with an outcome.
3. Equipment is sometimes selected or set up incorrectly and will impact the student's skiing/riding ability.
4. Skiing is skiing and riding is riding - don't get caught up in the equipment once you are sure it is appropriately chosen and fitted for the student.
5. If you can't figure out what the student is doing regarding movement analysis, make turns in their tracks emulating their movements and you'll find the inefficiency.